1. Calculate the osmotic concentration of a $0.9 \%(w / v)$ physiological (normal) saline solution. (Answer: $283 \mathrm{mOsm} / \mathrm{L}$ )
2. Calculate the osmotic concentration of a $5 \%(\mathrm{w} / \mathrm{v})$ glucose solution. (Answer: $278 \mathrm{mOsm} / \mathrm{L}$ )
3. Calculate the osmotic concentration of a Ringer's lactate solution that contains 6 g NaCl , $0.4 \mathrm{~g} \mathrm{KCl}, 0.27 \mathrm{~g} \mathrm{CaCl}_{2}, 3.2 \mathrm{~g} \mathrm{Na}$-lactate in 1000 mL . (Answer: $261 \mathrm{mOsm} / \mathrm{L}$ )
