

Water, biopolymers

Medical Biophysics II. 15 April, 2026

Miklós Kellermayer

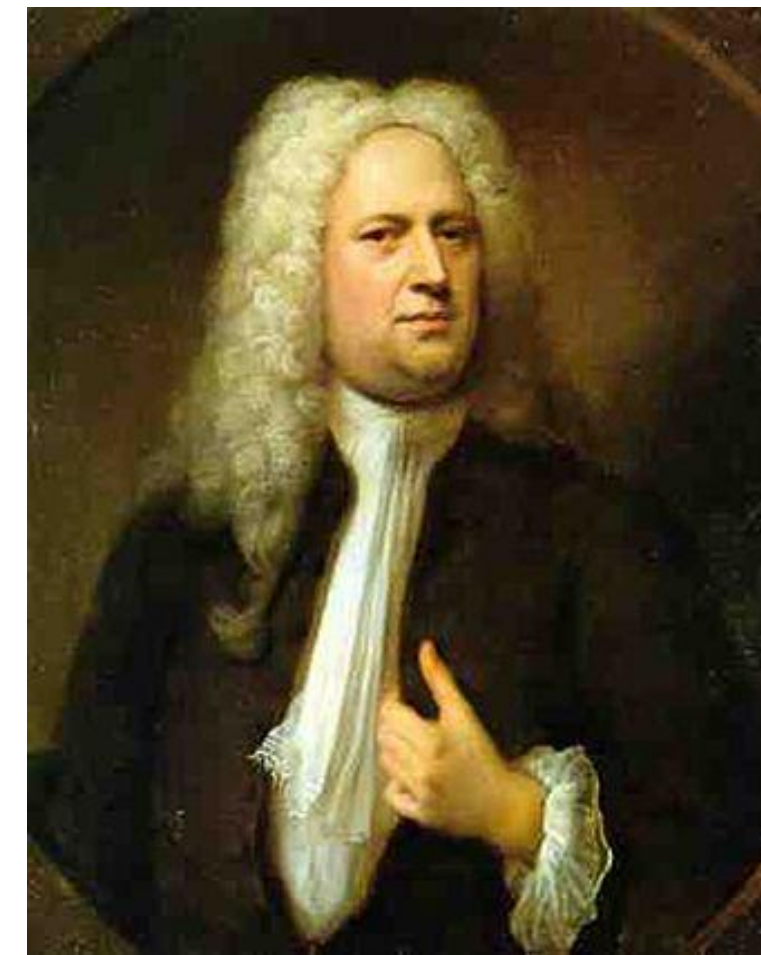
Department of Biophysics and Radiation Biology



SEMMELWEIS
EGYETEM 1769

Water

- Source of inspiration (music, paintings).
- Thales (580, B.C.): “...water is source of all things...”
- Henry Cavendish (1783): water is H₂O.
- Only chemical that naturally exists in all three states (solid, liquid, gas).
- Numerous anomalous properties.
- 71% of the Earth’s surface is covered with water (“blue planet”).
- Water is of utmost importance for life:
 - 98% of jellyfish
 - 94% of three-month human fetus
 - 72% of newborn
 - 60% of adult
- Average daily water intake: 2.4 liters.



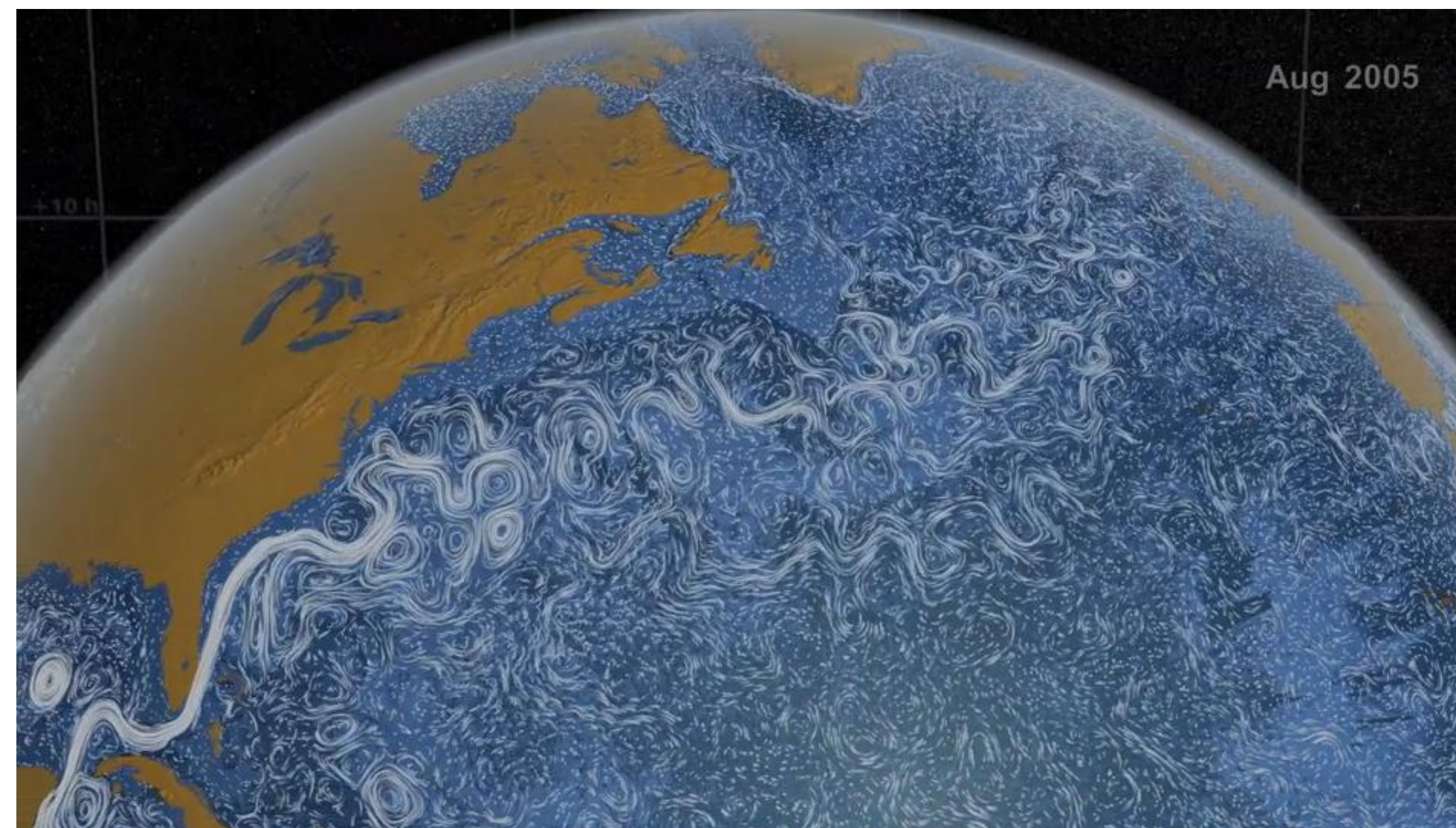
Georg Friedrich Händel (1685-1759): “Water music”.



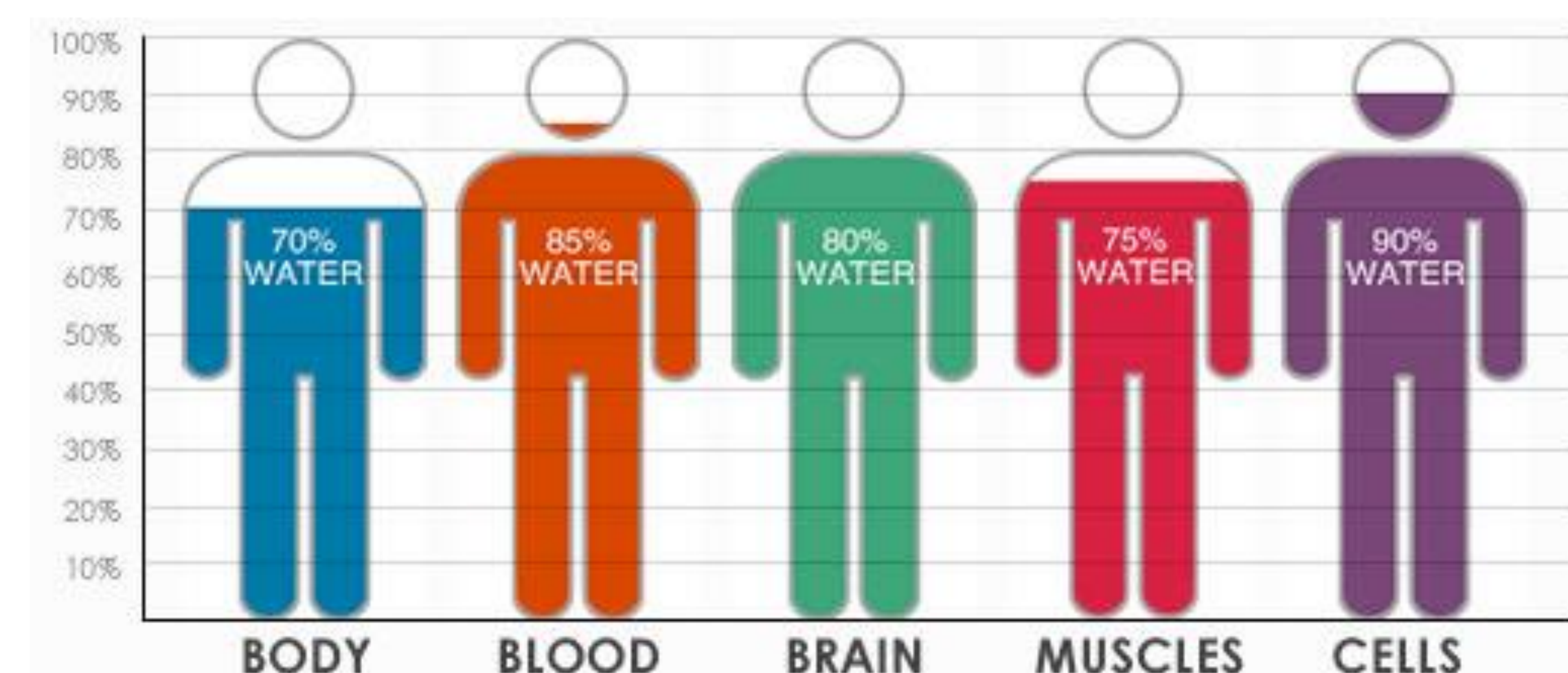
Georg Friedrich Händel (center) and King George I (right) on the Thames River, 17 July 1717.



Hokusai (1760-1849): Great wave off Kanagawa

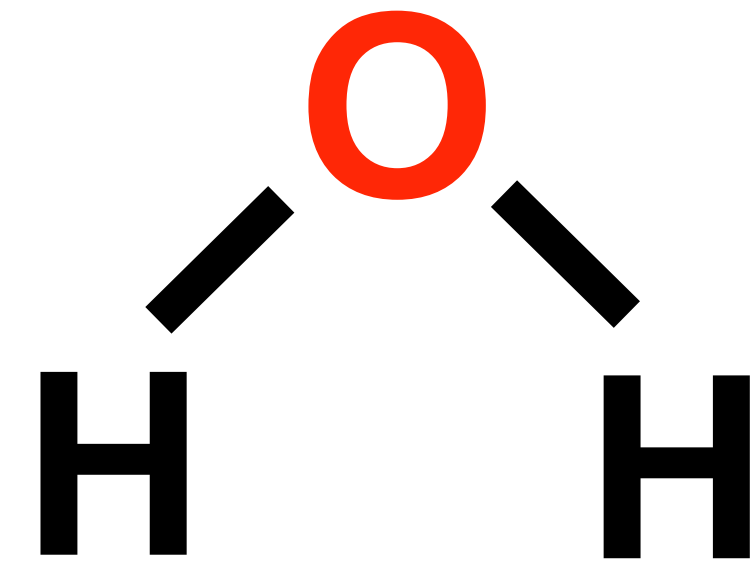


Perpetual motion of oceans on Earth’s surface.

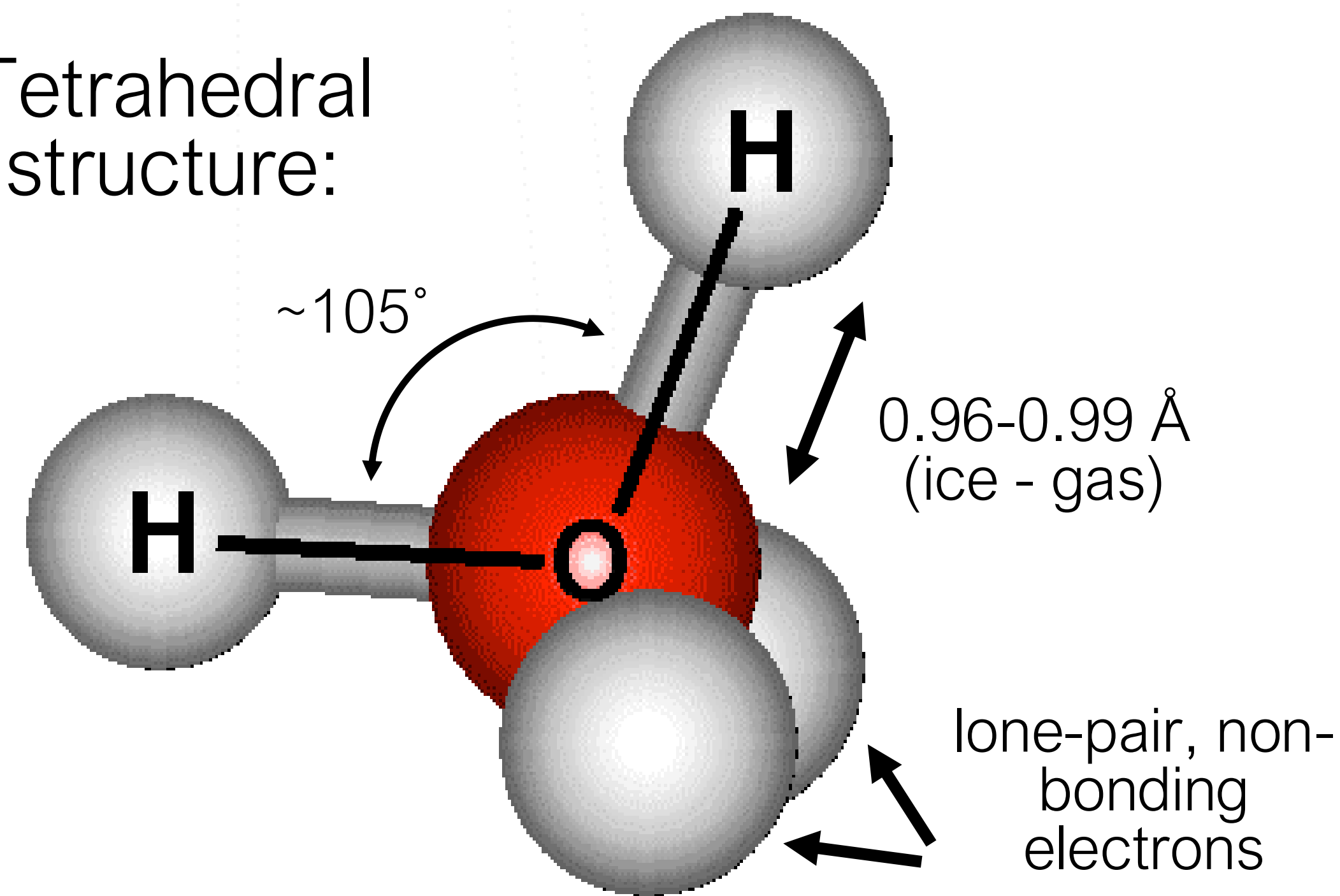


Structure and dynamics of the water molecule

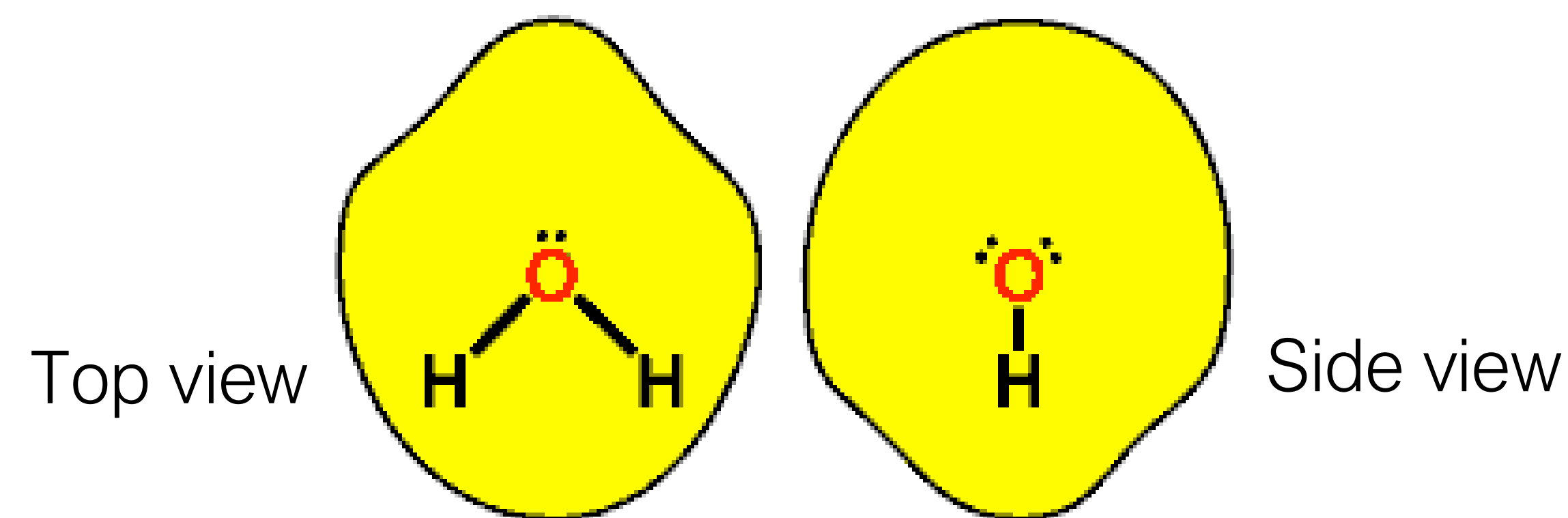
One of the smallest molecules
Barely larger than an atom



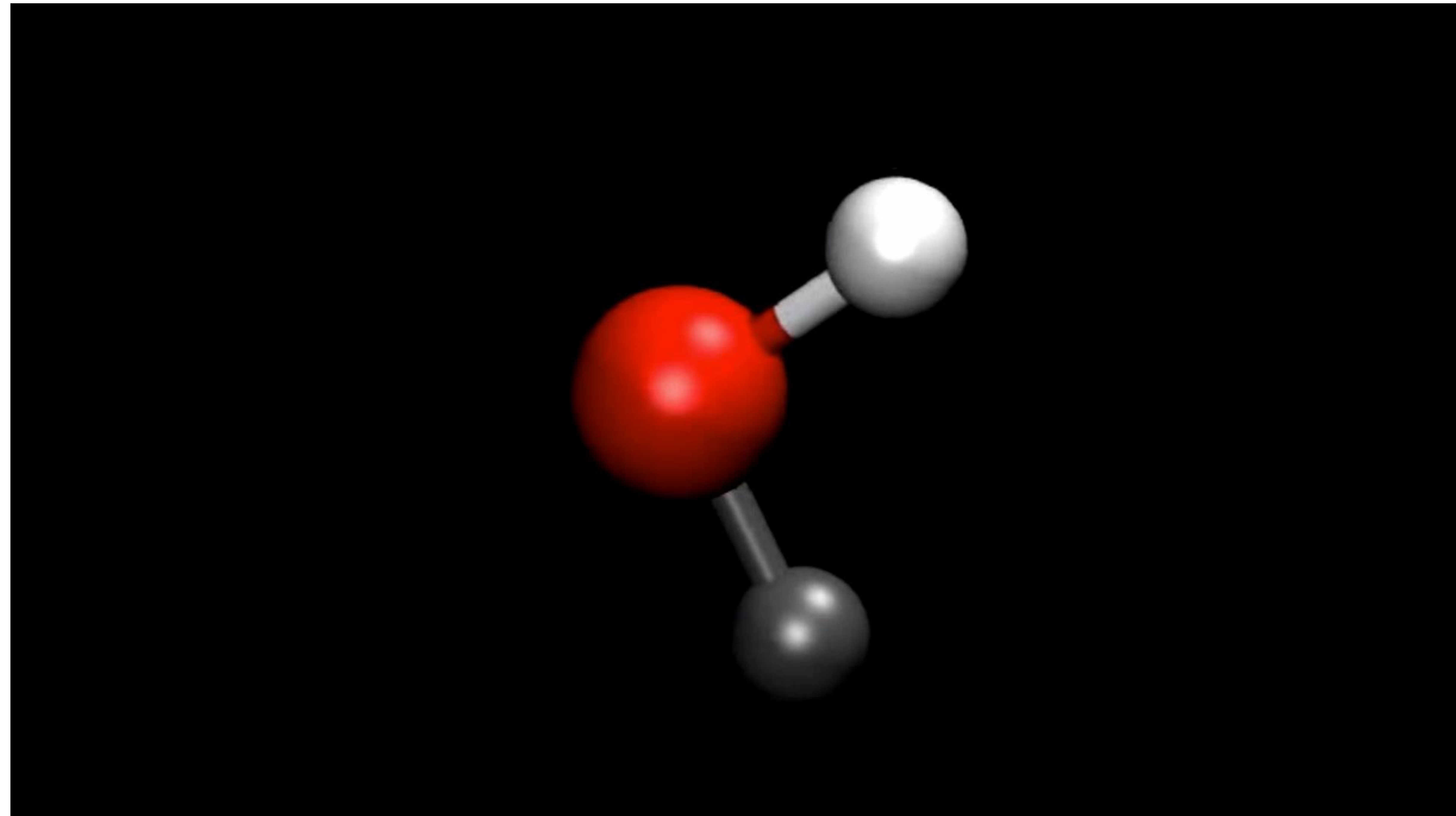
Tetrahedral structure:



van der Waals radius: $\sim 3.2 \text{ \AA}$
Its shape is not spherical



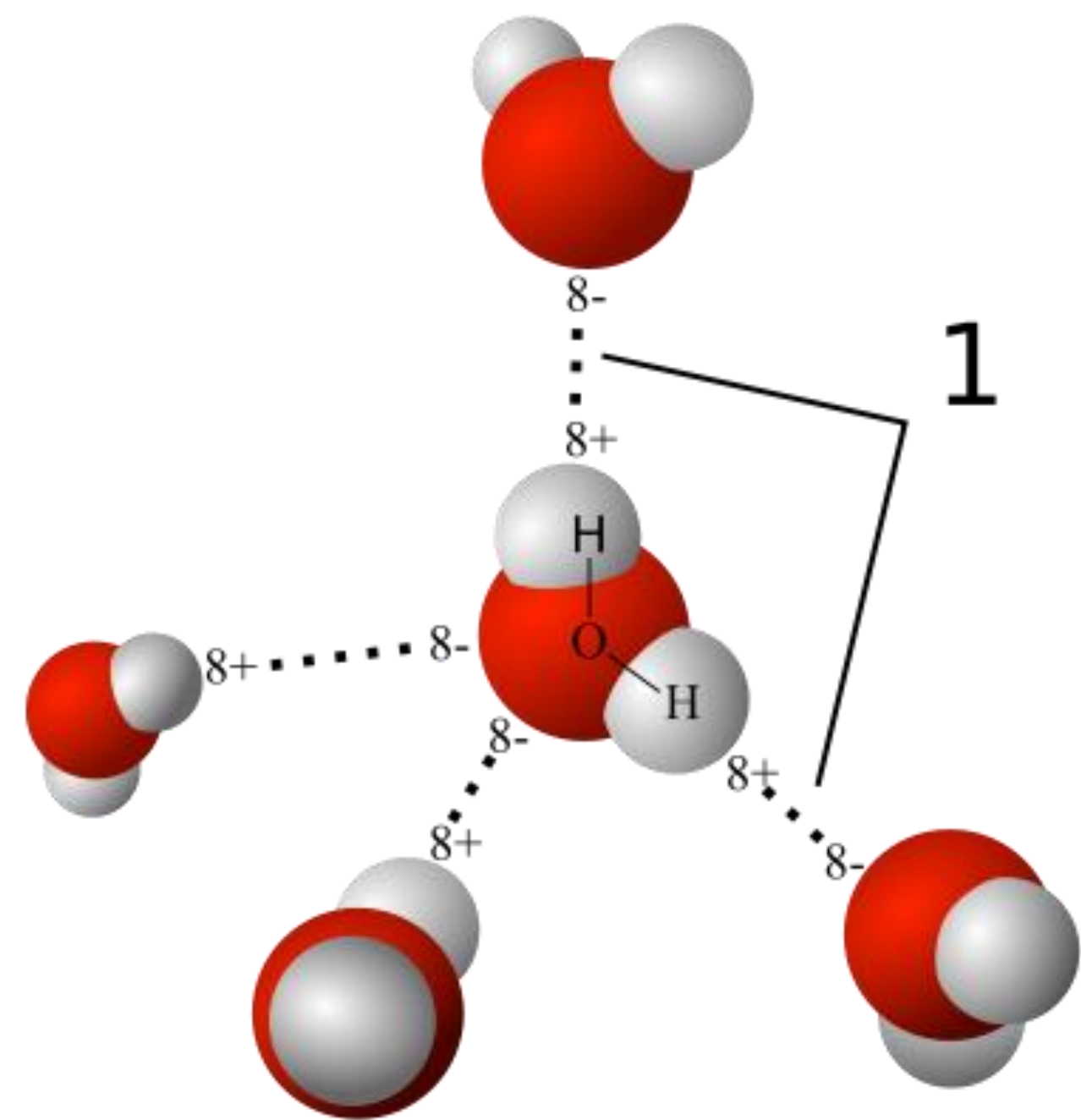
Rotational and vibrational motion



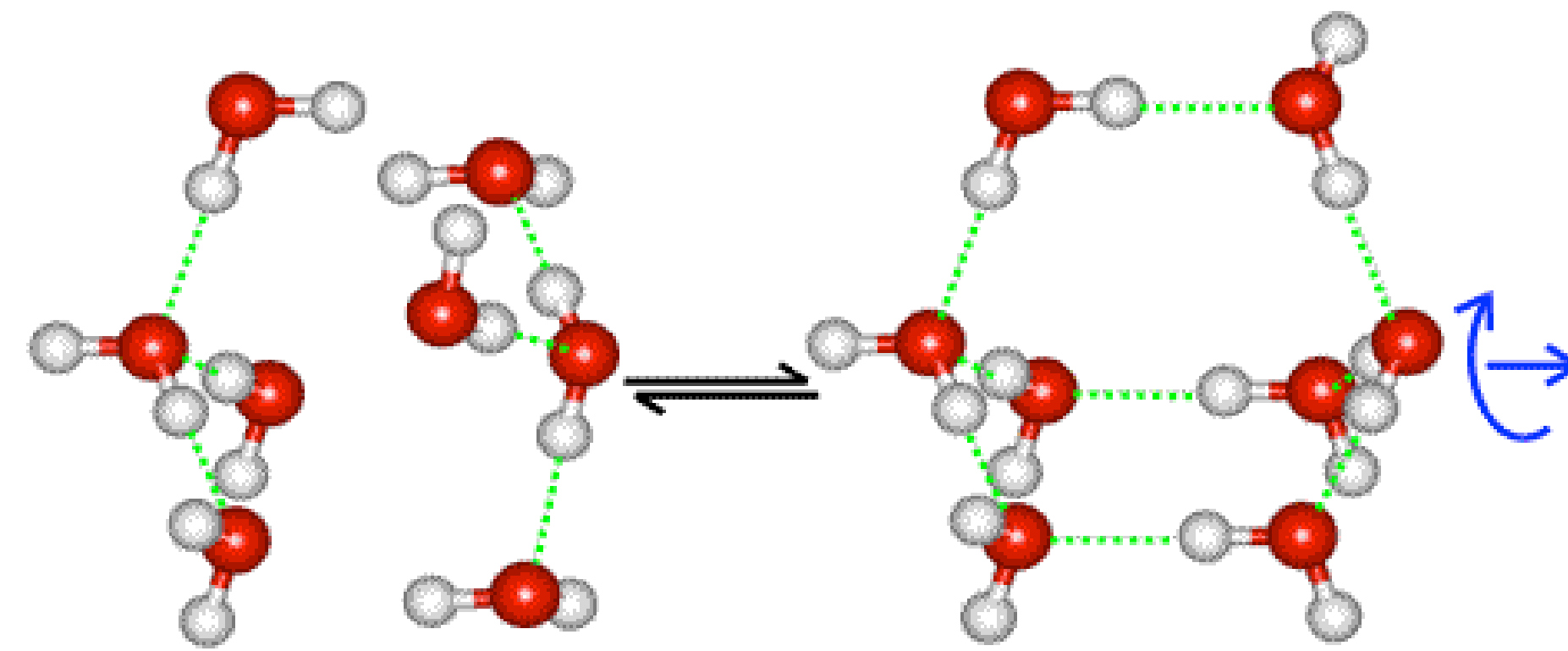
Absorption in the infrared and red spectral region →
“blue” color of natural waters: blue planet

Liquid water

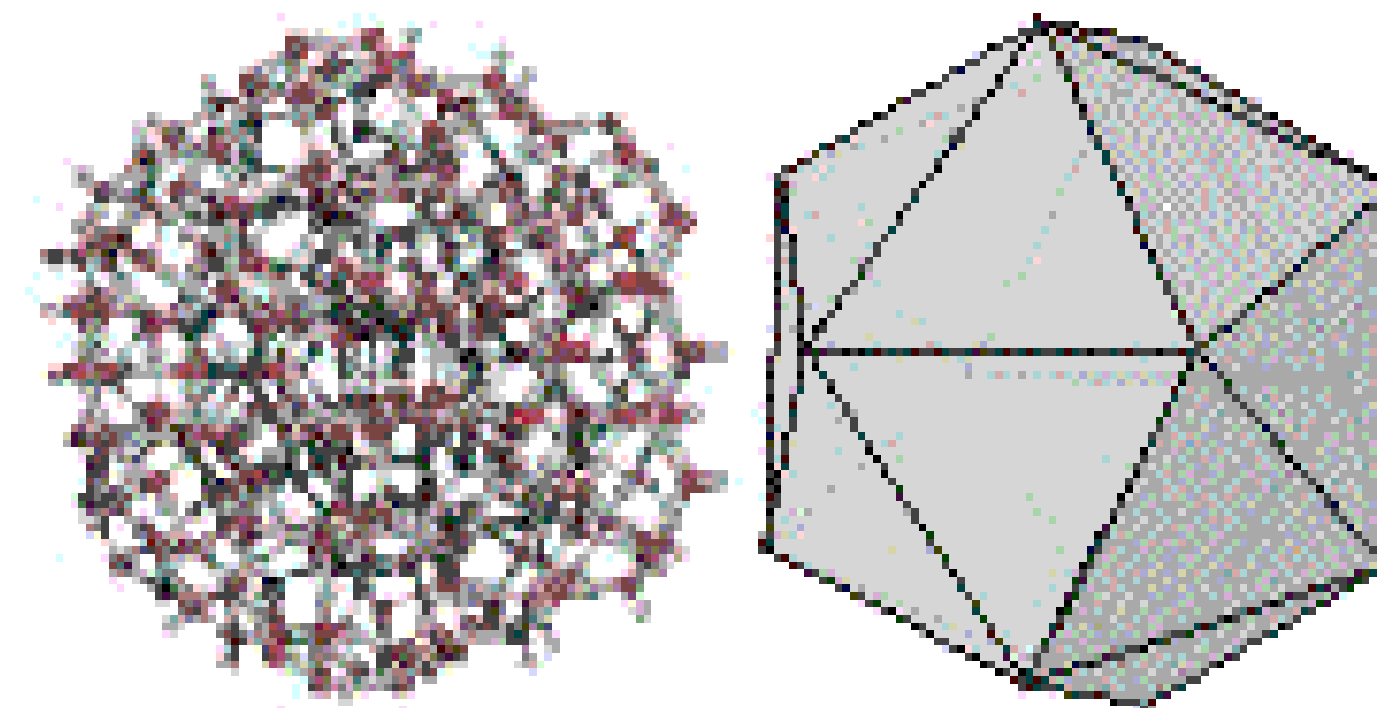
Hydrogen bonds in the vicinity of a water molecule:
formation of the water pentamer



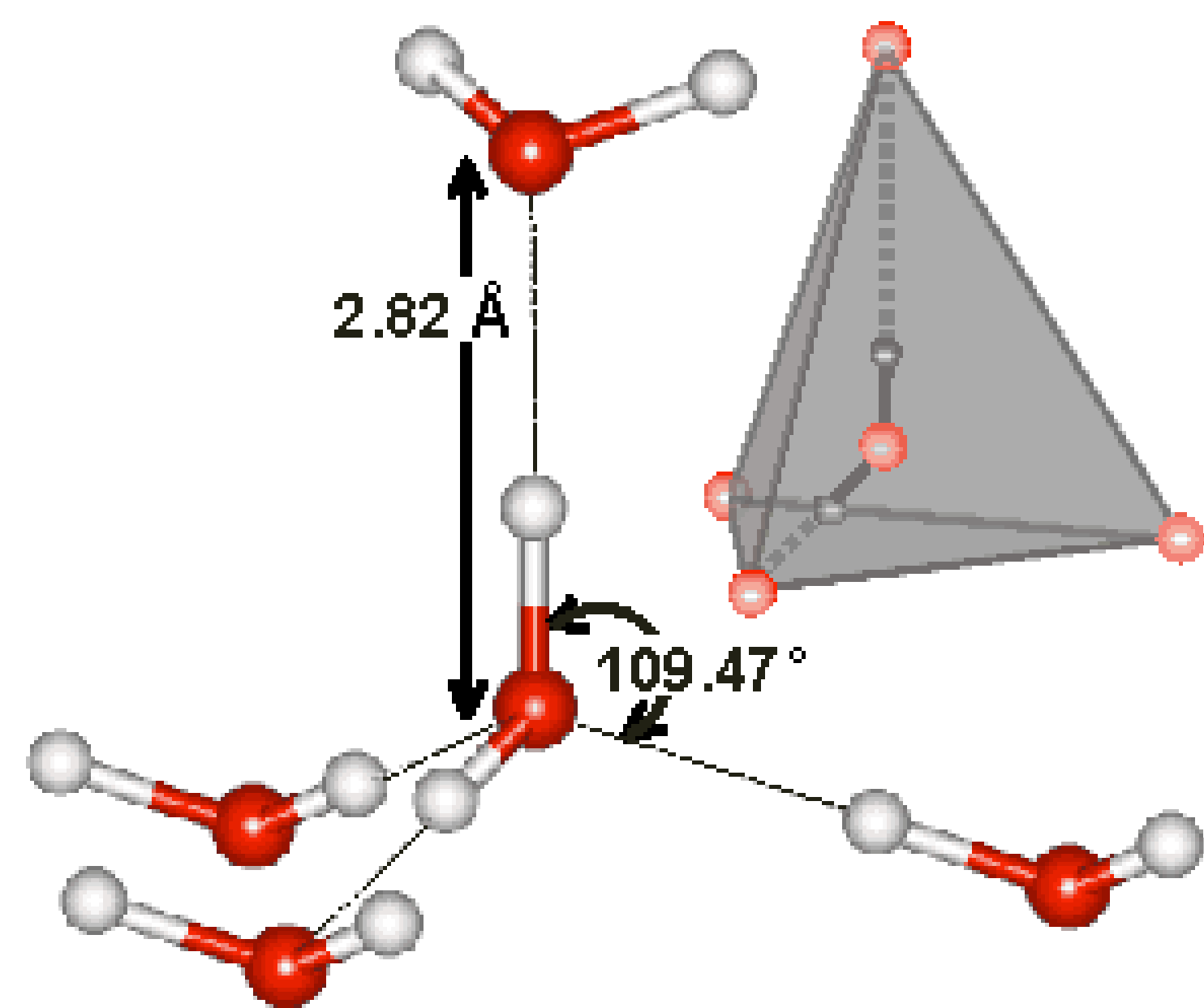
H-bridge: cohesion + repulsion
Cluster formation: bicyclo-octamer



From clusters to networks:
280 molecules form
icosahedral structure

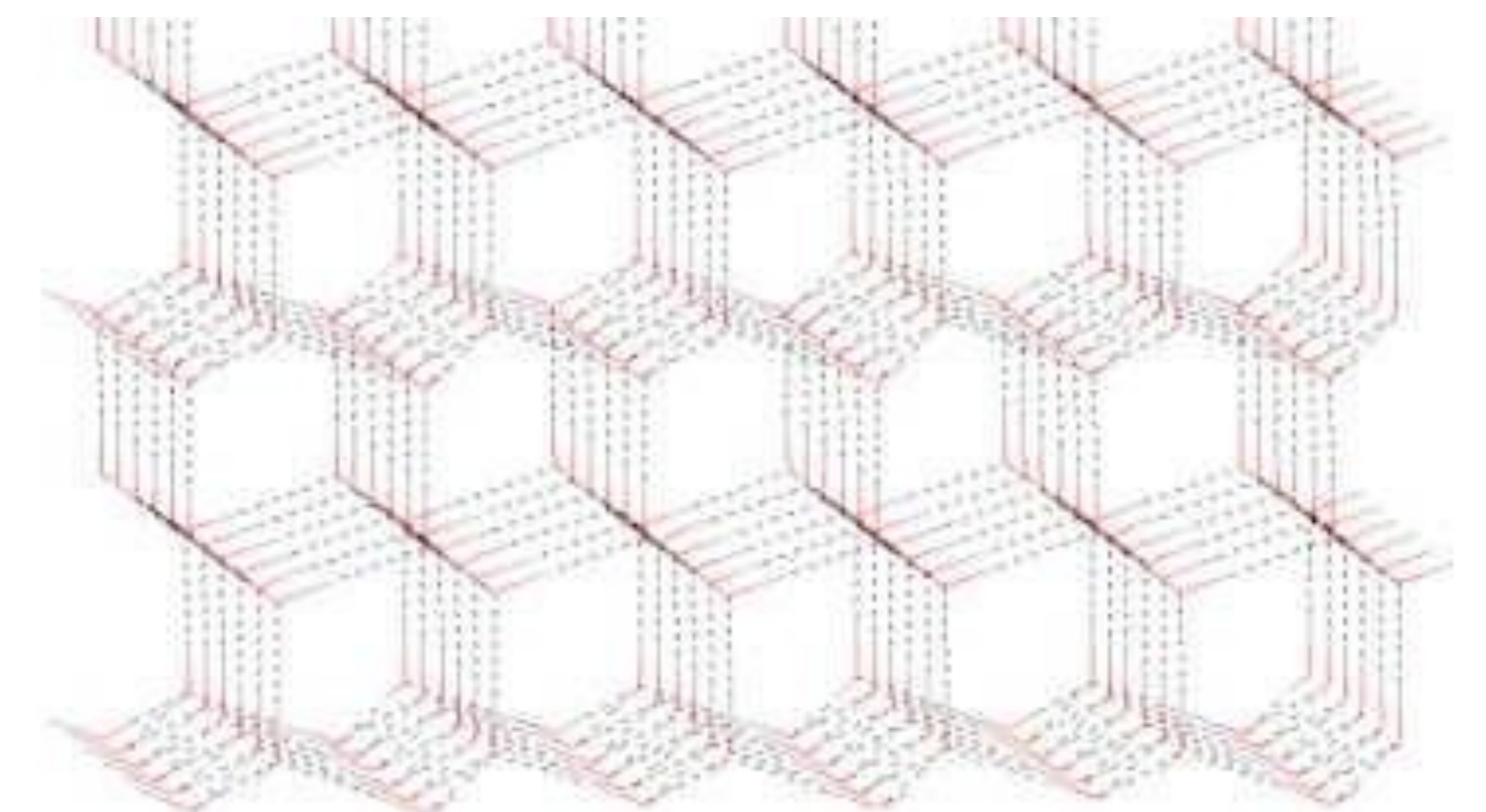
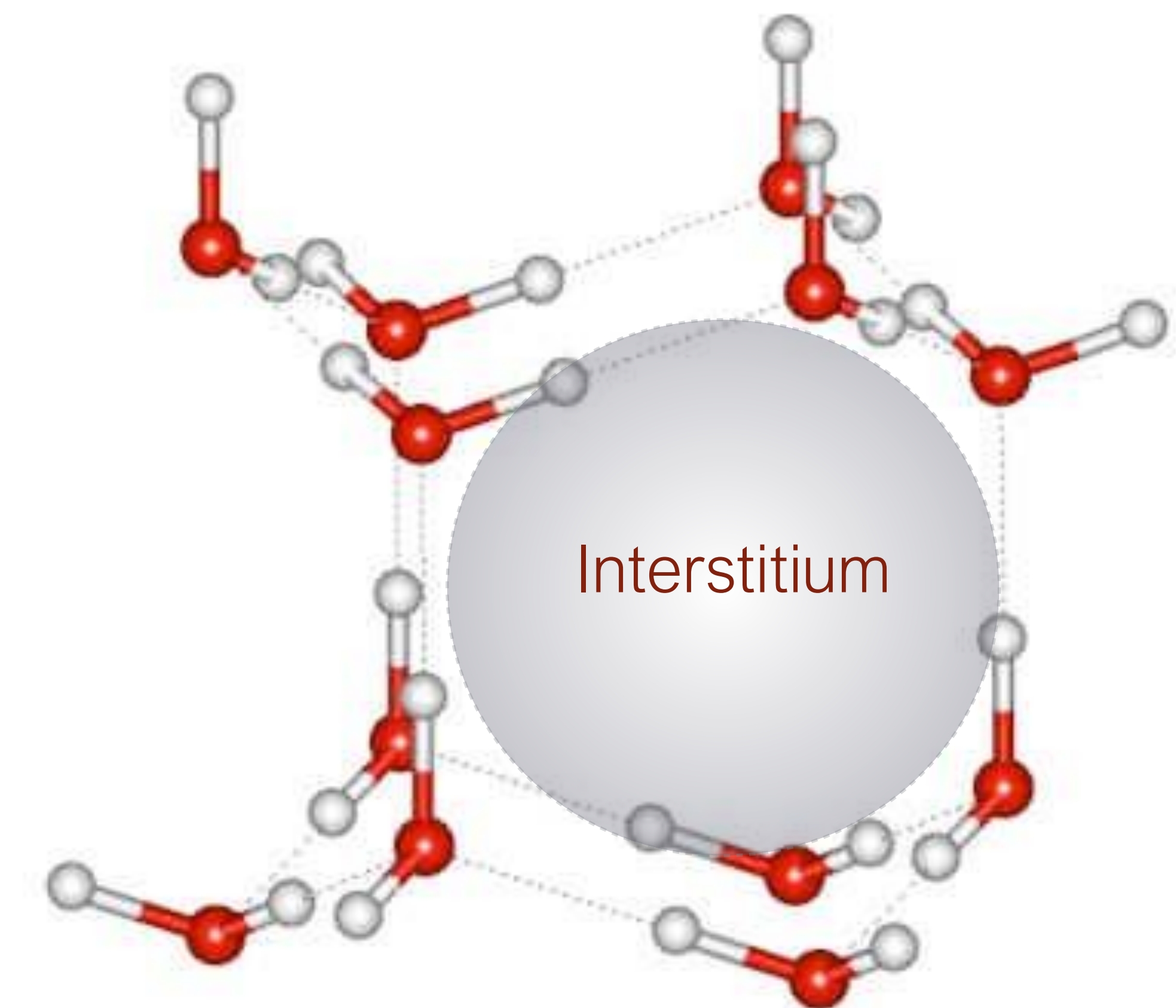


Spatial networks:
May explain anomalous
properties of water



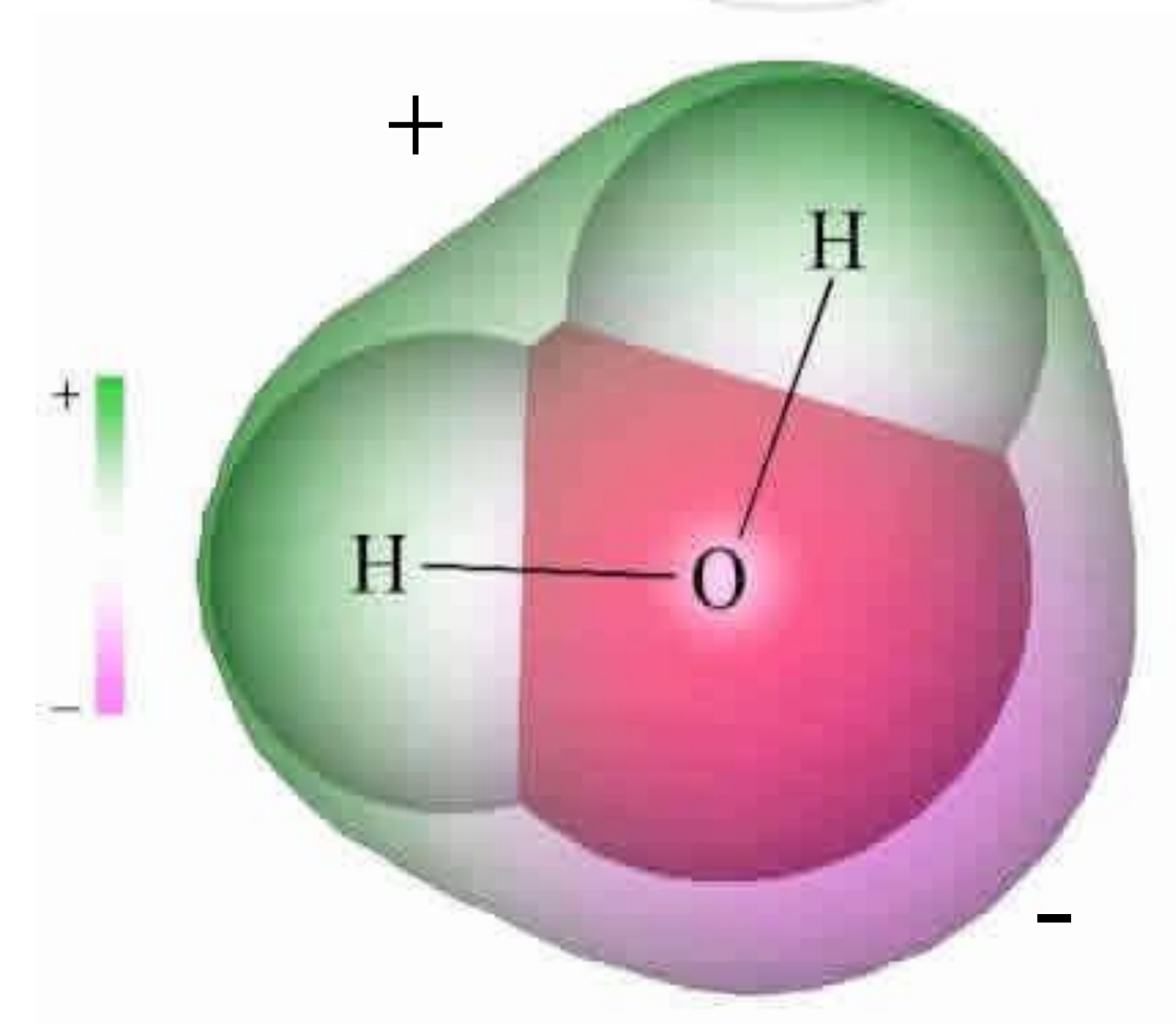
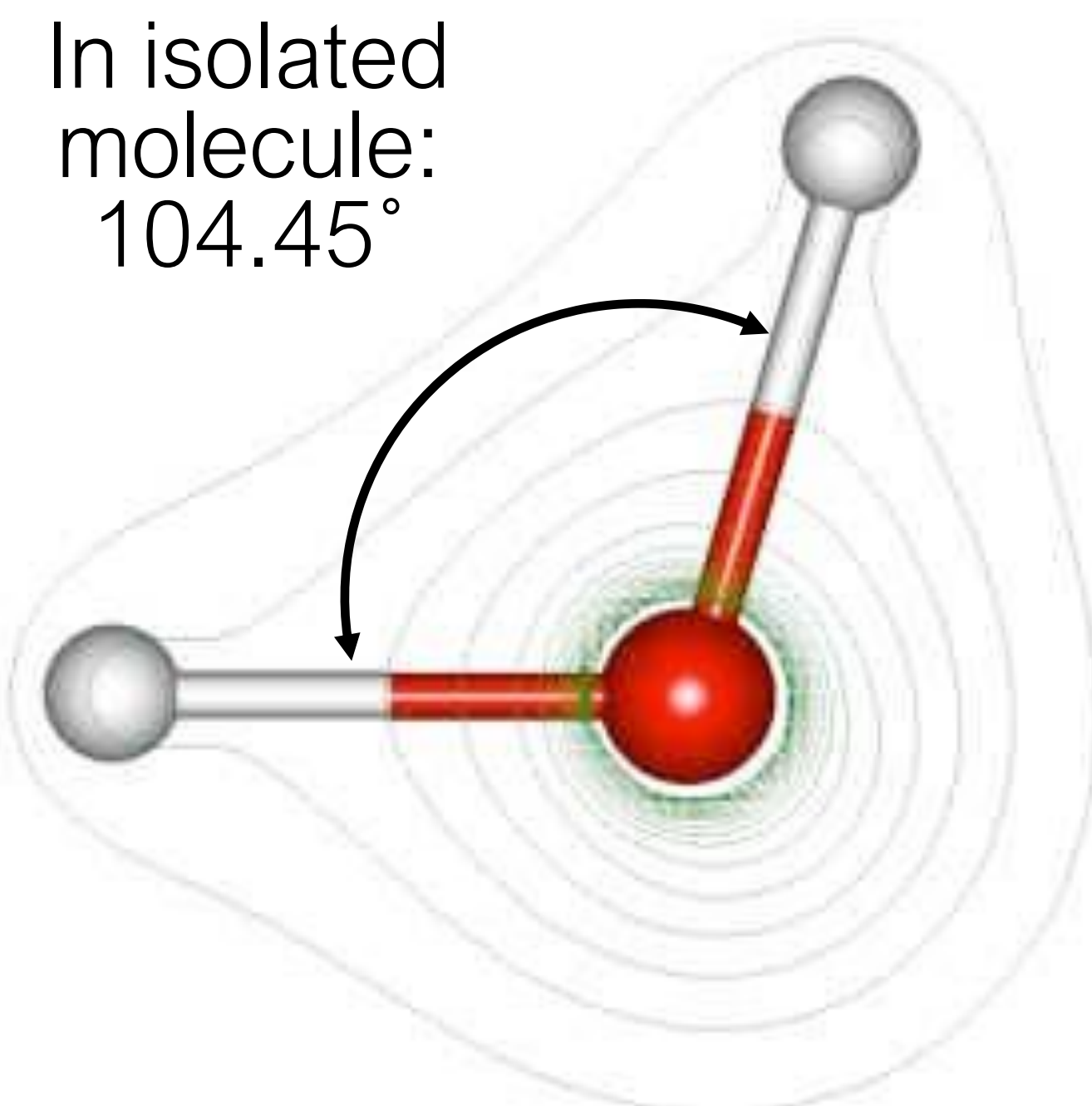
Solid water: Ice

- 9 different forms
- Conventional ice: hexagonal structure
- Coordination number: 4 (each molecule coordinates another four) Interstitium: could incorporate a water molecule - important in the diffusion of gases



Physical properties of water I.

Large permanent dipole moment \longrightarrow Good solvent

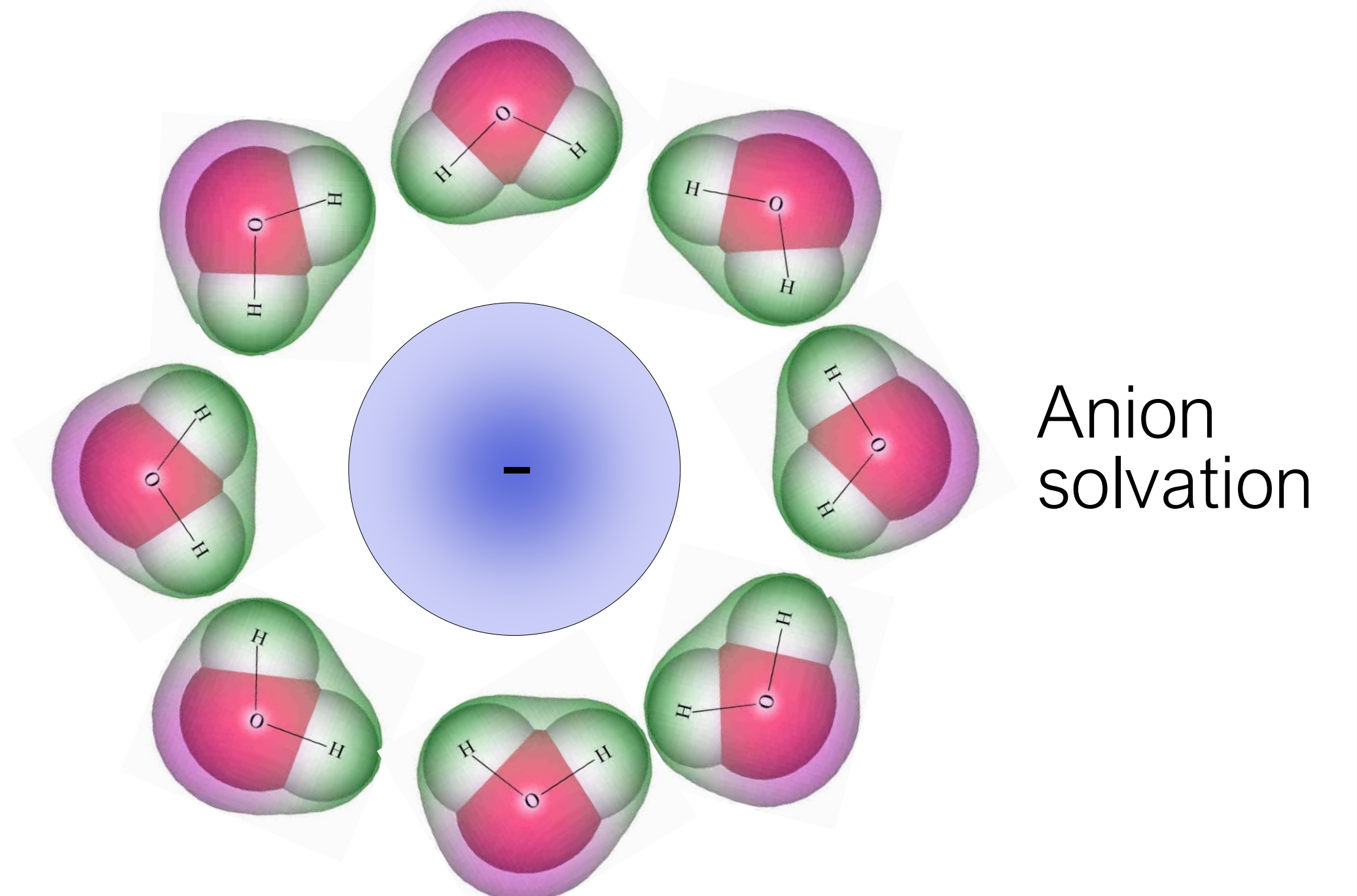
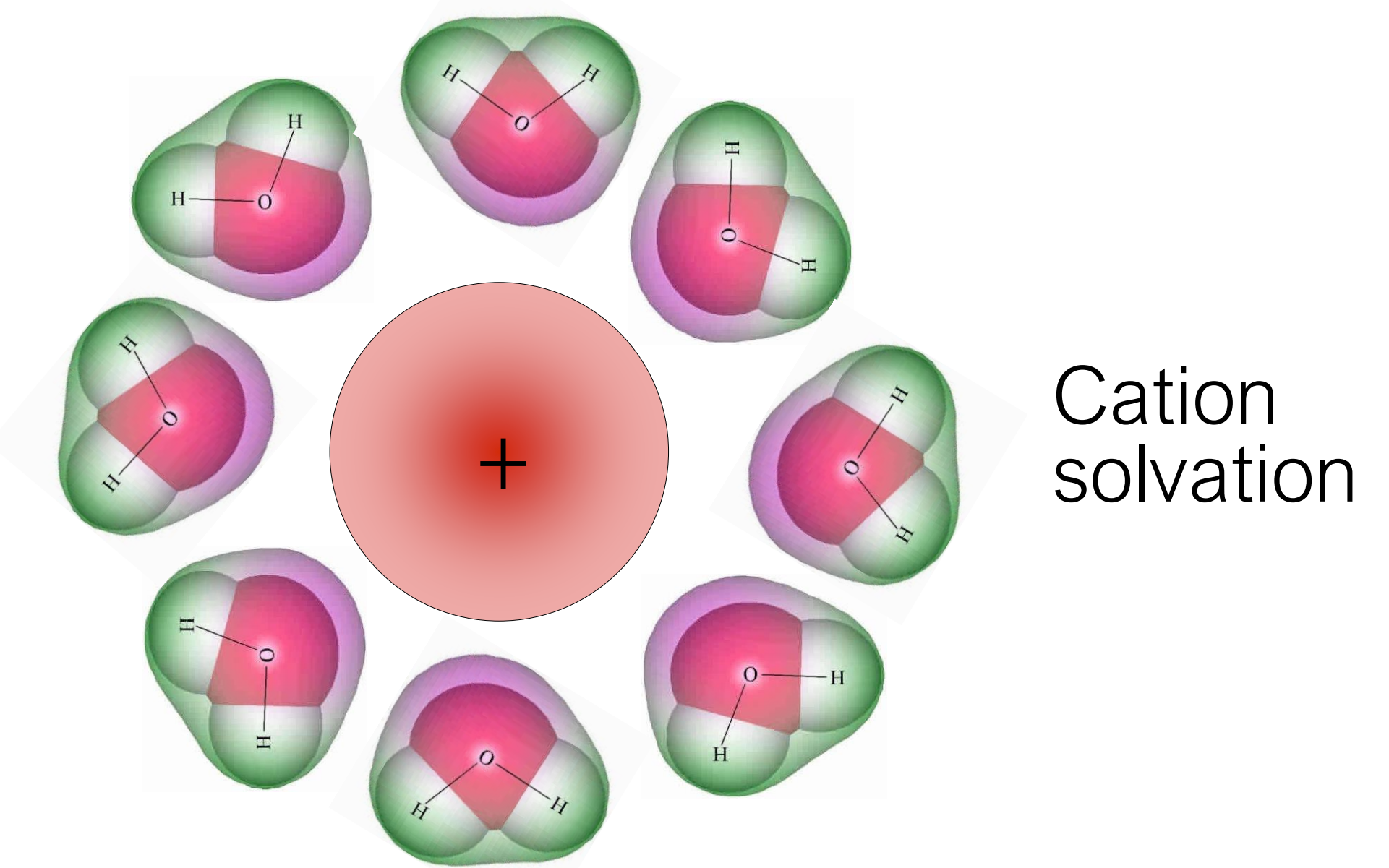


Chemical	Dipole moment
Polyethylene	2.25
Methanol	30
Ethylene glycol	37
Glycerol	47
Water	80
Titanium dioxide	86-173

Water stream bends in response to Coulombic forces



Courtesy of Prof. Miklós Zrínyi



Dipole moment: amount of electrical energy stored in the material by an applied voltage, relative to vacuum. It shows how good an electrical insulator the material is.
Consequence: water is good solvent.

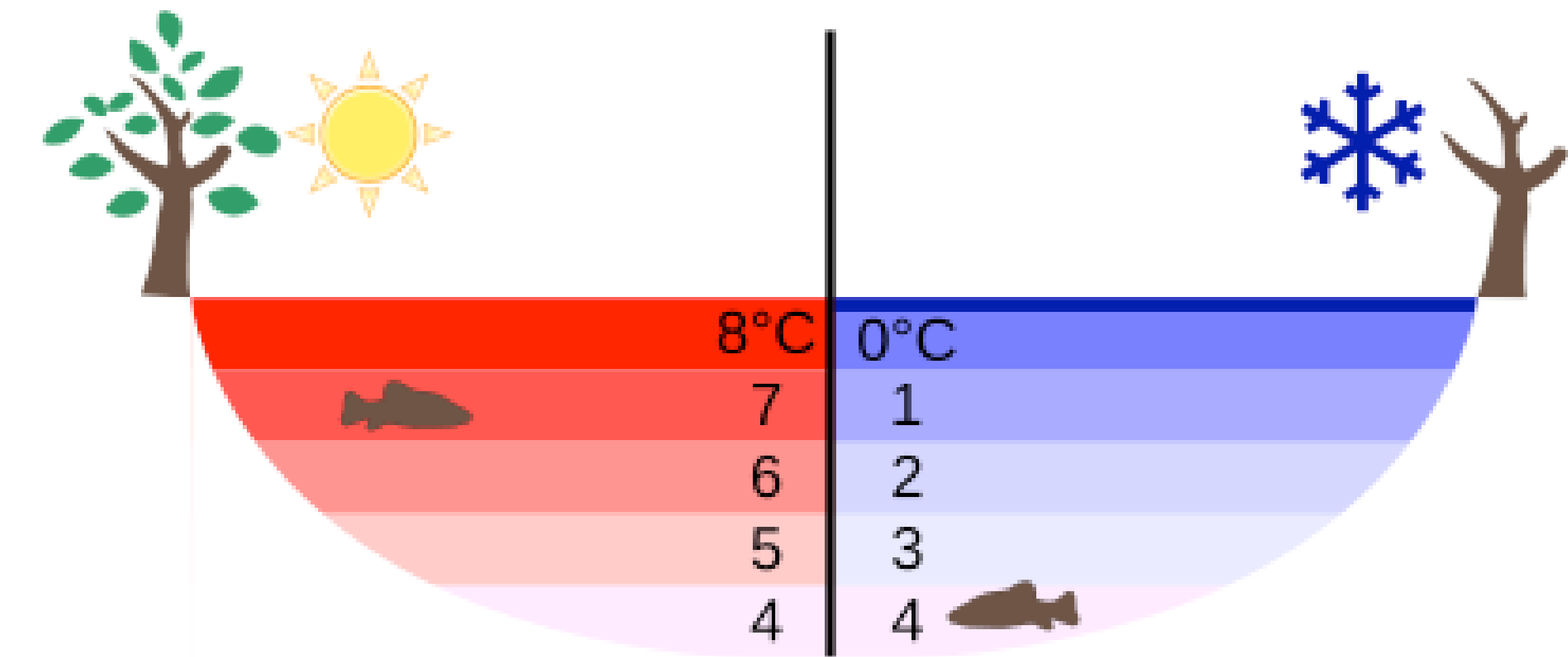
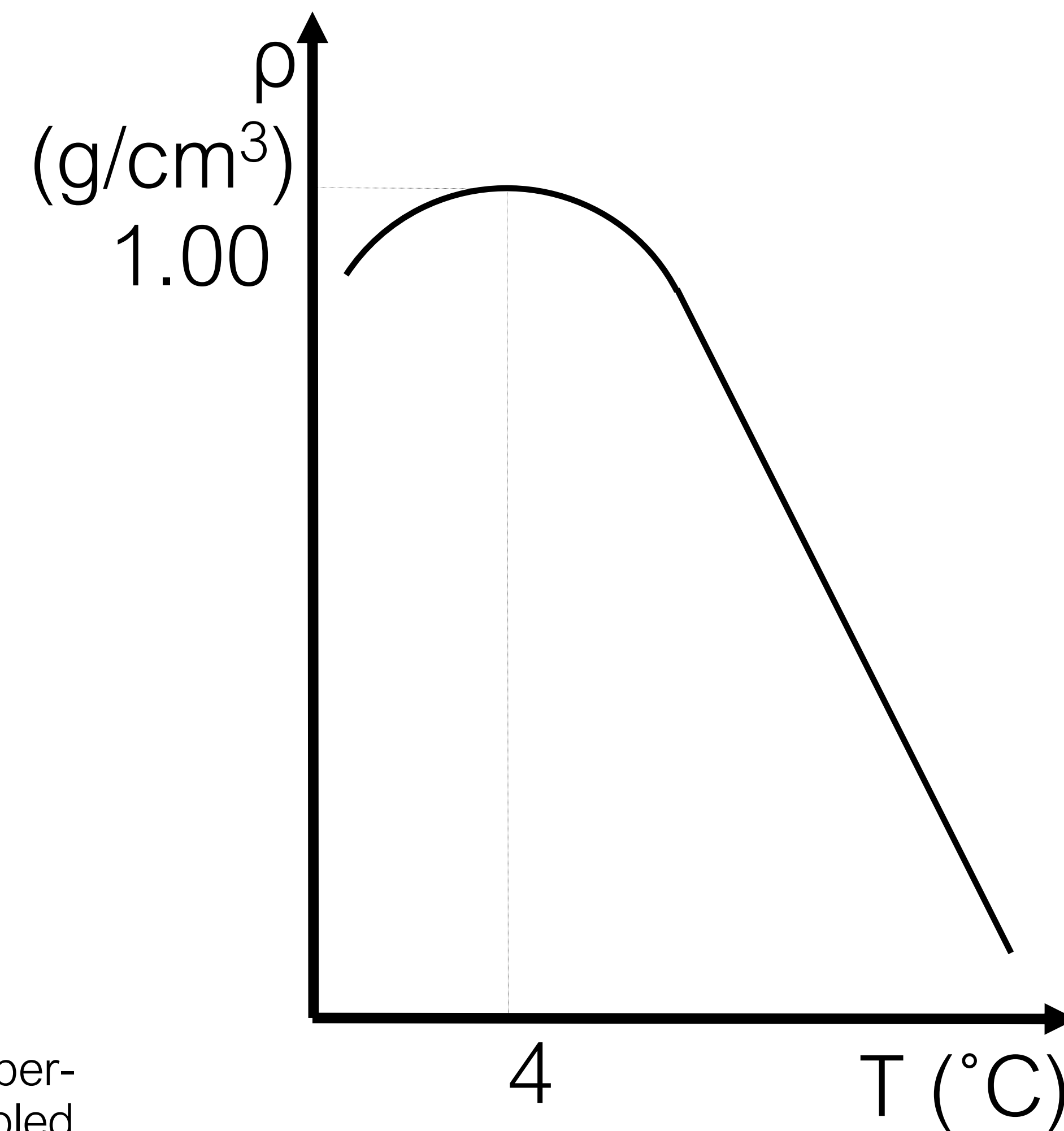
In the microwave oven: dipoles rotate according to the oscillating electromagnetic field. Water molecules acquire kinetic energy, which dissipates into the surroundings.

Physical properties of water II.

Anomalous density-temperature function

Temperature (°C)	Density (kg/m ³)
+100	958.4
+80	971.8
+60	983.2
+40	992.2
+30	995.6502
+25	997.0479
+22	997.7735
+20	998.2071
+15	999.1026
+10	999.7026
+4	999.9720
0	999.8395
-10	998.117
-20	993.547
-30	983.854

↑
Super-cooled
water
↓



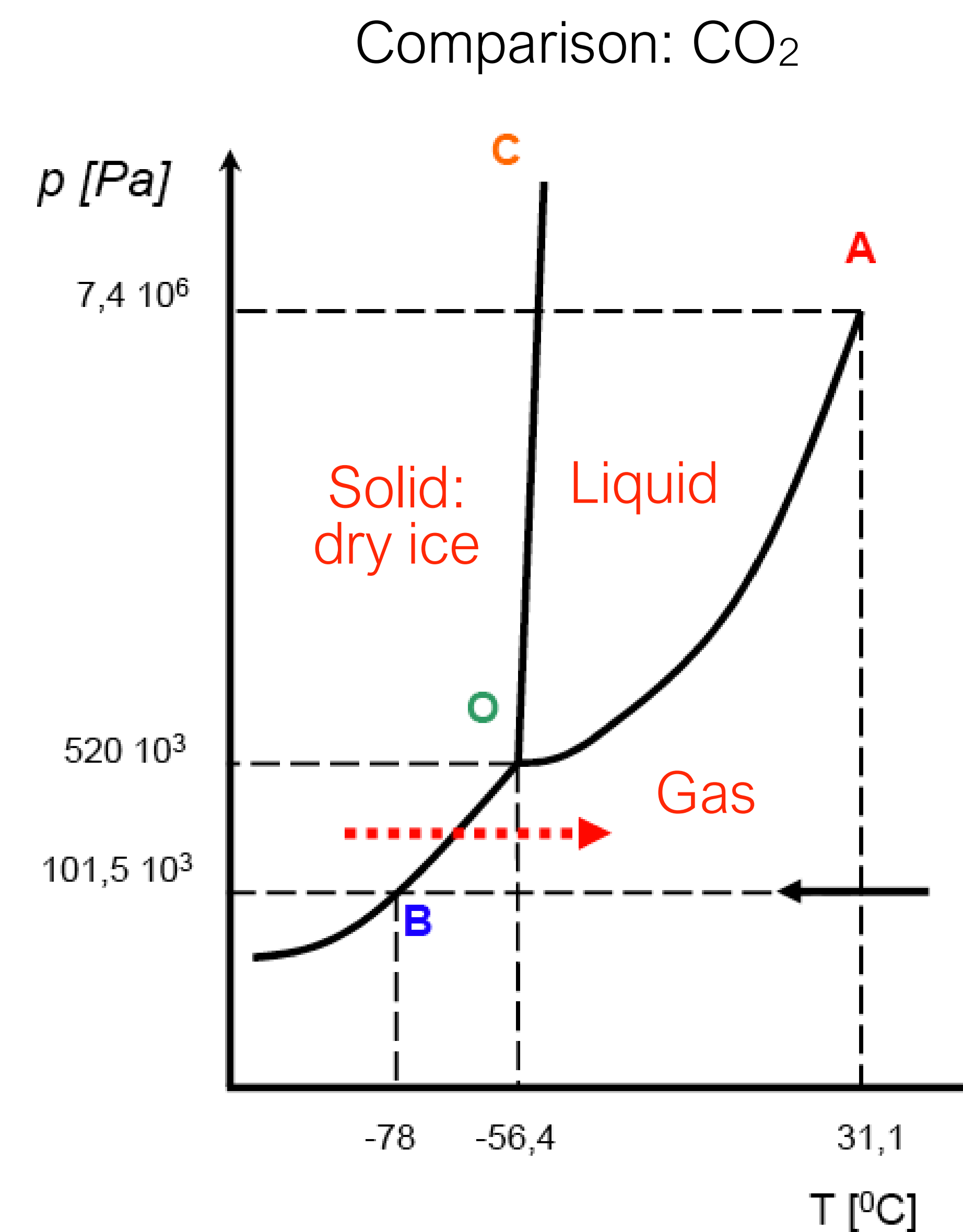
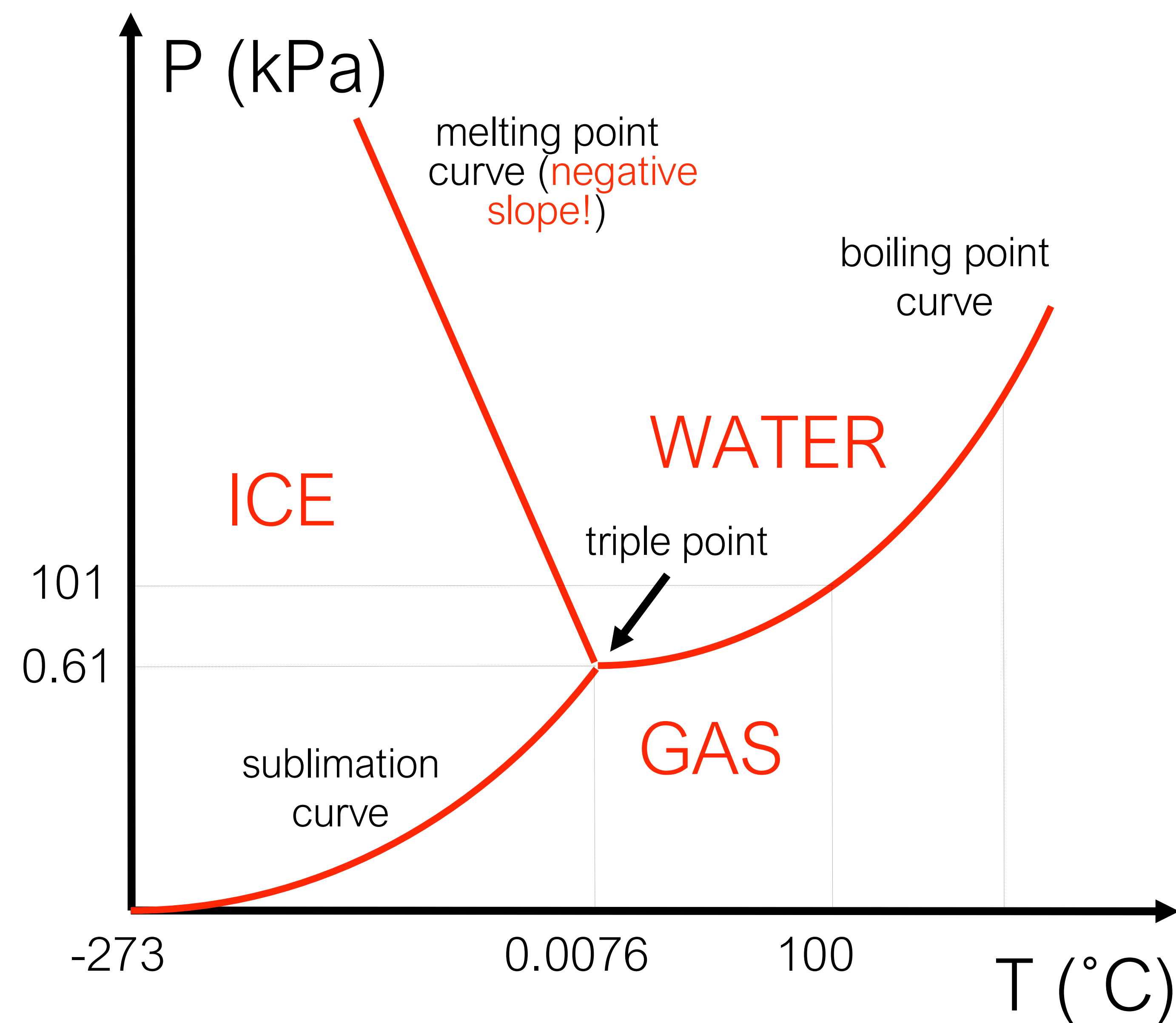
Consequences:

- 4 °C water is always at the bottom of the lake.
- Life persists under frozen lake.
- Creek runs under ice.

Physical properties of water III.

Anomalous phase diagram

- Phase curve: two phases are in equilibrium
- Area between phase curves: a single phase is present
- Intersection of phase curves: triple point



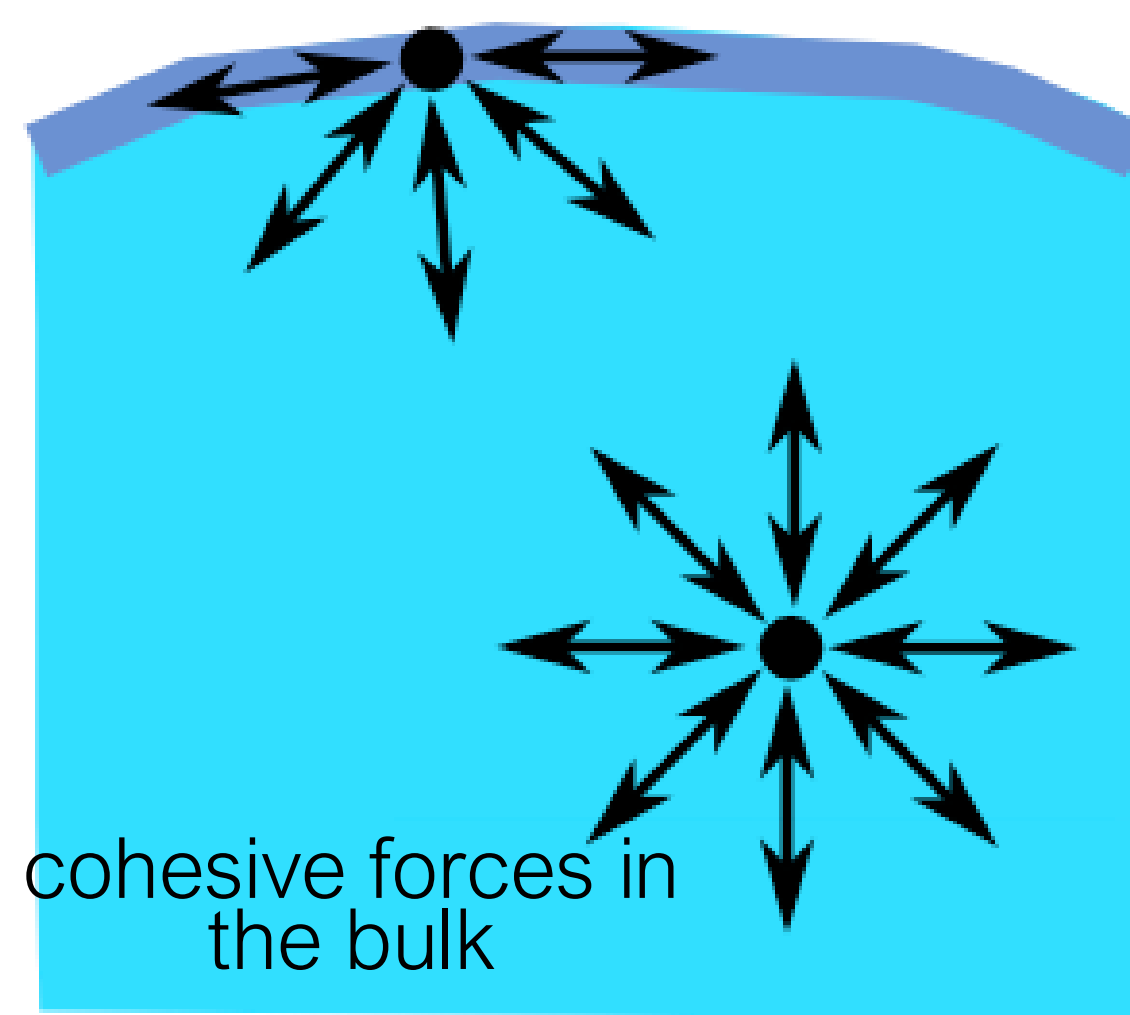
Physical properties of water IV.

Large surface tension

Surface tension: contractive tendency of the liquid that resists external force.

Imbalance of cohesive forces in the bulk versus the surface of the liquid.

cohesive forces at the surface



cohesive forces in the bulk

Chemical	Surface tension (mN/m)
Ethanol	24.4
Methanol	22.7
Acetone	23.7
Chloroform	27.1
Benzene	28.5
Water	72.9

Consequences on hydrophobic surface



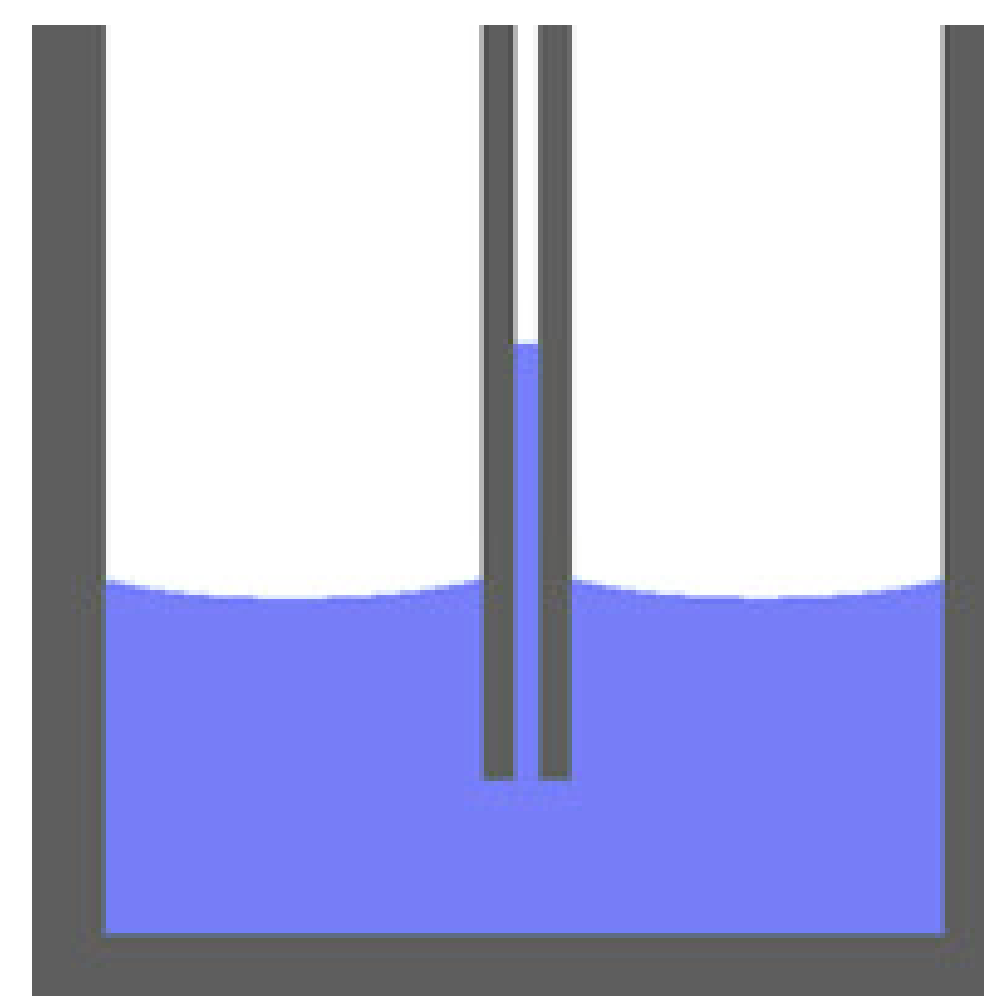
Persisting droplet on a superhydrophobic surface

Consequences in macroscopic living systems

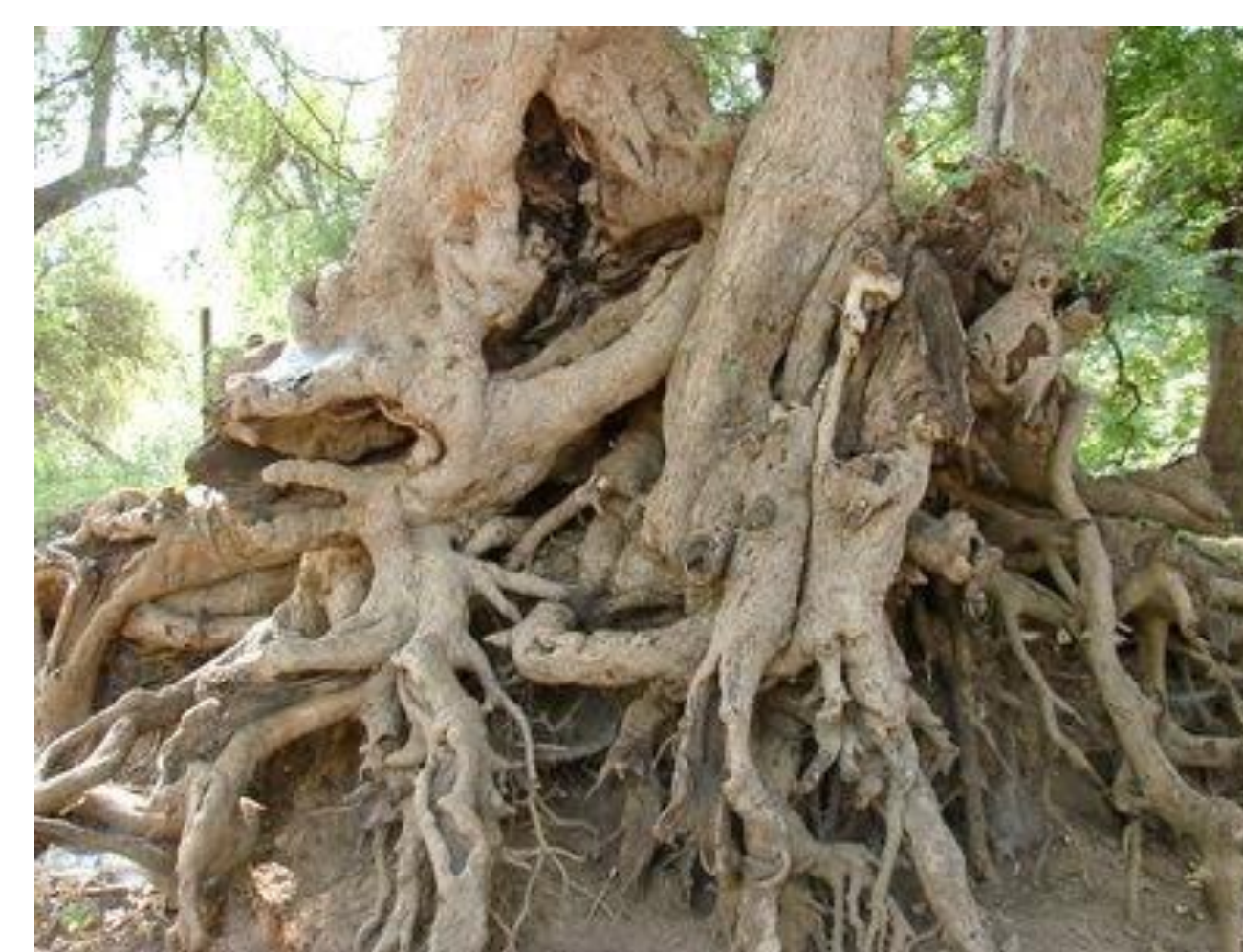


Water striders

Consequences on hydrophilic surface



Capillary action (model)



Capillary action aiding plant root function



“Jesus Christ lizard” (basilisk)

Further interesting features of water

Floatig water bridge



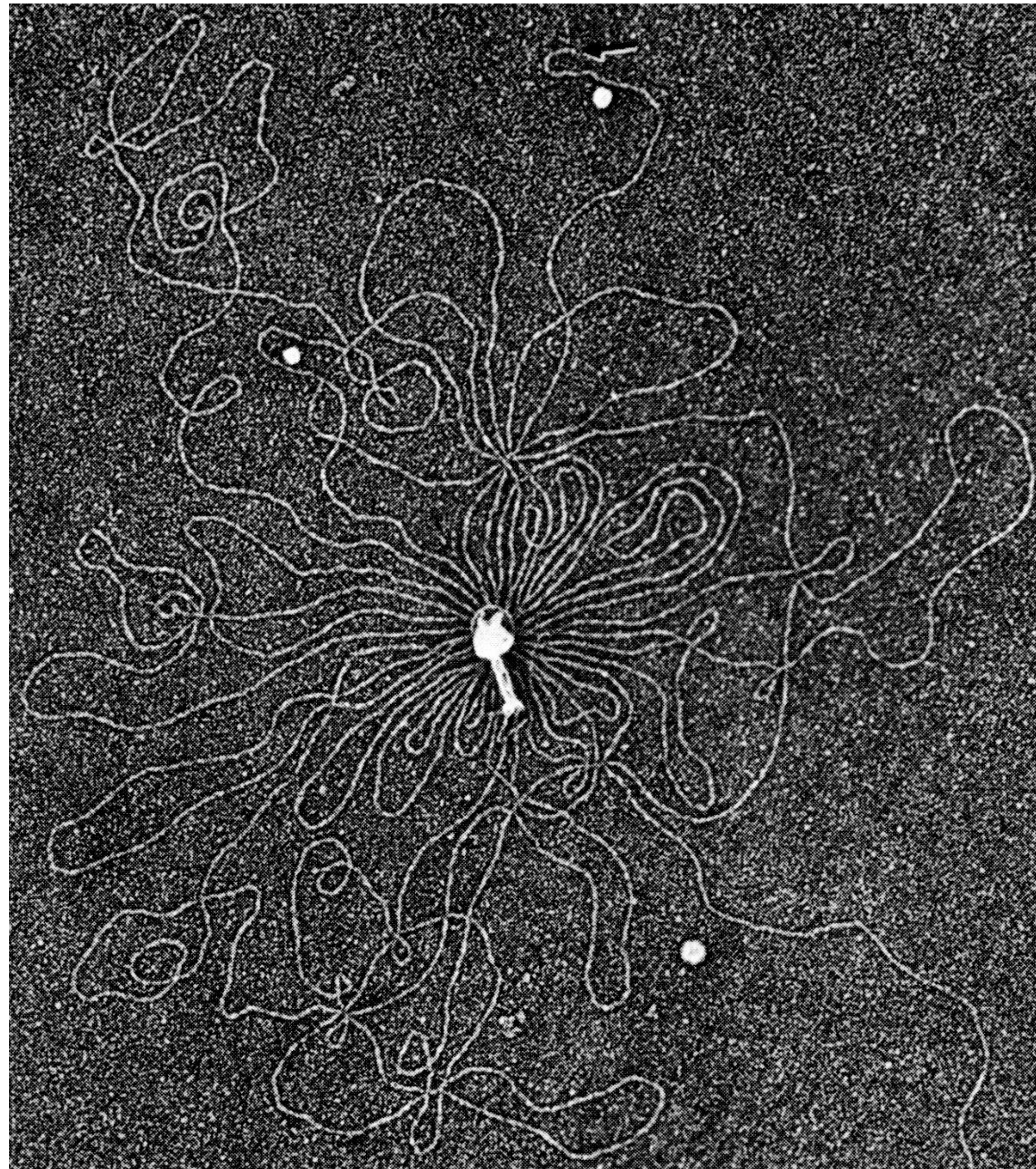
Elmar Fuchs, Wetsus

Persisting water droplets on vibrating water surface



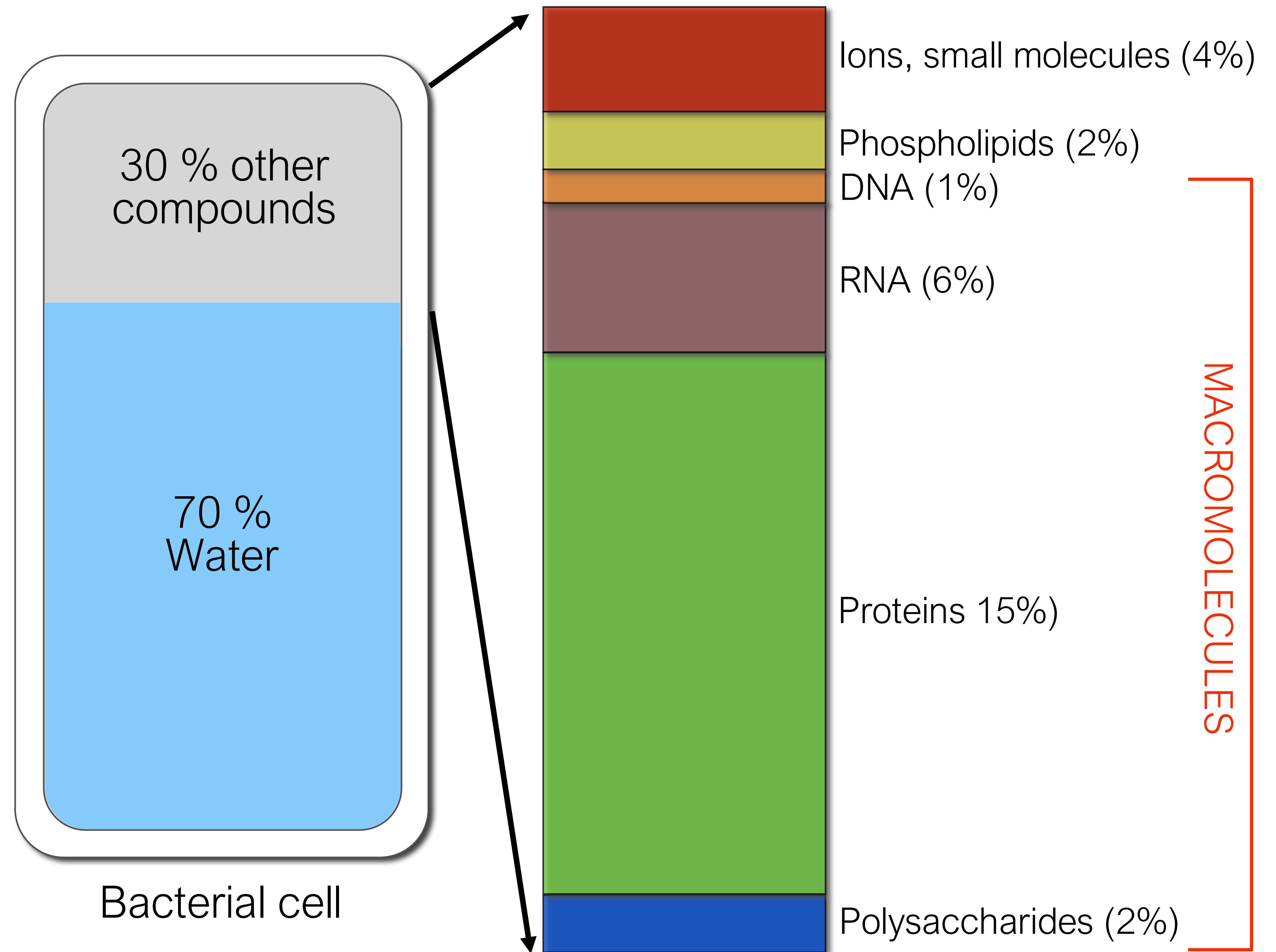
Number of water molecules in the cell	$\sim 1.6 \times 10^{14}$
Distance between water molecules	~ 0.4 nm

Biological macromolecules are **GIANT**



DNA released from bacteriophage head

Their quantity in the cell by mass is **LARGE**



Bacterial cell

Biological macromolecules: biopolymers

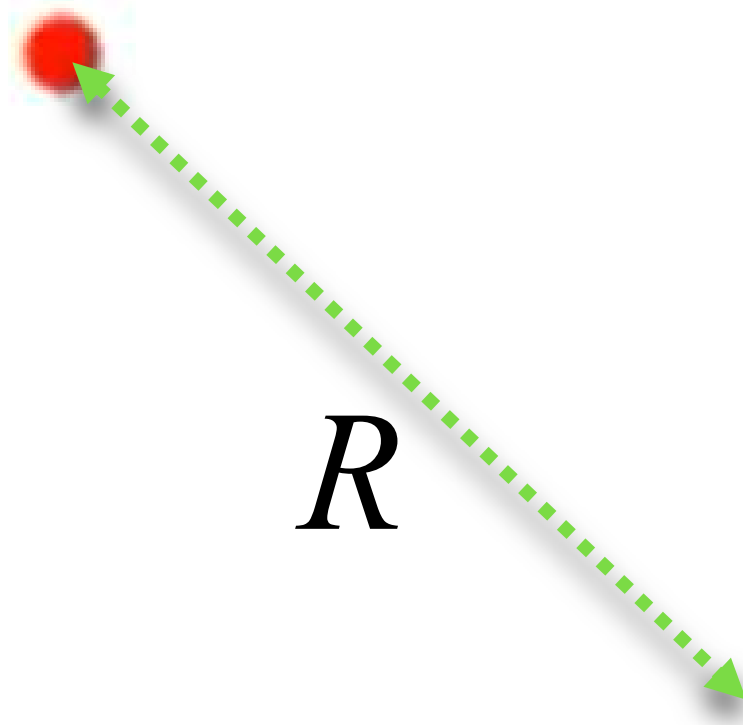
Polymers:
chains built up from monomers

Number of monomers: $N \gg 1$;
Typically, $N \sim 10^2 - 10^4$,
but, in DNA, e.g.: $N \sim 10^9 - 10^{10}$

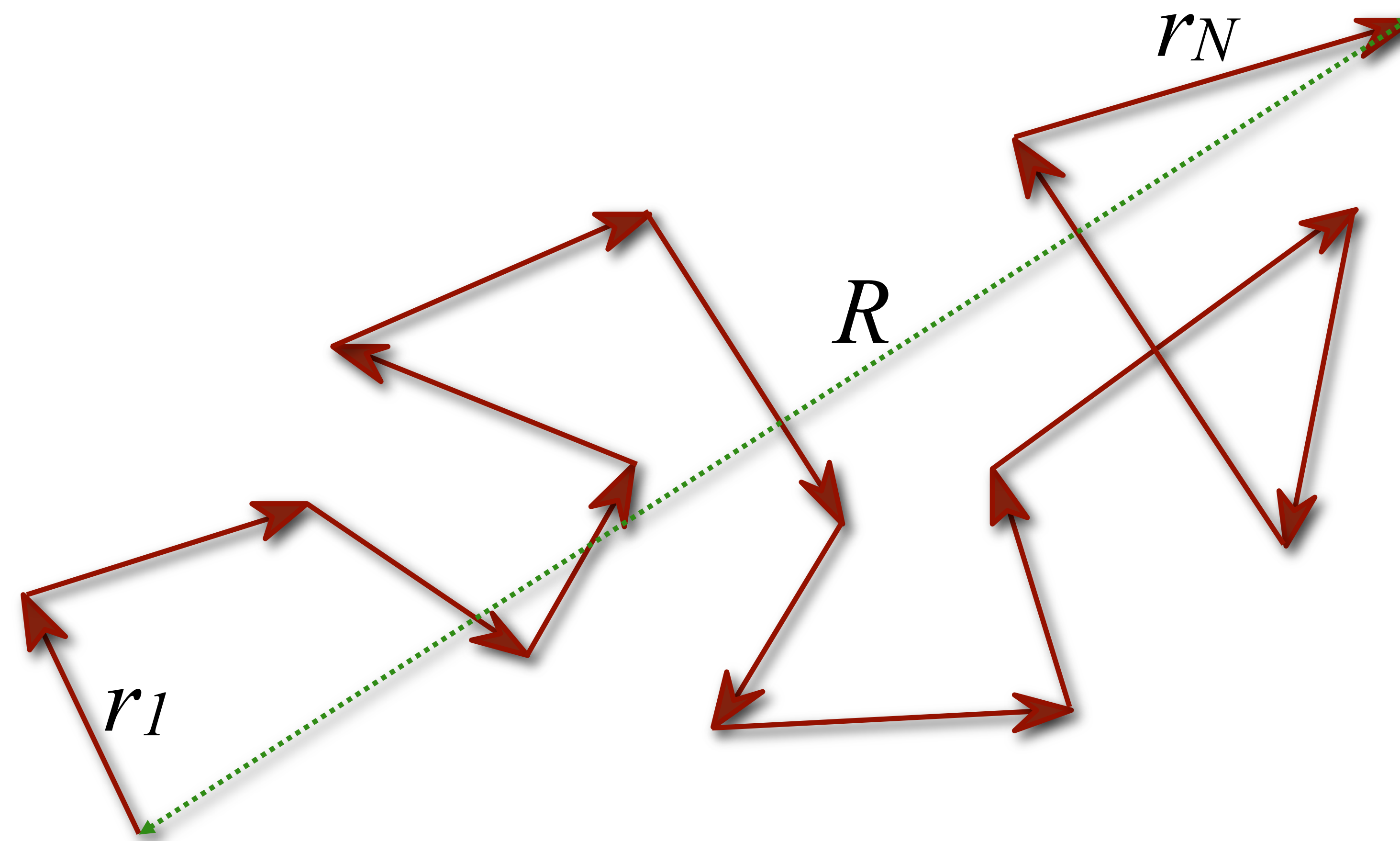
Biopolymer	Monomer	Bond
Protein	Amino acid	Covalent (peptide bond)
Nucleic acid (RNA, DNA)	Nucleotide (CTUGA)	Covalent (phosphodiester)
Polysaccharide (e.g., glycogen)	Sugar (e.g., glucose)	Covalent (e.g., α -glycosidic)
Protein polymer (e.g., microtubule)	Protein (e.g., tubulin)	Secondary

Shape of the polymer chain resembles random walk

Brownian motion:
“random walk”



Shape of polymer:
“random chain”



“Square-root law”:

$$\langle R^2 \rangle = Nl^2 = Ll$$

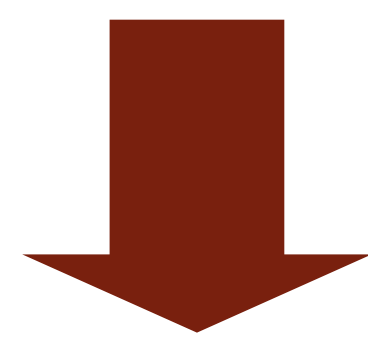
R = end-to-end distance
 N = number of elementary vectors
 $l = |\vec{r}_i|$ = correlation length
 r_i = elementary vector
 $Nl = L$ = contour length
 l is related to **bending rigidity**.

In case of Brownian-movement R = displacement, N = number of elementary steps, L = total path length, and l = mean free path length.

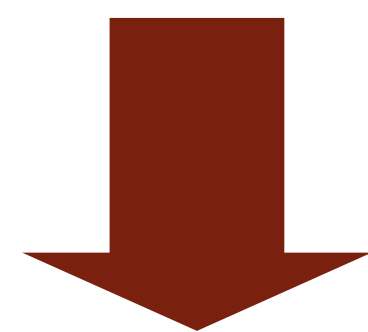
Biopolymer elasticity

Entropic (thermal) elasticity

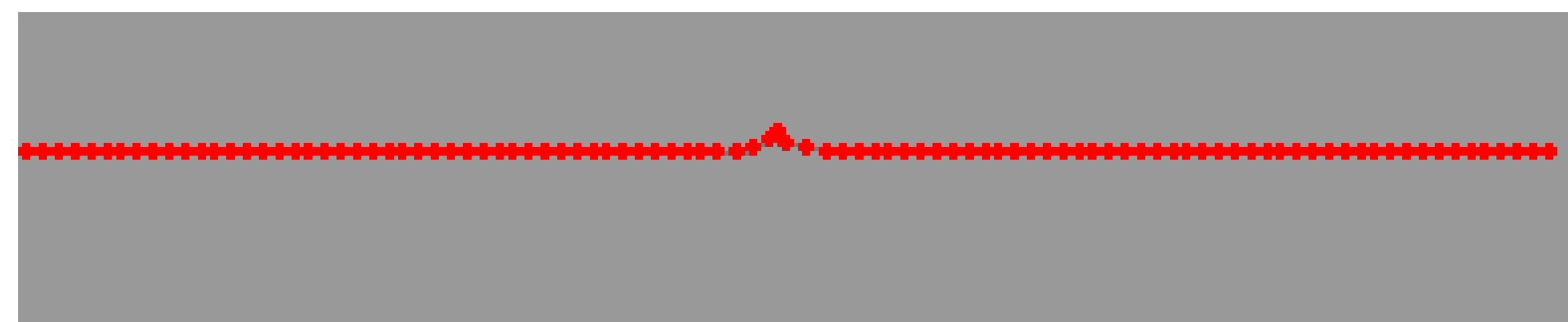
Polymer chain goes through thermal fluctuations of shape.



Configurational entropy (orientational disorder of elementary vectors) increases.

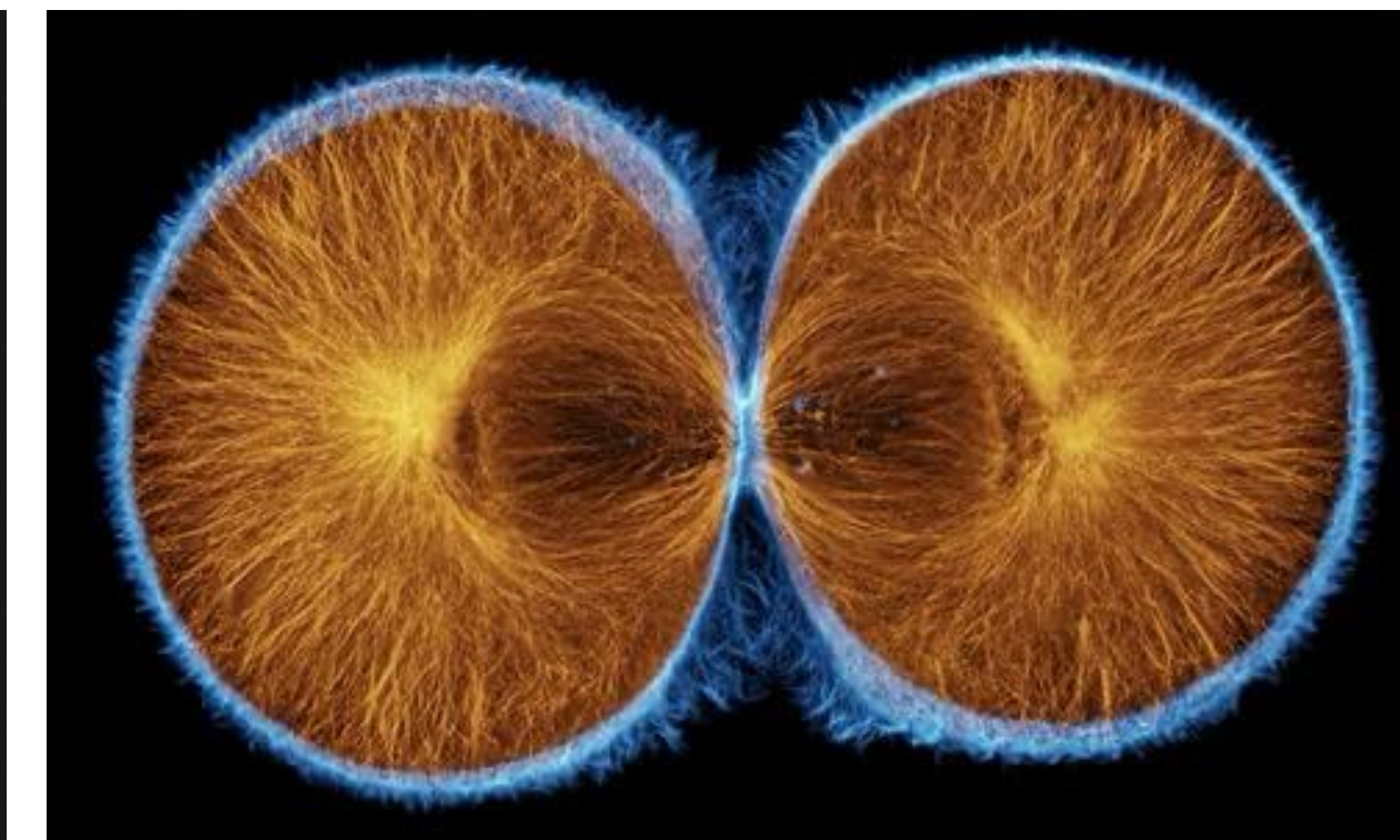
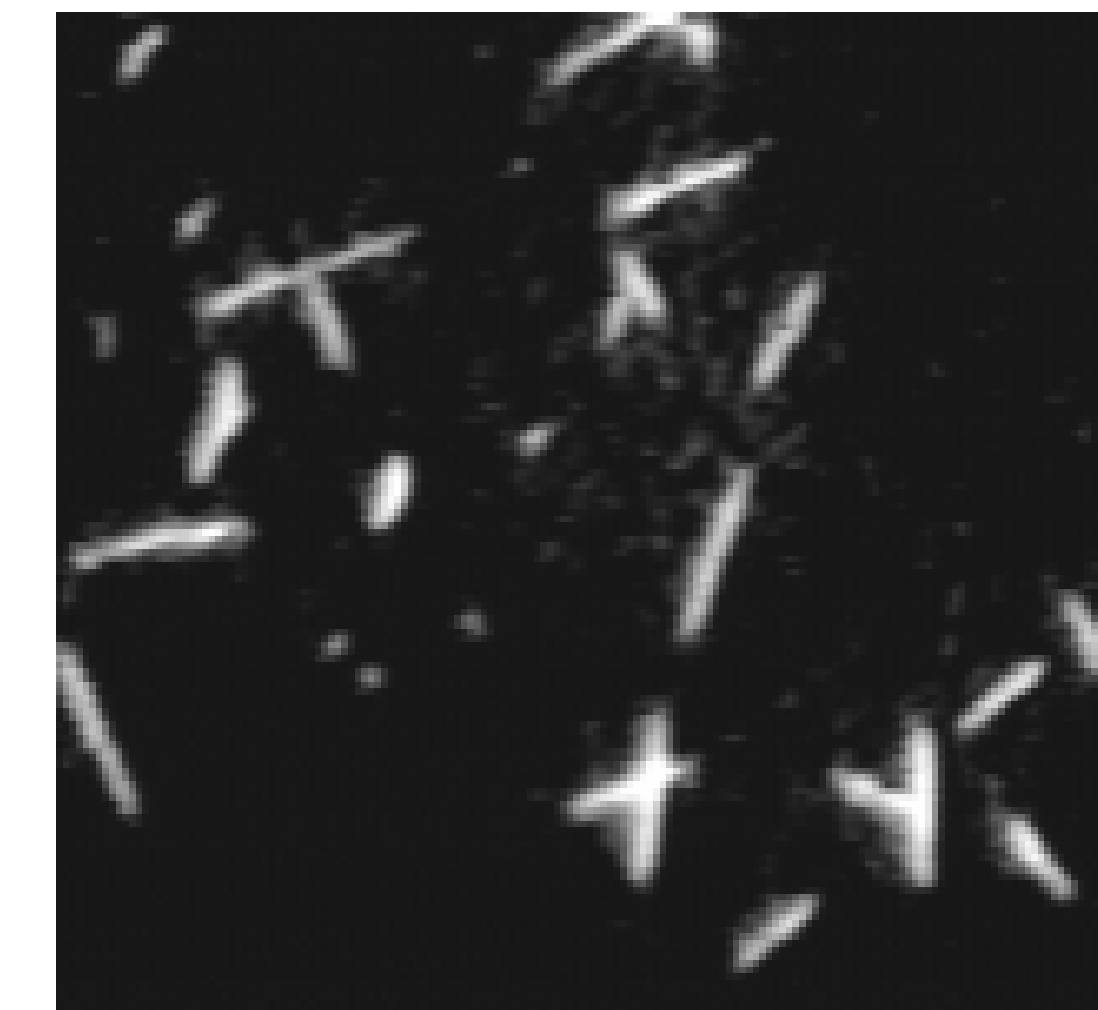


Due to the entropy maximization of the system the chain shortens (end-to-end distance falls below contour length).

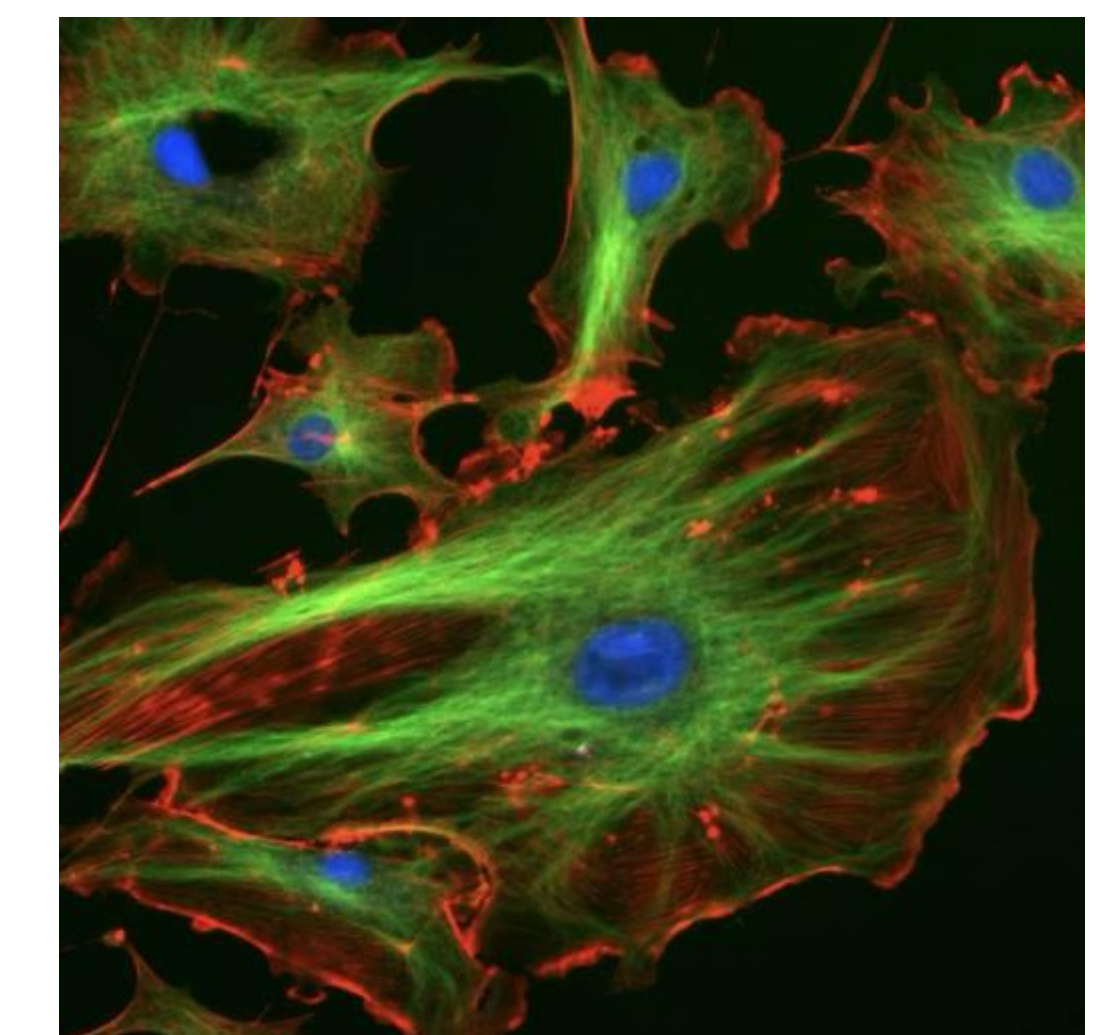


Relationship between persistence length (l) and contour length (L) in biopolymers

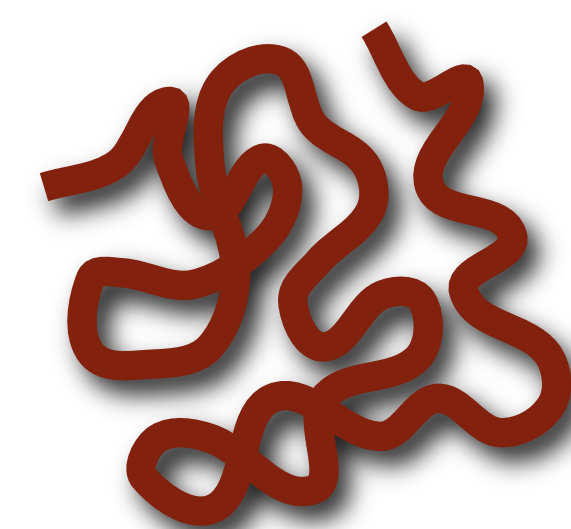
Rigid chain: $l \gg L$
Microtubule



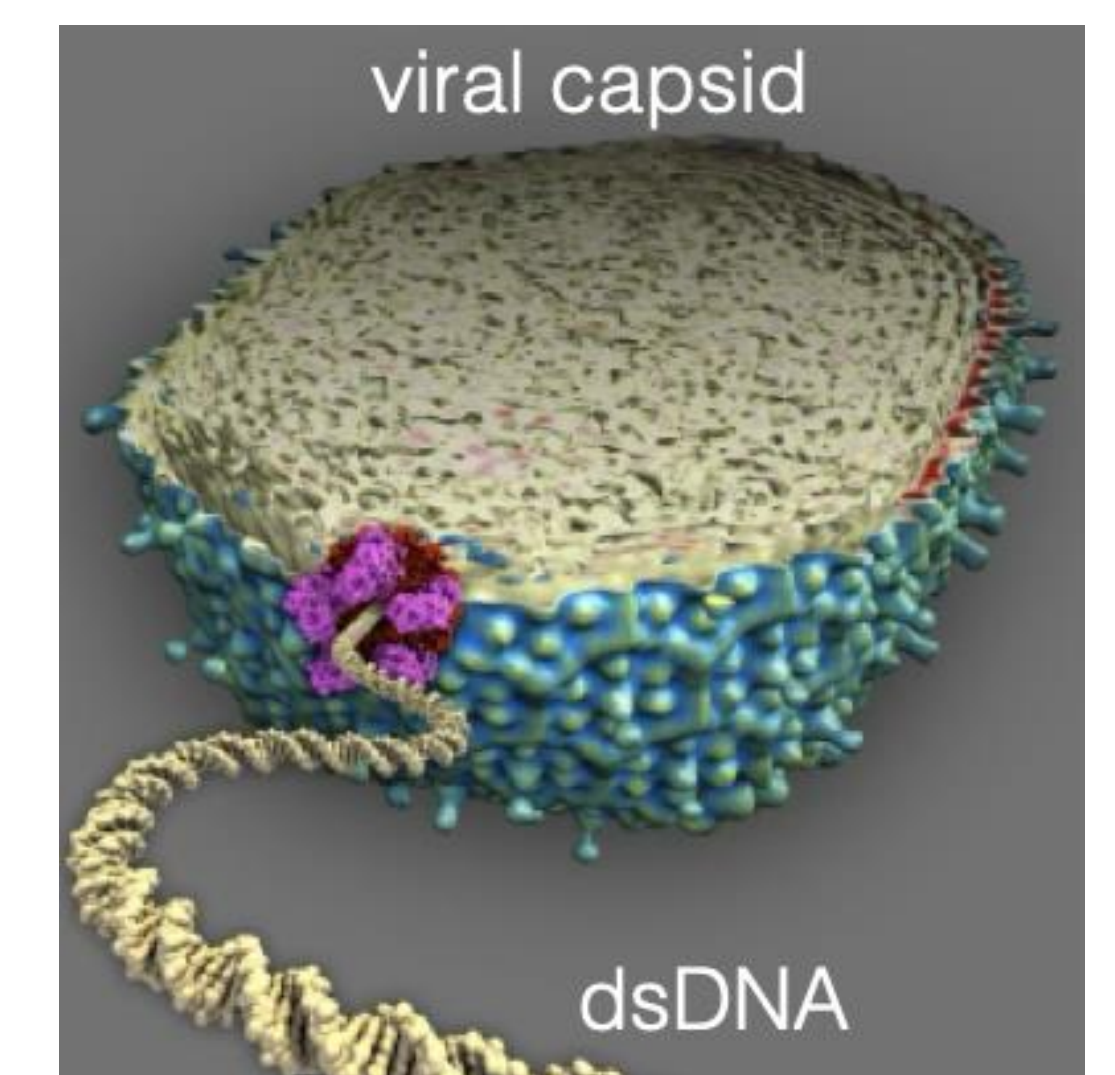
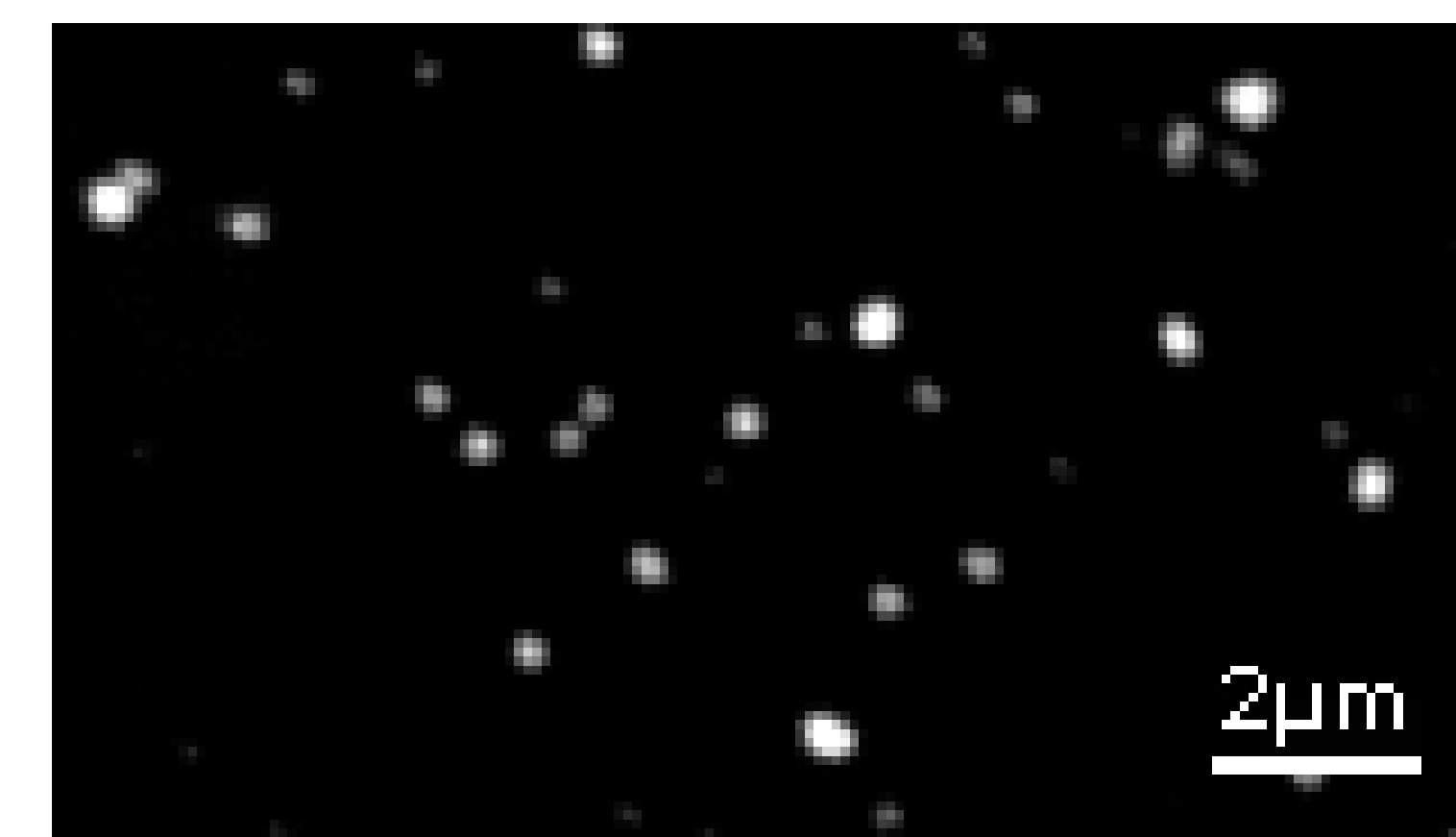
Semiflexible chain: $l \sim L$
Actin filament



Flexible chain: $l \ll L$



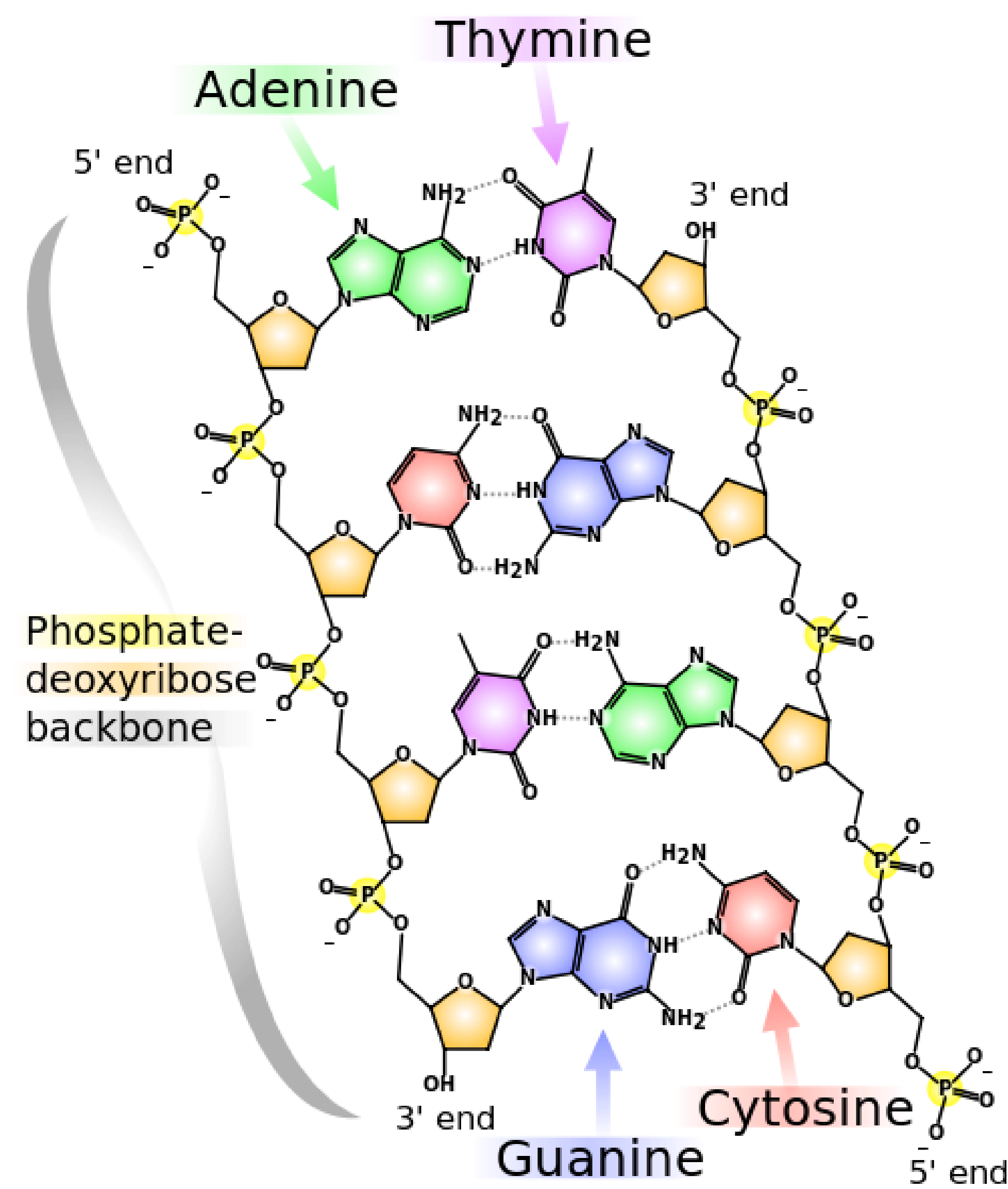
DNA molecule



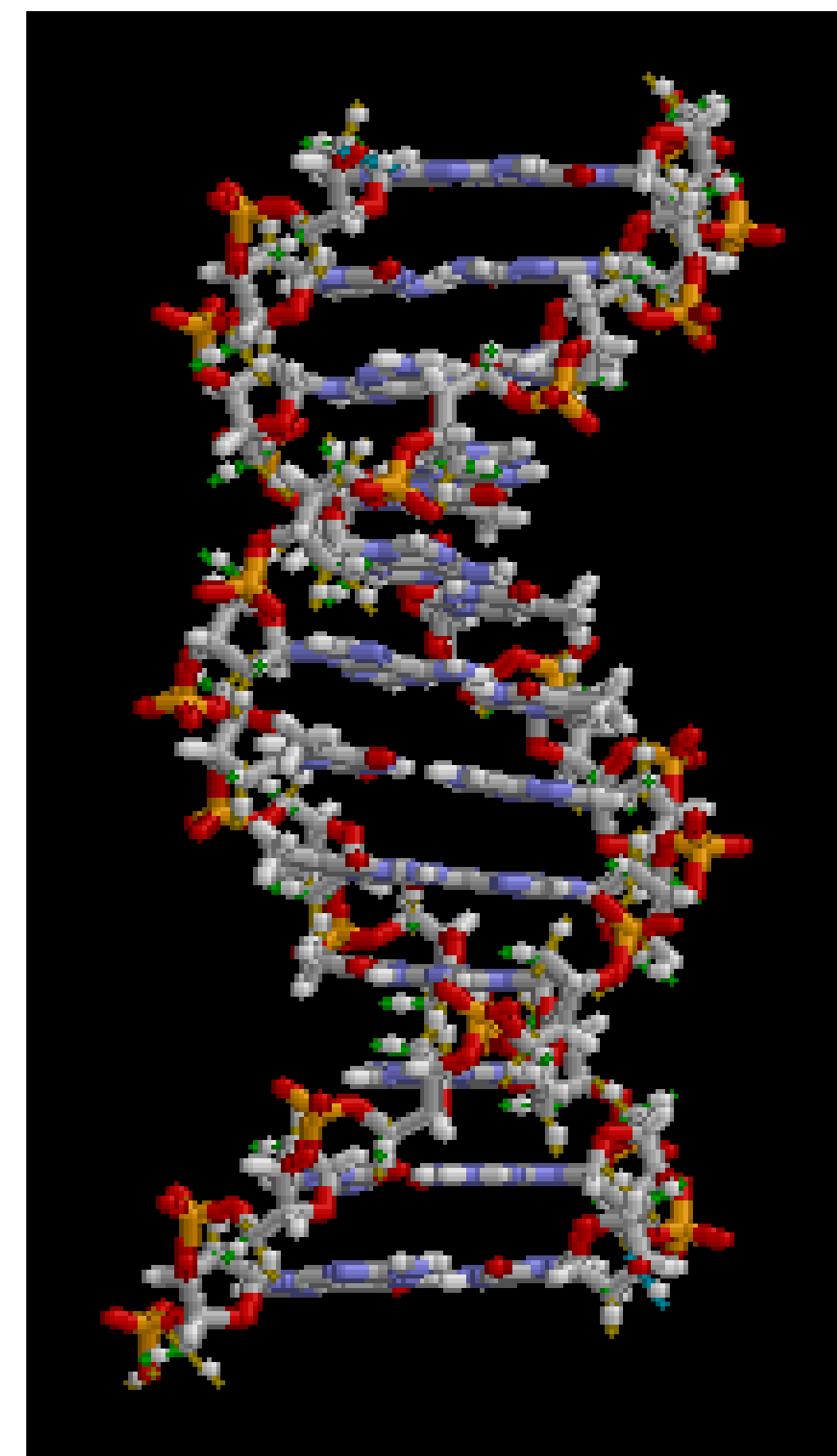
1. DNA: deoxyribonucleic acid

Function: molecule of biological information storage

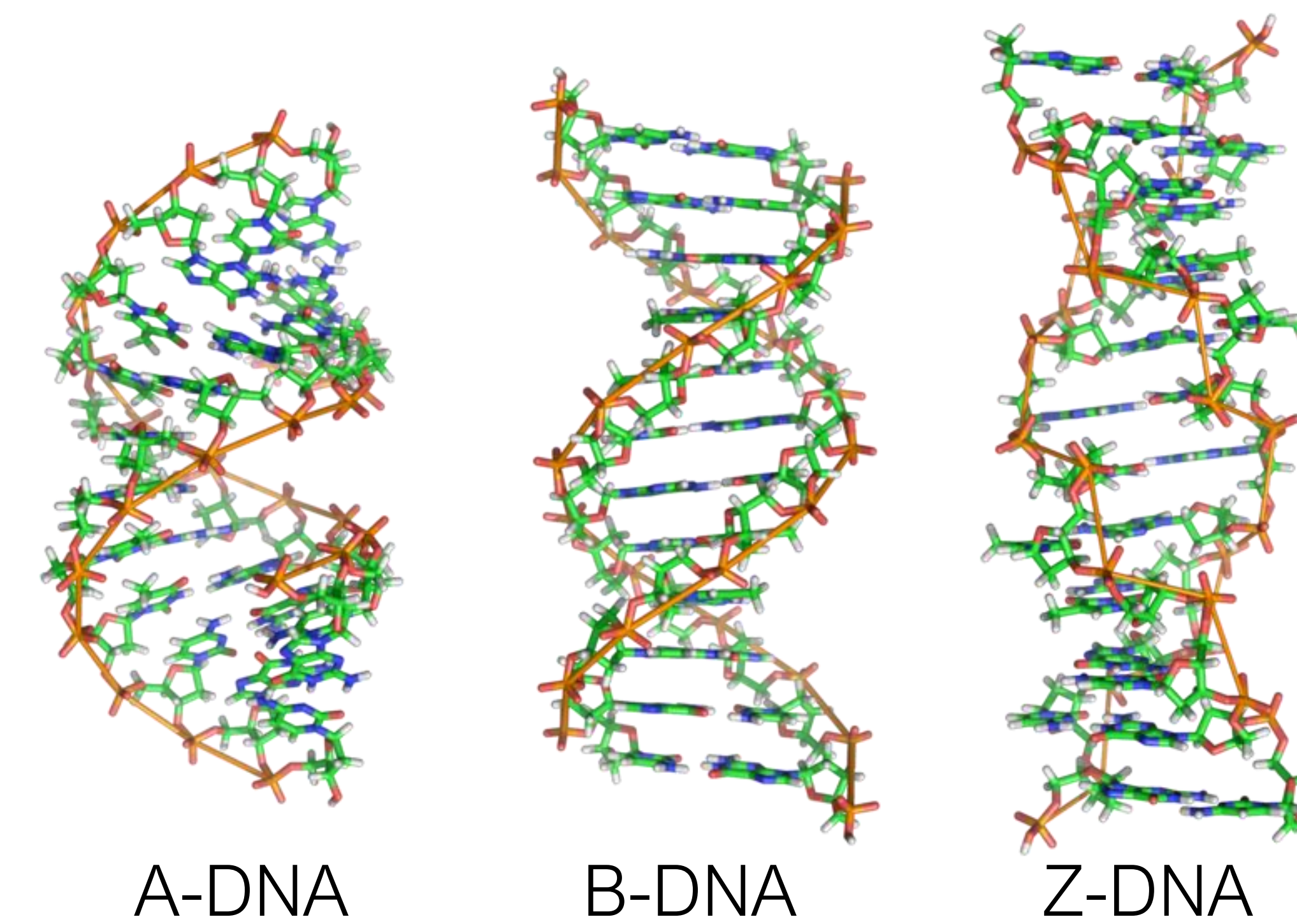
Chemical structure



3D structure: double helix

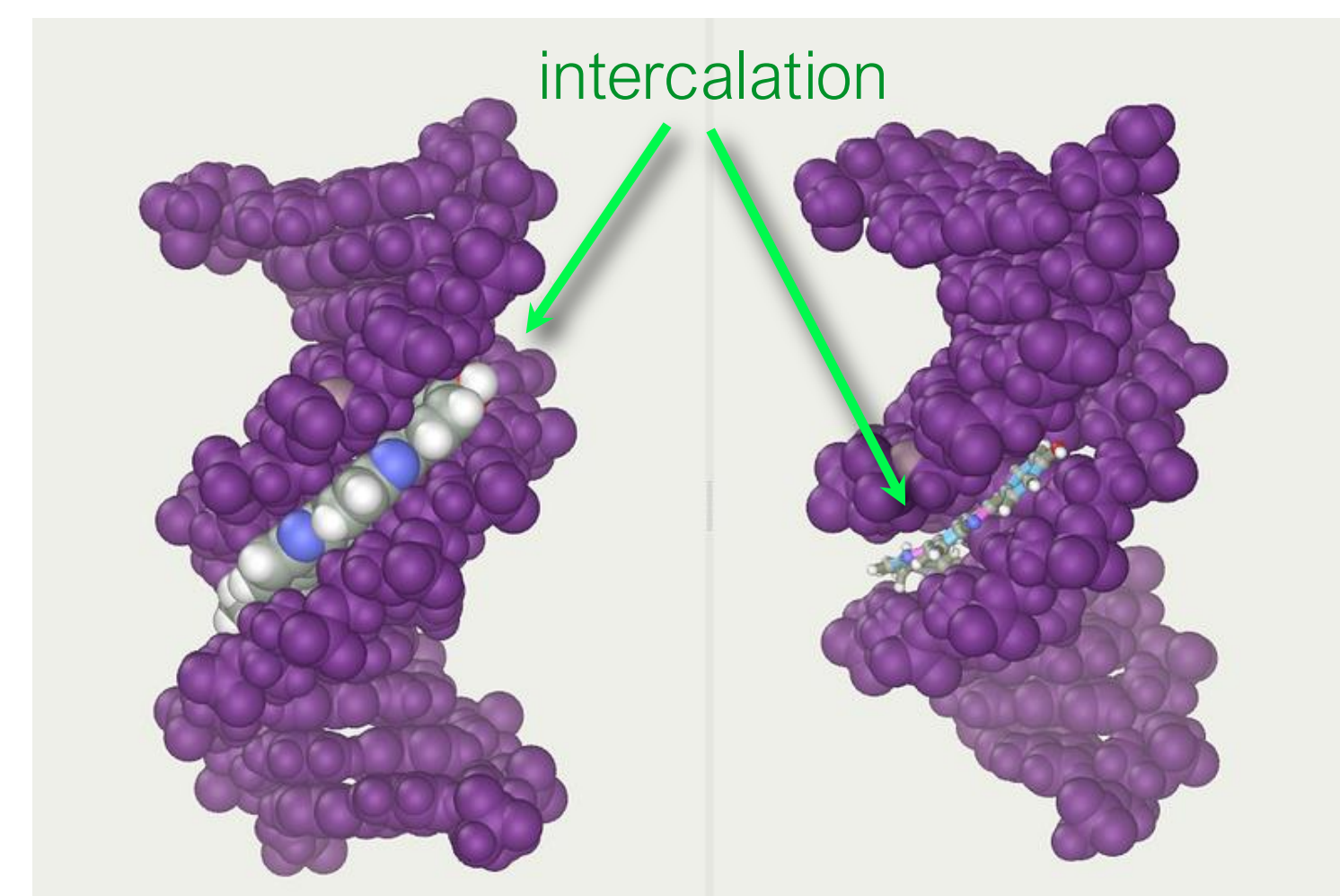


Various DNA structures

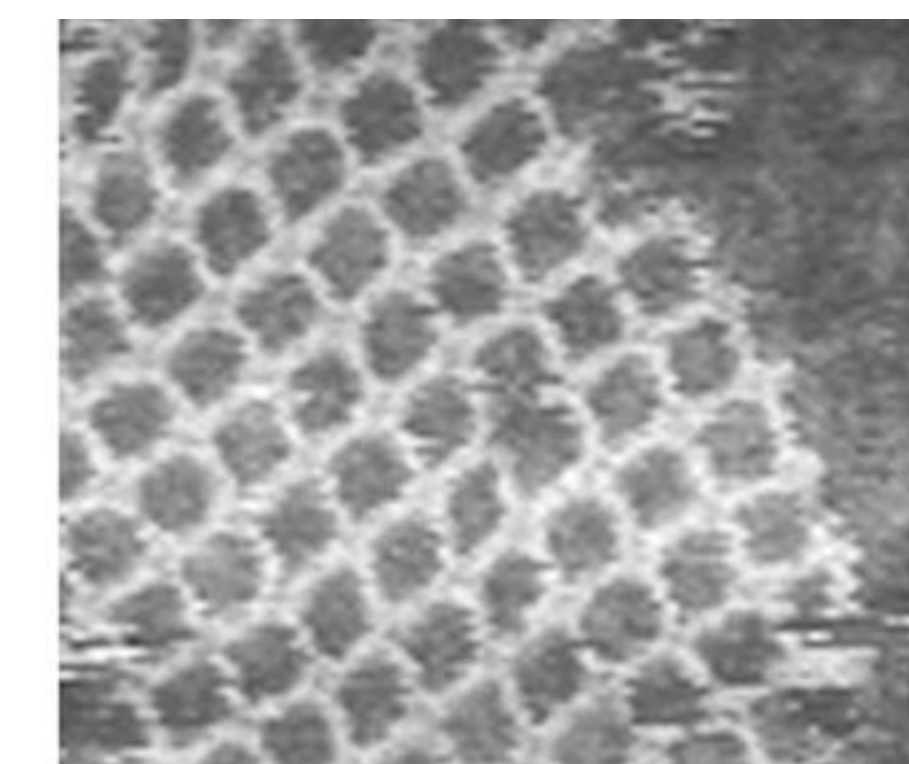
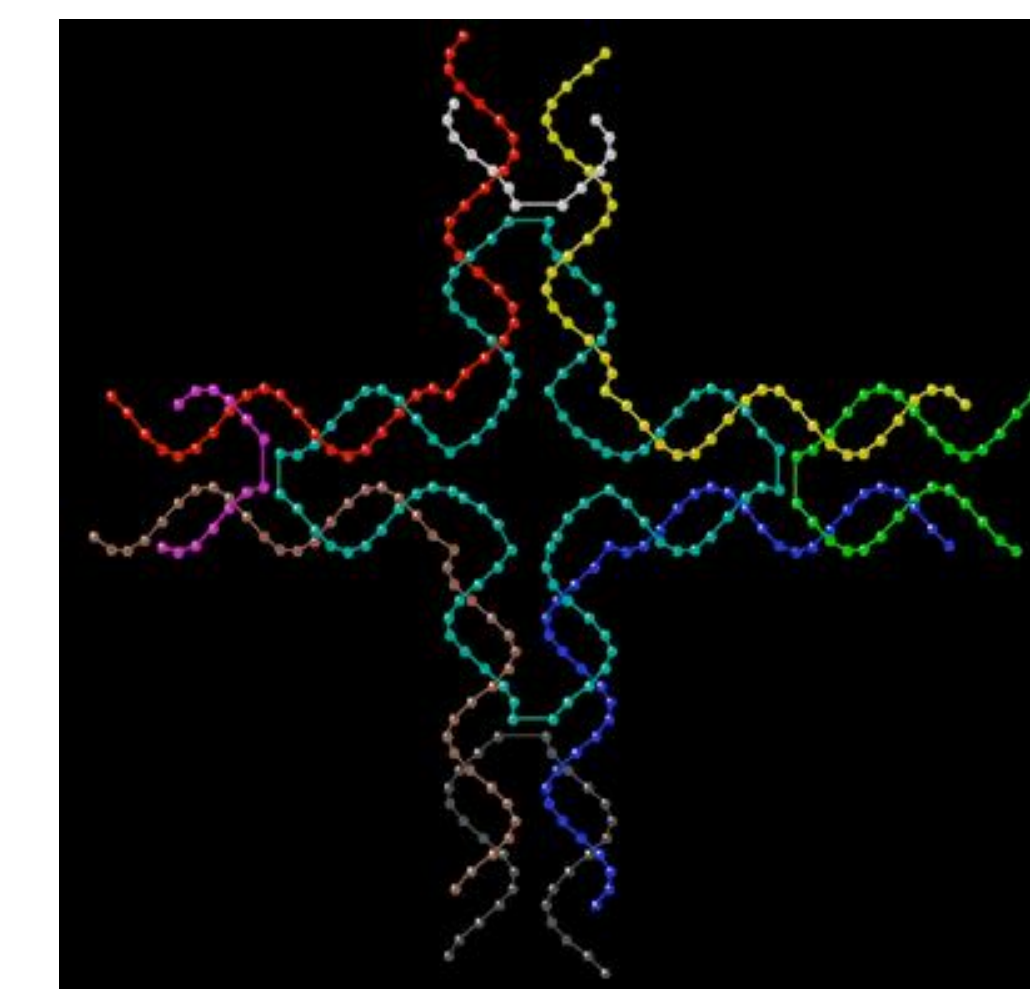


Depends on hydration, ionic environment, chemical modification (e.g., methylation), direction of superhelix

“Watson-Crick” base pairing: via H-bonds
Gene sequence is of central significance in molecular genetics



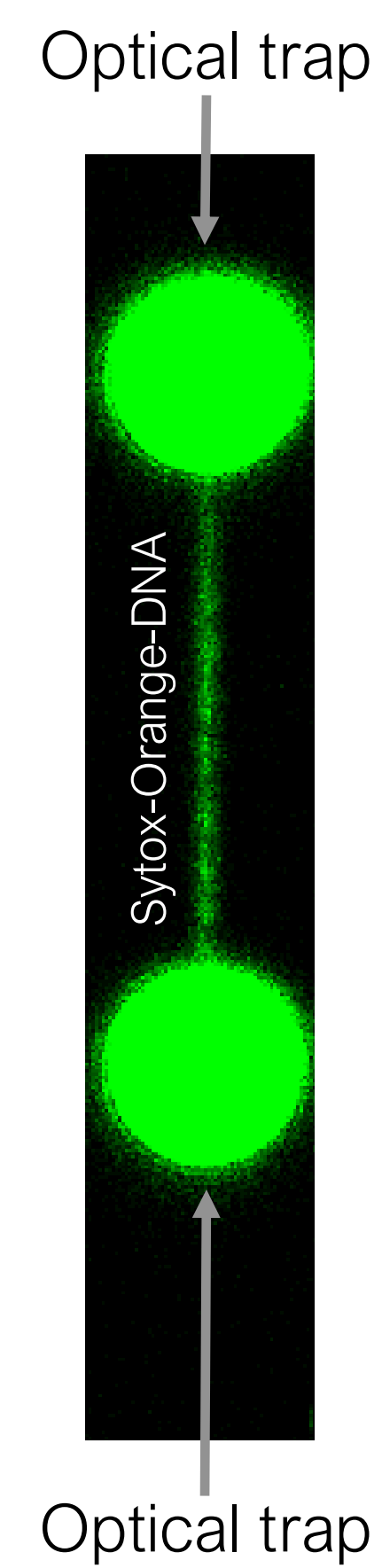
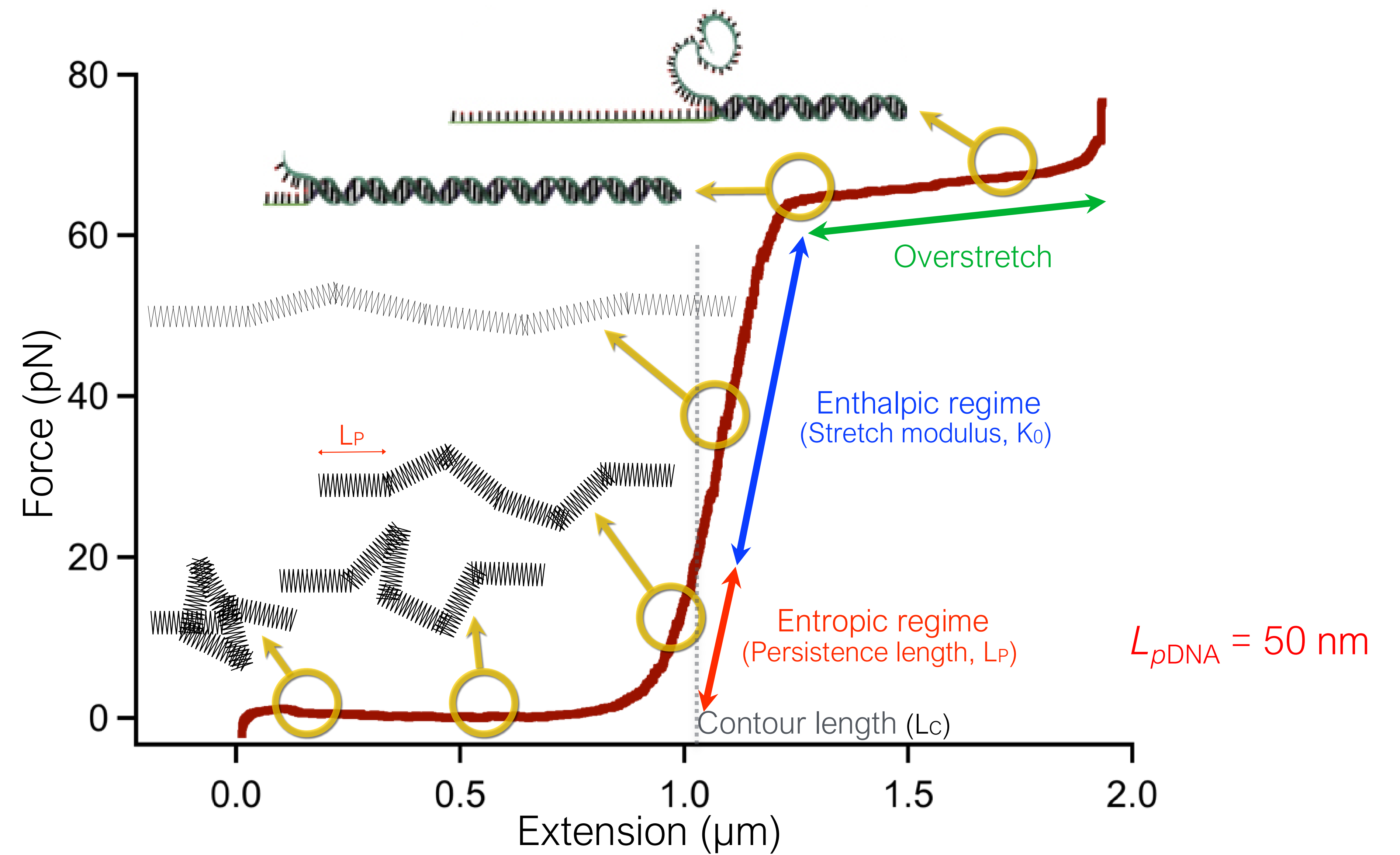
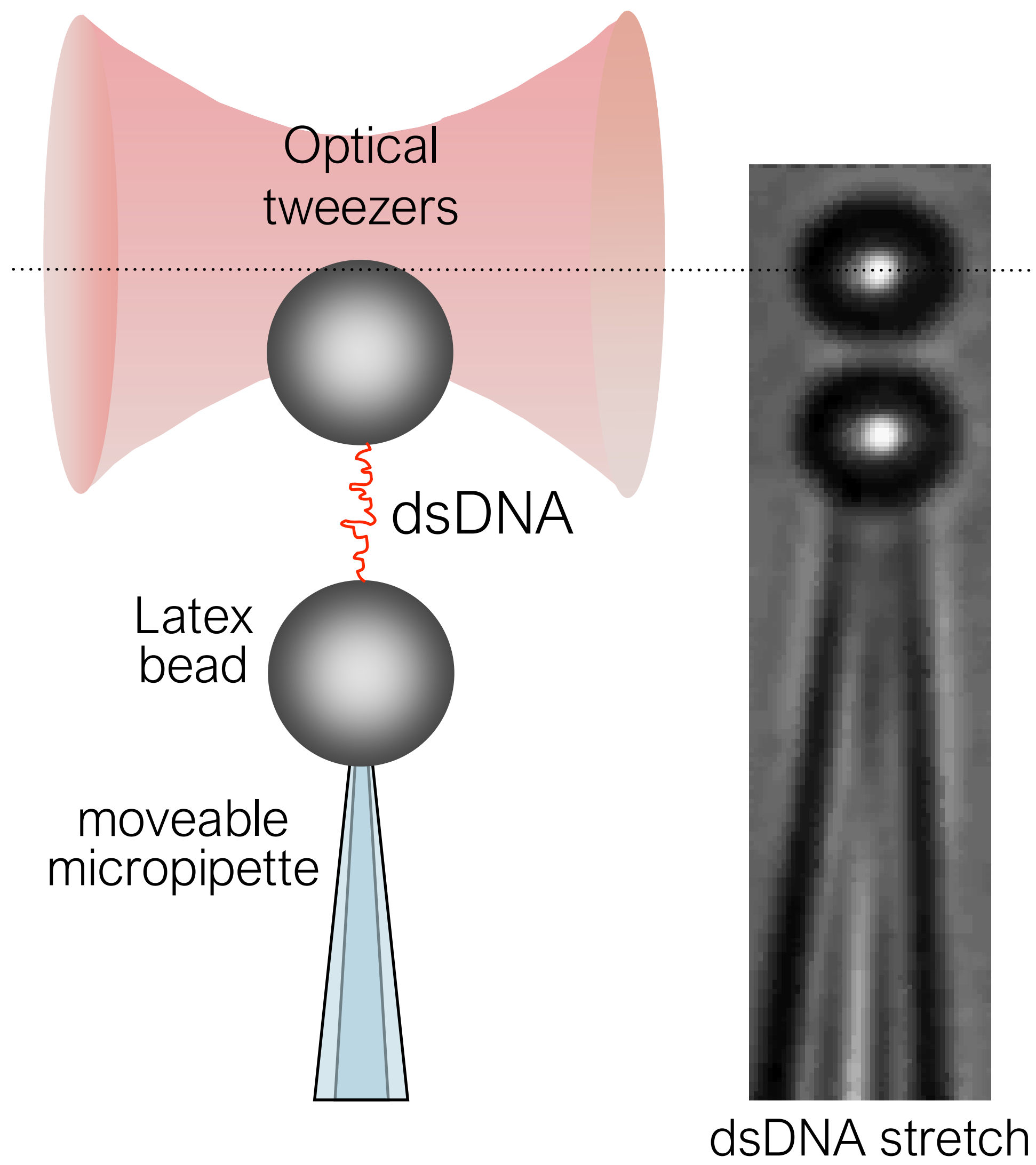
Large groove Small groove



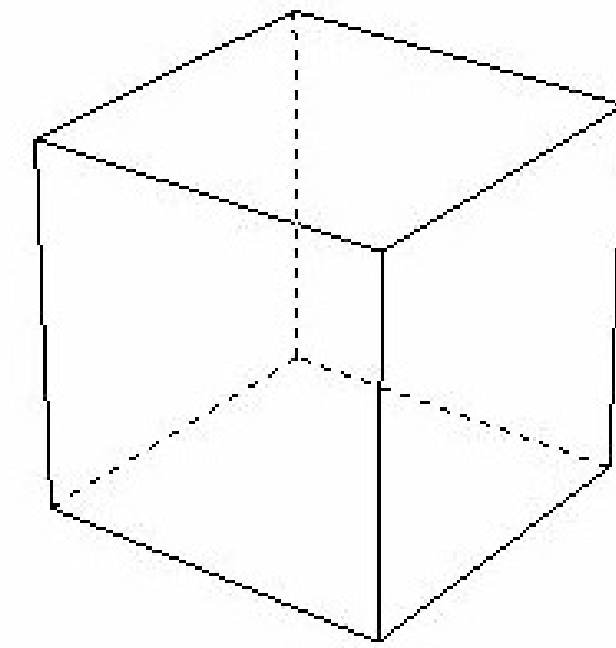
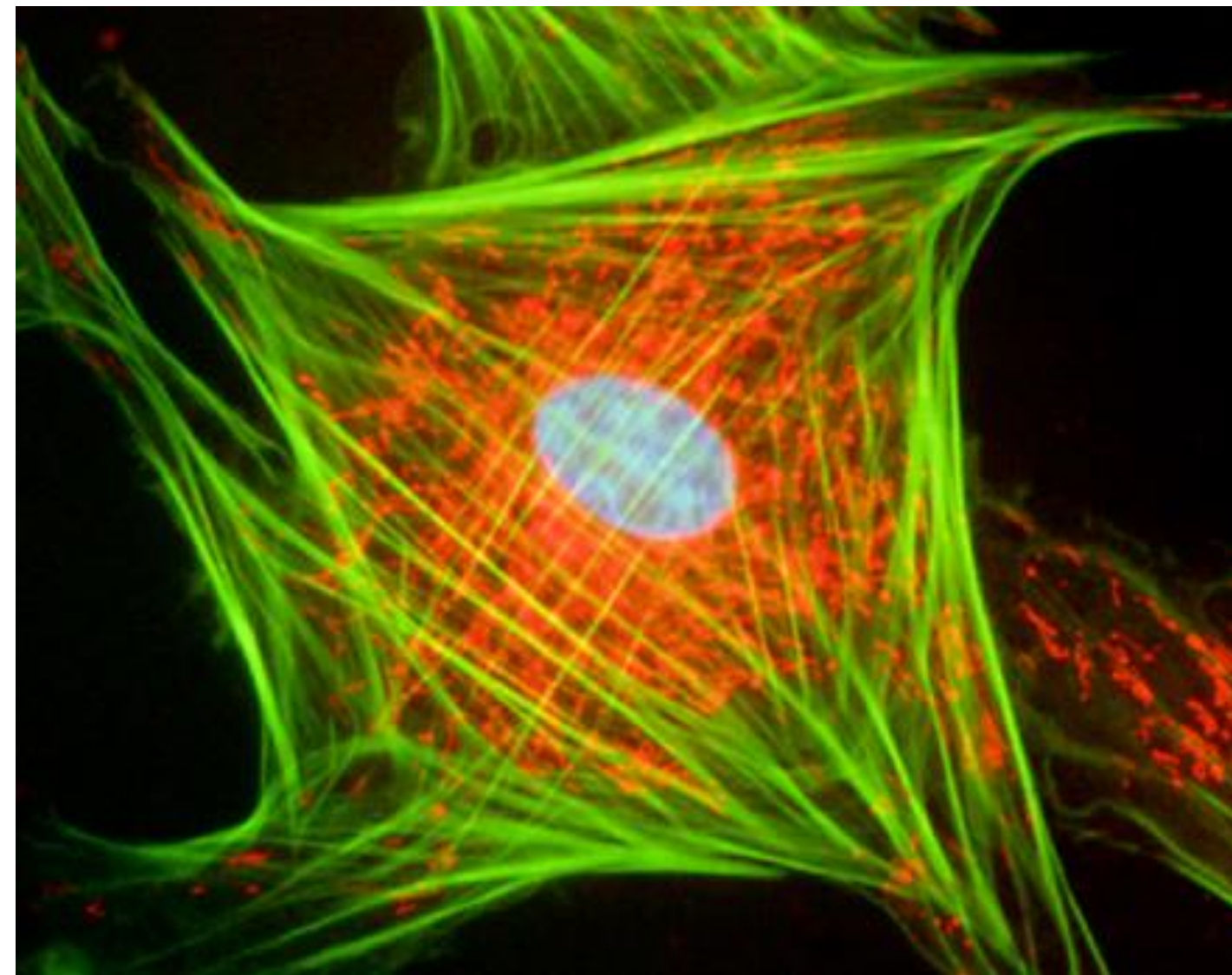
100 nm

DNA nanostructures (origami)
Depends on base-pairing order and hierarchy

The DNA molecule is elastic!



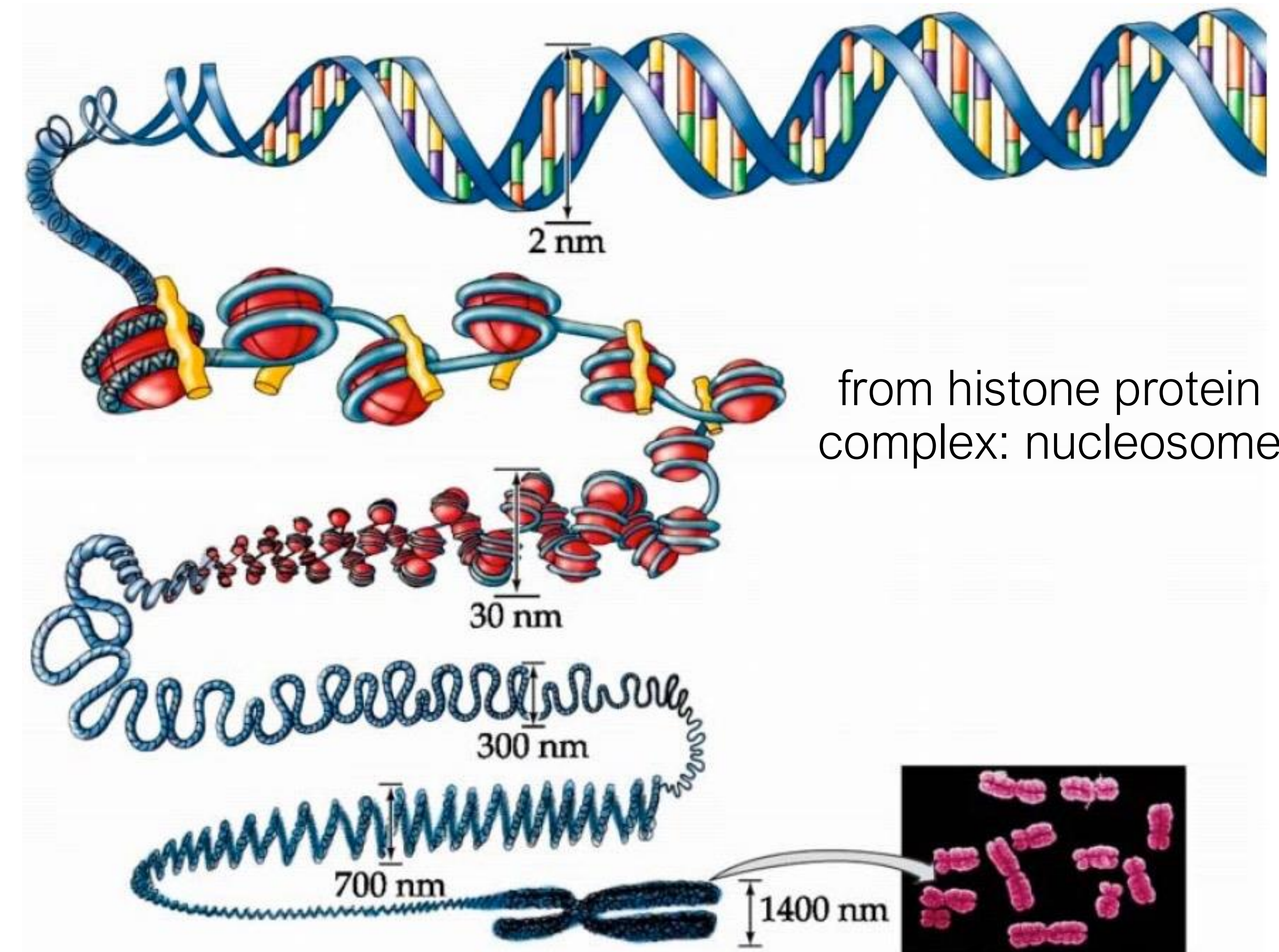
How much DNA is in a cell?



Simplified cell model: cube

Solution: DNA needs to be packed

Chromosome condensation



from histone protein complex: nucleosome

	Cell: 20 μm edge cube	Analog - Lecture hall: 20 m edge cube
DNA thickness	2 nm	2 mm
Full length of human DNA	~ 2 m	~ 2000 km (!!!) (Perimeter of Hungary: ~ 2200 km)
Persistence length of dsDNA	~ 50 nm	~ 50 cm
End-to-end distance (R)	~ 350 μm (!)	~ 350 m (!)
Volume of fully compacted DNA	$\sim 2 \times 2 \times 2$ μm^3	$\sim 2 \times 2 \times 2$ m^3 (= 8 m^3)

- Condensins play a role in high-order DNA packaging
- DNA chain: complex linear path with roadblocks!

2. RNA: Ribonucleic acid

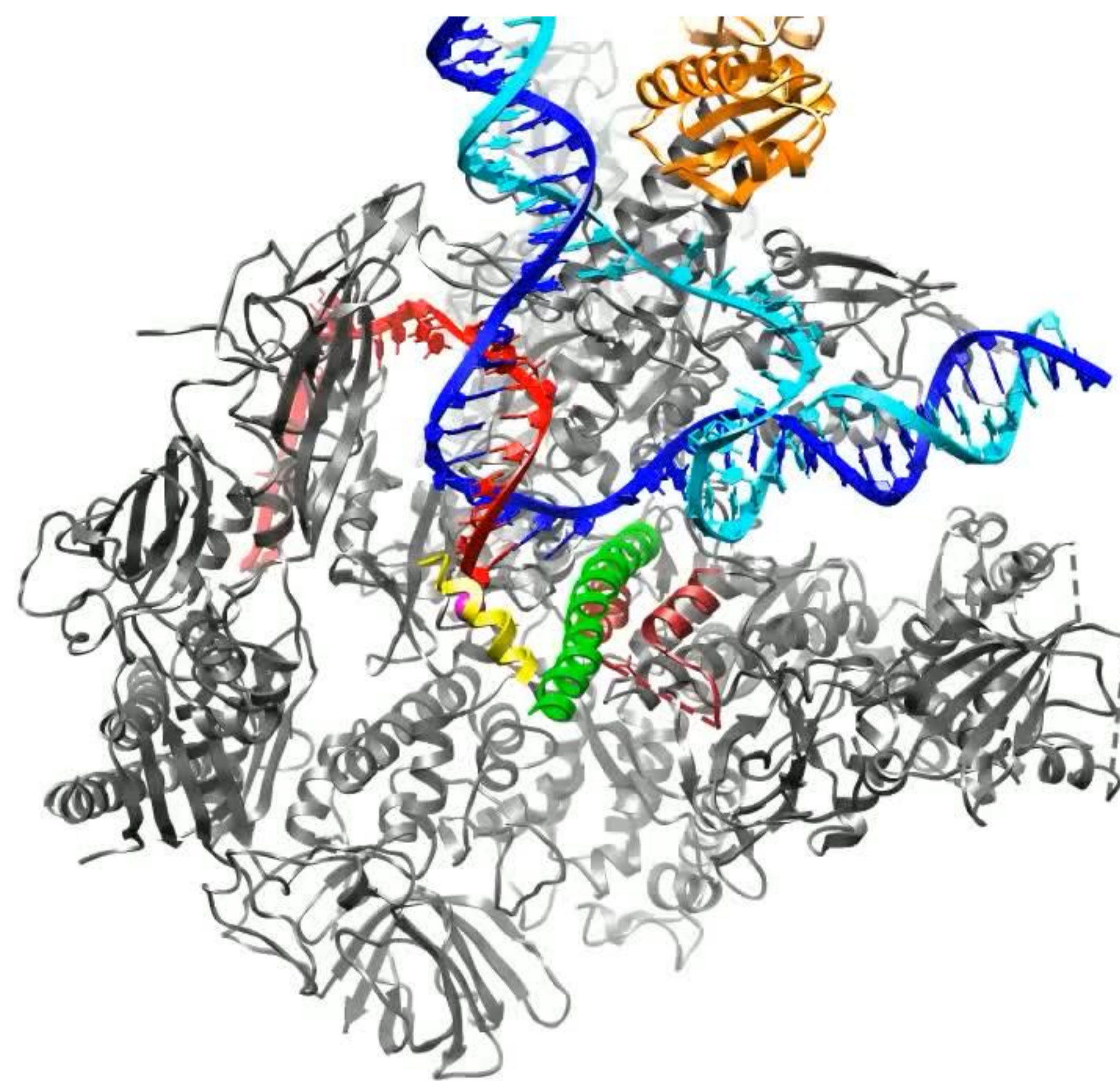
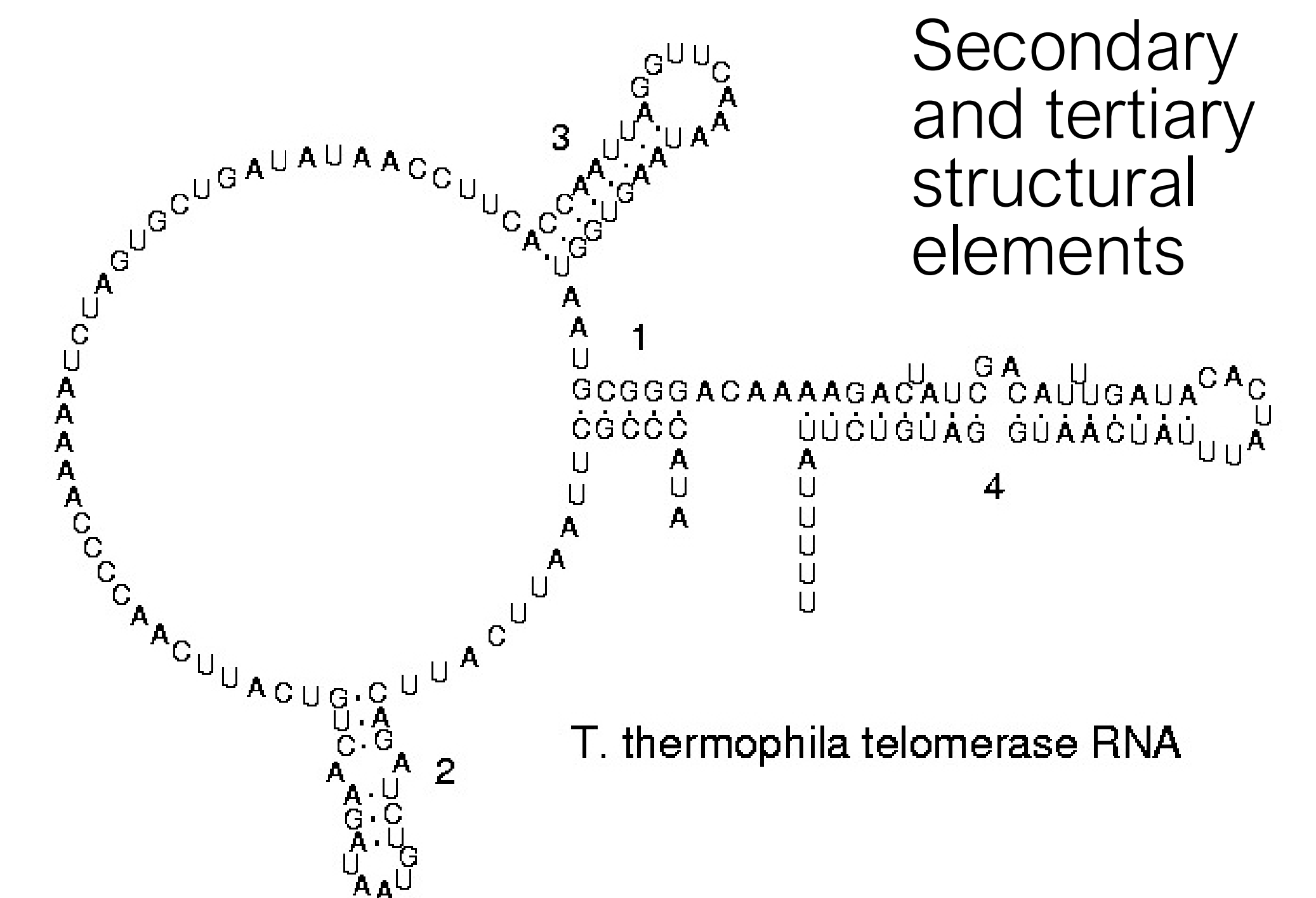
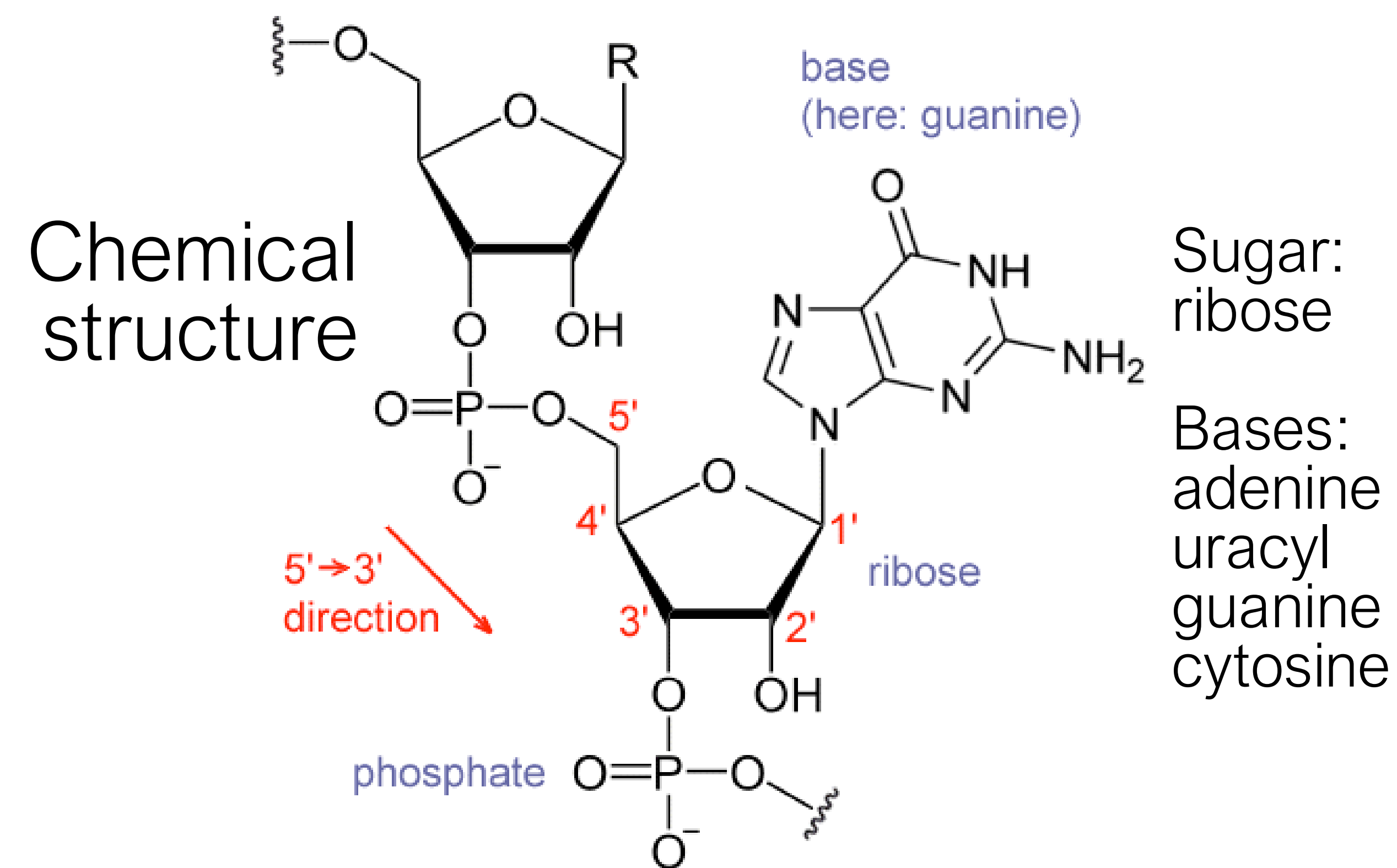
Function: information transfer (transcription), structural element (e.g., ribosome), regulation (turning gene expression on and off)



Victor Ambros
Nobel-prize 2024 (microRNA)

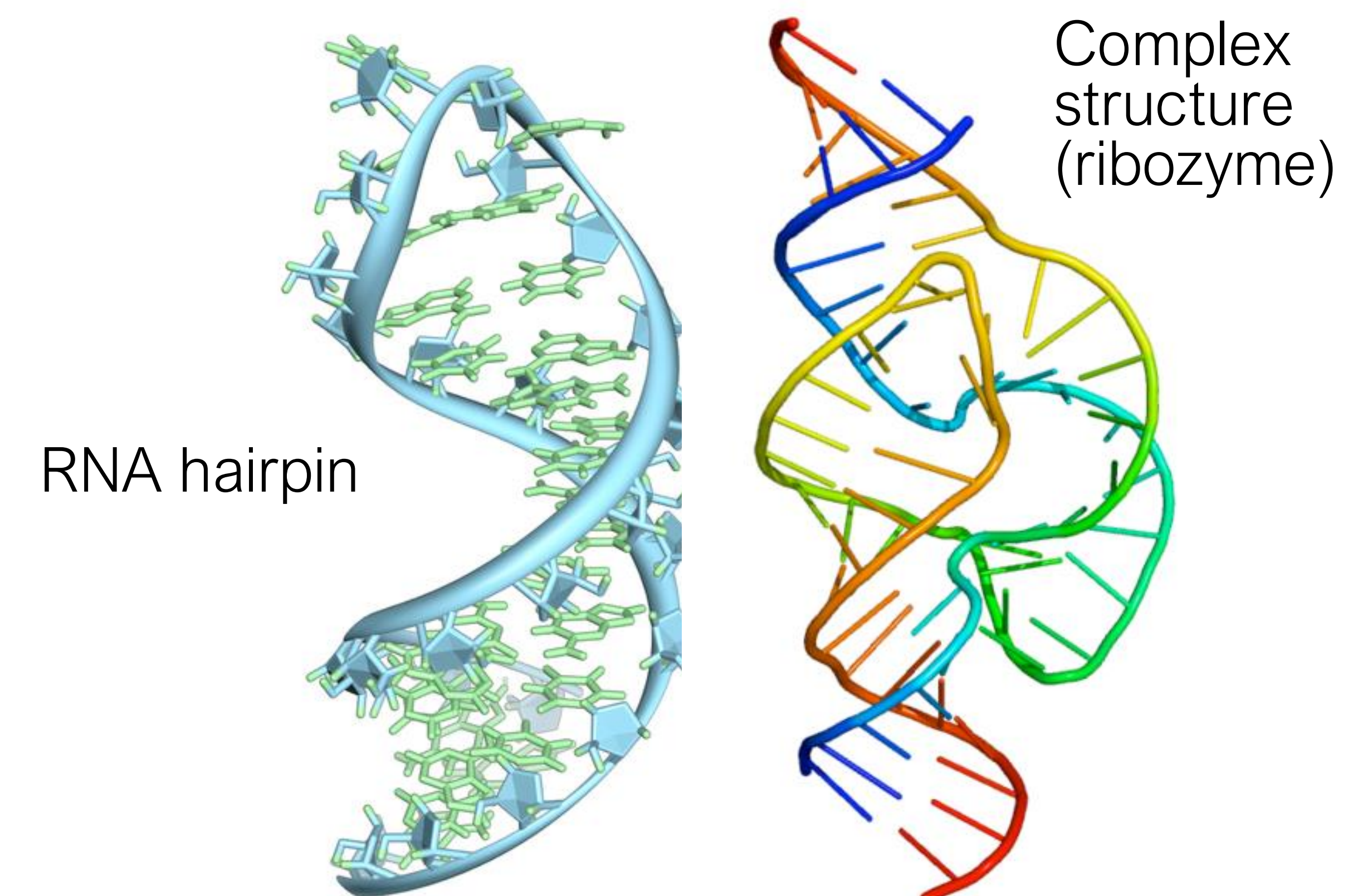
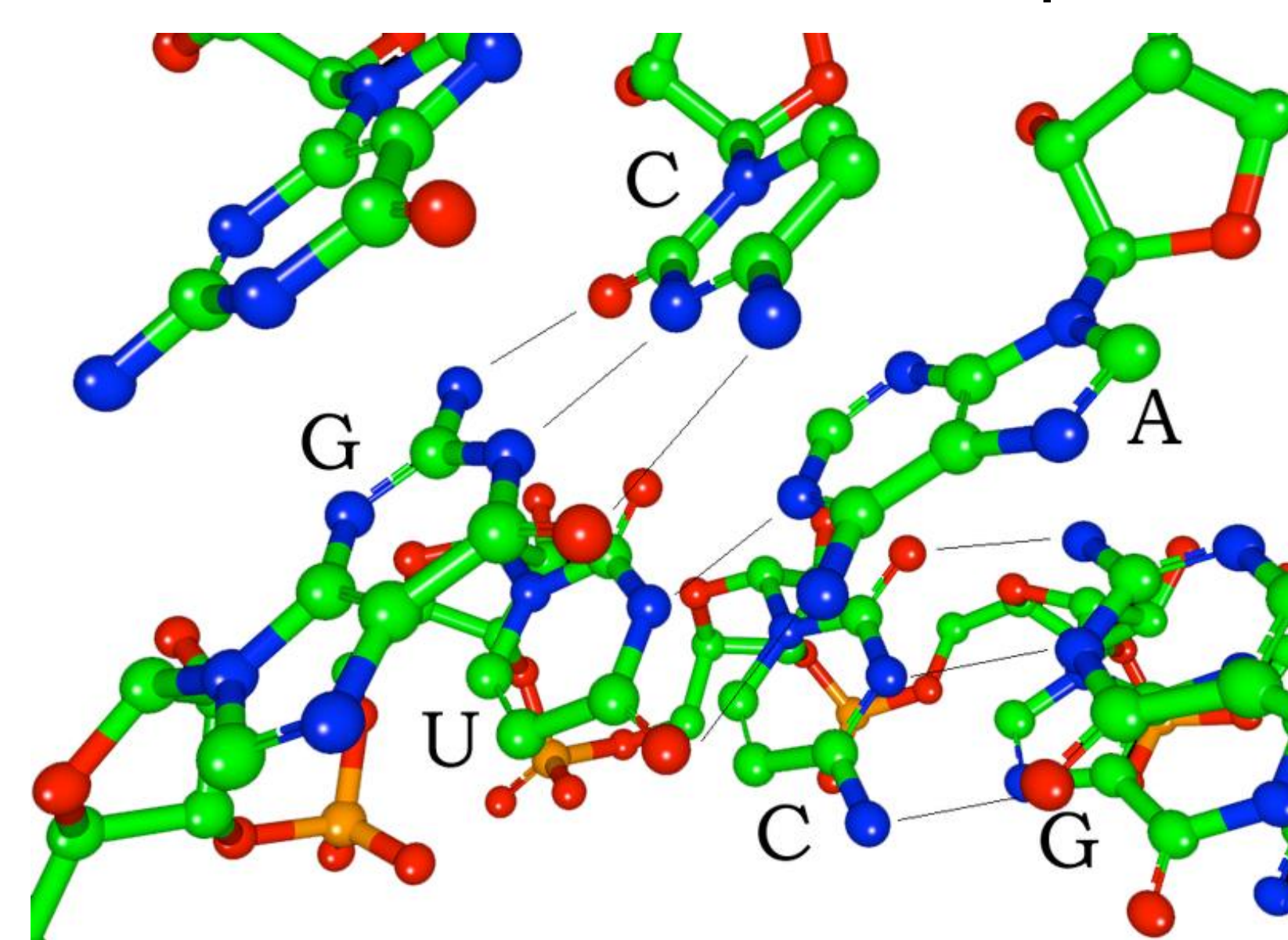


Gary Ruvkun



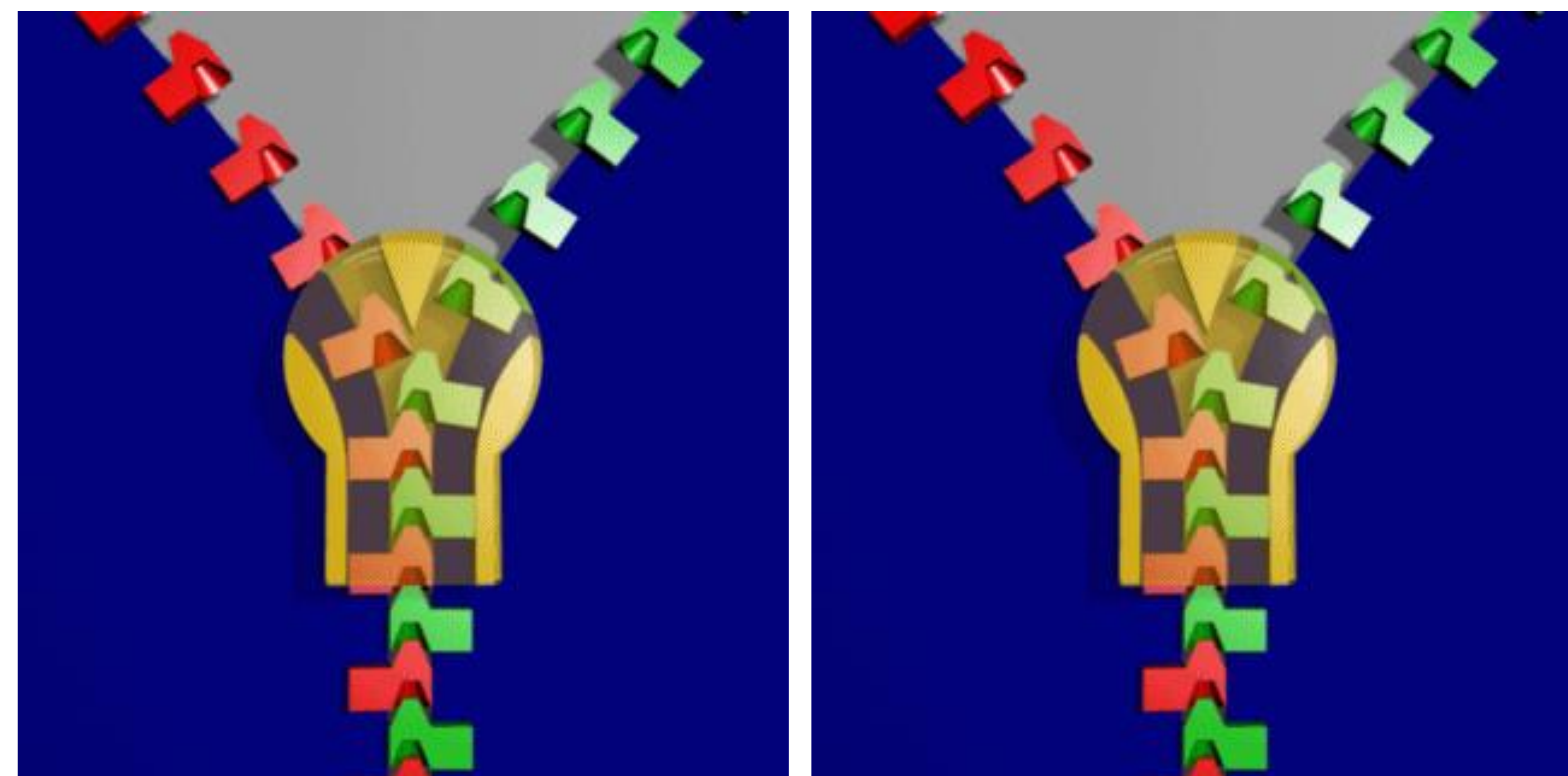
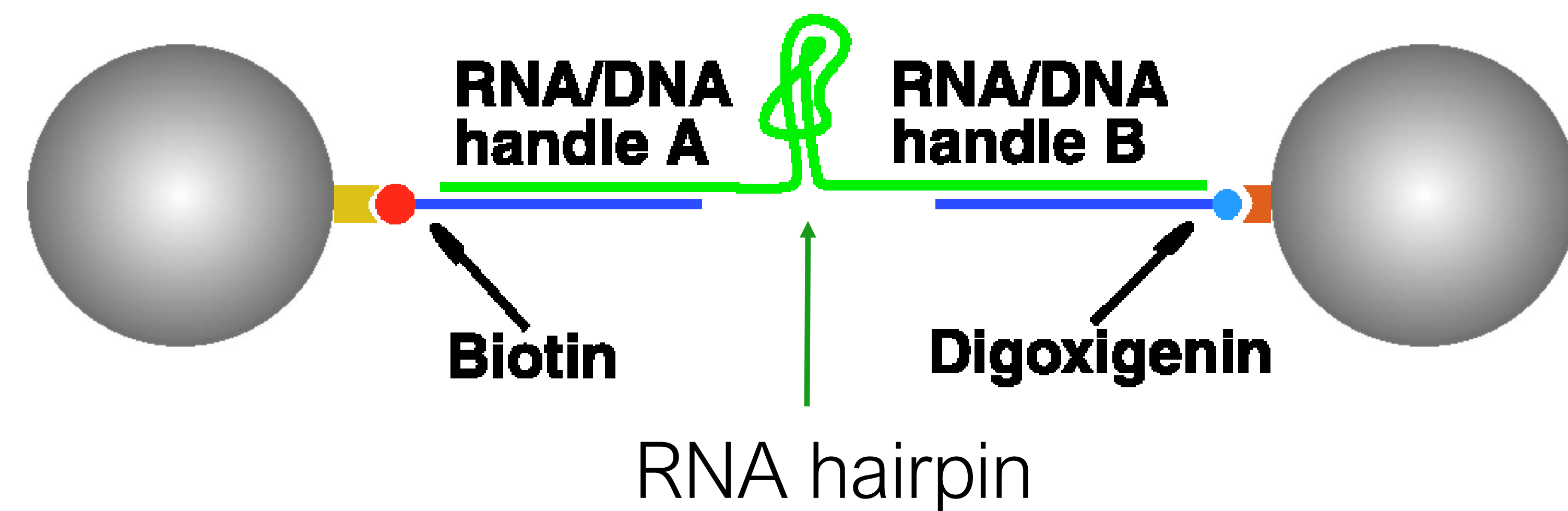
RNA synthesis by the RNA polymerase mechanoenzyme

“Watson-Crick” base pairing

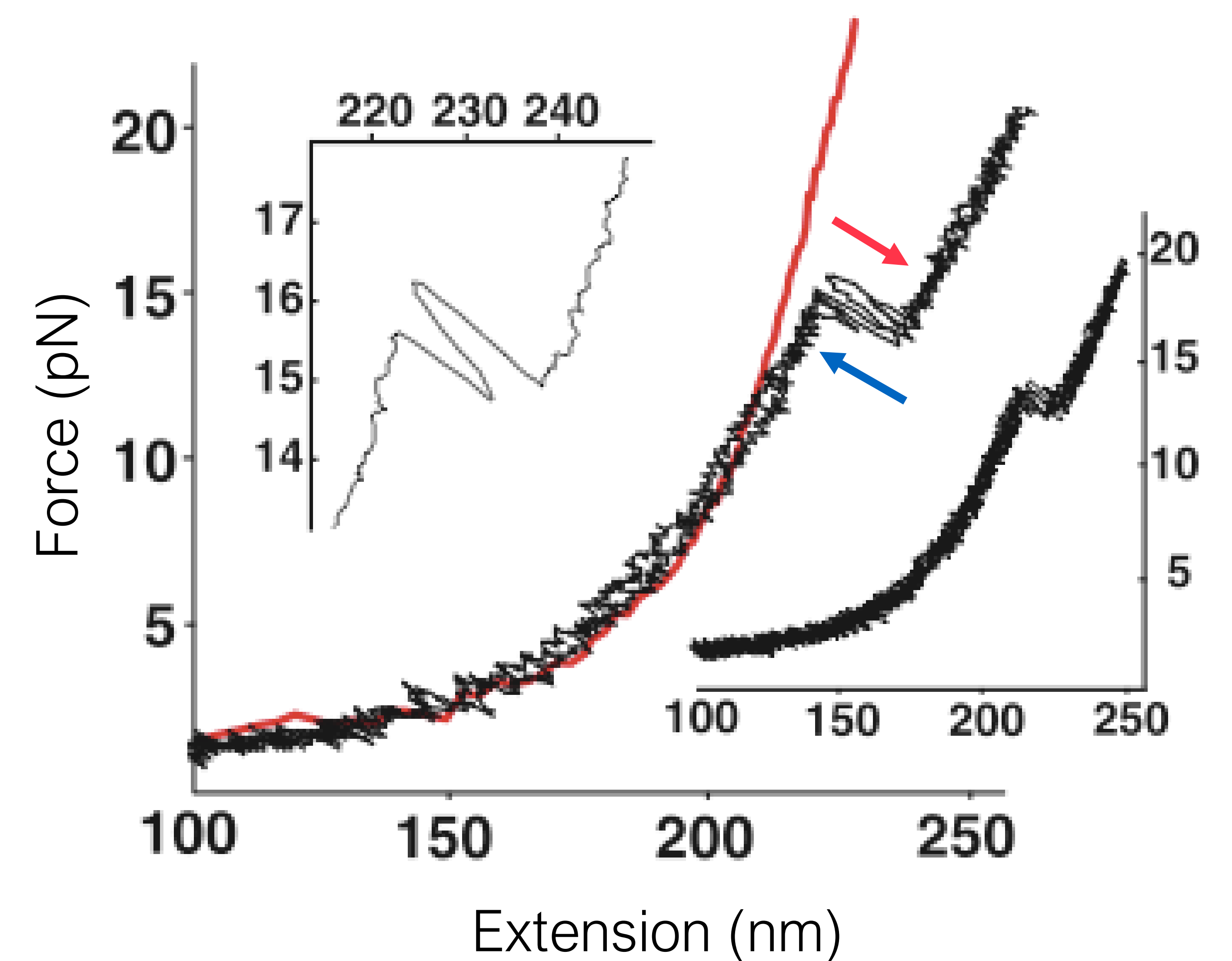


RNA structure can be perturbed with mechanical force

Mechanical stretching with optical tweezers

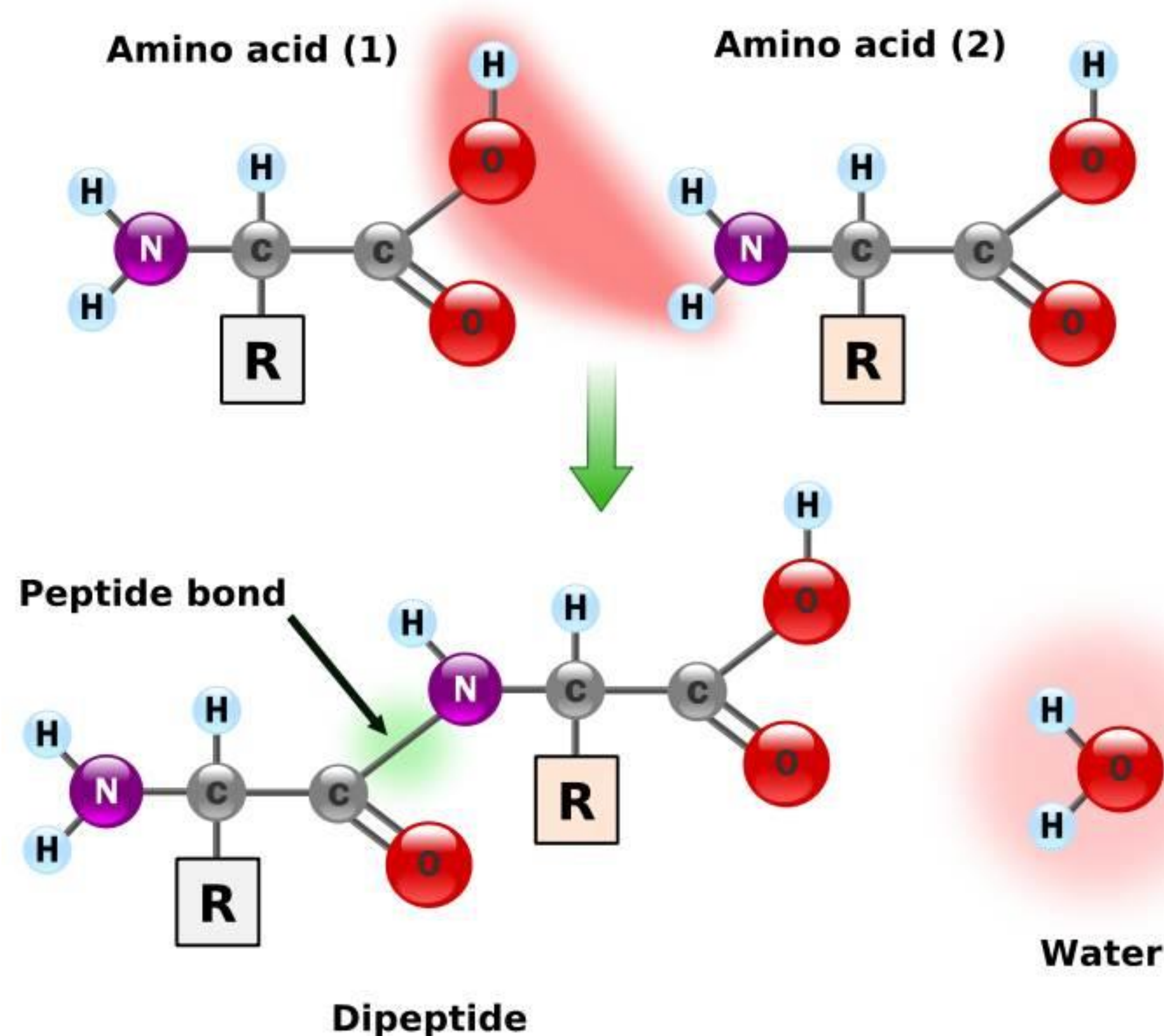


Mechanical **unfolding** of an RNA hairpin: nearly reversible process - the RNA rapidly **folds** when relaxed

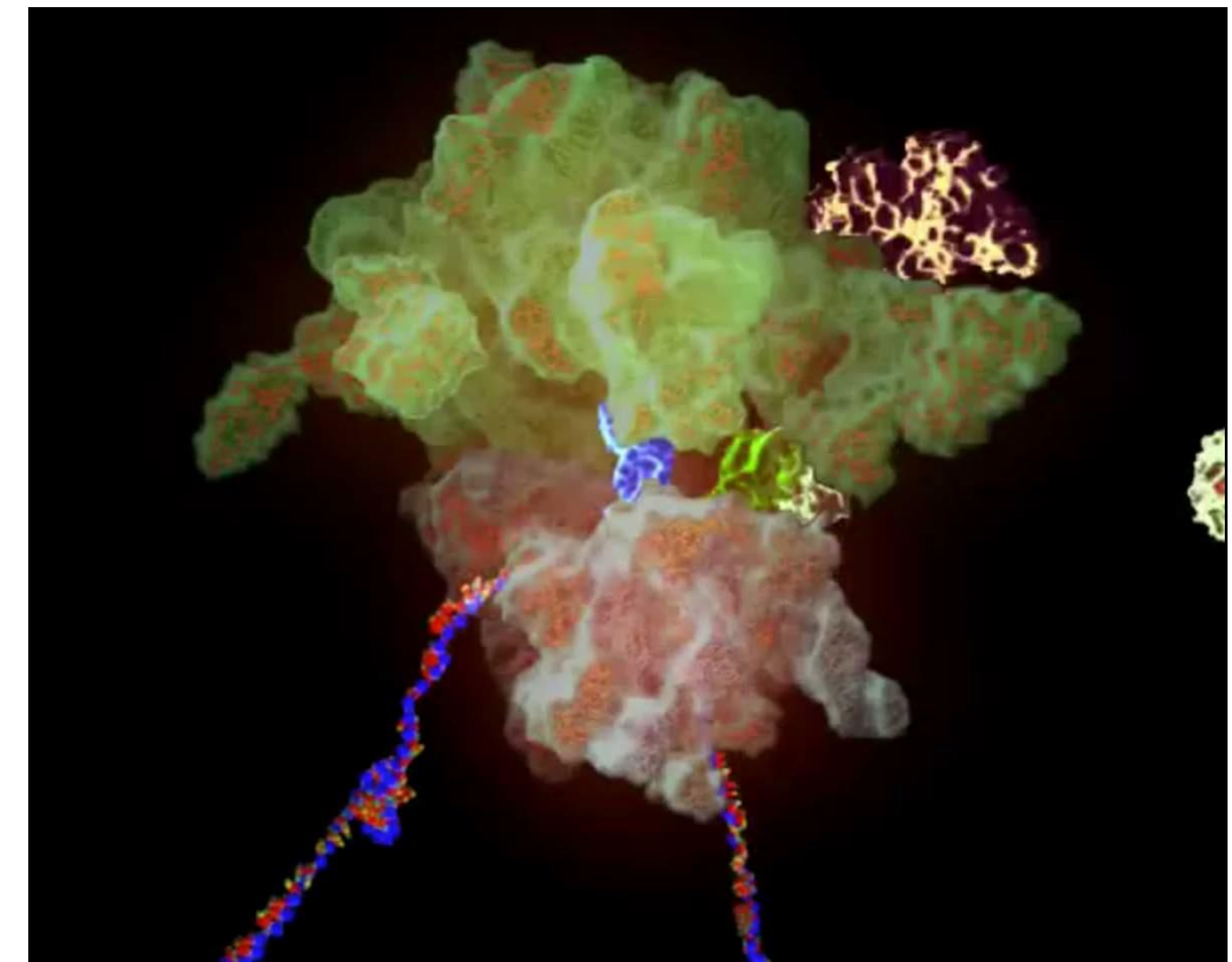


3. Proteins: polymers connected with peptide bonds

Function: most important molecules of the cell. Highly diverse functions - structure, chemical catalysis energy transduction, motoric functions, etc.



Formation of the peptide bond: condensation reaction followed by the release of water



Synthesis and folding of nascent protein (on the ribosome)

Protein structure

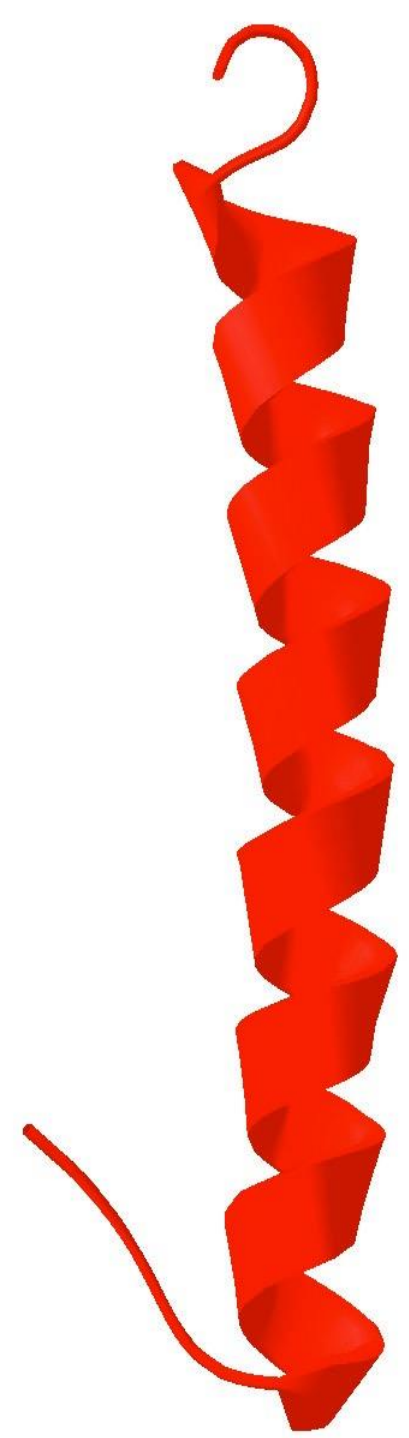
Primary

Amino acid sequence

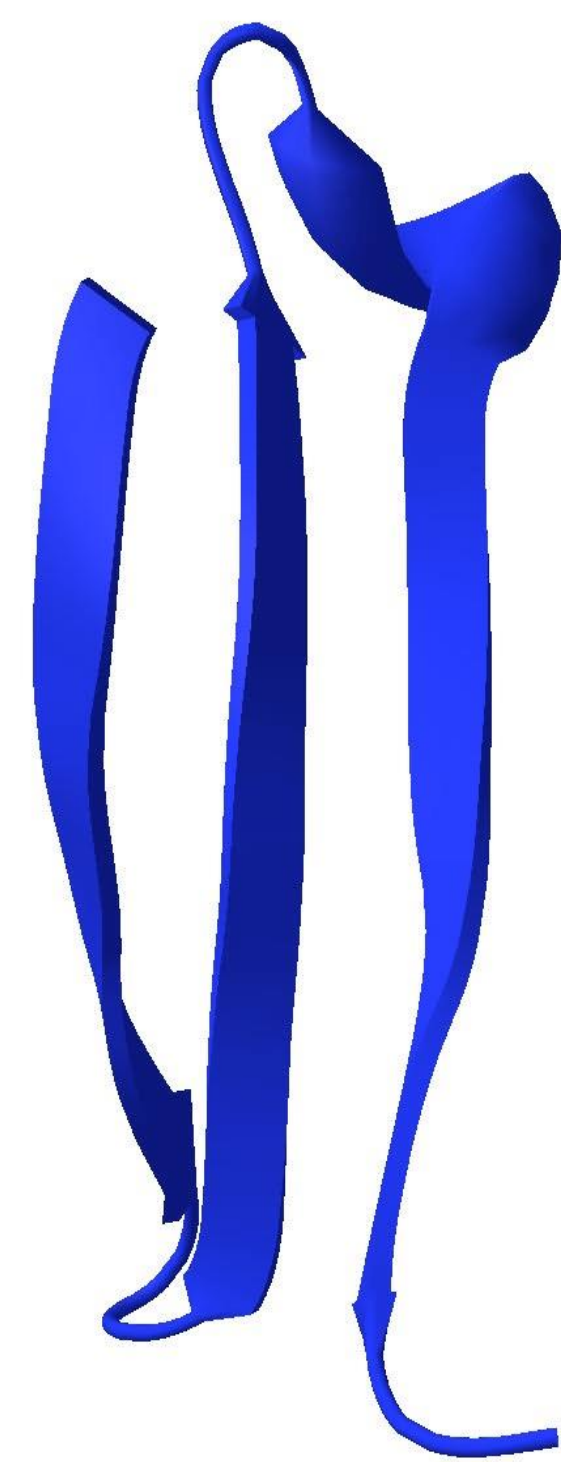
Determines spatial structure as well.

Secondary

α -helix
 β -sheet
 β -turn (β -hairpin)



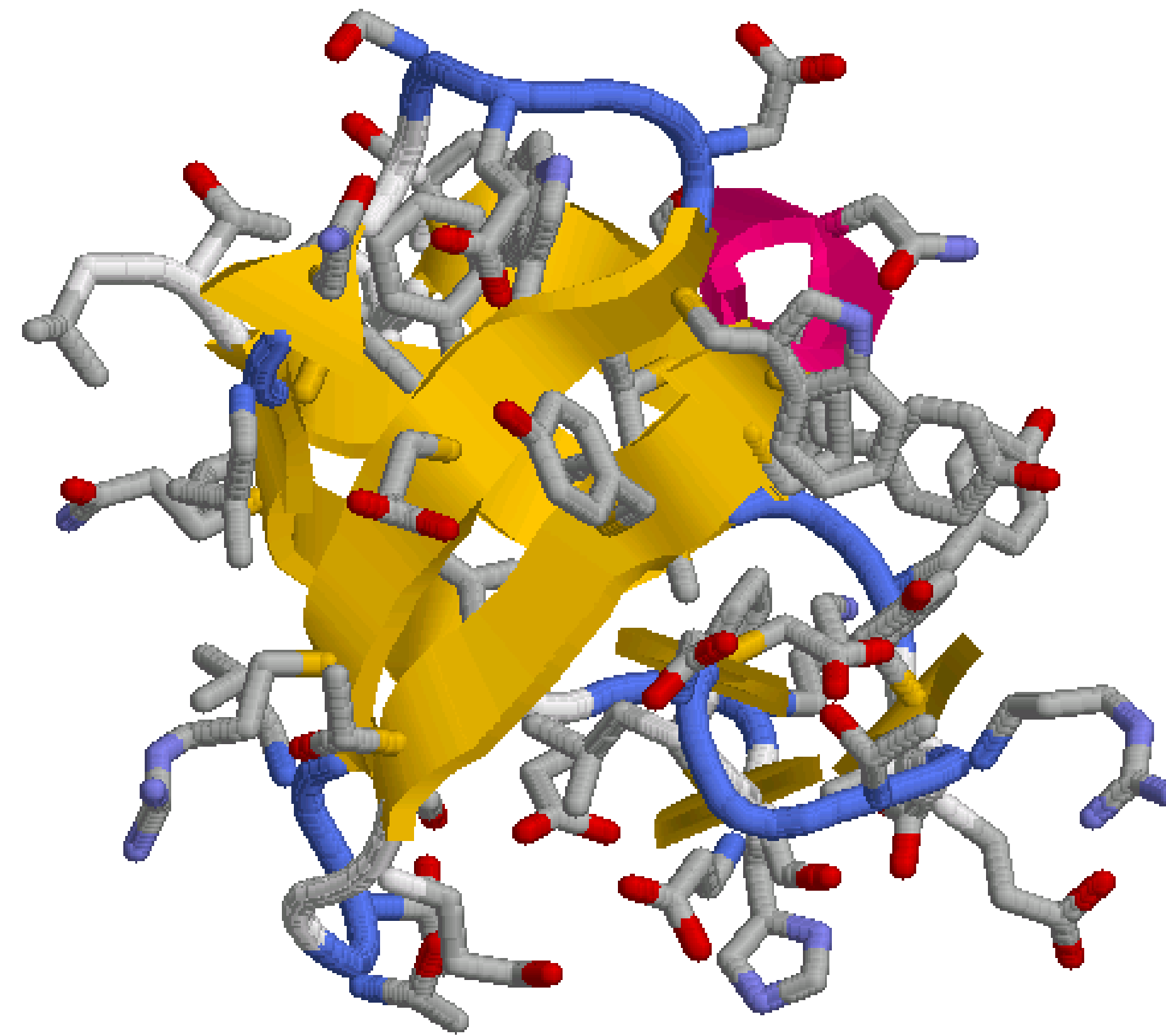
α -helix:
•right handed
•3.4 residue/turn
•H-bridges



β -sheet:
•parallel or
•antiparallel
•H-bridges between distant residues

Tertiary

3D structure of single-chain protein



*Quaternary structure: binding of independent subunits into a complex

Bonds holding protein structure together

1. Hydrogen bond: proton sharing between proton-donor side chains.

2. Electrostatic interaction (salt bridge): between oppositely charged residues.

3. van der Waals bond: weak interaction between atoms (molecules) with closed electron shells.

4. Hydrophobe-hydrophobe interaction: between hydrophobic residues (in the interior of the molecule).

5. Disulfide bridge: between cysteine side chains; connects distant parts of the protein chain.

Weak (secondary) bonds

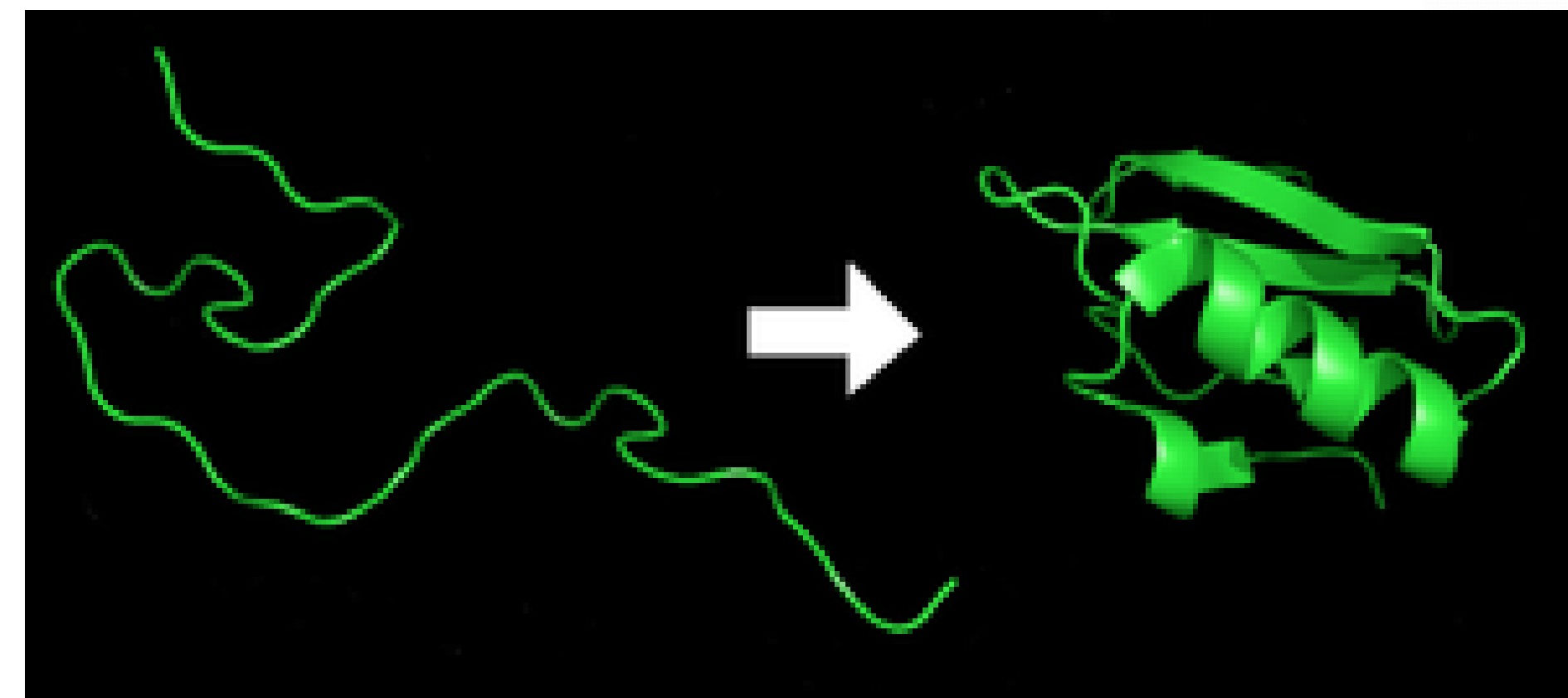
Covalent bond

How is the three-dimensional structure acquired?

Anfinsen: proteins fold spontaneously
(sequence determines structure)



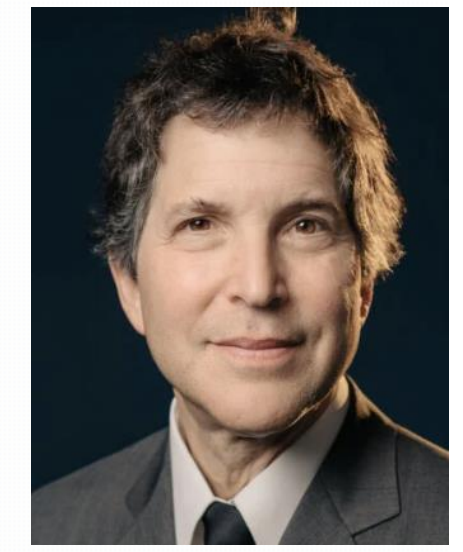
Christian Anfinsen
(1916-1995)



Unfolded state

Native state (N)
Lowest energy

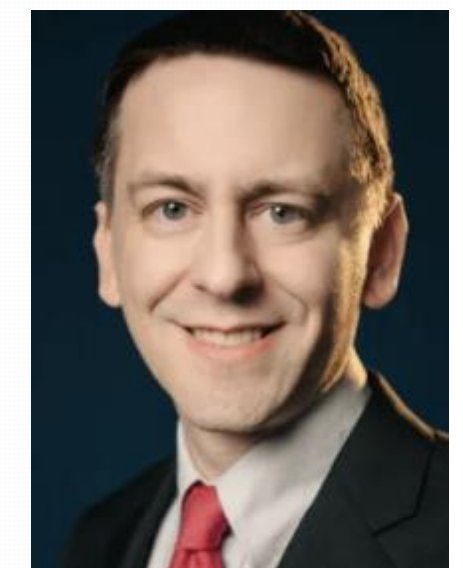
Protein structure can be predicted from aa sequence
(AlphaFold, artificial intelligence)



David Baker



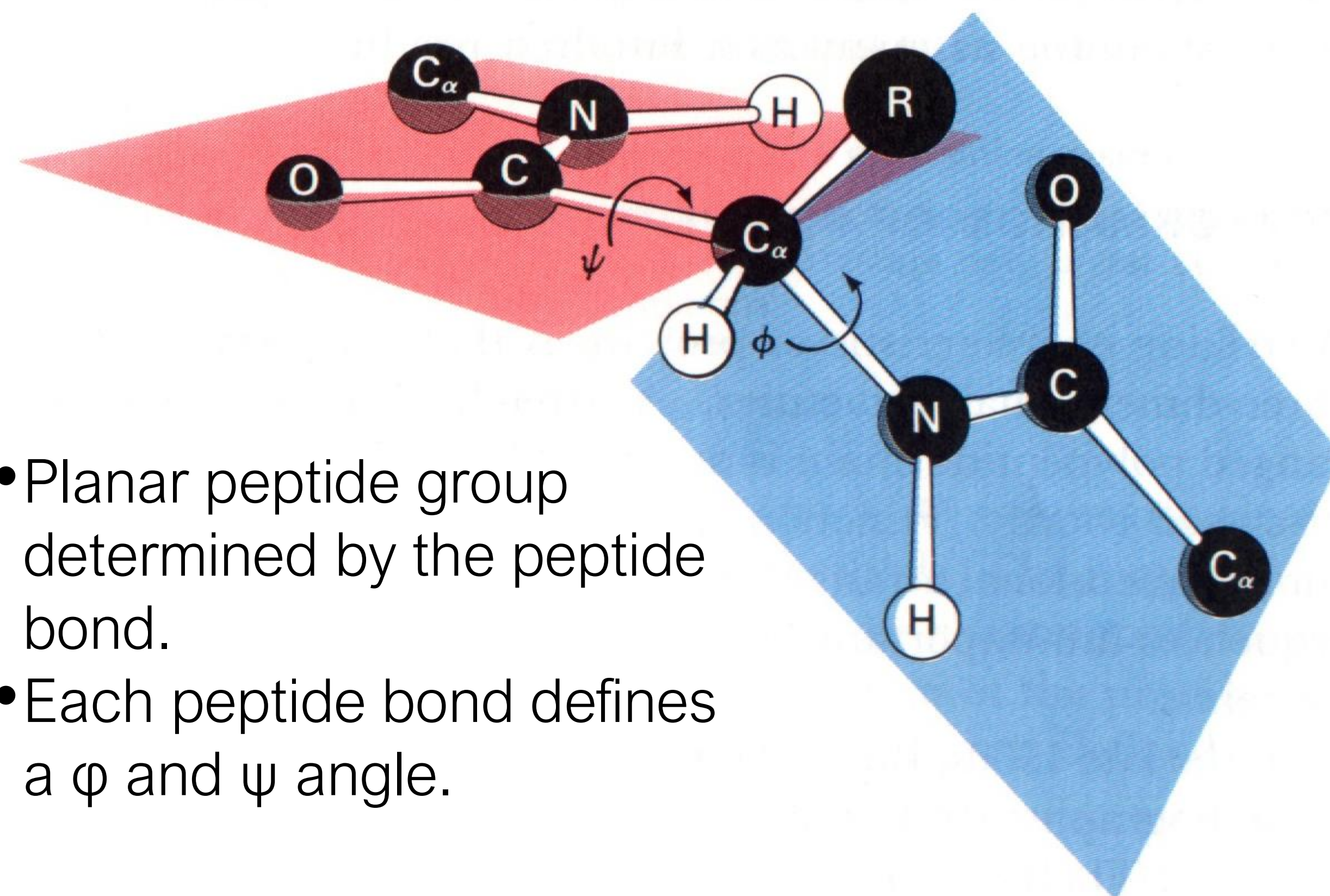
Demis Hassabis



John Jumper

Nobel-prize 2024

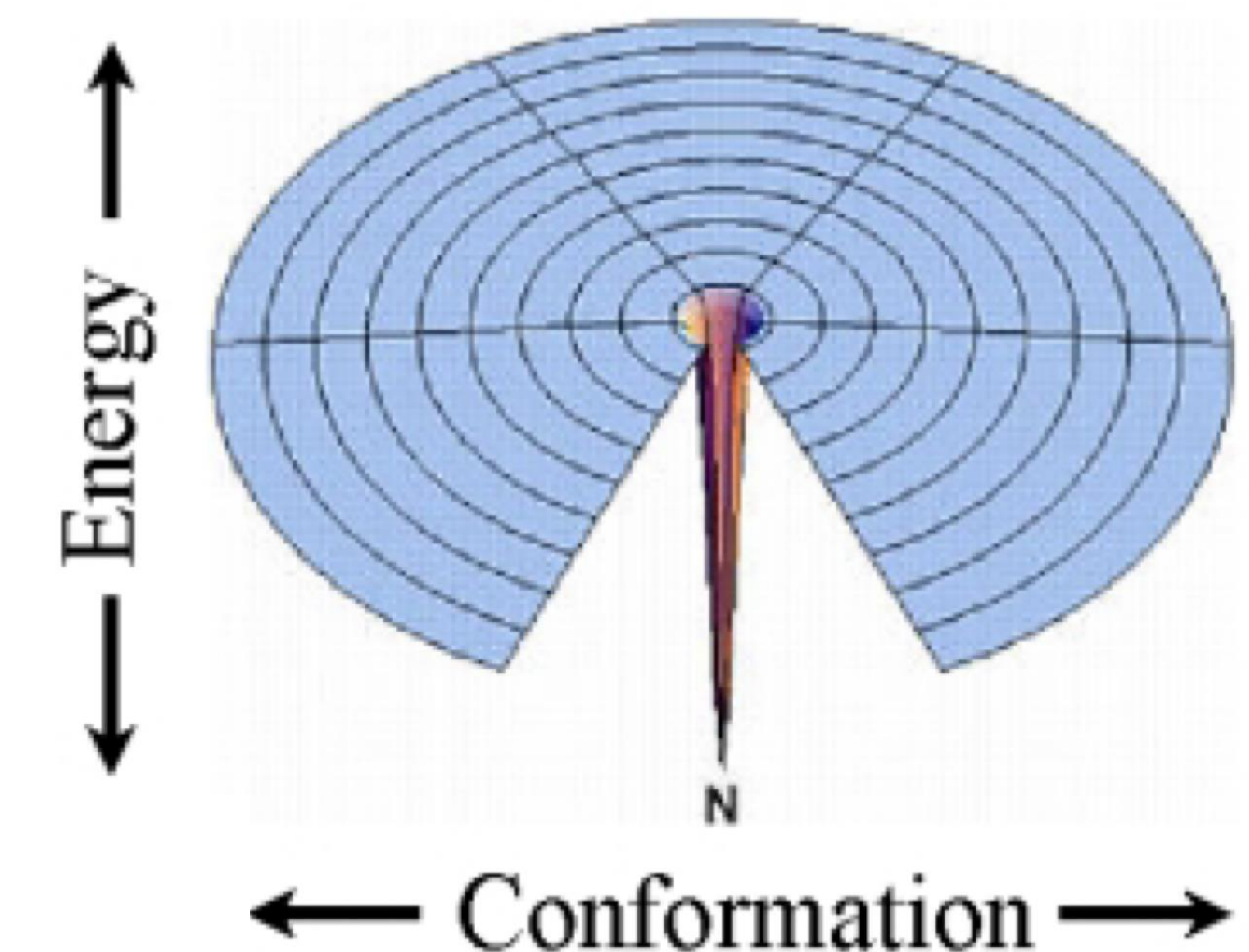
Levinthal's paradox (Cyrus Levinthal, 1969):
Are all available conformations explored?



Number of possible conformations
(degrees of freedom): i^n

i = number of possible angular positions
of a given ϕ or ψ angle
 n = total number of ϕ and ψ angles

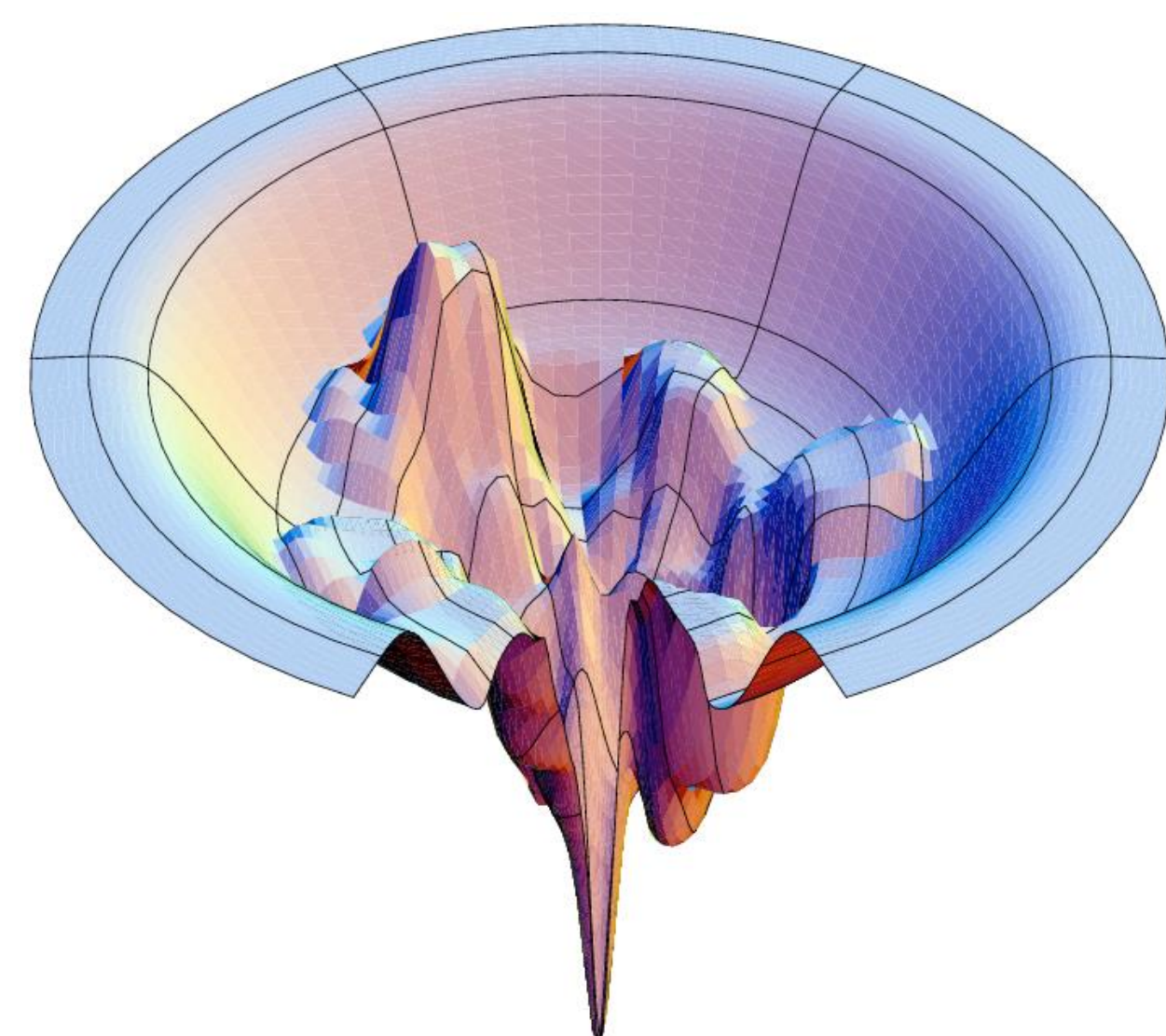
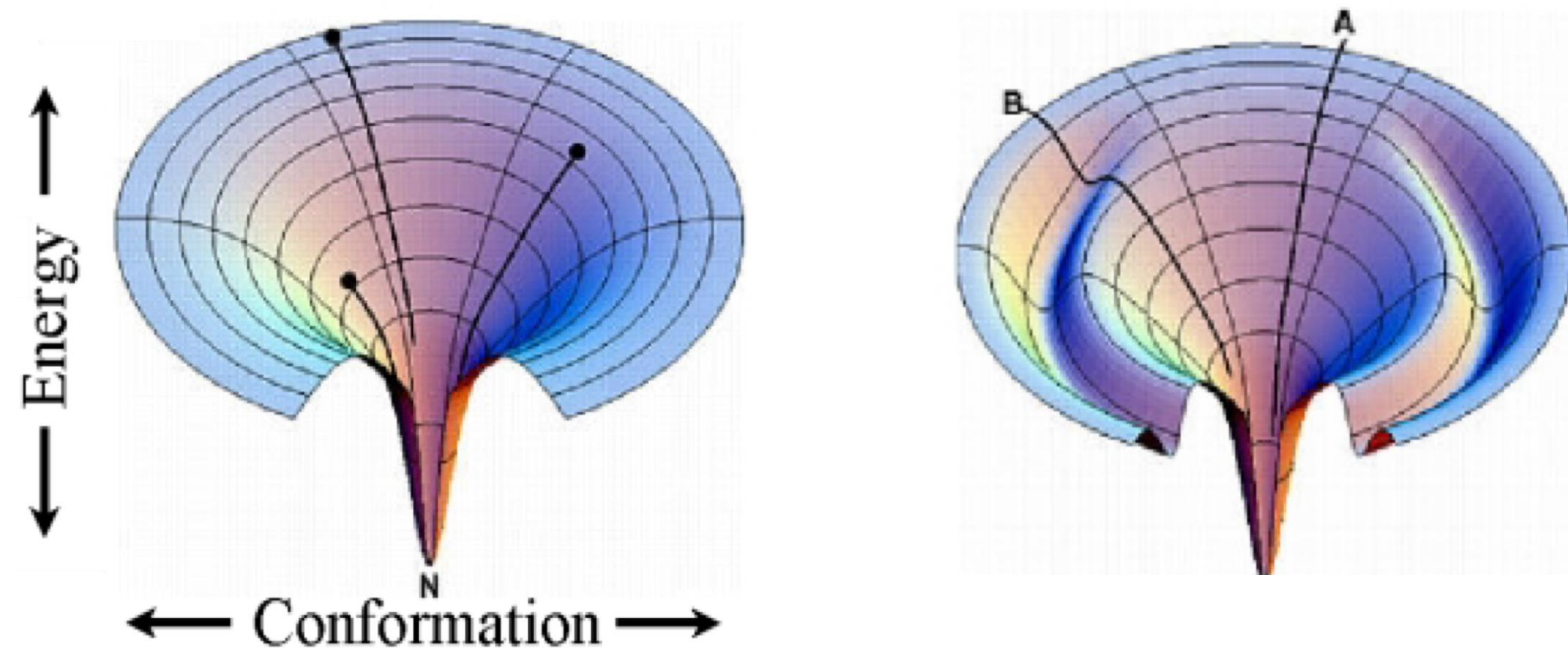
Example: in a peptide composed of 100
residues the number of possible ϕ or ψ
angles is 2. $n=198$. Number of possible
conformations: 2^{198} (!!!)



What is the probability that a billiards ball will find the hole merely via random motion?

Protein folding is guided by the shape of its conformational space

Shape of conformational space:
“Folding funnel”

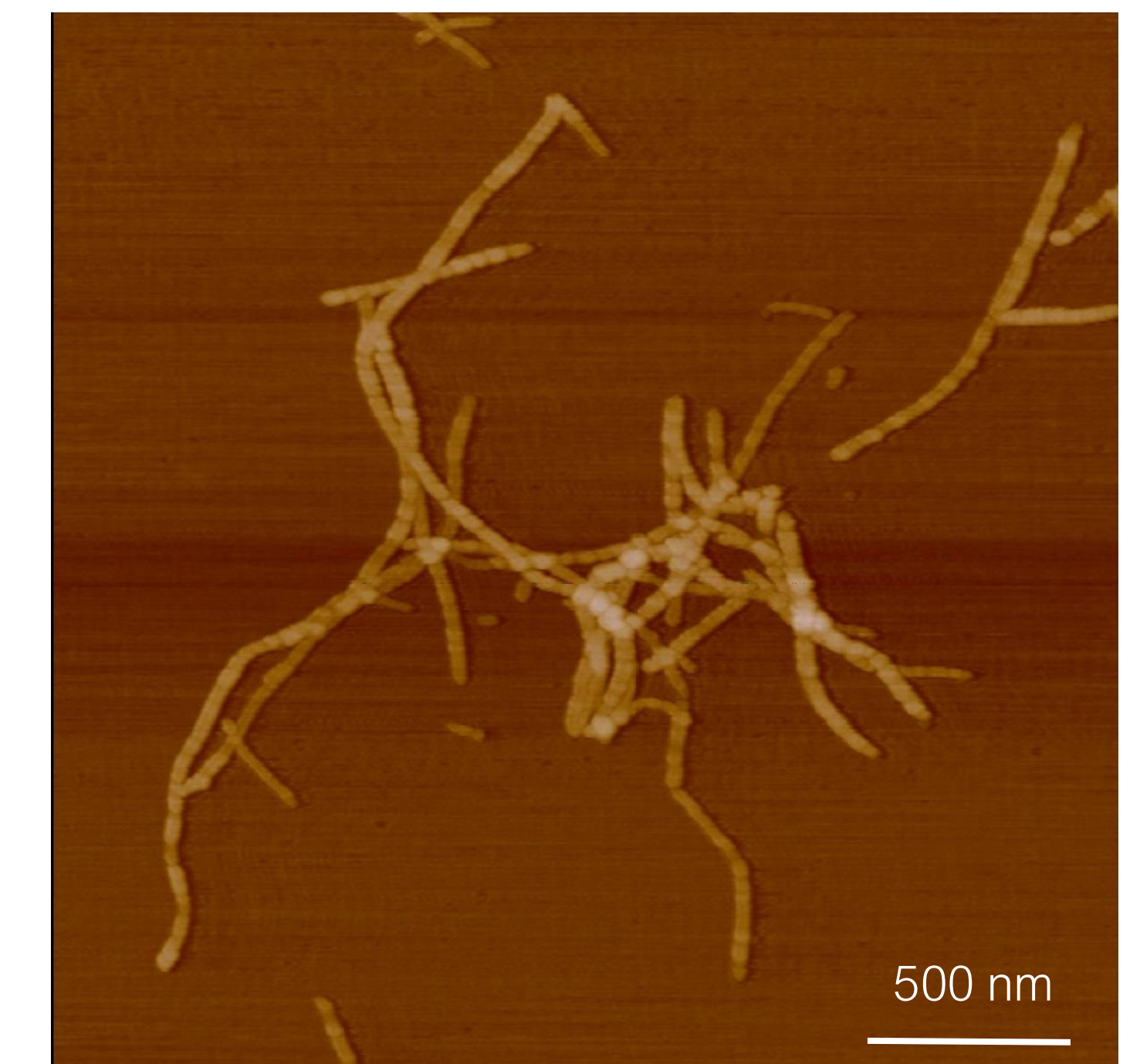
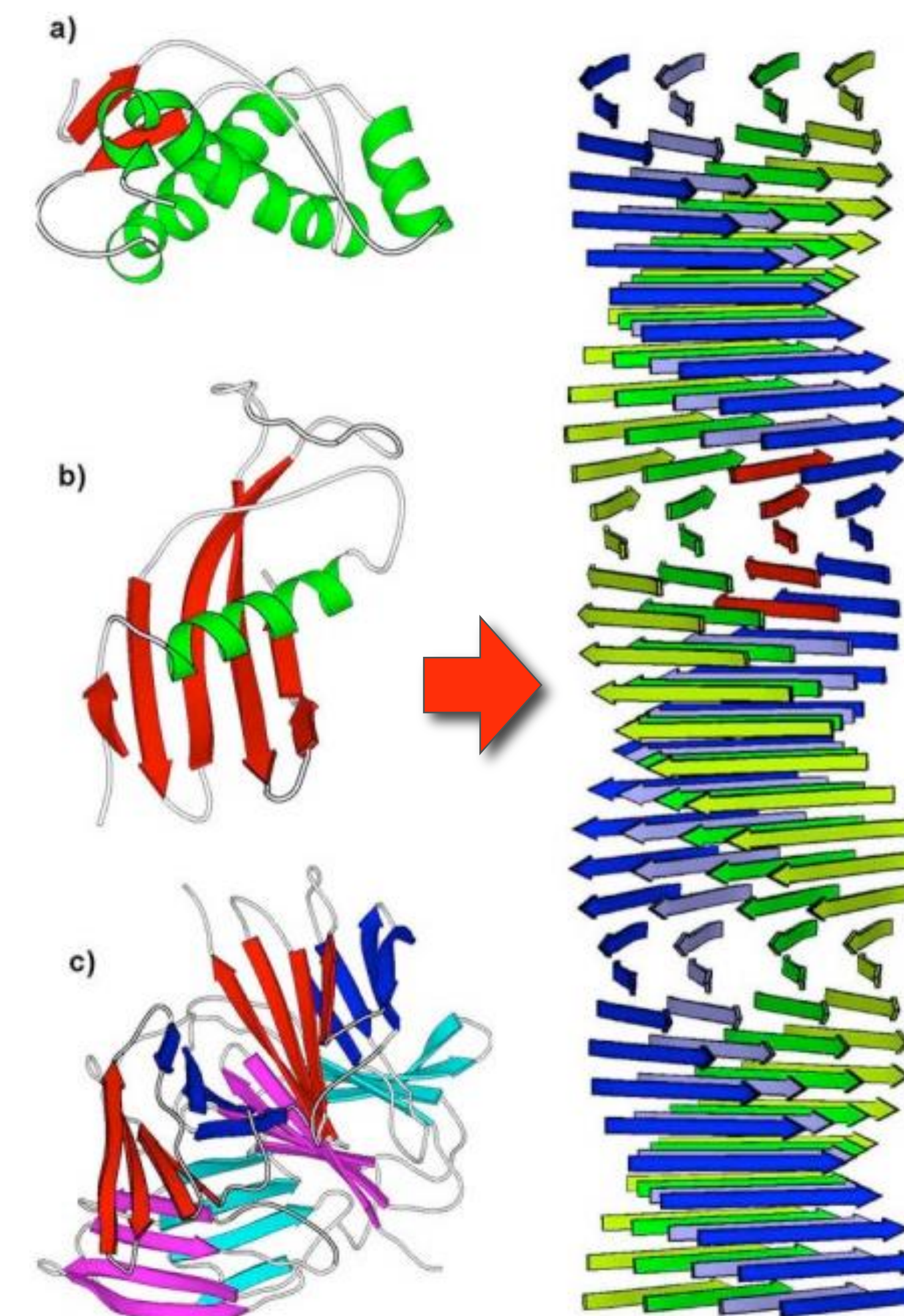


More realistic funnel shape

- Proteins “slide down” the wall of the funnel.
- Folding funnel shape can be complex (determination of the shape is usually very difficult).
- A protein may get stuck at intermediate states (pathology).
- In the living cell chaperones assist folding.

Pathology

- Protein “folding diseases”
- Alzheimer’s disease
- Parkinson’s disease
- II-type diabetes
- Familial amyloidotic neuropathy

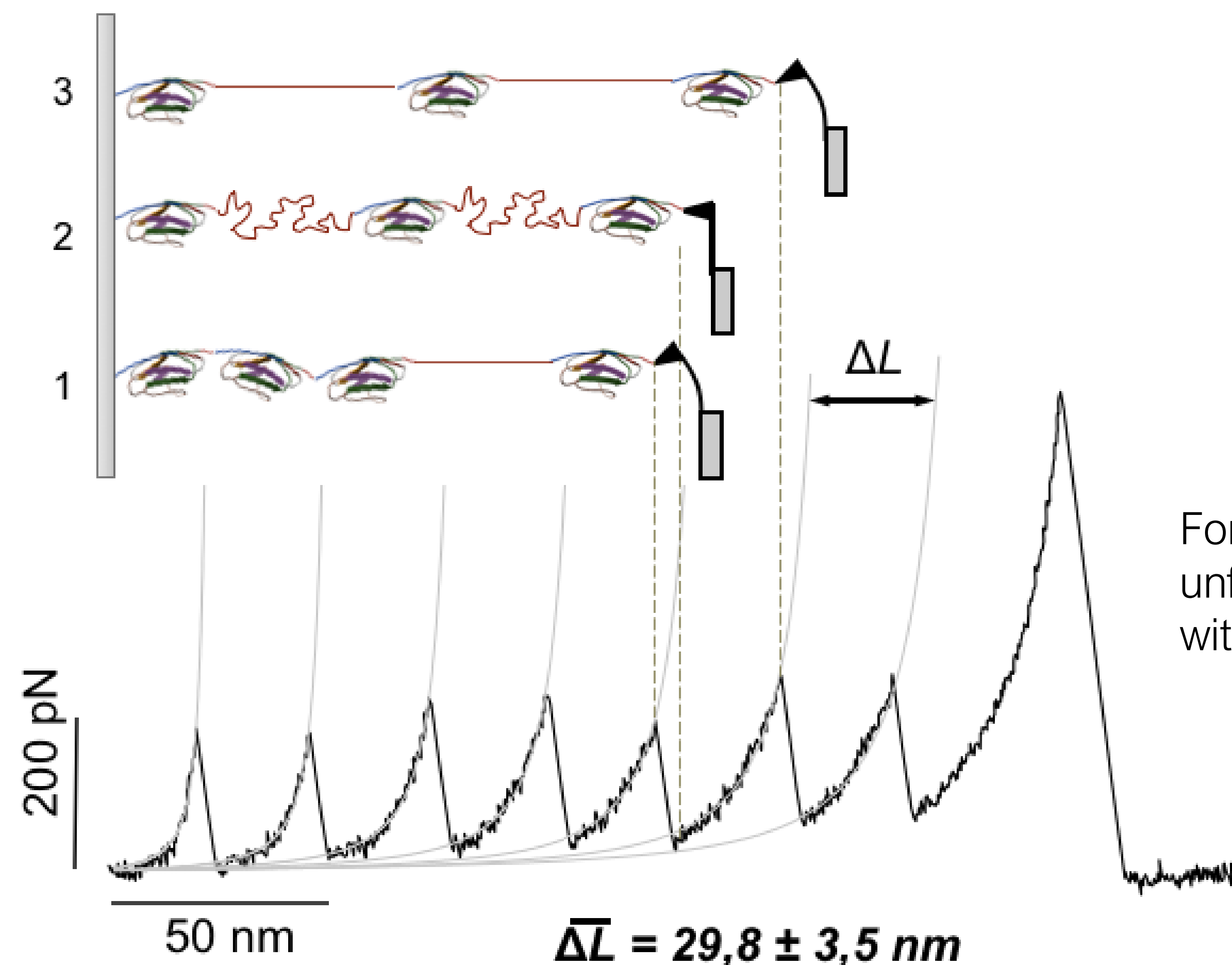
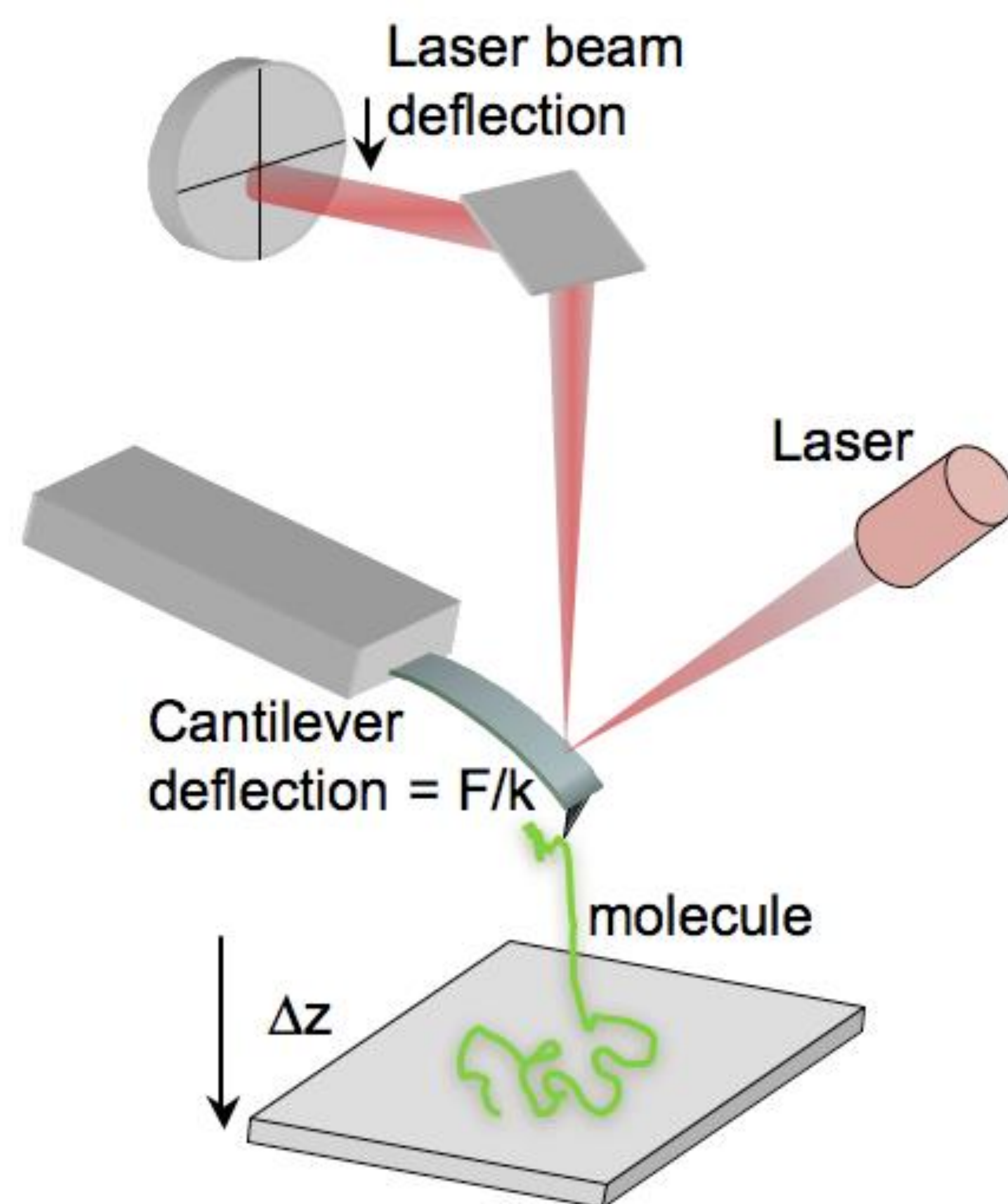


β -fibrils:
undissolved precipitate
cross- β structure

Methods of protein unfolding (denaturation)

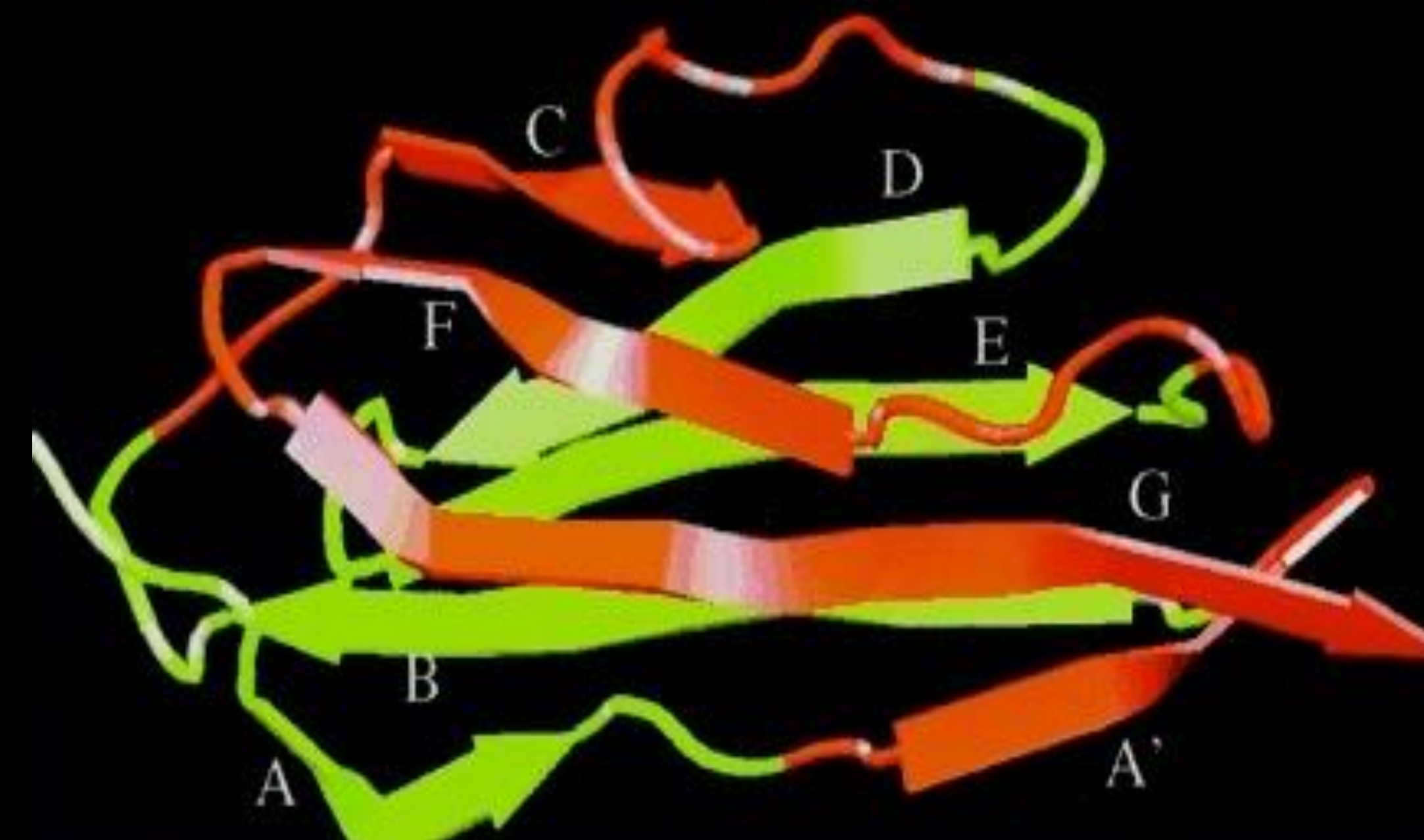
- Heat Break secondary chemical bonds
- Chemical agent Disrupt secondary and tertiary structure
- Mechanical force

Mechanical unfolding of a single, multidomain protein with atomic force microscope

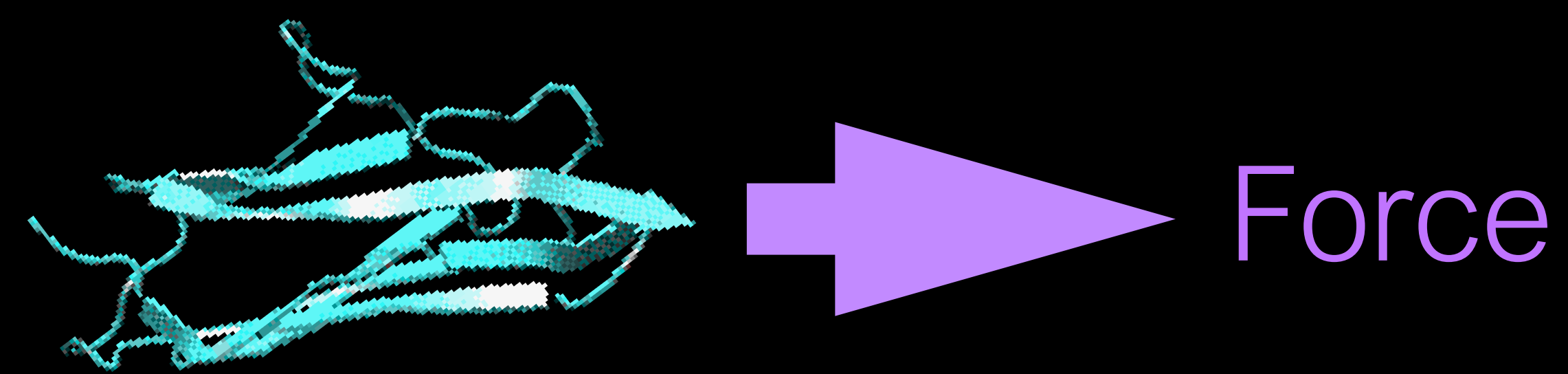
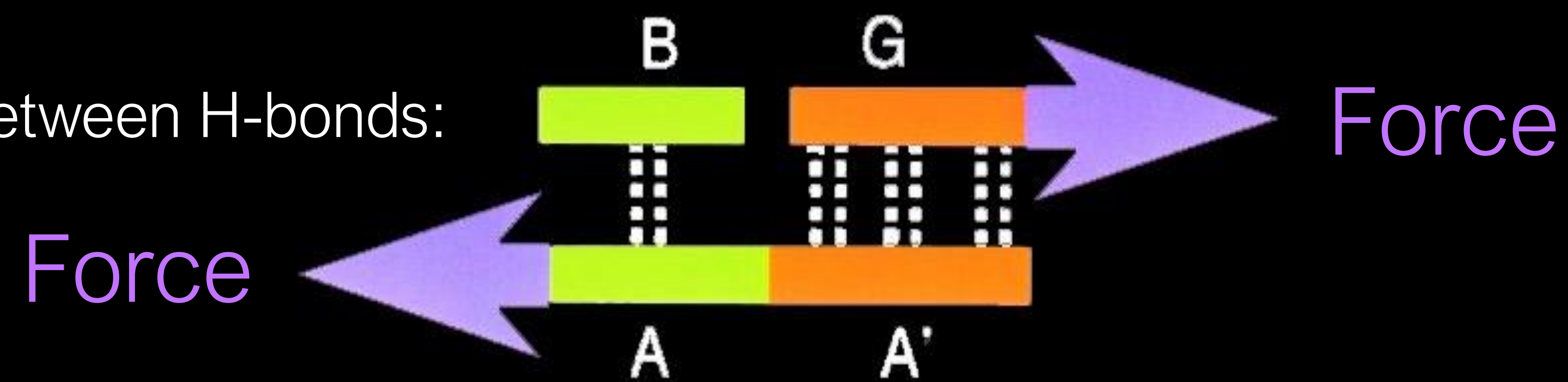


Force peaks correspond to the unfolding of individual domains within the protein chain.

Structural basis of mechanical stability



Parallel coupling between H-bonds:



Feedback



<https://feedback.semmelweis.hu/feedback/index.php?feedback-qr=6FOLWBCKAR4D753H>