

## Physical base of Orthodontics



Physical basis of dental material science  
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## Orthodontics

before



BEFORE



after



AFTER

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## Physiological forces in the mouth

### Mastication:

Large, and short:

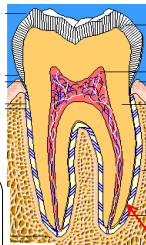
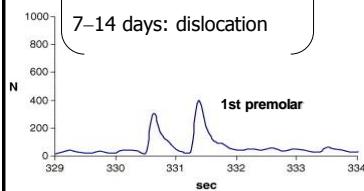
$$F = 100-800 \text{ N}$$

$$t \leq 1 \text{ s}$$

3-5 s: pain

≈ hour: lesion

7-14 days: dislocation



### forces „in rest“:

small, „constant“:

$$F = 1-10 \text{ cN}$$



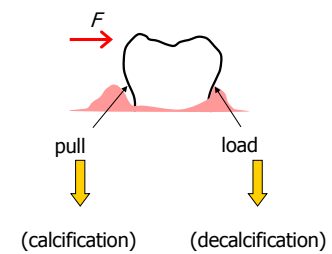
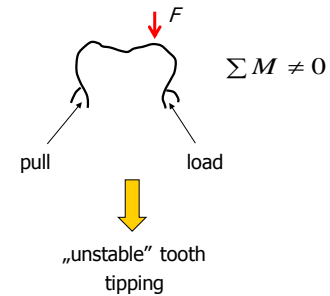
„active“  
stabilization  
(PDL)

periodontal ligament

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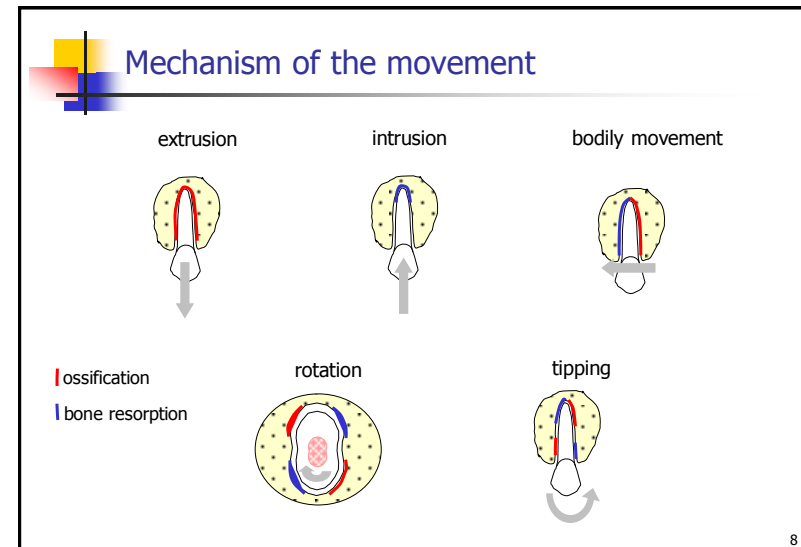
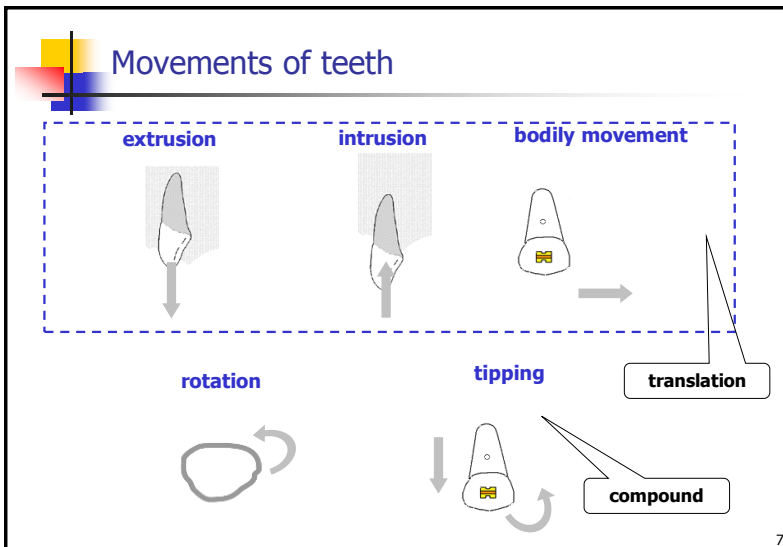
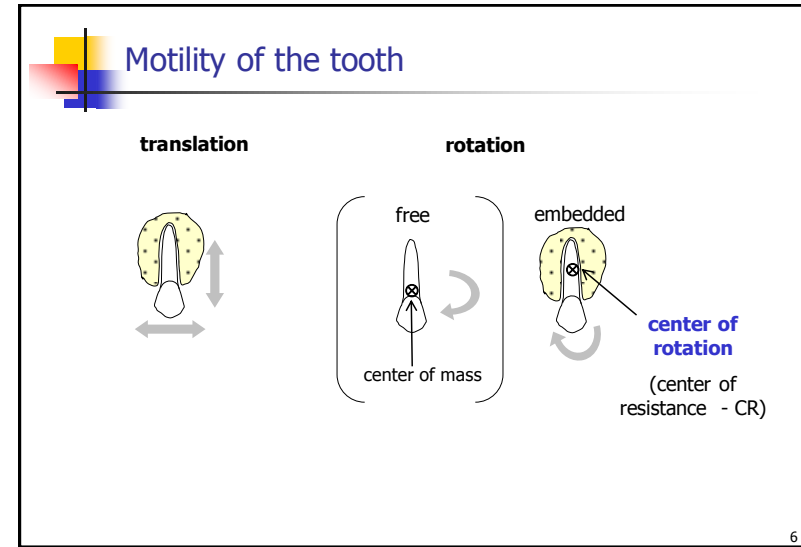
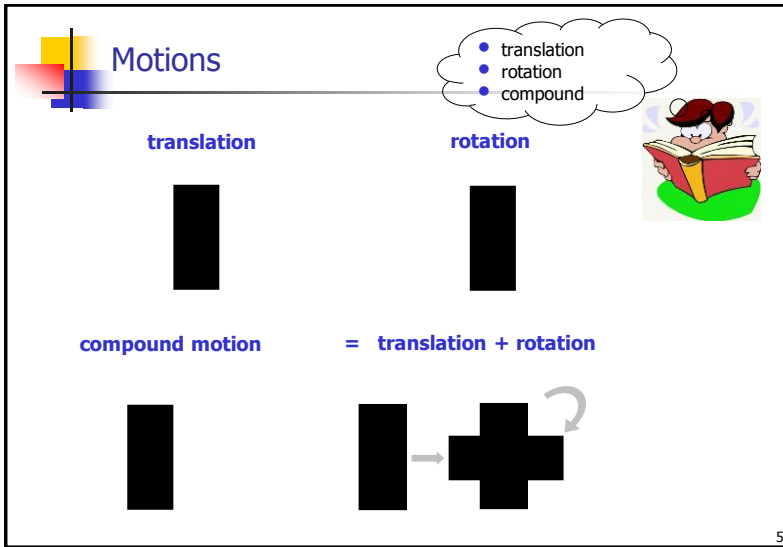
## Instability and motion

„permanent“ force ( $> 10 \text{ cN}$ ):



dislocation (= remodeling)

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## Forces and torques

extrusion

$F$   $M_F = 0$

intrusion

$F$   $M_F = 0$

rotation

$\Sigma F = 0$   $M_c$   
couple - c

bodily movement

$\Sigma F = F$   
 $\Sigma M = 0$  } only translation

force + couple

$M_c / M_F = 1$

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## tipping

force	couple	$\Sigma F$	$\Sigma M$	
-	✓	<b>0</b>	$M_c$	→ rotation
✓	-	$F$	$M_F$	→ <b>tipping</b> translation + rotation ( $M_c = 0$ )
✓	✓	$F$	$M_F - M_c$	→ <b>controlled tipping</b> translation + rotation

•  $0 < M_F - M_c$  ( $M_c / M_F < 1$ )

•  $M_F - M_c < 0$  ( $1 < M_c / M_F$ )

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## Realization of a couple

• torsion

$d$   $M_c$

$$M = G \frac{r^4 \pi}{2l} \phi$$

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## Orthodontic brace

An elastic object, that stores the mechanical energy and exerts a force on teeth, („**mechanical accumulator**”).

before application:

deformation

energy intake

under application:

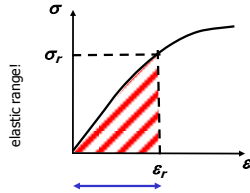
**restoring force**

utilization of the stored energy

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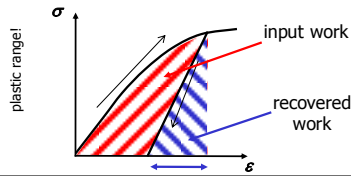
## Mechanical properties of the brace

- material properties: stiffness, elastic strain recovery, resilience



$$\text{resilience} = \frac{1}{2} \sigma_r \cdot \varepsilon_r = \frac{1}{2} E \varepsilon_r^2$$

input work = recovered work,  
if there is no friction!!!



examples:

- plastics
- steel
- cobalt-chrome alloys
- titanium alloys

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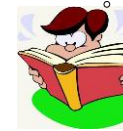
- geometrics: shape, size (e.g. thickness, length, ...)

- stretching/compression  $F = E \frac{A}{l} \Delta l$   $W = \frac{1}{2} E \cdot \frac{A}{l} \Delta l^2$
- bending  $F = 3E \cdot \frac{\Theta}{l^3} \cdot s$   $W = \frac{1}{2} 3E \cdot \frac{\Theta}{l^3} \cdot s^2$
- torsion  $M = G \frac{r^4 \pi}{2l} \phi$

Stiffness of the body  
spring stiffness

Problems:

- friction



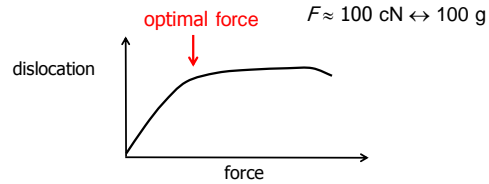
Friction force ( $F_f$ ):

$$F_f = \mu \cdot F_p$$

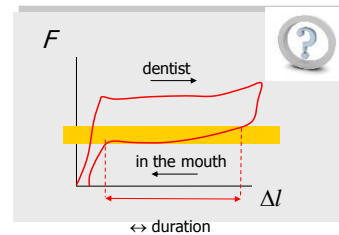
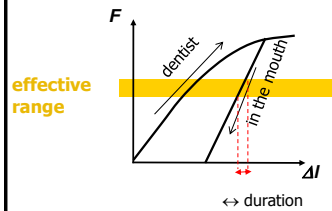
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## Restoring force

- amplitude?



- stability?



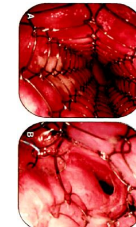
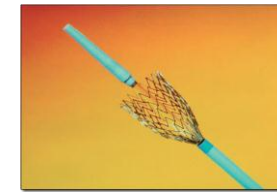
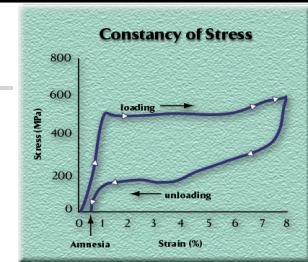
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## Superelasticity

Ni+Ti Cu+Al+Zn Cu+Al+Ni

**Nitinol** (Nickel-Titanium Naval Ordnance Laboratory)

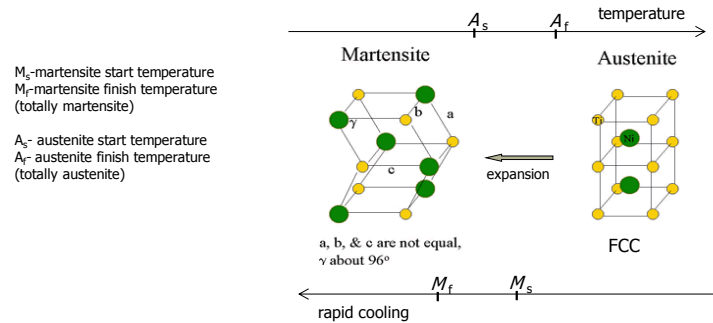
- superelastic (pseudoelastic)
- It has shape memory
- biomechanical compatibility
- biocompatible



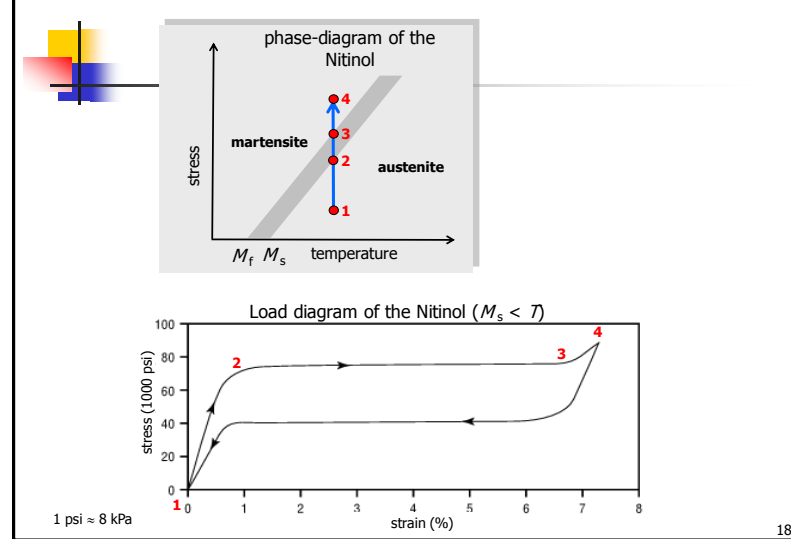
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## Superelasticity

elastic (reversible) response to an applied stress, caused by a phase transformation between the austenitic and martensitic phases of a crystal.

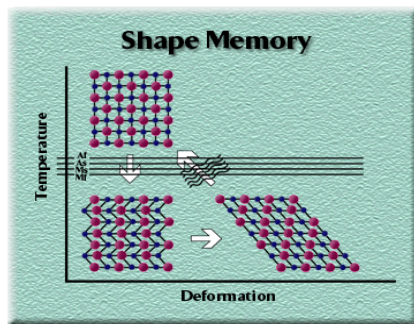


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## Shape memory



- one-way**  
 below  $A_s$ : change the shape after heating shape changes to its original.
- two-way**  
 the material remembers two different shape: at low and at high temperature.

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## Artificial „muscle“



FLEXINOL®  
 Actuator Wire



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## Selection

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### **Aspects of selection:**

- good mechanical properties
- tissue compatible
- acid-proof
- non allergic
- cheap