

# Muscle biophysics.

The striated muscle. Smooth muscle and smooth-muscle-based organs.

## Notice of a lecture

Presented by Professor D.R. Wilkie to the Institution of Electrical Engineers in London

Available now. LINEAR MOTOR. Rugged and dependable: design optimized by world-wide field testing over an extended period. All models offer the economy of "fuel cell" type energy conversion and will run on a wide range of commonly available fuels. Low stand-by power, but can be switched within msec to as much as 1 kW/kg (peak, dry). Modular construction, and wide range of available subunits, permit tailor-made solutions to otherwise intractable mechanical problems:

Choice of two control systems:

- (1) Externally triggered mode. Versatile, general-purpose units. Digitally controlled by picojoule pulses. Despite low input energy level, very high signal-to-noise ratio. Energy amplification  $10^6$  approx. Mechanical characteristics: (1 cm modules) max. speed optional between 0.1 and 100 mm/sec. Stress generated: 2 to  $5 \times 10^5$  N/m<sup>2</sup>.
- (2) Autonomous mode with integral oscillators. Especially suitable for pumping applications. Modules available with frequency and mechanical impedance appropriate for:
  - (a) Solids and slurries (0.01-1.0 Hz)
  - (b) Liquids (0.5-5 Hz): lifetime  $2.6 \times 10^9$  operations (typical)  $3.6 \times 10^9$  (maximum) independent of frequency
  - (c) Gasses (50-1,000 Hz)

Many options: e.g., built-in servo (length and velocity) where fine control is required. Direct piping of oxygen. Thermal generation, etc.

Good to eat.

## Muscle

Tissue and/or cell specialized for the generation of force and movement.

It can only pull, not push (...).

## Hungarians in muscle research



Albert Szent-Györgyi  
(Actomyosin superprecipitation)



Straub F. Brunó  
(Actin)



András Szent-Györgyi  
(Smooth muscle myosin)



János Gergely  
(Calcium regulatory system)

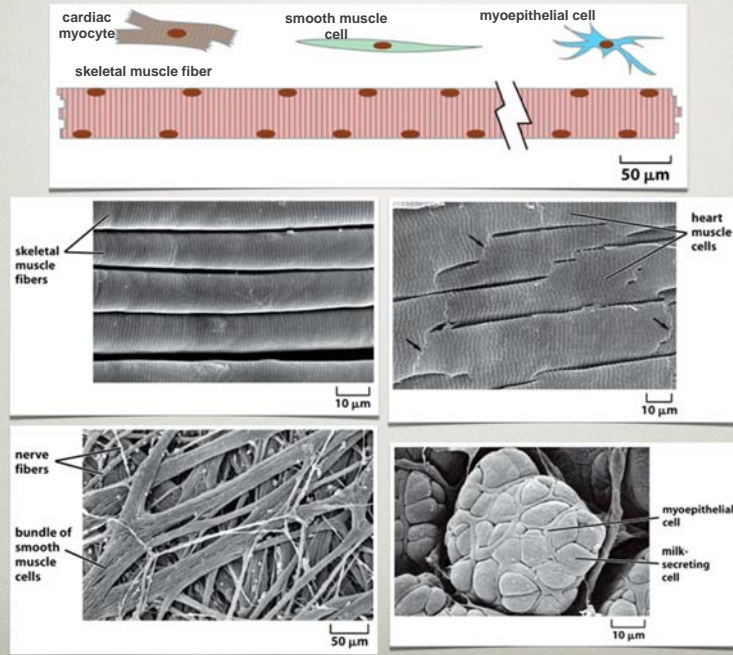


Katalin and Mihály Bárány  
(Myosin isoforms and contraction speed)

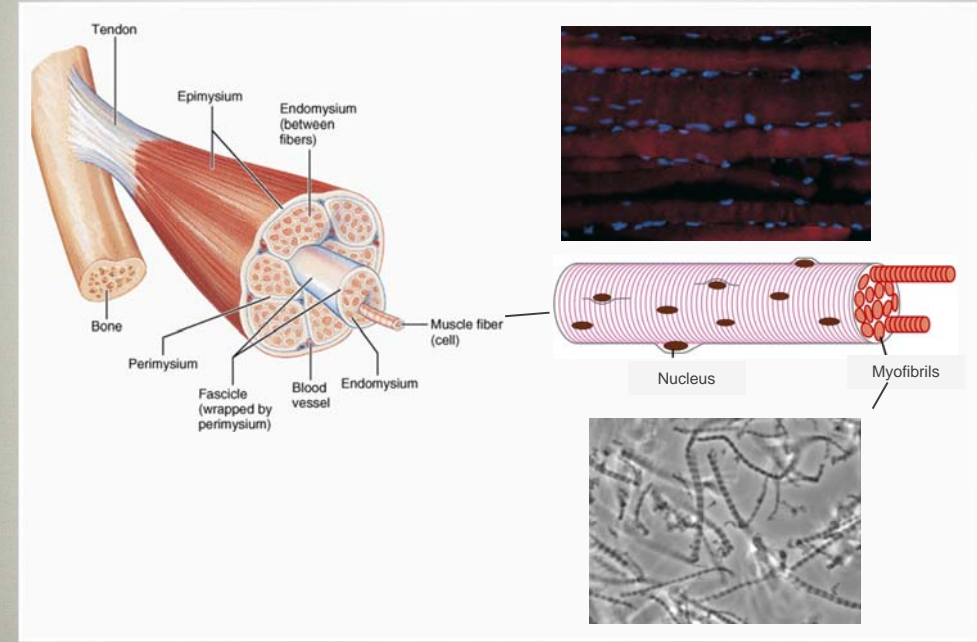


Ferenc Guba  
(Fibrillin)

# Types of muscle

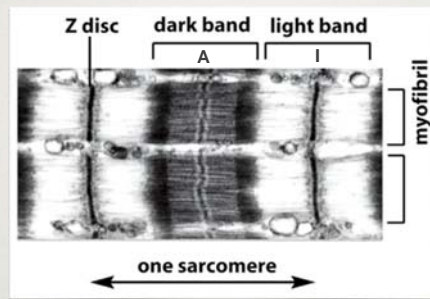


# Skeletal muscle

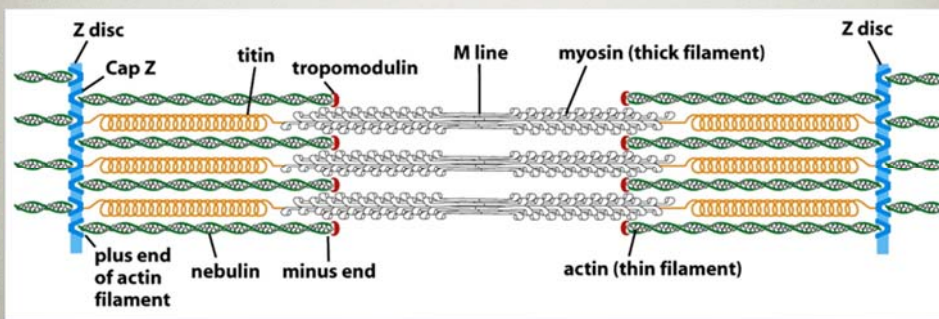


# The sarcomere

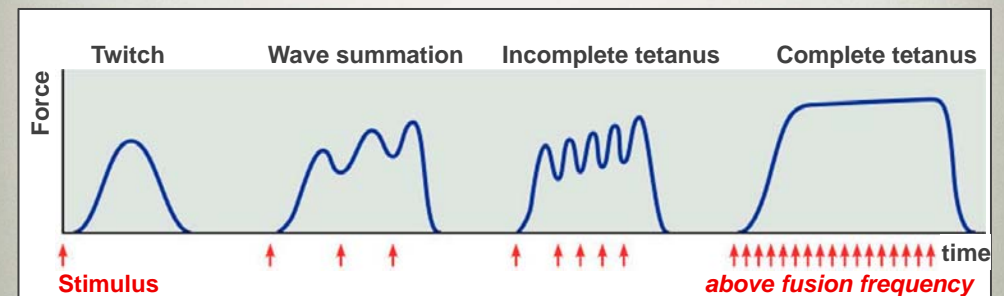
sarcos: meat (Gr)  
mera: unit  
the smallest structural  
and functional unit of  
striated muscle.



A-band: Isotropic-band  
Thick filaments (myosin II.)  
I-band: Anisotropic-band  
Thin filaments (actin,  
tropomyosin, troponin)



# Basic phenomena of muscle function I.



A single stimulus results in a single contractile response – a muscle **twitch** (contracts and relaxes).

More frequent stimuli increases contractile force – **wave summation** - muscle is already partially contracted when next stimulus arrives and contractions are summed.

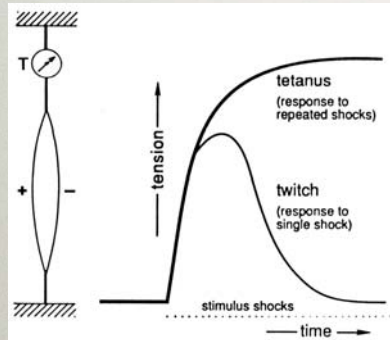
A sustained contraction that lacks even partial relaxation is known as **tetanus**.



## Basic phenomena of muscle function II.

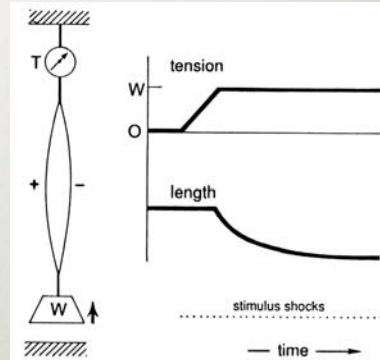
### 1. Isometric contraction

The muscle does not or cannot shorten, but the tension on the muscle increases.



### 2. Isotonic contraction

Tension remains unchanged while the muscle's length changes.



Auxotonic contraction (simultaneous shortening and force generation)

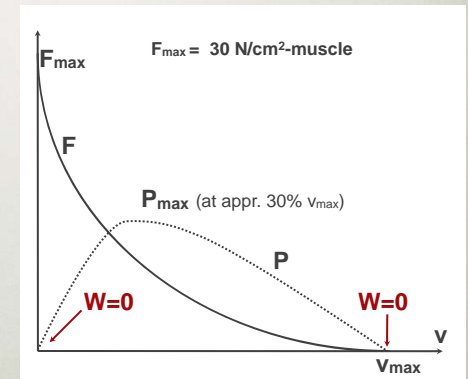
## Basic phenomena of muscle function III.

### 1. Work, Power

$$W = Fs$$

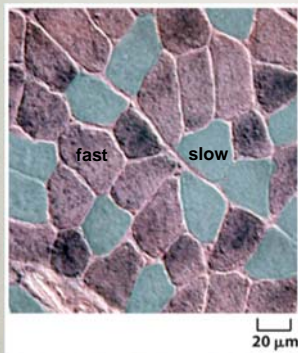
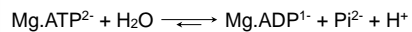
$$P = Fs/t = Fv$$

### 2. Force-velocity diagram



## Energetics of muscle I.

Source of energy:



### Type I fibers

- \* rich in mitochondria
- \* ATP generation by respiratory mechanisms
- \* slow fatigue
- \* rich in myoglobin: "red muscle"
- \* innervated by thin, slow nerves
- \* slow fiber
- \* dominates in postural muscles

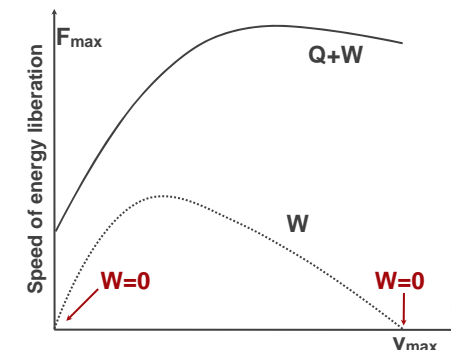
### Type II fibers

- \* few mitochondria
- \* rich in glycogen
- \* ATP generation by glycolysis
- \* rapid fatigue due to lactate
- \* devoid of myoglobin: "white muscle"
- \* innervated by large, fast neurons
- \* fast fiber
- \* present in fast muscles

## Energetics of muscle II.

### Fenn effect

The increased liberation of heat in a stimulated muscle when it is allowed to do mechanical work. Liberation of heat increases with increasing speed of contraction.



# Mechanisms of muscle shortening

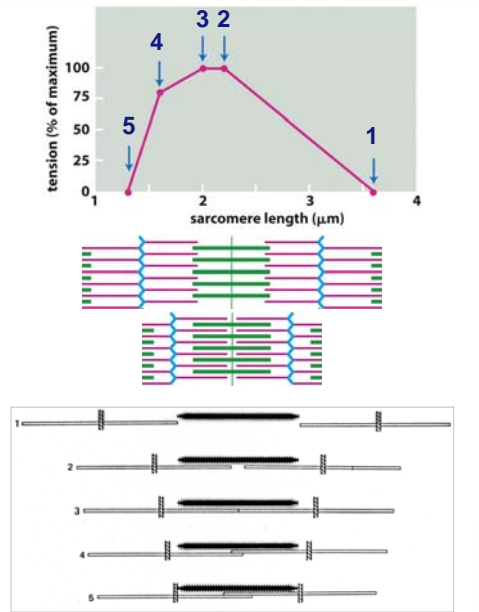
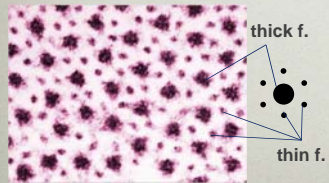
Phenomenological mechanism:

Sliding filament theory



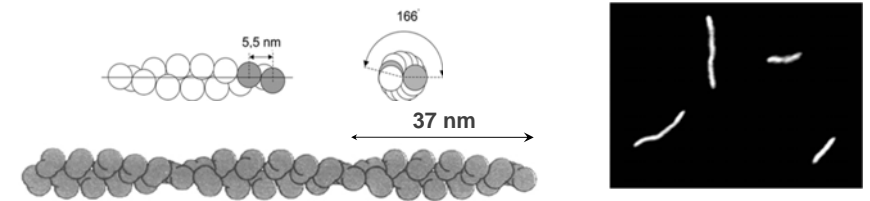
Andrew F. Huxley, Jean Hanson, Hugh E. Huxley

Sarcomere cross section



# Molecular mechanisms of muscle contraction: Cyclic, ATP-dependent actin-myosin interaction

## The actin filament



~7 nm thick, length *in vitro* exceeds 10 μm, *in vivo* 1-2 μm

Right-handed double helix.

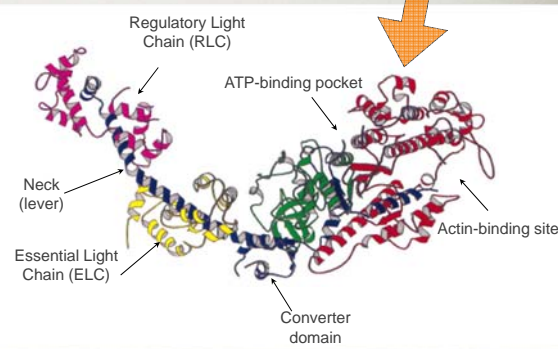
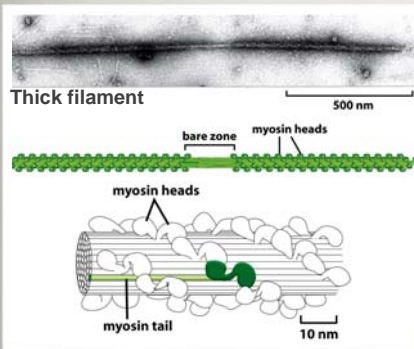
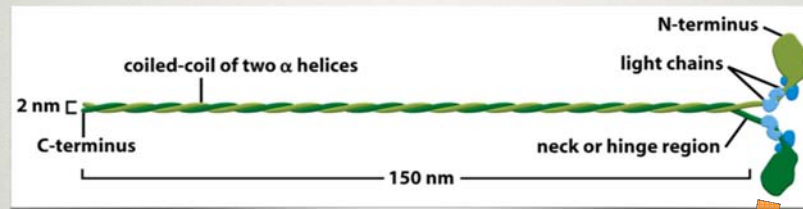
Semiflexible polymer chain (persistence length: ~10 μm)

Structural polarity ("barbed", "pointed" ends)

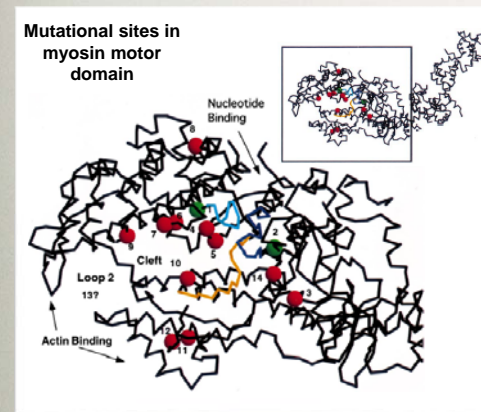
Tensile strength of actin: appr. 120 pN (N.B.: under isometric conditions up to 150 pN force may reach a filament).

Number of actin filaments in muscle:  $2 \times 10^{11}/\text{cm}^2$ -muscle cross section.

## Myosin II



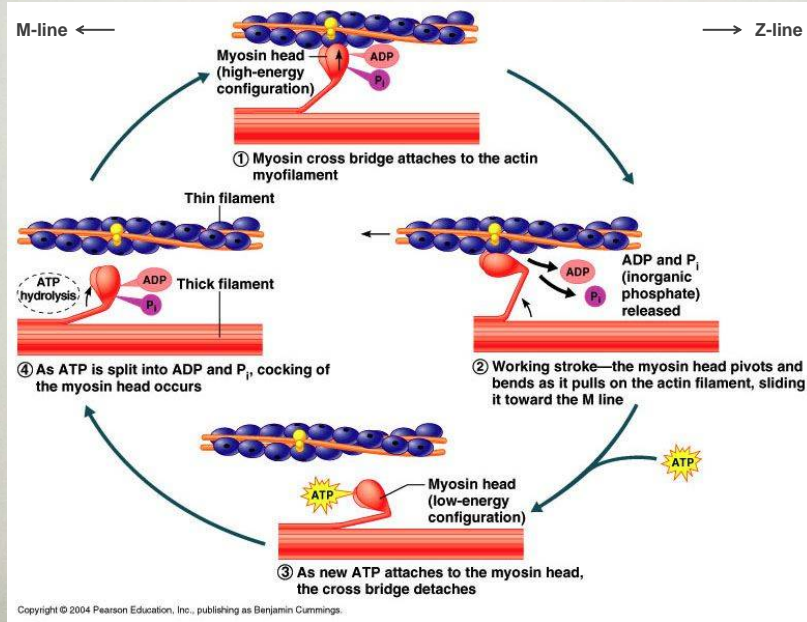
## Myosin mutation - pathology



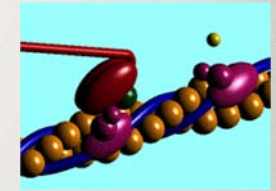
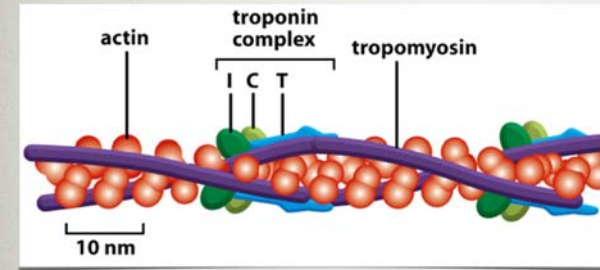
Arg403Gln mutation: hypertrophic cardiomyopathy



# The myosin "cross-bridge" cycle

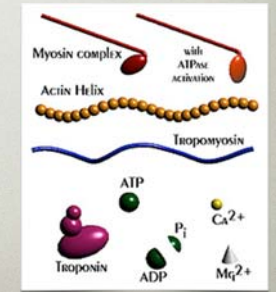


# Contraction regulation in striated muscle

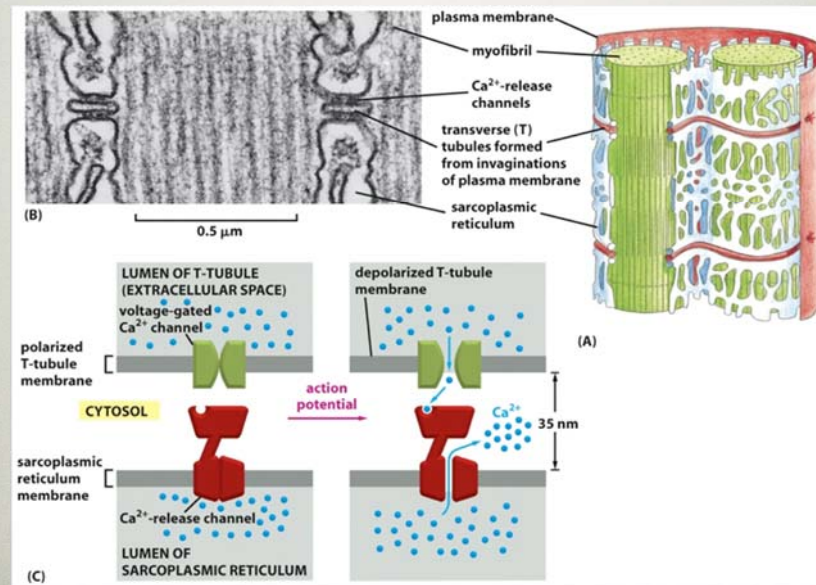


**Tropomyosin:** blocks myosin-binding site on actin

**Troponin complex:** 3 subunits, (C, T, I)  
Troponin C binds free  $Ca^{2+}$ , which causes the conformational change of tropomyosin, thus myosin-binding sites expose.

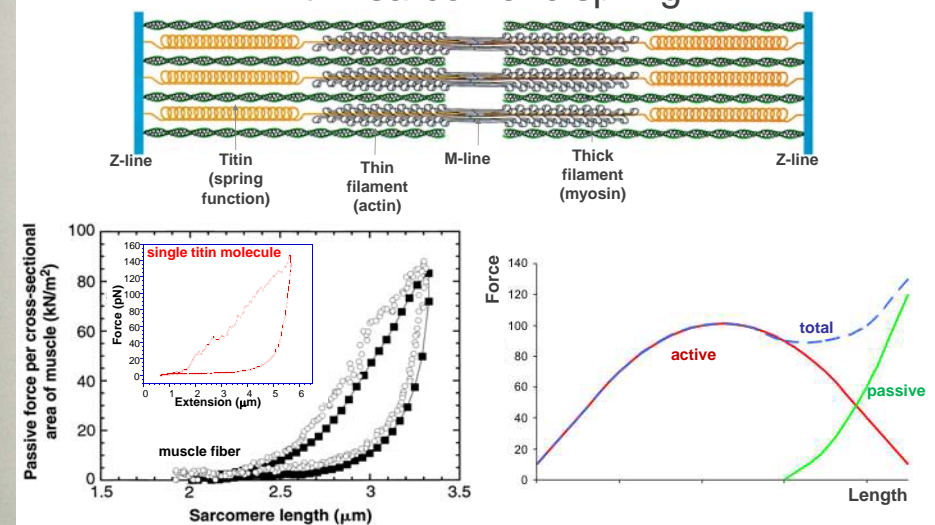


# Excitation-contraction coupling

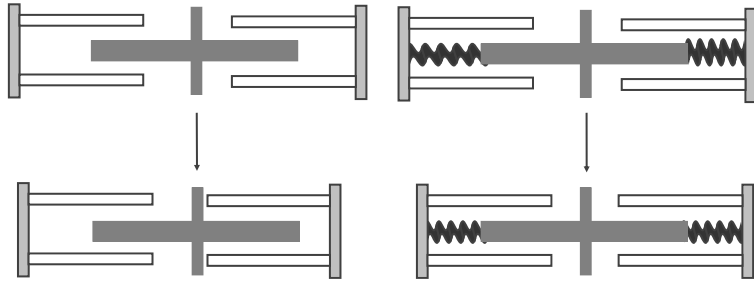


# Elasticity of striated muscle

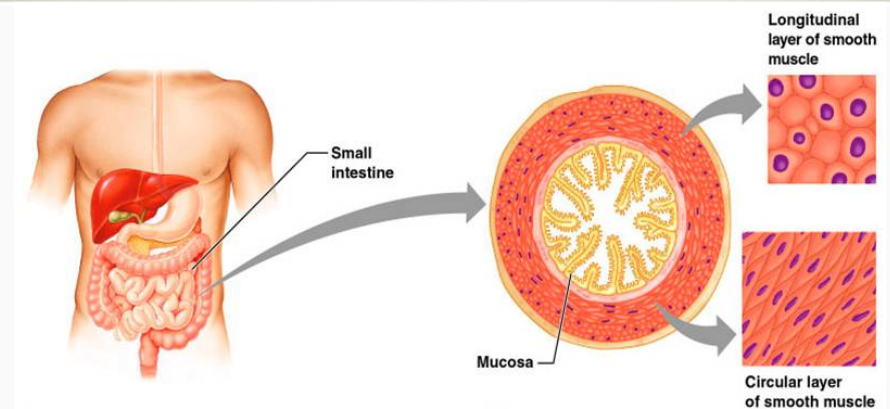
## Titin: sarcomeric spring



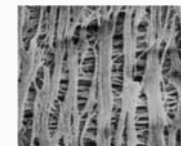
## Role of titin in sarcomere: Limitation of A-band asymmetry



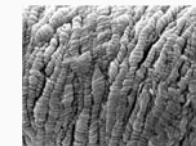
## Smooth muscle



### Diverse morphology



intestinal



vasculatory



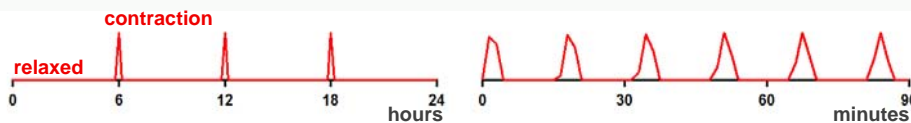
urogenital

## Smooth muscle classification

**Phasic:** Relaxes most of the time, contracts only periodically.

urinary bladder (few times a day)

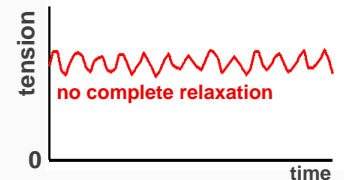
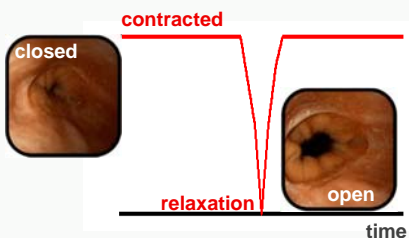
GI tract (few times an hour)



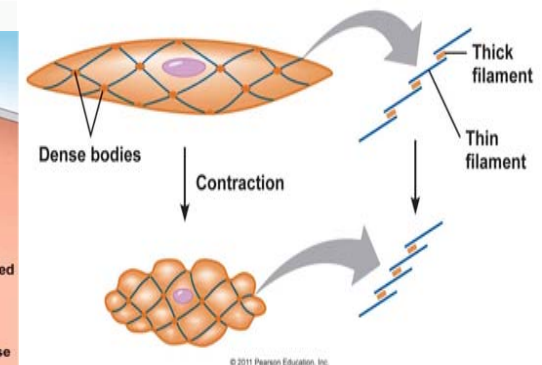
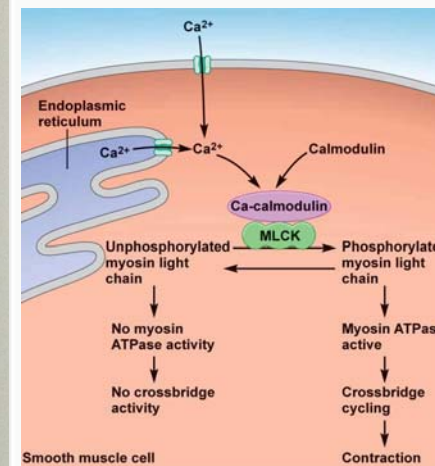
**Tonic:** Contracted most of the time, relaxing only briefly.

lower oesophageal sphincter

vascular smooth muscle maintain and tune vascular tension



## Smooth muscle contraction

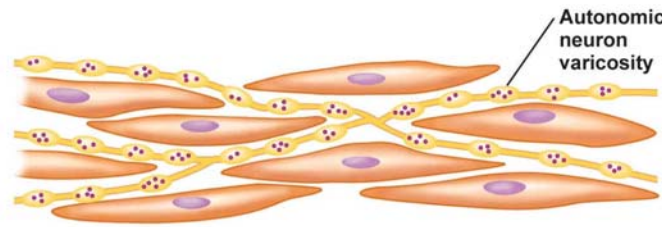


No striation: dense bodies (Z-line analogue)  
Contains less thick filaments (25% of skeletal)  
No troponin (regulation through MLCK)  
Caldesmon, calponin: ATPase inhibitors

Desmin: main intermediate filament of smooth muscle  
Smooth muscle myosin: lower actin affinity, regulated by phosphorylation



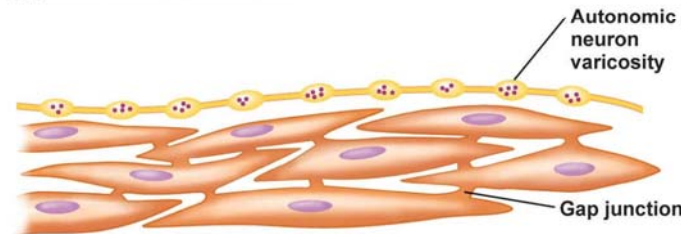
# Smooth muscle contraction



(a) Multi-unit smooth muscle

Independent mechanical activity of cells

Airways, vasculature



(b) Single-unit smooth muscle

Synchronized contraction, by gap junctions.

GI tract: peristaltic motion (Basal Electrical Rhythm – BER)

Urogenital tract

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# Smooth muscle energetics

Source of energy:



## Skeletal muscle

1 ATP per crossbridge cycle by myosin ATPase

## Smooth muscle

1 ATP per crossbridge cycle by myosin ATPase

~ 1 ATP per crossbridge cycle by MLCK

Smooth muscle consumes more ATP than skeletal?

**ATPase activity and crossbridge formation rate is significantly slower**, thus fewer crossbridge cycles occur in a time period.

Smooth muscle can sustain long or even extreme-long contractions at lower ATP consumption rate.