

Physical base of Orthodontics



Physical basis of dental material science
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Orthodontics

before



after



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Physiological forces in the mouth

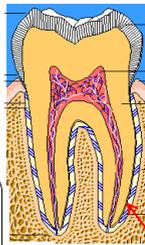
Mastication:

Large, and short:

$$F = 100-800 \text{ N}$$

$$t \leq 1 \text{ s}$$

3-5 s: pain
 ≈ hour: lesion
 7-14 days: dislocation



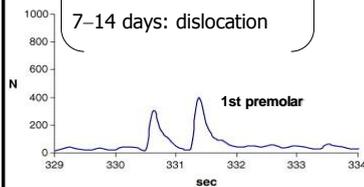
forces „in rest“:

small, „constant“:

$$F = 1-10 \text{ cN}$$

↓
 „active“
 stabilization
 (PDL)

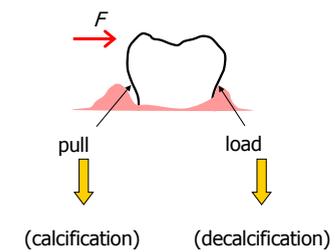
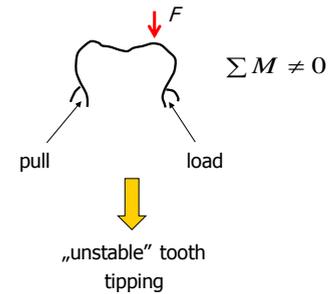
periodontal ligament



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Instability and motion

„permanent“ force ($> 10 \text{ cN}$):



dislocation (= remodeling)

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Motions

- translation
- rotation
- compound

translation = rotation + rotation

compound motion = translation + rotation

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Motility of the tooth

translation

rotation

free

center of mass

embedded

center of rotation
(center of resistance - CR)

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Movements of teeth

extrusion

intrusion

bodily movement

rotation

tipping

translation

compound

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Mechanism of the movement

extrusion

intrusion

bodily movement

rotation

tipping

ossification

bone resorption

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Forces and torques

extrusion: $F \downarrow, M_F = 0$
 intrusion: $F \uparrow, M_F = 0$
 rotation: $\Sigma F = 0, M_c$
 couple - c
 bodily movement: $F_c, -F_c, F, M_F, M_c$
 $\Sigma F = F$
 $\Sigma M = 0$
 only translation
 $M_c / M_F = 1$

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tipping

force	couple	ΣF	ΣM	
-	✓	0	M_c	rotation
✓	-	F	M_F	tipping translation + rotation ($M_c = 0$)
✓	✓	F	$M_F - M_c$	controlled tipping translation + rotation

- $0 < M_F - M_c$ ($M_c / M_F < 1$)
- $M_F - M_c < 0$ ($1 < M_c / M_F$)

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Realization of a couple

$M = G \frac{r^4 \pi}{2l} \phi$
 • torsion

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Orthodontic brace

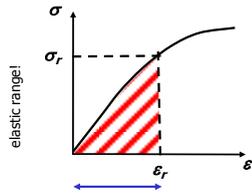
An elastic object, that stores the mechanical energy and exerts a force on teeth („mechanical accumulator”).

before application: deformation energy intake
 under application: restoring force utilization of the stored energy

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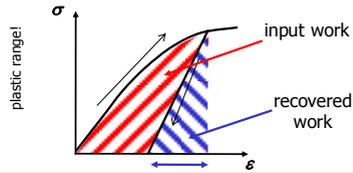
Mechanical properties of the brace

- material properties: stiffness, elastic strain recovery, resilience



$$\text{resilience} = \frac{1}{2} \sigma_r \cdot \varepsilon_r = \frac{1}{2} E \varepsilon_r^2$$

input work = recovered work,
if there is no friction!!!



examples:

- plastics
- steel
- cobalt-chrome alloys
- titanium alloys

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- geometrics: shape, size (e.g. thickness, length, ...)

- stretching/compression $F = E \frac{A}{l} \Delta l$ $W = \frac{1}{2} E \cdot \frac{A}{l} \Delta l^2$

- bending $F = 3E \cdot \frac{\Theta}{l^3} \cdot s$ $W = \frac{1}{2} 3E \cdot \frac{\Theta}{l^3} \cdot s^2$

- torsion $M = G \frac{r^4 \pi}{2l} \phi$

Stiffness of the body
spring stiffness

Problems:

- friction



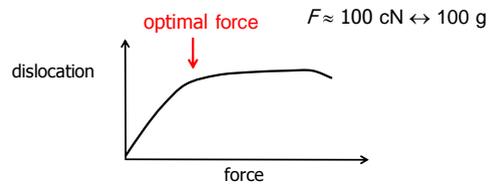
Friction force (F_f):

$$F_f = \mu \cdot F_p$$

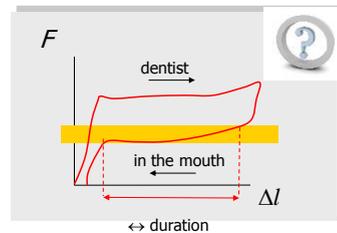
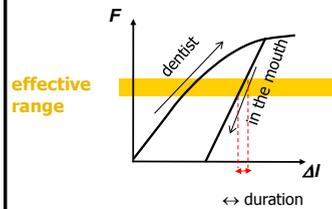
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Restoring force

- amplitude?



- stability?



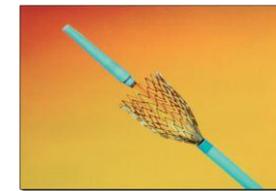
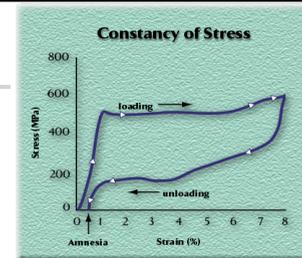
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Superelasticity

Ni+Ti Cu+Al+Zn Cu+Al+Ni

Nitinol (Nickel-Titanium Naval Ordnance Laboratory)

- superelastic (pseudoelastic)
- It has shape memory
- biomechanical compatibility
- biocompatible



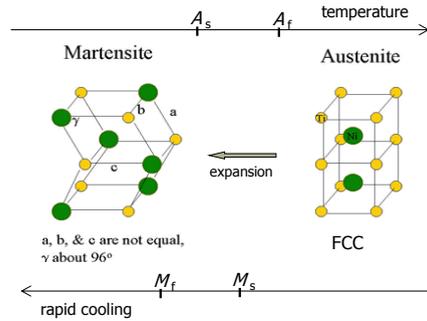
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Superelasticity

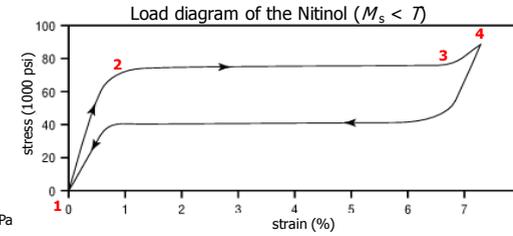
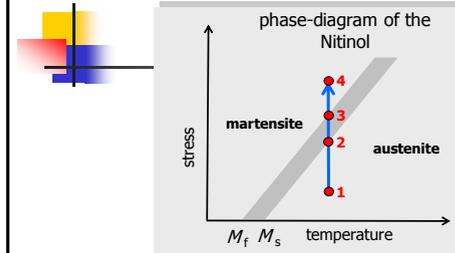
elastic (reversible) response to an applied stress, caused by a phase transformation between the austenitic and martensitic phases of a crystal.

M_s -martensite start temperature
 M_f -martensite finish temperature
 (totally martensite)

A_s - austenite start temperature
 A_f - austenite finish temperature
 (totally austenite)

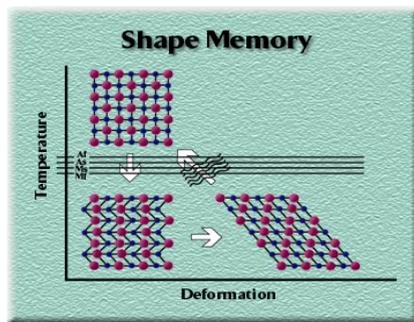


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Shape memory



- one-way**
 below A_s : change the shape after heating shape changes to its original.
- two-way**
 the material remembers two different shape: at low and at high temperature.

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Artificial „muscle“



FLEXINOL®
 Actuator Wire



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Selection

Aspects of selection:

- good mechanical properties
- tissue compatible
- acid-proof
- non allergic
- cheap