



SEMMELWEIS UNIVERSITY

Lágy Anyagok  
Laboratóriuma

Dept. of Biophysics and Radiation Biology,  
Laboratory of Nanochemistry

**(Bio)thermodynamics, entropy,  
Equilibrium and change**

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## *1st law of thermodynamics*

$$\Delta U = T\Delta S - p\Delta V + \sum_{i=1}^K \mu_i \Delta n_i + \dots +$$

*Conservation of energy!.*

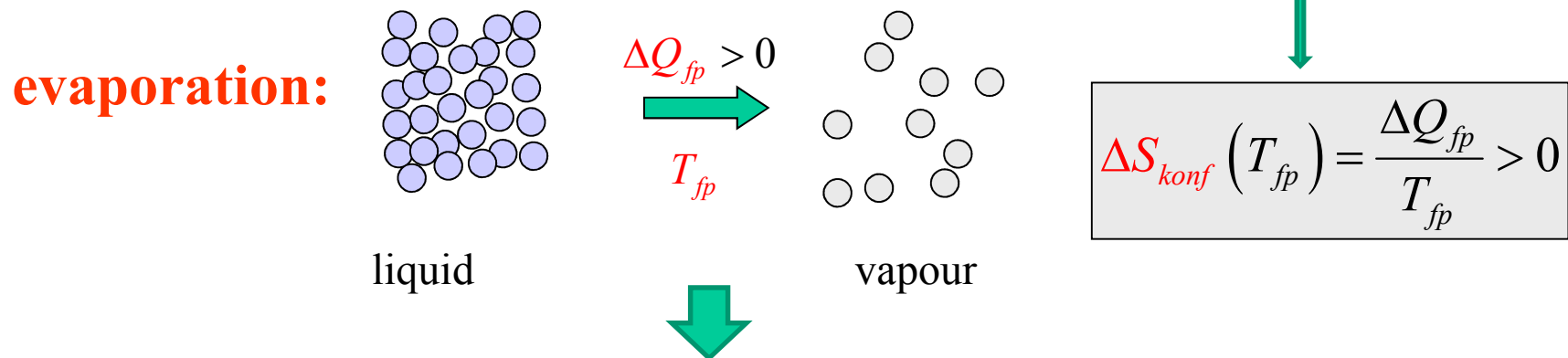
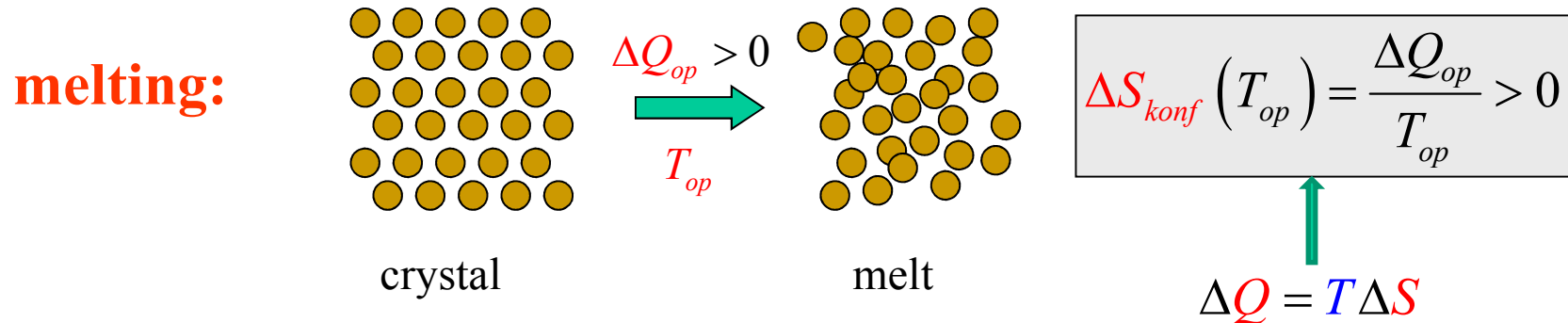
$$\Delta U = \Delta Q + \Delta W_{\text{mech}} + \Delta W_{\text{kém}} + \dots + \Delta W_i$$

## *2nd law of thermodynamics*

The entropy of an isolated system always increases during any spontaneous process. *The entropy does not conserve.*

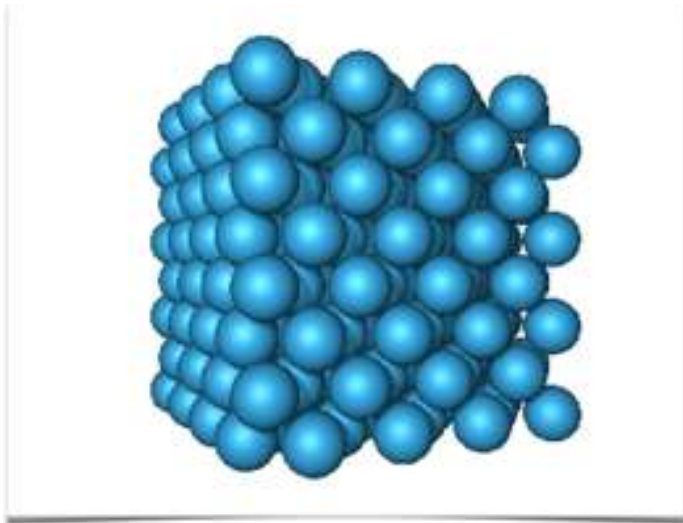
## *3rd law of thermodynamics*

The entropy of a perfect crystal is zero when the absolute temperature is zero.

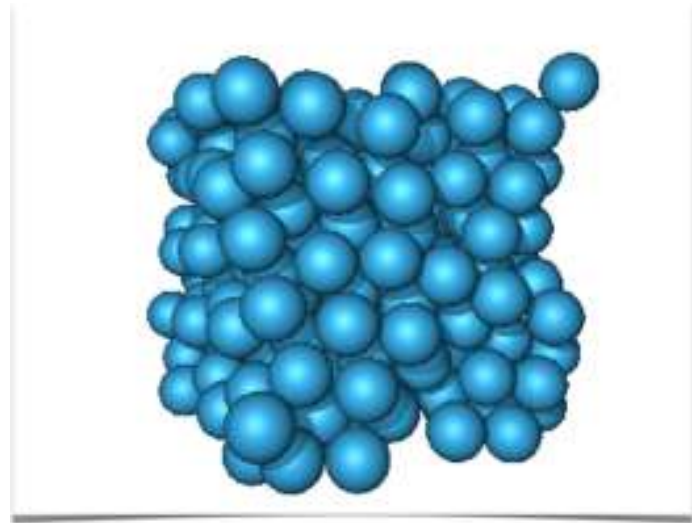


***Entropy is a measure of molecular disorder!***

# Entropy is the measure of disorder



Ordered crystal:  
Low entropy

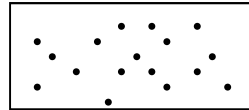


Disordered liquid:  
High entropy

$$S = S_{term} + S_{konf}$$

Adiabatic expansion of a gas:

$$S_{total} = \text{const.}$$



$$\Delta S_{total} = 0$$

Disorder increases:  $\Delta S_{konfig} > 0$

$$\Delta S = \Delta S_{konfig} + \Delta S_{term} = 0$$



$$\Delta S_{konfig} = -\Delta S_{term}$$

$$\Delta S_{term} < 0$$



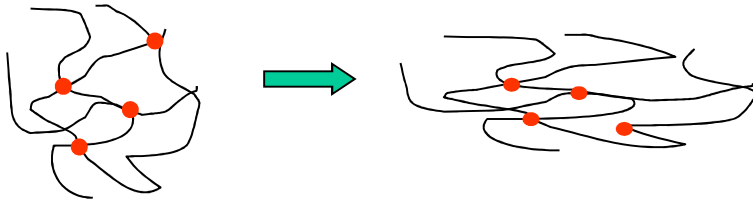
$$\Delta S_{term} = \frac{C_V}{T} \Delta T < 0$$



$$\Delta T < 0$$

T decreases

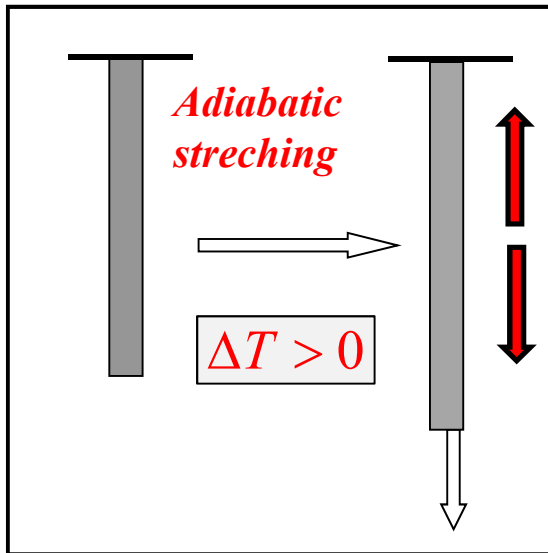
# Adiabatic stretching of a rubber band



$$S_{total} = const.$$

Order increases:  $\Delta S_{konfig} < 0$

$$\Delta S = \Delta S_{konfig} + \Delta S_{term} = 0 \Rightarrow \Delta S_{konfig} = -\Delta S_{term} \Rightarrow \Delta S_{term} > 0$$

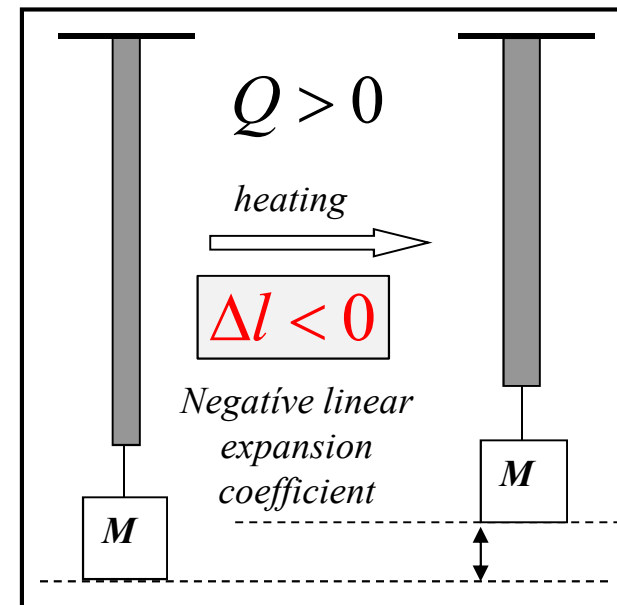
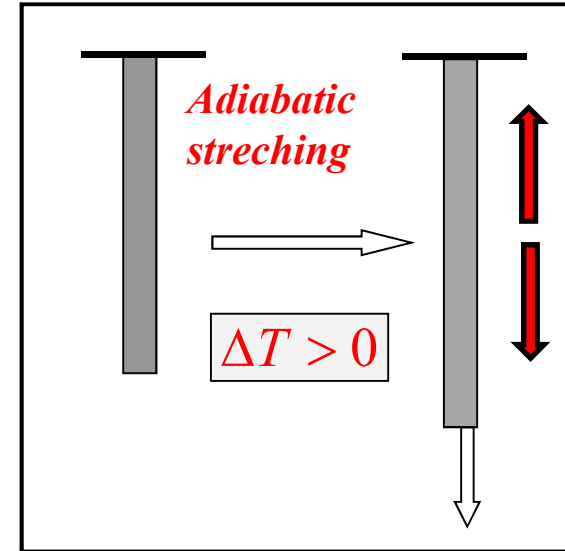
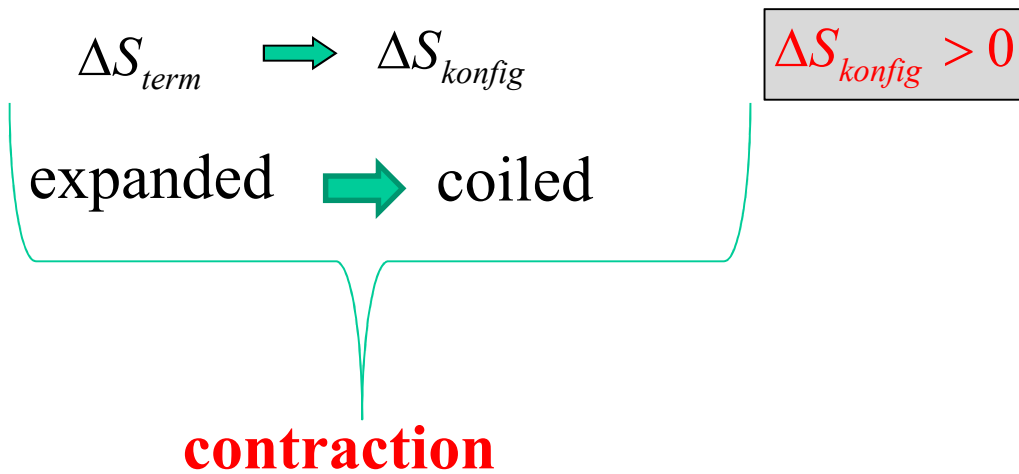
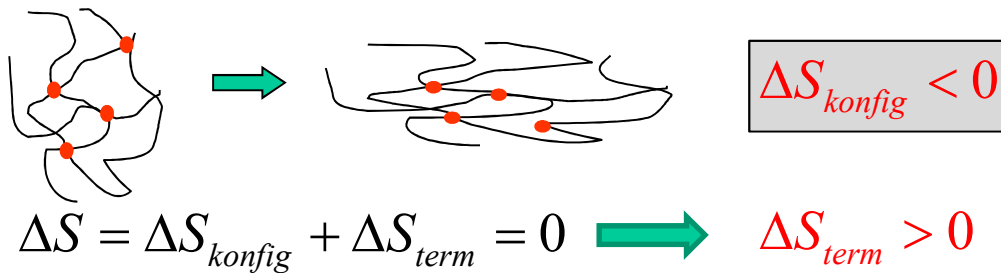


$$\Delta S_{term} = \frac{C_V}{T} \Delta T > 0$$

$$\Delta T > 0$$

T increases

# Entropy elasticity of macromolecules





Is entropy the measure of disorder?



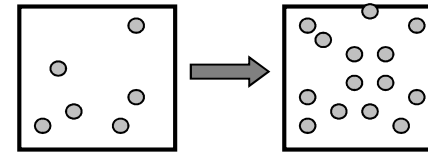
**YES!**

**Boltzmann law:**

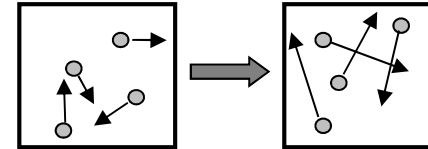
$$S = k_B \ln \Omega$$

$$k_B = 1.38 \cdot 10^{-23} \text{ J/K} \longrightarrow k_B = \frac{R}{N_{Av}}$$

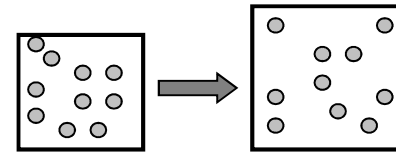
Thermodynamic probability:  $\Omega \gg 1$



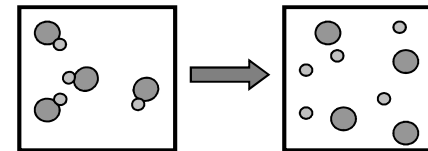
*increase of particle number*



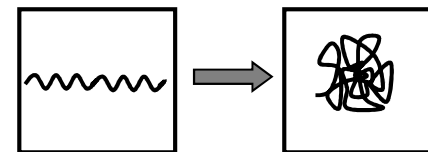
*Increase in temperature*



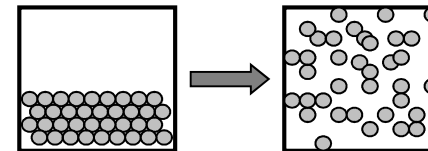
*Volume increase*



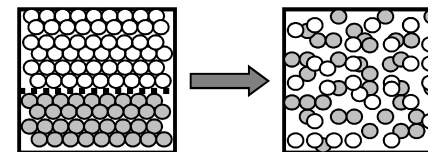
*dissociation*



*Coiling*



*melting, evaporation*



*mixing*

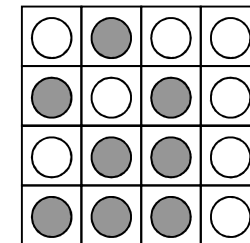
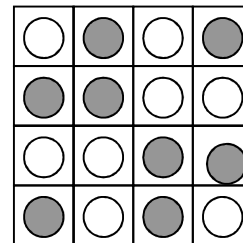
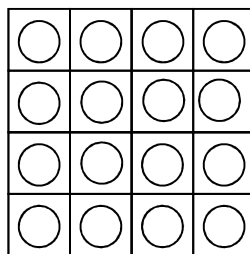
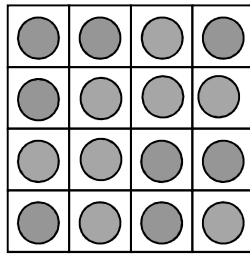


$\Omega$  thermodynamic probability gives the number of microstates for a given macrostate.

1. example: **macrostate**: concentration  
**microstate**: number of possible molecular arrangements

$$\Omega = \frac{16!}{8!8!} = 12870$$

$$x_A = 8/16$$



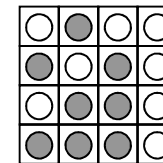
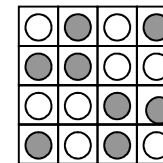
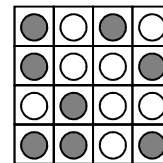
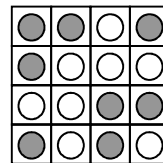
$$S = k_B \ln \Omega$$

$$\begin{aligned}\Omega_A &= 1 \\ S_A &= 0\end{aligned}$$

$$\begin{aligned}\Omega_B &= 1 \\ S_B &= 0\end{aligned}$$

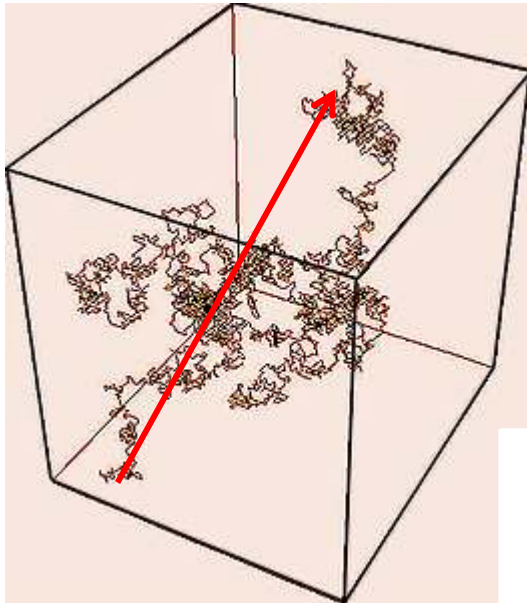
$$\begin{aligned}\Omega_{A,B} &= 12870 \\ S_{A,B} &= k_B T \ln(12870)\end{aligned}$$

$$\Omega_{A,B} = \frac{(N_A + N_B)!}{N_A! N_B!} = \frac{16!}{8!8!} = 12870$$



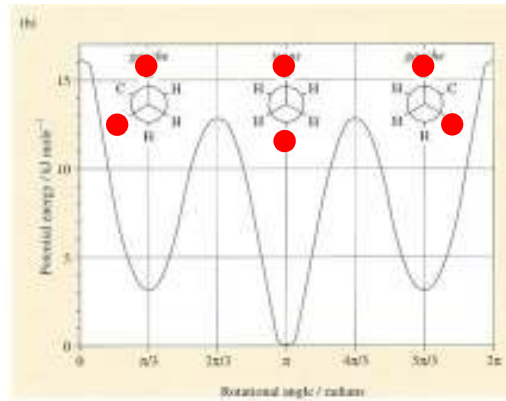
Four different microstates from the overall 12870 states.

2. example: **macrostate:** end-to-end distance  
**microstate:** number of different conformations



*coil,  $g$*

$$S = k_B \ln \Omega$$

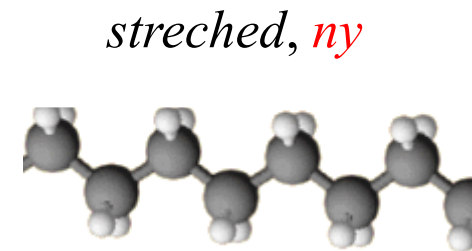


$$N_{C-C} = 10^4$$

$$\Omega_g = 3^{10000}$$

$$S_g = k_B T \ln(3^{10000})$$

$$S_g = 10^4 k_B T \ln 3$$



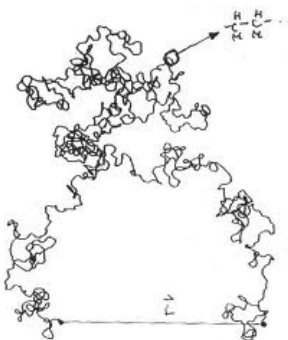
$$N_{C-C} = 10^4$$

$$\Omega_{ny} = 1$$

$$S_{ny} = k_B T \ln 1$$

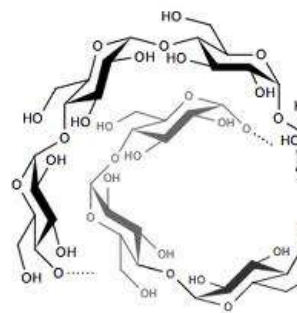
$$S_{ny} = 0$$

*constitution - configuration - conformation*



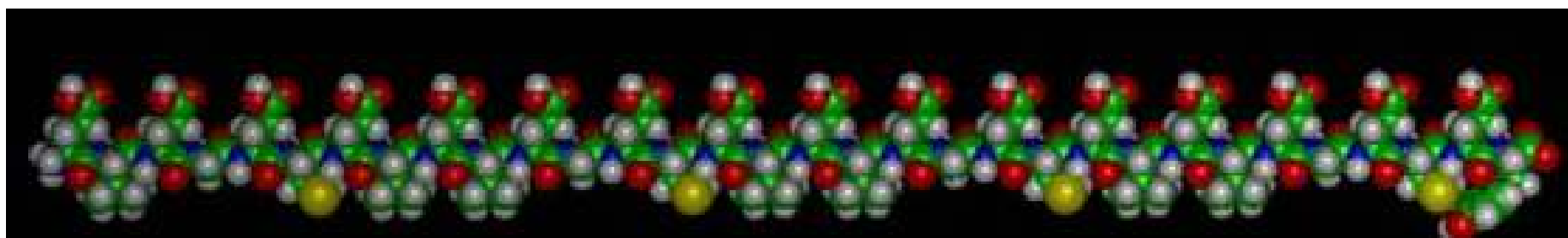
Statistical coil

**High entropy**



Ordered structures

**Much lower entropy**



$$\Omega=1$$



$$S_{konf} = 0$$

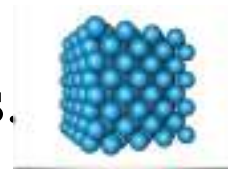
## Third law of thermodynamics

The entropy of a perfect crystal is zero when the absolute temperature is zero.

➡ Nernst's law from the **experiments**

➡ From the **theory** (Boltzmann law)

At 0 K thermal motions halt, there are no thermal crystal faults.

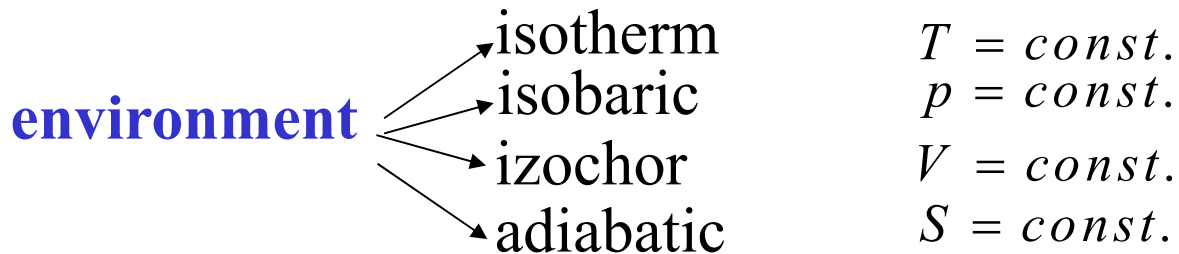


Because of mono-component system, only one type of molecular arrangement is possible, therefore  $\Omega = 1$



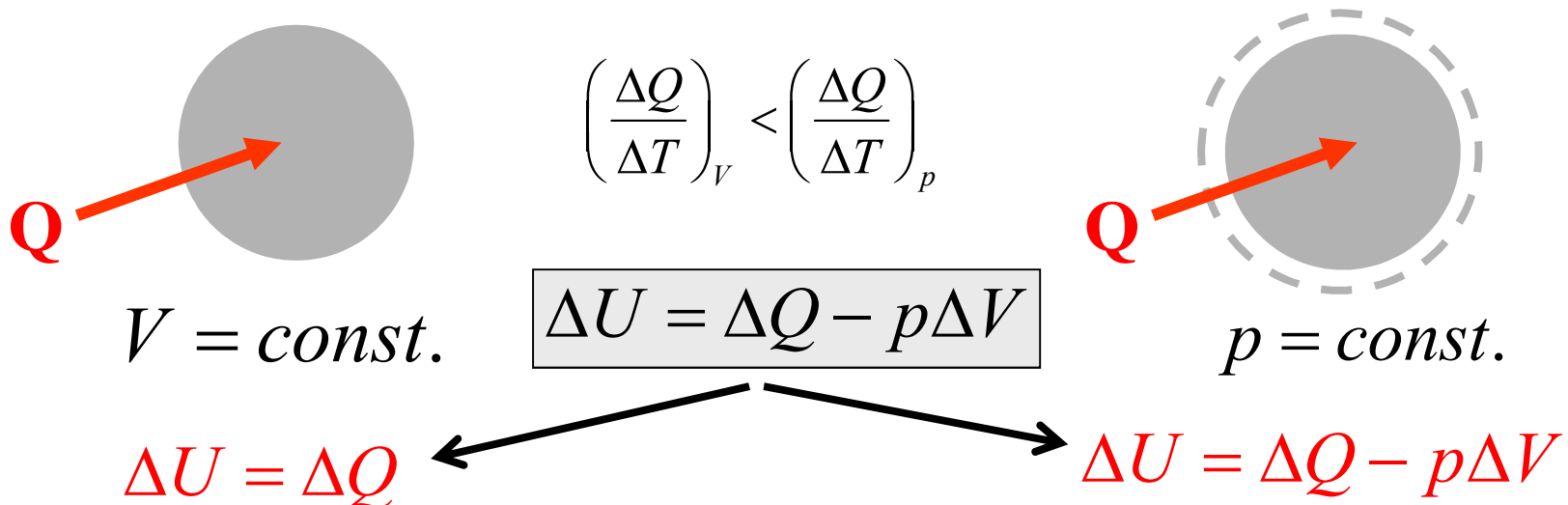
$$S = k_B \ln 1 = 0$$

## *Environmental effects*



**Certain part of internal energy is devoted to maintaining the constancy of environment.**

Usable energy  $\neq$  Internal energy



**A belső energia adott körülmények között hasznosítható része:**

Isobar : **H enthalpy**

Isotherm : **F free energy**

Isotherm-isobar: **G free entalpy** (Gibbs free energy)

**ENTALPY**

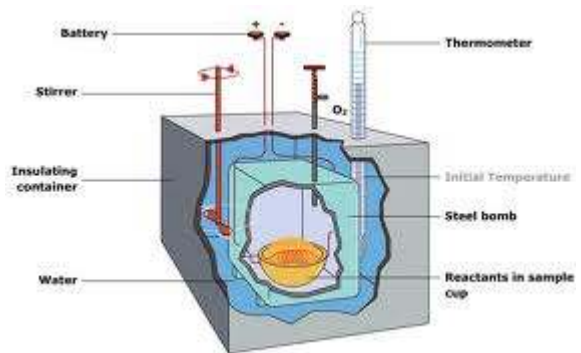
Only thermal and mechanical interactions are considered.

$$\Delta U = T\Delta S - p\Delta V \text{ if } p=\text{const.} \quad \longrightarrow \quad \Delta U = T\Delta S - \Delta(pV)$$

$$\Delta U + \Delta(pV) = \Delta(U + pV) = T\Delta S$$

$$\Delta H = \Delta(U + pV) = T\Delta S \quad \longrightarrow \quad \text{heat}$$

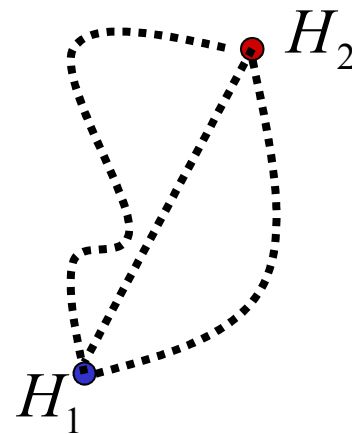
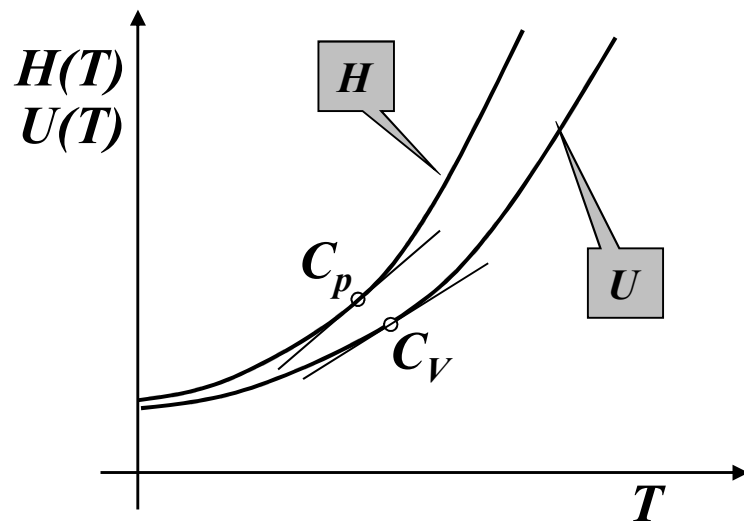
$$H = U + pV$$



$$H = U + pV$$

Enthalpy is **extenzív** quantity.

*state function.*



$$\Delta H = H_2 - H_1$$

**Hess law!**

## *Free energy*

Only thermal and mechanical interactions are considered.

$$\Delta U = T\Delta S - p\Delta V \quad T=\text{const.}, \quad \longrightarrow \quad \Delta U = \Delta(TS) - p\Delta V$$

$$\Delta F = \Delta U - \Delta(TS) = -p\Delta V = \Delta W_{\text{mech}}$$

$$\Delta F = \Delta(U - TS) = -p\Delta V = \Delta W_{\text{mech}}$$

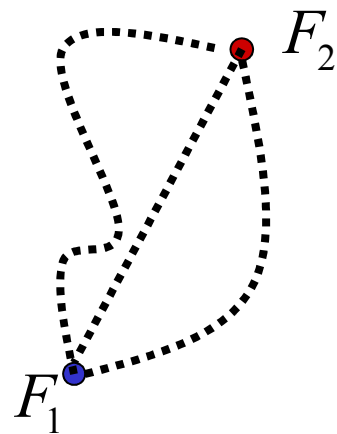
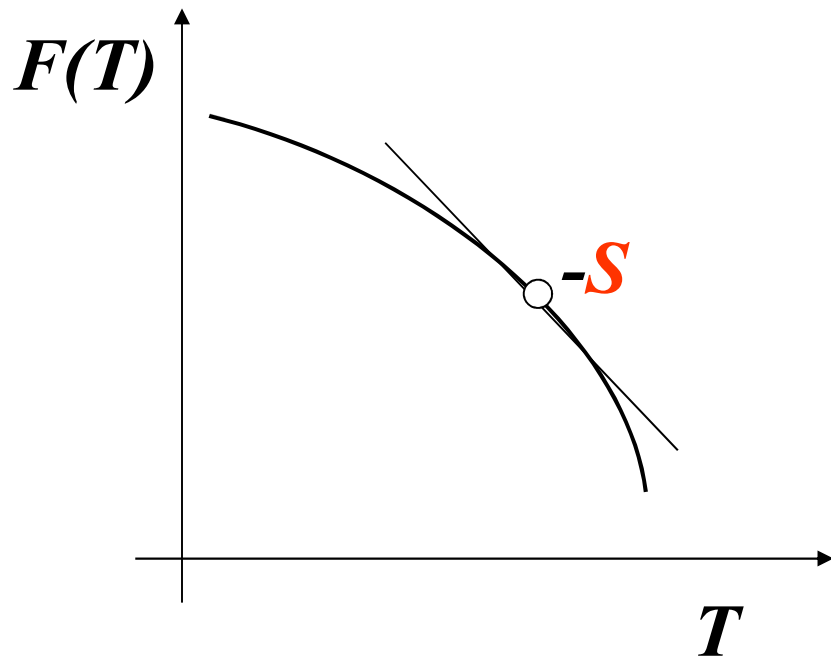
Mechanical work

$$F = U - TS$$



$$F = U - TS$$

The free energy is **extenzív** quantity.  
**state function.**



$$\Delta F = F_2 - F_1$$

## Free enthalpy

Thermal, mechanical and chemical interactions are considered.

$$\Delta U = T\Delta S - p\Delta V + \sum_{i=1}^K \mu_i \Delta n_i$$

$$\Delta U = -p\Delta V + T\Delta S + \sum_{i=1}^K \mu_i \Delta n_i + \dots +$$

ha  $T$  és  $p$ =állandó, akkor  $\Delta U = \Delta(TS) - \Delta(pV) + \sum_{i=1}^K \mu_i \Delta n_i$

$$\Delta G = \Delta U + \Delta(PV) - \Delta(TS) = \sum_{i=1}^K \mu_i \Delta n_i$$

$$\Delta G = \Delta(U + PV - TS) = \sum_{i=1}^K \mu_i \Delta n_i$$

$$\Delta G = \Delta(H - TS) = \sum_{i=1}^K \mu_i \Delta n_i$$

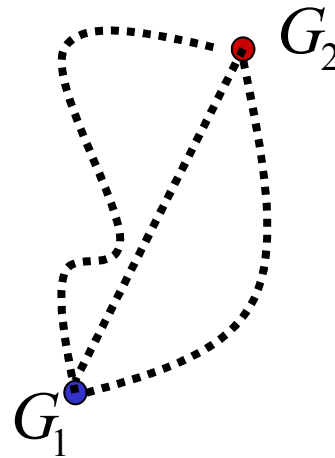
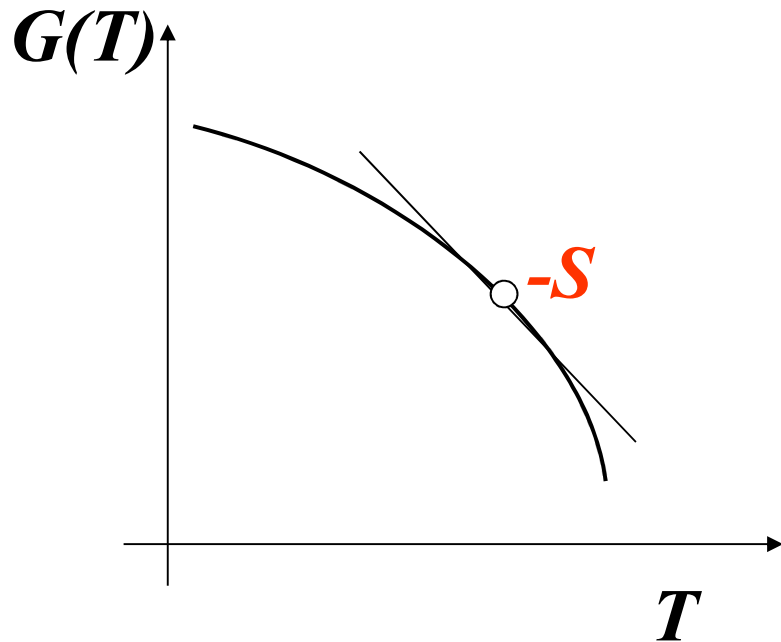
Chemical  
work

$$G = H - TS$$

$$G = H - TS$$

Gibbs free energy is **extenzív** quantity.

**State function.**



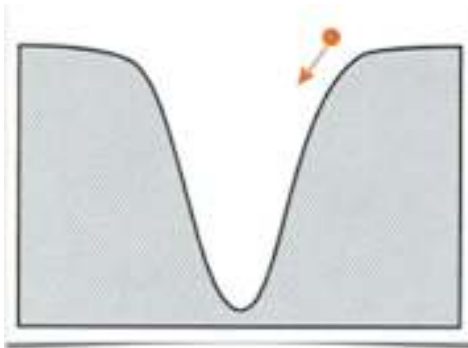
$$\Delta G = G_2 - G_1$$

$p$

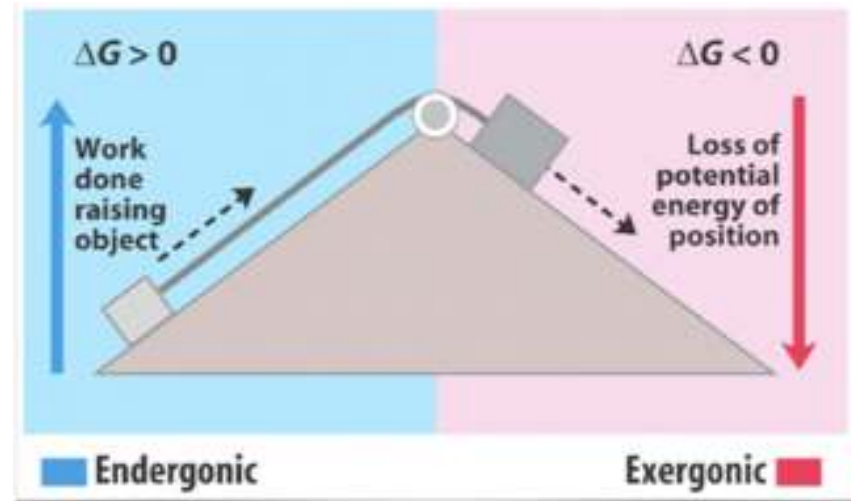
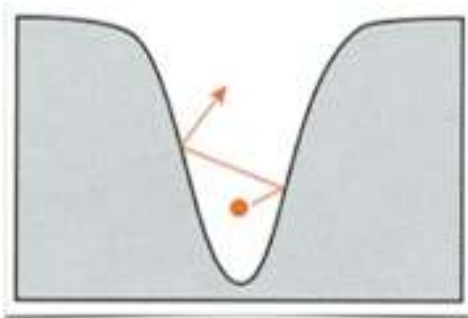
# Significance of entropy and gibbs Free energy

- Spontaneous processes are those, during which Gibbs free energy decreases ( $\Delta G < 0$ ) and the entropy of the universe increases ( $S_{\text{tot}} > 0$ ).

Decrease in free energy: stabilizes



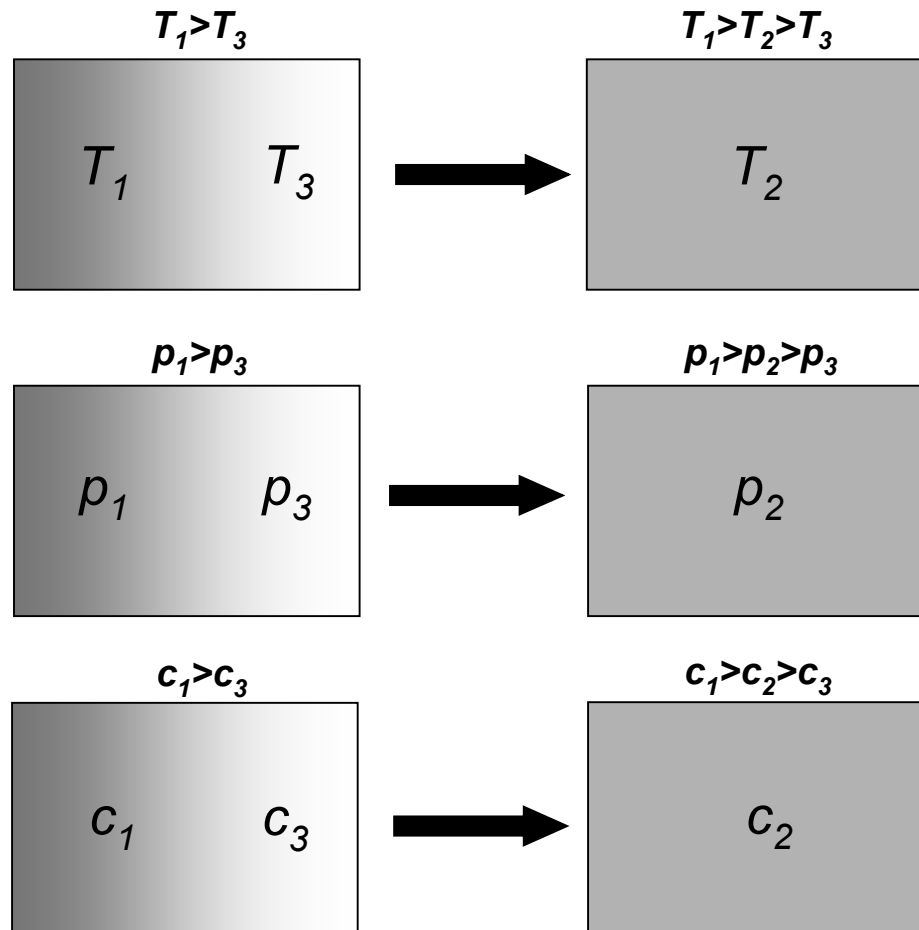
Increase in entropy: randomizes



- Useful work is done by exergonic processes.
- Endergonic processes can be driven by coupling to exergonic processes.
- Entropy can be decreased locally.
- Life consumes entropy (its entropy is decreased at the expense of increasing total entropy).

$\Delta U$  does not indicate the direction of spontaneous changes!

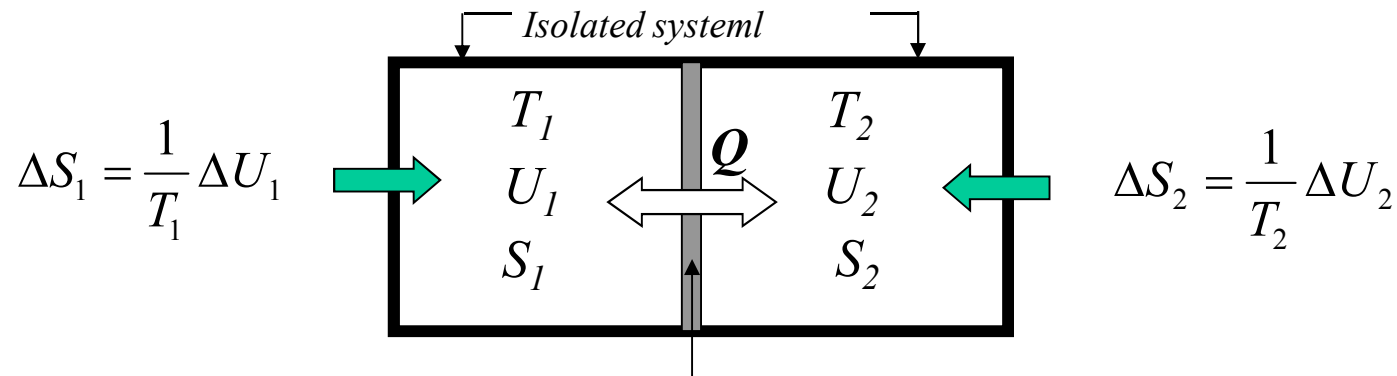
In isolated system:  $\Delta U = 0$



# The entropy is not conserve!

Isolated system

Energy is conserv!



$U = U_1 + U_2 = \text{const.}$      $\Delta U = 0$      $\Delta U_1 = -\Delta U_2$

$S = S_1 + S_2 = ?$

 $\Delta S = \Delta S_1 + \Delta S_2 = ?$ 
 $\Delta S = \frac{1}{T_1} \Delta U_1 + \frac{1}{T_2} \Delta U_2 = \frac{T_2 - T_1}{T_2 T_1} \cdot \Delta U_1 \neq 0$

ha  $T_2 > T_1$  akkor  $\frac{T_2 - T_1}{T_2 T_1} > 0$  és  $\Delta U_1 > 0$   $\Rightarrow$   $\Delta S > 0$

ha  $T_2 < T_1$  akkor  $\frac{T_2 - T_1}{T_2 T_1} < 0$  és  $\Delta U_1 < 0$   $\Rightarrow$   $\Delta S > 0$

ha  $T_2 = T_1$  akkor  $\frac{T_2 - T_1}{T_2 T_1} = 0$  és  $\Delta U_1 = 0$   $\Rightarrow$   $\Delta S = 0$

## Direction and driving force of changes

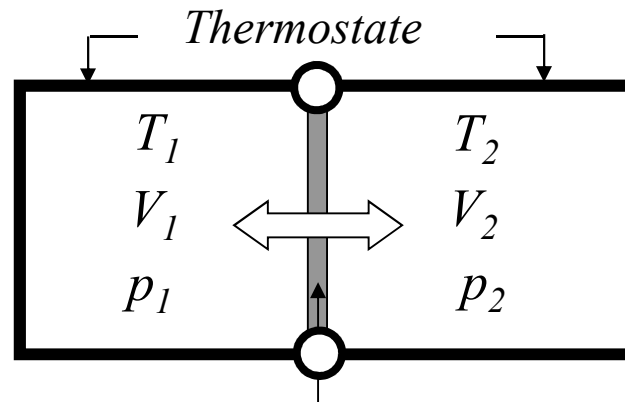
Isotherm system

$$F = F_1 + F_2 = ?$$

$$\Delta F = \Delta F_1 + \Delta F_2 = ?$$

$$\Delta F_1 = -p_1 \Delta V_1 \quad \rightarrow$$

$$V = V_1 + V_2 = \text{const.}$$



$$F = U - TS$$

$$\Delta F = -p \Delta V$$

$$\Delta F_2 = -p_2 \Delta V_2 \quad \leftarrow$$

$$\Delta V_1 = -\Delta V_2$$

$$dF = -p_1 \Delta V_1 - p_2 \Delta V_2$$

$$\Delta F = (p_1 - p_2) \Delta V_2$$

$$p_1 > p_2$$

$$(p_1 - p_2) > 0$$

$$\Delta V_2 < 0 \quad \rightarrow$$

$$\Delta F < 0$$

$$p_1 < p_2$$

$$(p_1 - p_2) < 0$$

$$\Delta V_2 > 0 \quad \rightarrow$$

$$\Delta F < 0$$

$$p_1 = p_2$$

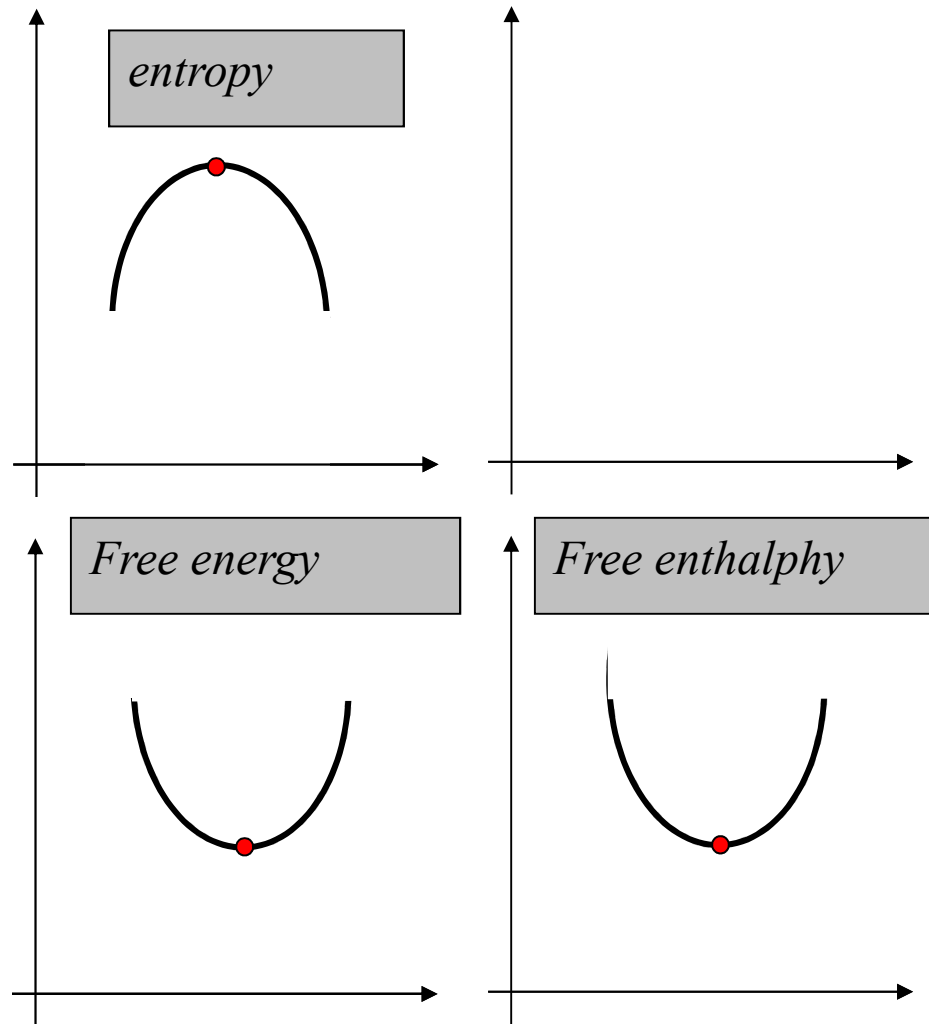
$$(p_1 - p_2) = 0$$

$$\Delta V_2 = 0 \quad \rightarrow$$

$$\Delta F = 0$$

**Direction of change:**  $\Delta F < 0$

## *Condition of thermodynamic equilibrium*





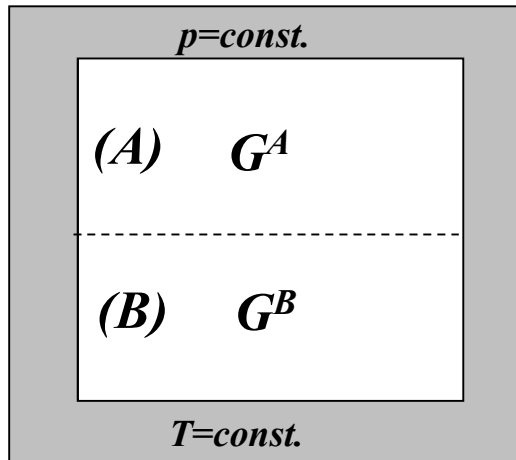
## *Condition of thermodynamic equilibrium*

<i>TD function</i>	<i>environment</i>	<i>„isolation“</i>	<i>extremum</i>	<i>driving force</i>
$S(U, V, n)$	isolated	$U, V, n$	maximum	$S > 0$
$U(S, V, n)$	-	$S, V, n$	minimum	$U < 0$
$H(S, p, n)$	mechanical	$S, -, n$	minimum	$H < 0$
$A(T, V, n)$	thermal	$-, V, n$	minimum	$F < 0$
$G(T, p, n)$	Mechanical and thermal	$-, -, n$	minimum	$G < 0$

**The uniform distribution of intensive variable is the necessary requirements of thermodynamic equilibrium.**

## Equilibrium between phases (A és B)

One component, two phases

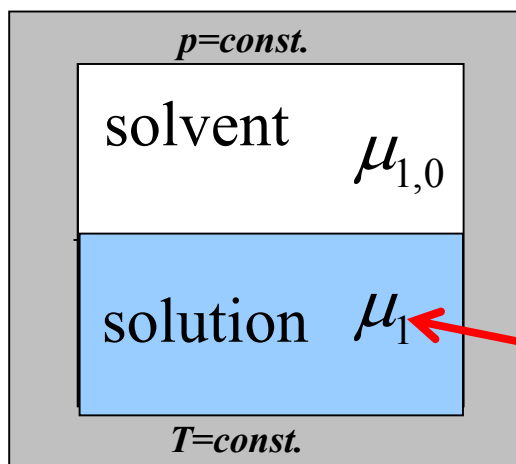


$$G = G^A + G^B$$

Equality of the the molar free enthalpy  
(Gibbs free energy)!

$$G_m^A \equiv G_m^B$$

Two components, two phases



Equality of the chemical potentials

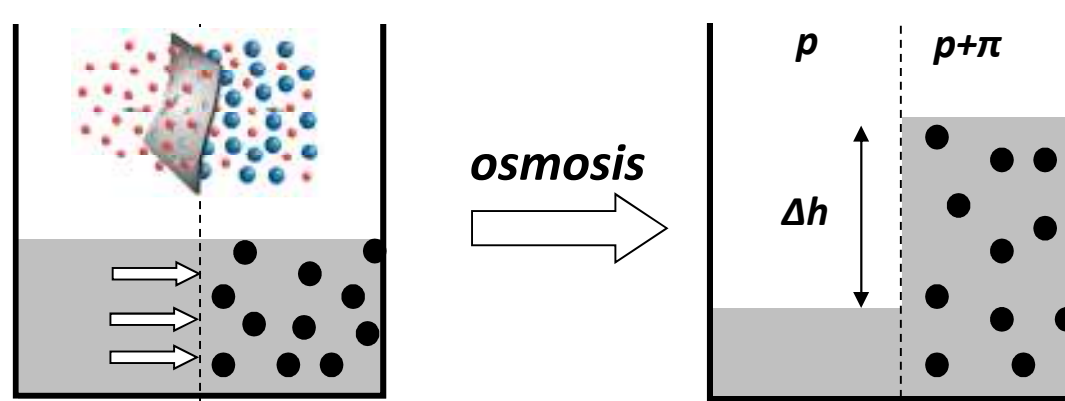
$$\mu_1^L = G_m^S$$

↓

$$\mu_1 = \mu_{1,0}(p) + RT \ln x_1$$

# Osmosis

Movement of water across **semi-permeable** membrane from a region of high to a region of low impermeant solute concentration.



van't Hoff  
equation

$$\pi_{id} = RTc_m$$

Molar concentration of  
solute

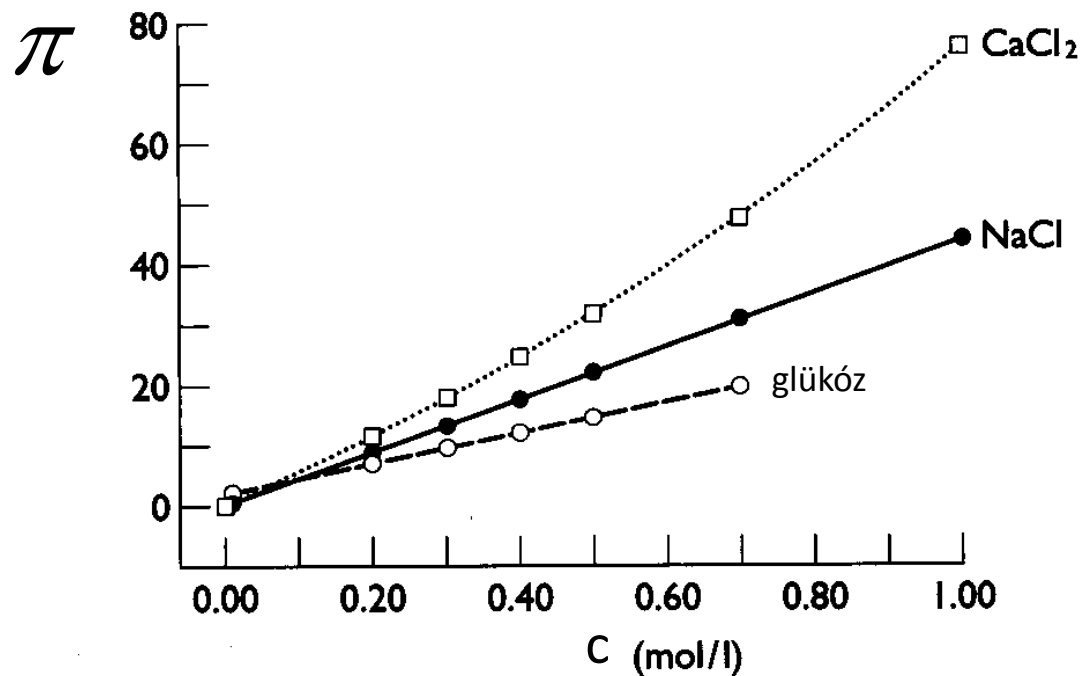
$$\pi_{id} = \frac{RT}{M_2} c_2$$

## Osmosis: colligative property

$$\pi = \frac{RT}{M_2} c_2 \cdot i$$

$$n = n_0 \alpha \nu + n_0 (1 - \alpha) = n_0 [1 + \alpha(\nu - 1)]$$

$$i = [1 + \alpha(\nu - 1)]$$

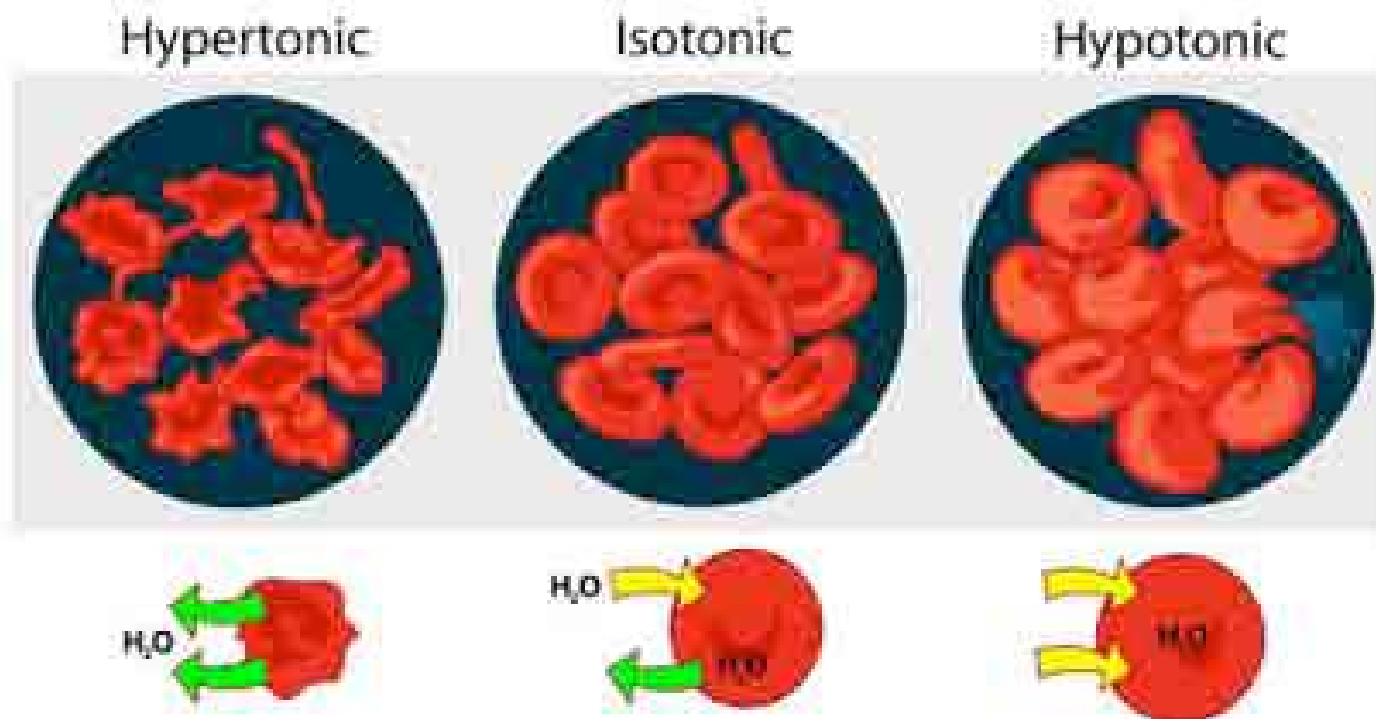


If the osmotic pressure is equal in two different solution : **isotonic solutions**

Solutions are isotonic with respect to mammalian cytoplasm



3,8 m%-os Na-citrát oldat,  
5,5 m%-os glükóz oldat,  
0,87 m%-os NaCl oldat.



# DRIVING FORCE OF CHEMICAL REACTIONS

$$\Delta_r G = G_{\text{prod.}} - G_{\text{react.}}$$

$$\Delta_r G = \Delta_r H - T \Delta_r S$$

Heat of reaction

endotherm

exotherm

Entropy of reaction

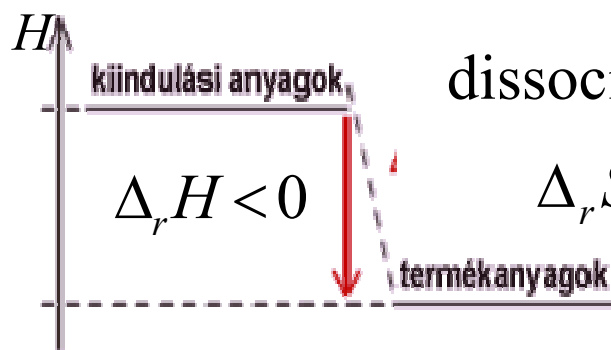
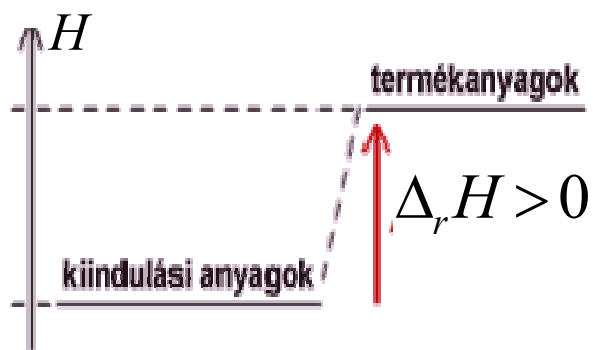
Change in molecular  
order

dissociation

ring formation

$$\Delta_r S > 0$$

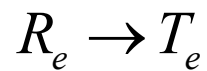
$$\Delta_r S < 0$$



## Reaction and chemical equilibrium

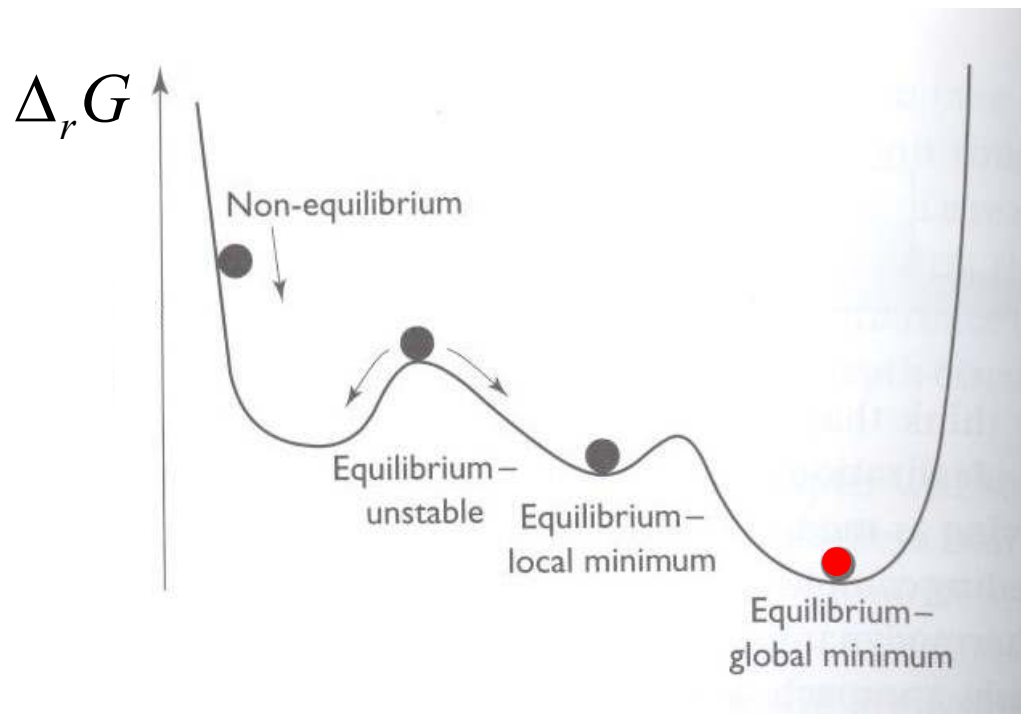
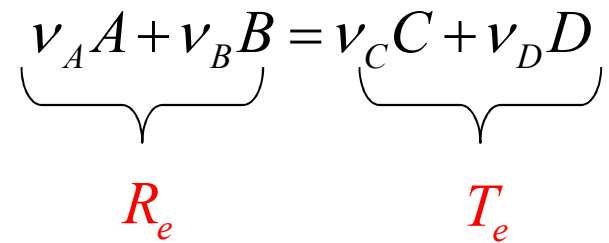
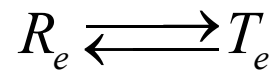
**Reaction**

$$\Delta_r G < 0$$



**equilibrium**

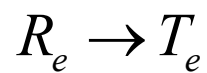
$$\Delta_r G = 0$$



# Reaction and chemical equilibrium

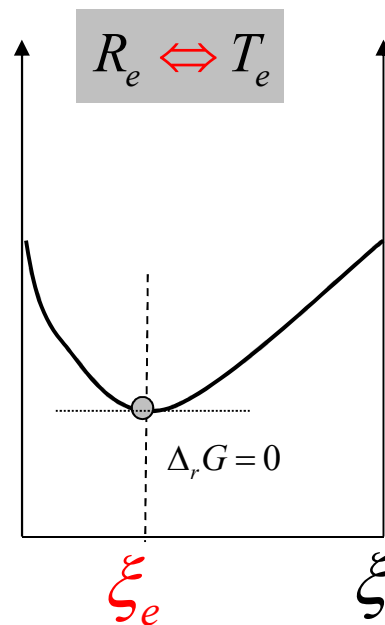
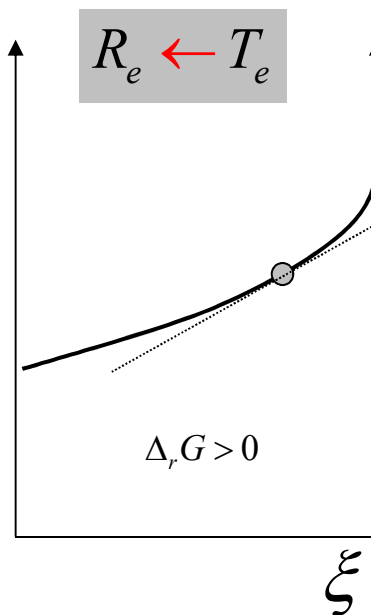
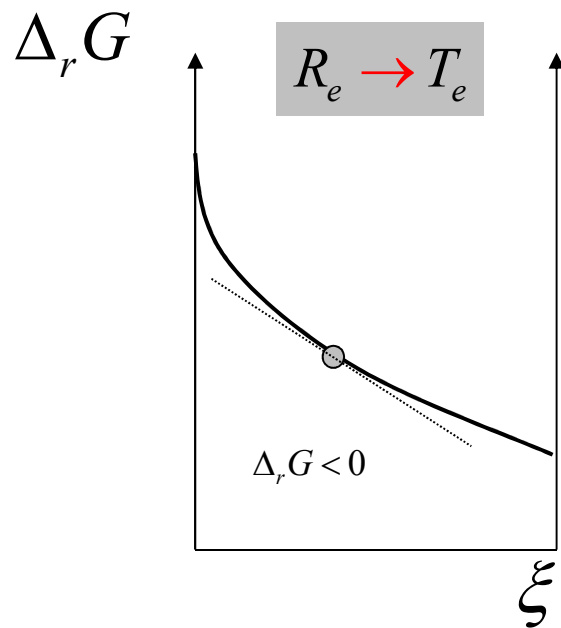
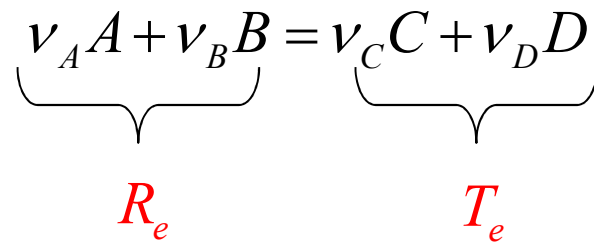
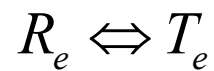
*reaction*

$$\Delta_r G < 0$$



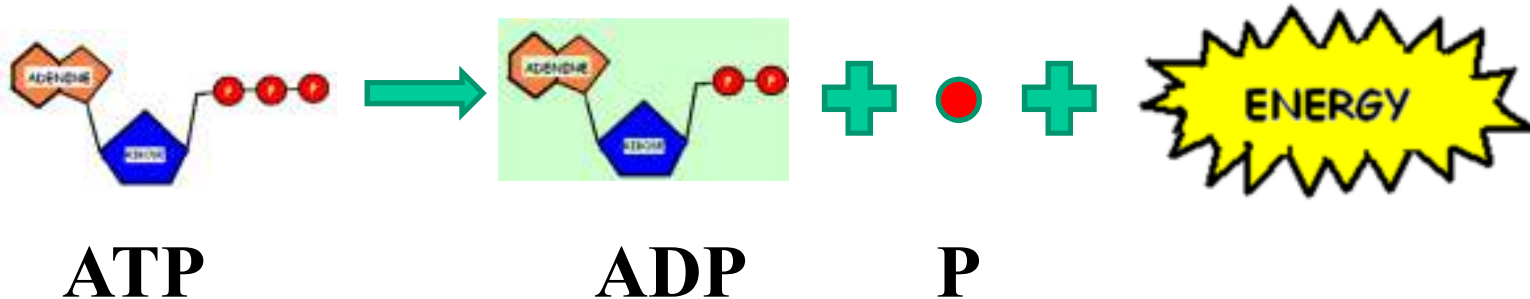
*equilibrium*

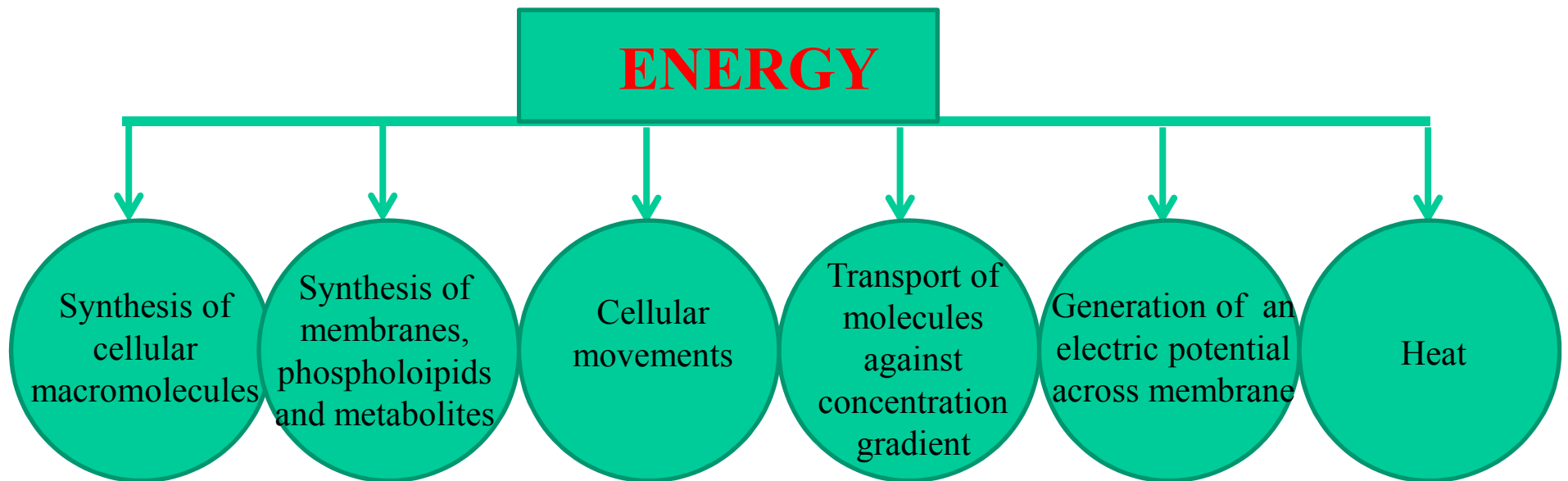
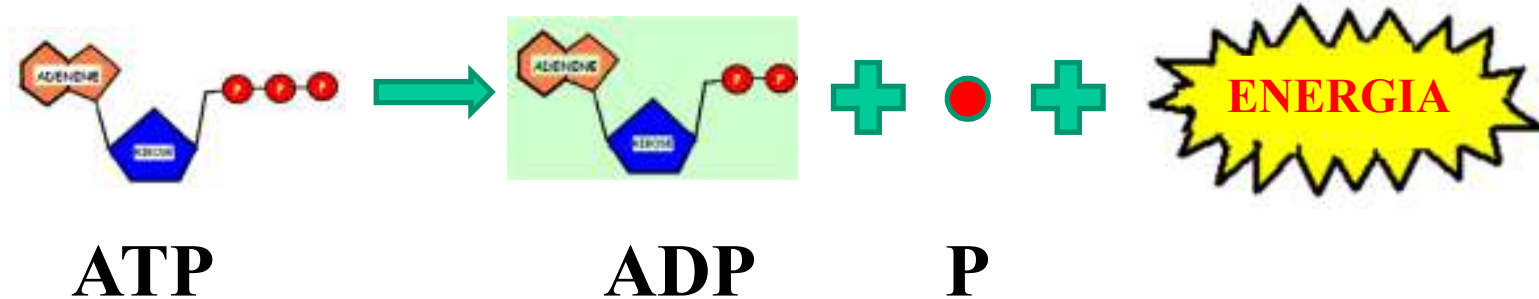
$$\Delta_r G = 0$$



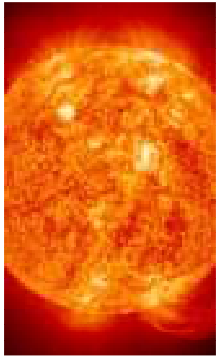


## Coupled reactions





# Energy transformation



$5 \cdot 10^{18} \text{ MJ} / \text{év}$

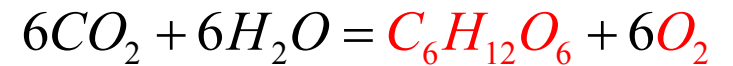
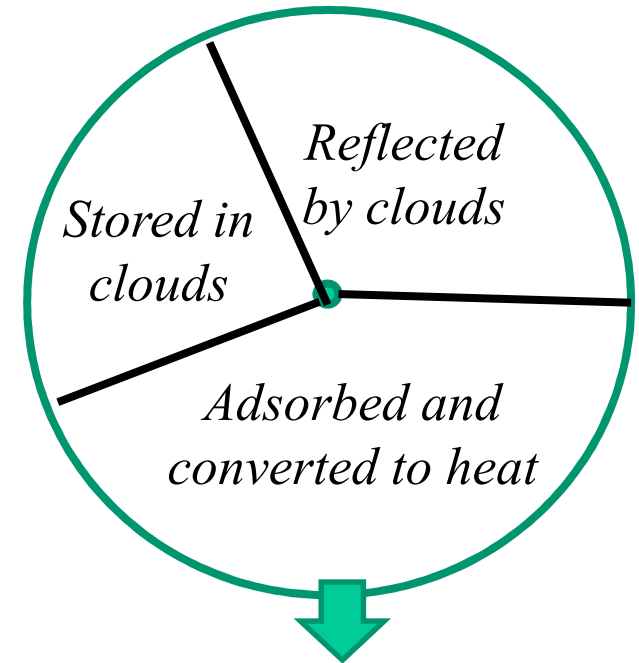


$1,7 \cdot 10^{17} \text{ J} / \text{s}$



**earth**

photosynthesis  
**0,025%**



*Biological macromolecules*



*starch*

*glycogen*

*cellulose*



# *First law of bio-thermodynamics*



Change in  
internal energy

$$\Delta U = \Delta Q + \Delta W_{mech} + \Delta W_{kém}$$

Heat of metabolism

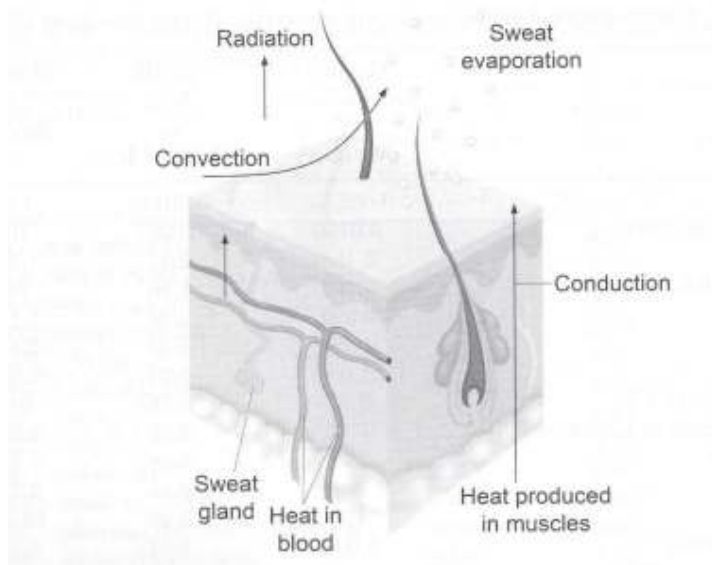
Heat lost

bio-synthesis

Mechanical work

external

internal



$$\Delta W_{mech} < 0$$

# Measuring of metabolic heat

```
graph TD; A[Measuring of metabolic heat] --> B[Direct calorimetry]; A --> C[Indirect calorimetry]; B --> D["ΔQ = Q_metabolism + Q_lost"]; C --> E["Oxygen consumption or release of CO2"]; C --> F["Both can be related to heat production"]; G[Bond energies] --> H[heat]; G --> I[movement]; G --> J["(end)products"];
```

Direct calorimetry

$$\Delta Q = Q_{metabolism} + Q_{lost}$$

Indirect calorimetry

Oxygen consumption or  
release of CO<sub>2</sub>

Both can be related to heat  
production

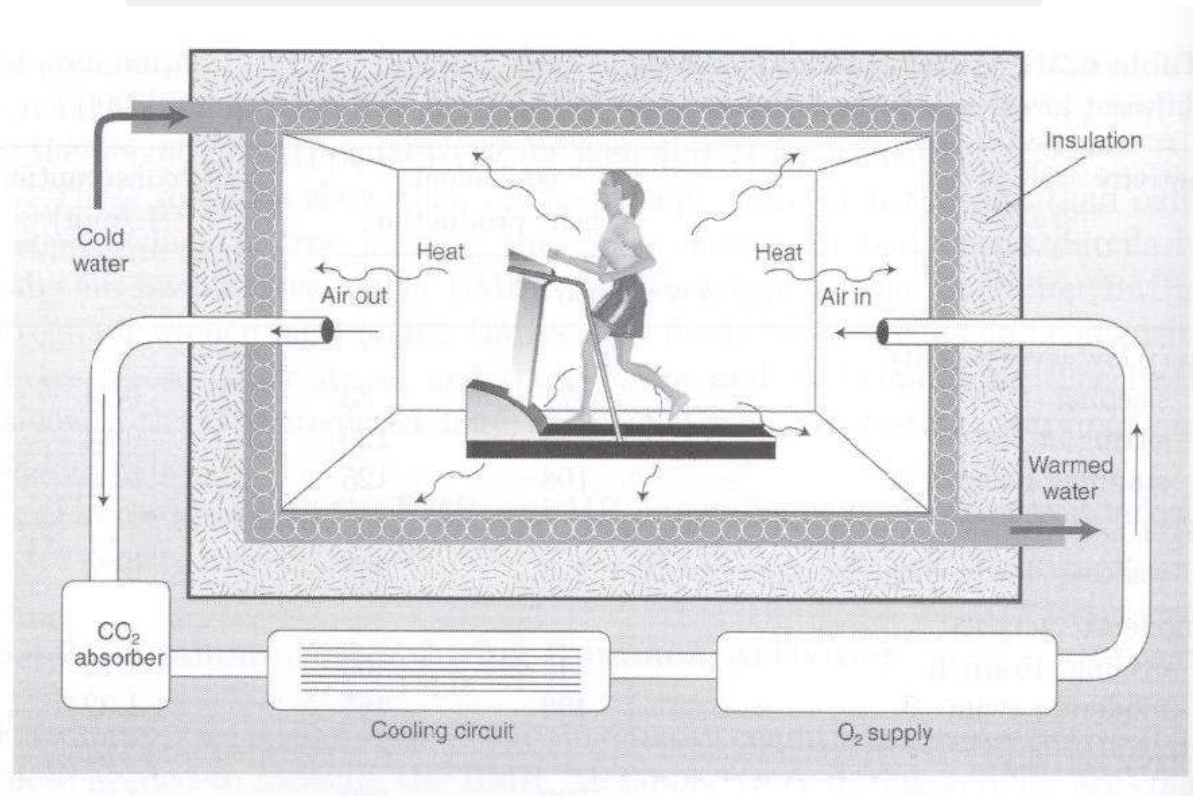
Bond energies

heat

movement

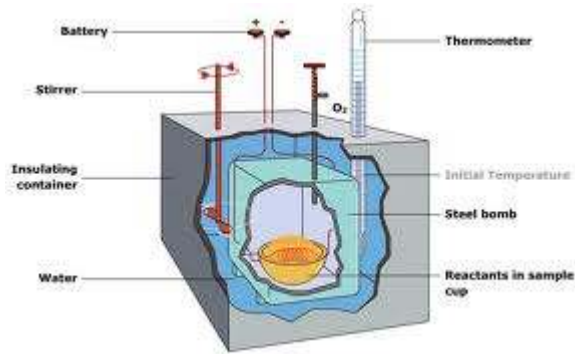
(end)products

## Direct calorimetry

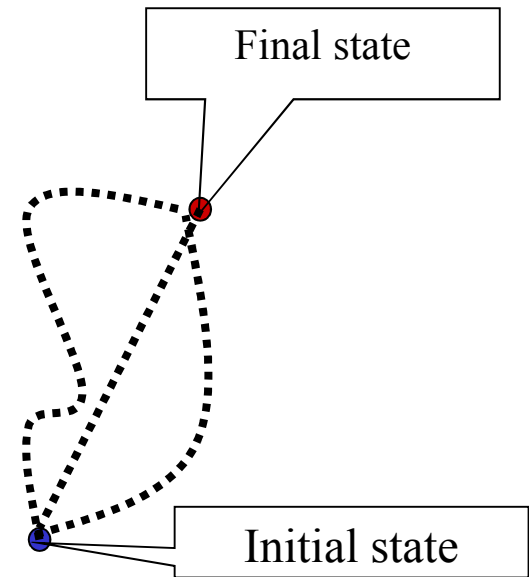
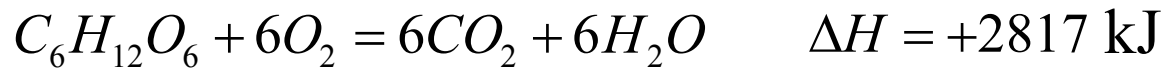


Metabolic rate is determined by the measured temperature change in the air and the water flowing through the chamber

# Indirect calorimetry



Hess law:



$$\eta = 61-65 \%$$

Oxidation of 1 mol glucose requires 6 mol=134,46 L oxygen and release  $\Delta H = +2817 \text{ kJ}$  heat.

Consumption of 1 L oxygen corresponds to 21 kJ energy.

Basal metabolic rate: **BMR**

$$BMR = \left. \frac{\Delta Q}{\Delta t} \right|_{rest}$$



$$BMR \propto m_b^{3/4}$$

Kleiber law

**BMR decreases with age!**

$m_b = 70$  kg    7029 kJ/day    293 kJ/hour    81 W man  
60 W women

**Energy and oxygen consumption:(MR)**

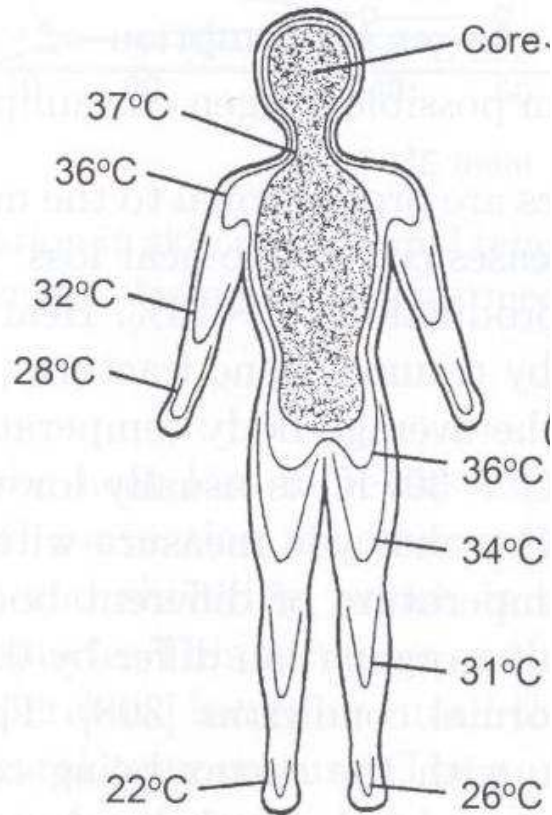
sleeping	83 W	$O_2$ :	0,24 L/min
walking	265 W	$O_2$ :	0,76 L/min
cycling	400 W	$O_2$ :	1,13 L/min



## Temperature distribution in body



Far from thermodynamic  
equilibrium!



(a) Cold room  
(~5°C)

## Formation of metabolic heat at rest

<i>brain</i>	25%
<i>heart</i>	15%
<i>skeletal muscle</i>	25%
<i>abdominal viscera</i>	25%
<i>kidney</i>	6%
<i>skin</i>	4%

## Thermal characterisation of an average body:

Specific heat: 3,47 kJ/kgK

heat capacity (70 kg) :

243 kJ°C<sup>o</sup>

$$\Delta Q = C \cdot m_b \cdot \Delta T \quad \frac{\Delta Q}{\Delta t} = C \cdot m_b \cdot \frac{\Delta T}{\Delta t} \quad \frac{\Delta T}{\Delta t} = \frac{1}{C \cdot m_b} \cdot \frac{\Delta Q}{\Delta t} = \frac{1}{C \cdot m_b} \cdot BMR$$

$$\frac{\Delta T}{\Delta t} = \frac{BMR}{C \cdot m_b}$$



$$\frac{\Delta T}{\Delta t} = 1.2 \text{ } ^\circ\text{C/h} \quad \textbf{Without heat lost!}$$

$$Q_{lost} = Q_{radiation} + Q_{convective} + Q_{conductive} + Q_{evaporation} + Q_{breathing}$$

54-60 %

25 %

7 %

14 %

In case of training



$$\frac{\Delta Q}{\Delta t} = f \cdot B M R$$

$$\frac{\Delta T}{\Delta t} = f \cdot \frac{B M R}{C \cdot m_b} \approx 1, 2 f C^o / h$$

$$0 < f < 20$$

*activity*

activity	$f$
sleeping	1
sitting	1.5
standing	1.7
walking	4.7

**Fizikai aktivitás esetén**



$$\frac{\Delta Q}{\Delta t} = f \cdot B M R$$

$$\frac{\Delta T}{\Delta t} = f \cdot \frac{B M R}{C \cdot m_b} \approx 1,2 f C^{\circ} / h$$

$$0 < f < 20$$

*Fizikai aktivitás*

aktivitás	$f$
alvás	1
ülés	1,5
állás	1,7
gyaloglás	4,7