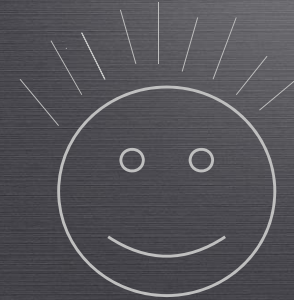


# Medical Biophysics

Introduction  
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2014 September 11

Faculty of General Medicine  
Department of Biophysics and Radiation Biology

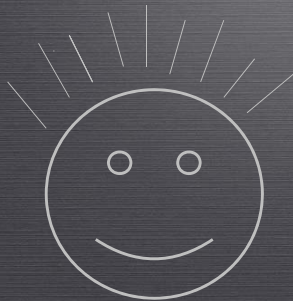
**Medical Biophysics**



?

Faculty of General Medicine  
Department of Biophysics and Radiation Biology

**Medical Biophysics**



?

**Keep smiling!**

## Medical biophysics --- ?

- *Biophysics – scientific research field*

# Medical biophysics --- ?

- **Biophysics – scientific field**  
- *physical methods (experimental and theoretical) applied to biological objects*

*Yearly Biophysics Congress in USA with ~7000 participants (2014 February, San Francisco), 4500 scientific works presented*

# Medical biophysics --- ?

- **Medical Biophysics: Biophysical knowledge used for medical purposes**

*Some examples...*

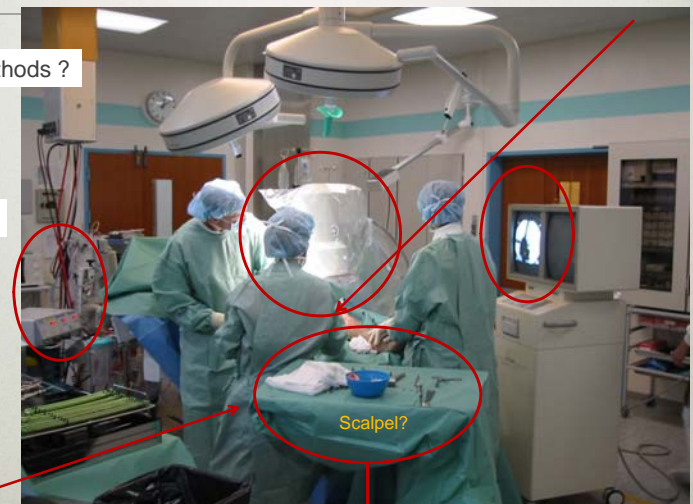
A glance at an operating room...



A glance at an operating room...

Physical methods ?

Everywhere!



Could be: - IR laser  
- electric knife



## A glance at an operating room...

X-ray image amplifier



## Problems in the circulation system .....

*Circulation: physical phenomenon  
Revealing the problem is by physical measurements and  
by understanding the physical laws*



Example: attenuation of X-rays



Image 1  
(without I contrast)



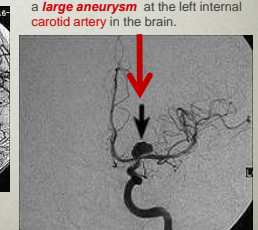
Image 2  
(with contrast)



DSA image:  
subtraction of Image1 from Image2

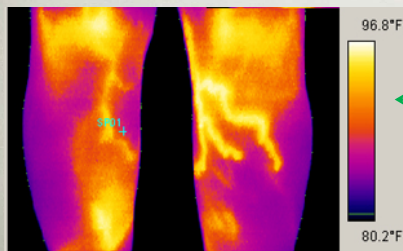
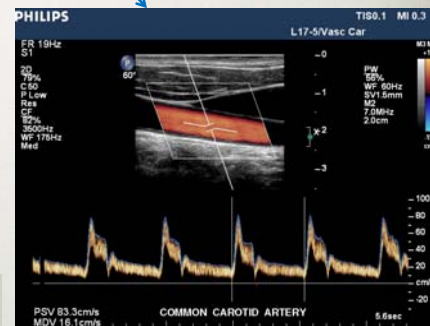


Normal  
frontal cerebral arteriogram



a **large aneurysm** at the left internal  
carotid artery in the brain.

## Approach to blood circulation by **ultrasound echo** techniques



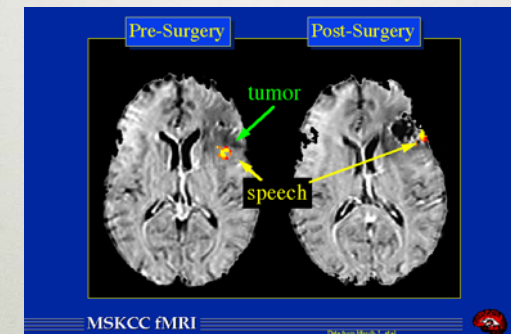
← **Thermography** approach for  
blood circulation:

IR radiation intensity scan over the skin

## Functional MRI BOLD : Blood Oxygen Level Dependent signal

Ogawa, 1990

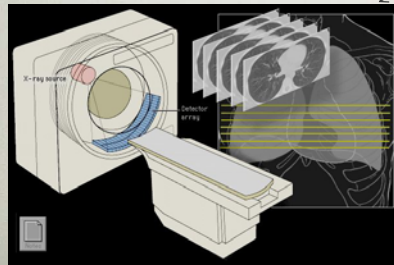
Stimulated centers in the brain yield  
increased T2 signal in proton magnetic resonance (MR)



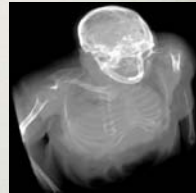
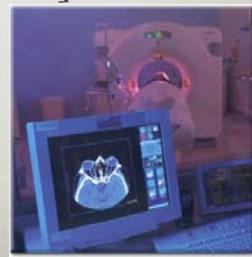
## Medical diagnostic imaging – great achievements of physical knowledge and technical development

CT – methods: sectional imaging → 3D reconstruction

X-ray CT  
SPECT  
PET  
Sonography  
MRI

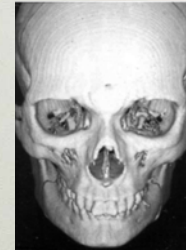


X-ray CT



## Medical diagnostic imaging – great achievements of physical knowledge and technical development

Images of human head based on various physical parameters



Without knowing what parameter is coded into brightness, one can not use the information!

## Medical diagnostic imaging – great achievements of physical knowledge and technical development

Images of human head based on various physical parameters



X-ray absorption capability  
CT

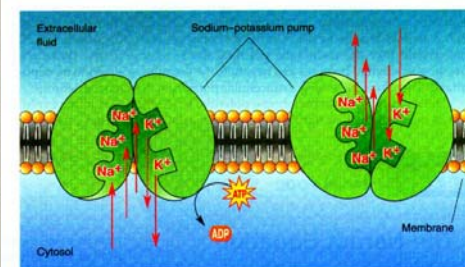
H-density  
MRI

Reflected US pulse intensity  
Sonography

## Deep understanding of metabolic processes

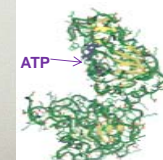
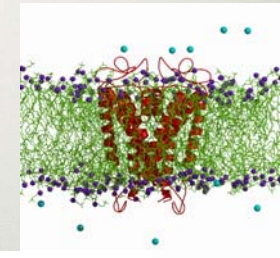
Schematics describing the process  
physiology, biochemistry

Approach of physics →  
structural information → basis for  
drug design



**Figure 3.16**  
The sodium-potassium pump. This is a membrane-associated protein that transports ions across the membrane against their concentration gradients at the expense of metabolic energy.

Structural information: - X-ray crystallography  
- NMR spectroscopy  
- computer simulation methods



Phosphoglycerate kinase  
binding ATP





## Outmost importance and significance of innovative application of physical knowledge in the field of Medicine

Let us start to build up this knowledge!

## Radiations

The phenomenon of „radiation”: **energy propagation in space**



### What kind of energy?

two classes of radiations:

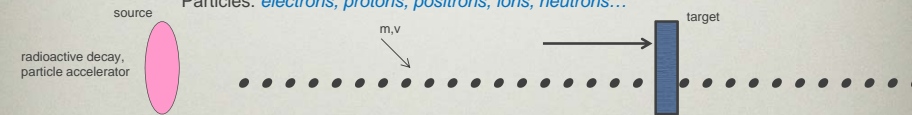
#### 1. Kinetic energy is propagating

$$E_{kin} = \frac{1}{2}mv^2$$

particles with mass  $m$  are moving with velocity  $v$

##### 1a. „Particle” radiations

Particles: *electrons, protons, positrons, ions, neutrons...*



In the beam of radiation, particles are moving with  $v$  velocity. In the material of the target the particles will transfer their  $E$  energy by collisions with constituting particles.

### What kind of energy?

#### 1. Kinetic energy is propagating

##### 1.b only the **state of motion** is propagating

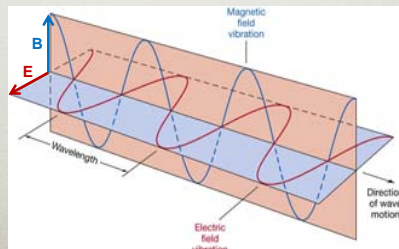
example: **sound waves**, audible- and ultrasound propagating in a medium

#### 2. Electric and magnetic field is „propagating”

and generates electric and magnetic forces acting on particles of electric or magnetic properties

example: **electromagnetic radiations** – propagation does not require a medium (even in vacuum)

Change (in time) of electric and magnetic field vectors propagates in space



### Classification based on the **radiation effect** on the target

#### 1. Ionizing radiations

- particle radiations
- electromagnetic radiations with wavelengths shorter than visible light

**harmful side-effects in human metabolism !**

#### 2. Non-ionizing radiations

- visible light and electromagnetic radiations of longer wavelengths
- sound-ultrasound below the limiting intensity

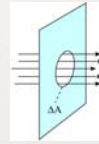
## The „strength” of radiation in the beam: **intensity (J)**

$$P = \frac{\Delta E}{\Delta t} \quad P \left[ \frac{\text{Joule}}{s} = W \right]$$

**Intensity**

$$J = \frac{\Delta P}{\Delta A} \quad J \left[ \frac{W}{m^2} \right]$$

How much energy ( $\Delta E$ ) is propagating in the beam across a unit area of cross section within a unit of time interval

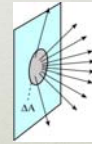


The intensity of radiation measured by a detector of surface  $\Delta A$

## The strength of radiation characterizing the source : **radiant emittance (M)**

$$M = \frac{\Delta P}{\Delta A}$$

emitted power within a  $2\pi$  of solid angle by a surface element  $\Delta A$  of the source



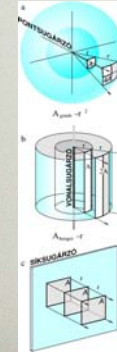
Surface area of a sphere of radius  $r$  :  $4\pi r^2$   
 Surface area of a semi-sphere :  $2\pi r^2$ , for  $r=1$  the surface area =  $2\pi$   
 Solid angle =  $2\pi$  steradian means all the directions that lead from the source in the center to elements of a surrounding semi-sphere

## How is the **intensity** of radiation **at a certain distance** related to the **strength of the source, that is, to the radiant emittance**?

How much energy ( $\Delta E$ ) is propagating in the beam across a unit area of cross section within a unit of time interval depends on the geometry of the source.

The total emitted power may be distributed in the space along a variety of the set of directions.

### Examples of sources with a variety of energy distributions in space



Point-like source  
 Propagation by spherical symmetry

$$J \sim \frac{1}{r^2}$$

Line-shaped source  
 Propagation by cylindrical symmetry

$$J \sim \frac{1}{r}$$

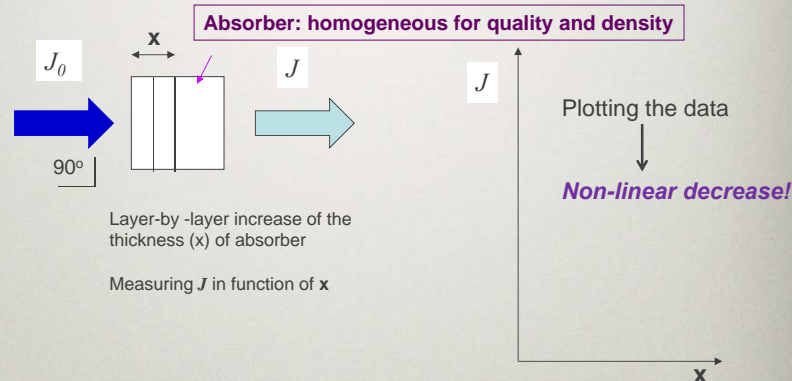
Planar source  
 parallel beams

$J$  does not depend on the distance

If there is no loss of energy along with propagation

## The **intensity** of radiation may be **attenuated** by material interactions

Attenuated : energy was lost along propagation  
 energy was consumed / "absorbed" by the medium



Experiment (lab. practice)...

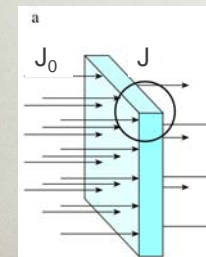
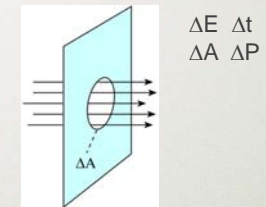
## How to describe the observation?

### What is the law of radiation intensity attenuation by absorption?

The quantities to formulate the change of intensity

$$P = \frac{\Delta E}{\Delta t} \quad P \left[ \frac{\text{Joule}}{s} = W \right]$$

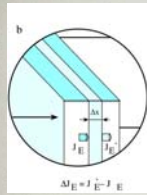
$$J = \frac{\Delta P}{\Delta A} \quad J \left[ \frac{W}{m^2} \right]$$



$$J < J_0$$

To have a simple case, we consider parallel beams perpendicular to the surface of observation



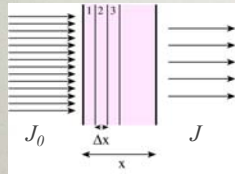


Observation in one elementary step of attenuation: The decrease is proportional to the thickness of absorber  $\Delta x$  and  $J$  what is the intensity at the layer-element

$$\Delta J = J_{E'} - J_E = -\mu \cdot \Delta x \cdot J$$

proportionality constant

stepwise application



$$\begin{aligned} J_1 - J_0 &= -\mu \Delta x J_0 \rightarrow J_1 = J_0(1 - \mu \Delta x) \\ J_2 - J_1 &= -\mu \Delta x J_1 \rightarrow J_2 = J_1(1 - \mu \Delta x) = J_0(1 - \mu \Delta x)^2 \\ &\vdots \\ J_k &= J_0(1 - \mu \Delta x)^k \quad k = \frac{x}{\Delta x} = n \mu \Delta x \text{ if } n = \frac{1}{\mu \Delta x} \\ J_k &= J(x) = J_0 \left[ \left(1 - \frac{1}{n}\right)^n \right]^{\mu x} \quad \mu \Delta x = \frac{1}{n} \end{aligned}$$

$$\left(1 - \frac{1}{n}\right)^n \xrightarrow{n \rightarrow \infty} e = 2.7182818 \dots \rightarrow J = J_0 e^{-\mu x}$$

## General conclusion from the Law of radiation attenuation

If in the elementary steps of a process we find the proportionality:

$$\Delta J = -\mu \cdot \Delta x \cdot J$$

change of a variable ( $\Delta y$ )      constant      change of the independent variable      magnitude of the variable before the change

then the elementary observation leads to the macroscopic relation

$$J = J_0 \cdot e^{-\mu x}$$

The independent variable is in the exponent of the natural base number „e”

In the form of an **exponential function**

There are many processes in nature that can be described by exponential functions

## The exponential law of attenuation of radiation intensity by absorption.

$$J = J_0 \cdot e^{-\mu x}$$

attenuated intensity      Intensity incident to the surface of absorber      thickness of the medium

Conditions: set of parallel beams hit the surface of the medium at right angle, homogeneous medium

$\mu$ : linear absorption coefficient

Depends on the

quality of radiation (wavelength of electromagnetic radiations, kinetic energy or kind of particles)

quality of the interacting medium (type of interaction)

quantity of absorbing molecules (density or concentration)

## Radiations used in Medicine that are attenuated according to the exponential law

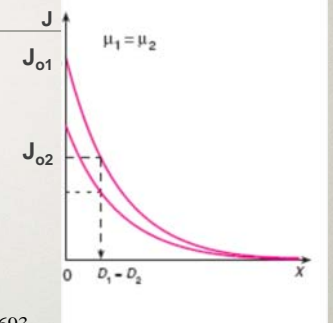
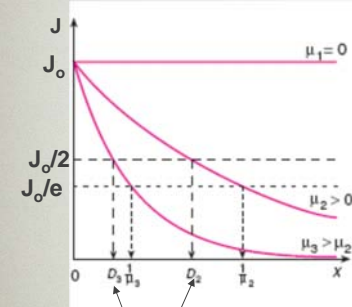
- Light (from UV through IR)
- X-ray
- $\gamma$ -radiation
- $\beta^-$  radiation up to  $x = 3-4$  times the half value thickness  $D$
- ultrasound

End

Thank you for your attention!

Graphic representation of the Law.

$$J = J_0 \cdot e^{-\mu x}$$



Half value thickness D:  
Value of x where  $J=J_0/2$

$$\mu = \frac{\ln 2}{D} = \frac{0.693}{D}$$

$$\delta = \frac{1}{\mu}$$

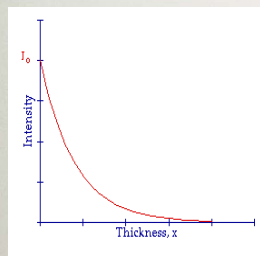
Determining  $\mu$  from a measurement of intensity decay

$$J = J_0 \cdot 2^{-\frac{x}{D}}$$

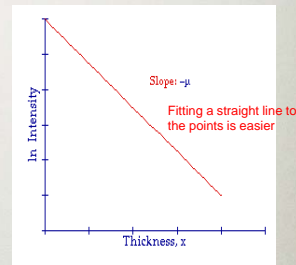
Determining  $\mu$  from a measurement of intensity decay

Parameters  $D$  or  $\delta$  are read from a curve of the best fit to experimental data

linear plotting



semi-logarithmic transformation



$$J = J_0 \cdot e^{-\mu x} \longrightarrow \text{straight line}$$

$$\lg J = \lg J_0 - \mu x \lg e$$

$$\ln J = \ln J_0 - \mu x$$

$$\ln J = \frac{\lg J}{\lg e}$$