

# Laser

light **a**mplification by **s**timulated **e**mission of **r**adiation

Jedlovsky-Hajdú, Angéla

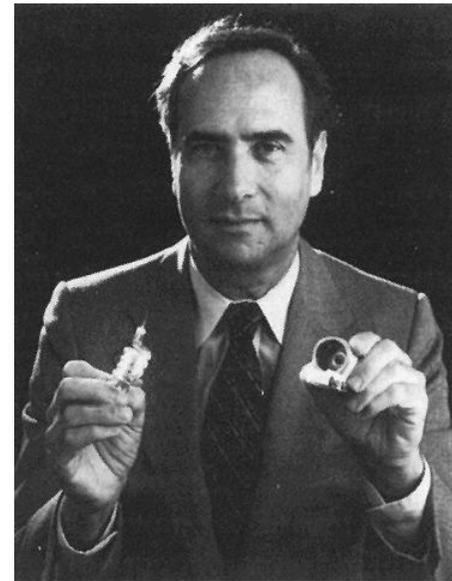
26/10/2020

# Brief laser history

**1917 - *Albert Einstein***: theoretical prediction of stimulated emission

**1954 - *N.G. Basow, A.M. Prochorow, C. Townes***: ammonia maser\*

**1960 - *Theodore Maiman***: first laser  
(ruby laser)



\***Microwave Amplification by Stimulated Emission of Radiation**

# Brief laser history



**Alexander Prokhorov**



**Charles H. Townes**



**Nicolay Basov**

Nobel prize in Physics 1964  
for work in quantum electronics leading to lasers and masers



**Denes Gabor**

Nobel prize in Physics 1971  
for invention of holography



# Brief laser history



**Steven Chu**



**William D. Phillips**



**Claude Cohen-Tannoudji**

Nobel prize in Physics 1997  
for development of methods to  
cool and trap atoms with laser  
light.



**Zhores Ivanovich Alferov**



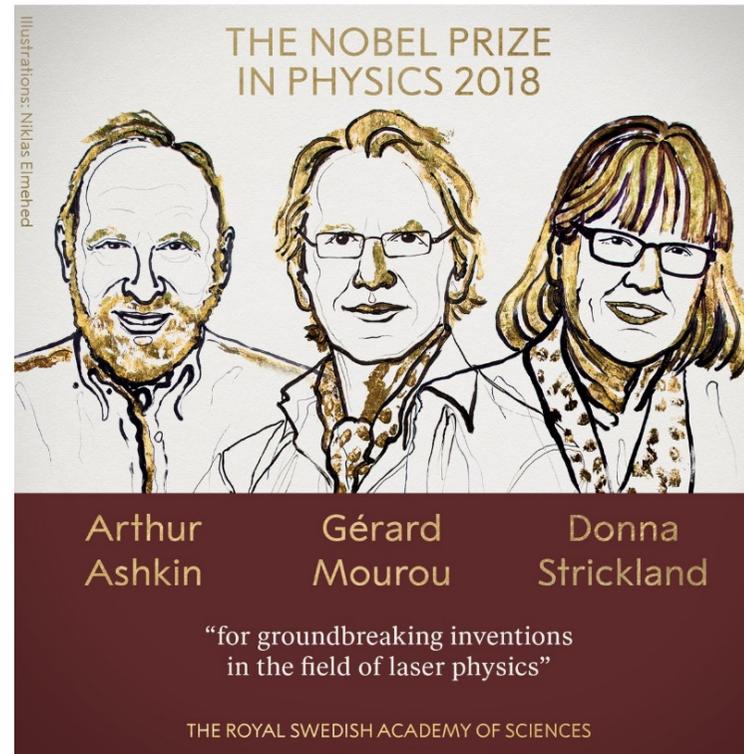
**Herbert Kroemer**

Nobel prize in Physics 2000  
Semiconducting laser dynode

# Nobel prize in Physics 2018

"for groundbreaking inventions in the field of laser physics"

with one half to Arthur Ashkin "for the optical tweezers and their application to biological systems"



the other half jointly to Gérard Mourou and Donna Strickland "for their method of generating high-intensity, ultra-short optical pulses."

# Fundamentals of Laser Operation

# Special electronic energy states - precondition for laser action

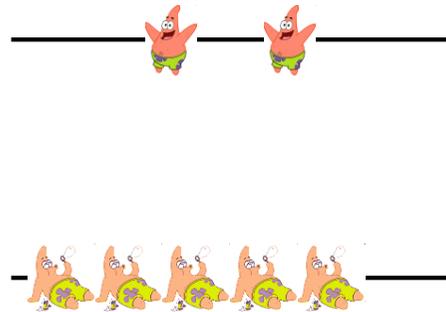
$E_1$  \_\_\_\_\_  
excited state

\_\_\_\_\_  $E_2$   
long lifetime  
excited stationary state

$E_0$  —●—●—●—●—●—●—  
ground state

**Metastable  
state**

## Occupancy in energy levels

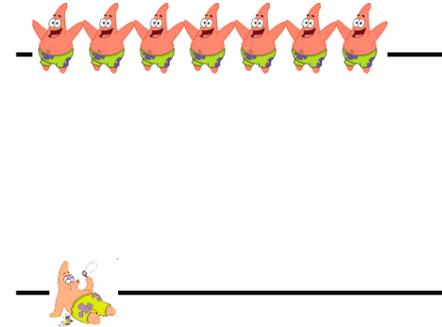


*Thermal equilibrium*

**according to Boltzmann  
distribution:**

$$N_2 = N_1 e^{-\frac{\Delta E}{RT}}$$

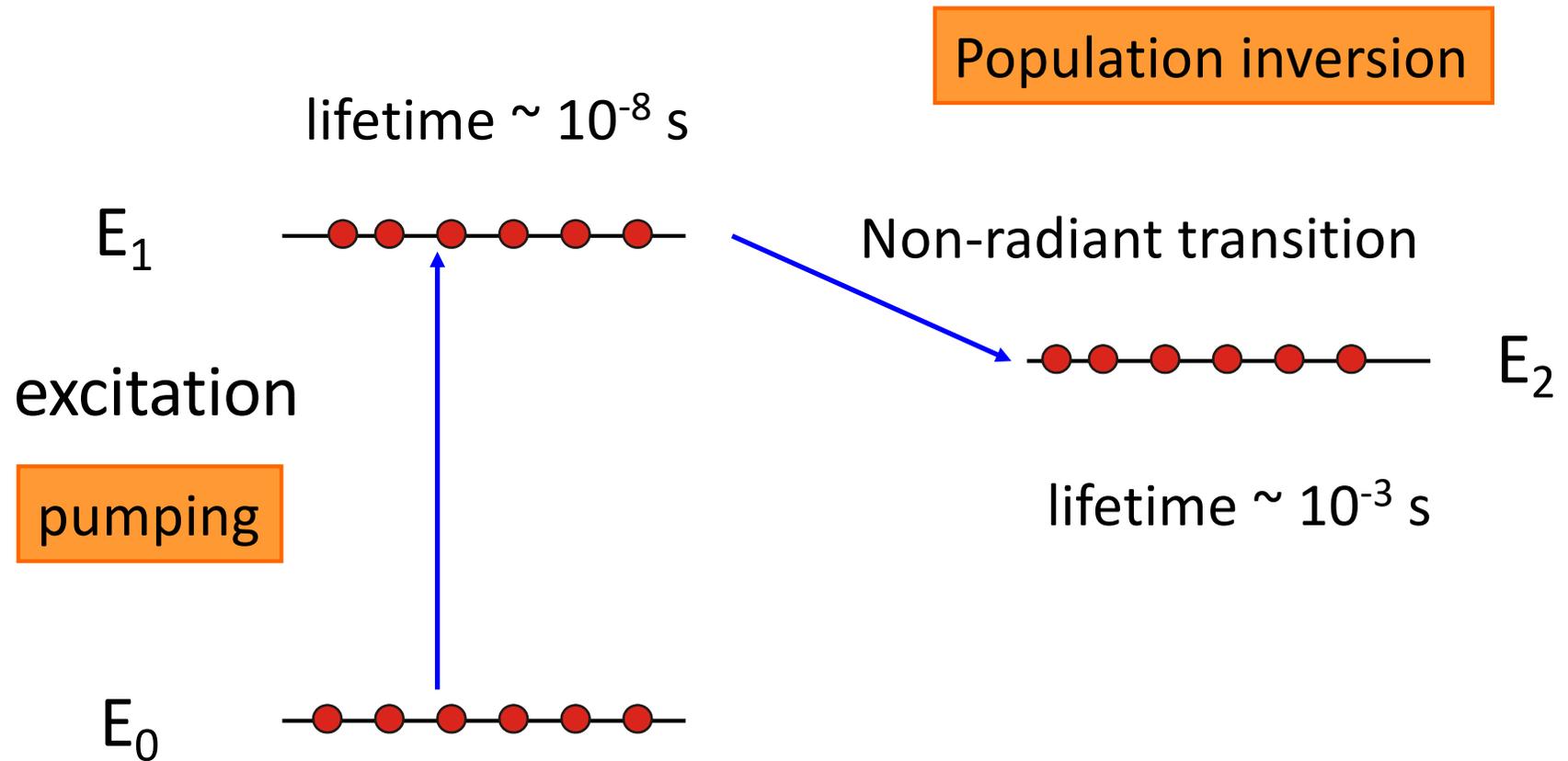
The relative number of atoms  $N_1$  and  $N_2$  in two energy levels separated by the energy difference



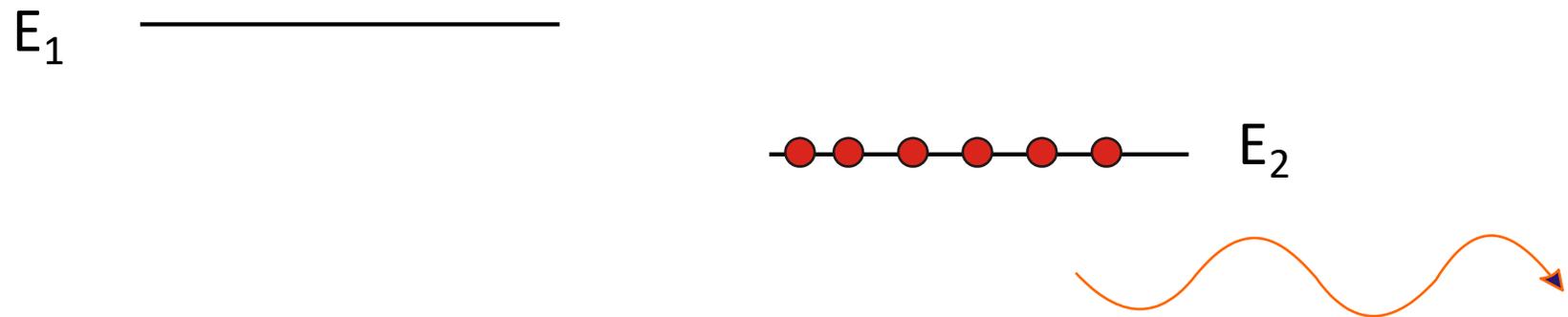
*Population inversion*

**“opposite” distribution –  
more electrons in excited  
than in ground state**

# Elementary radiative processes:



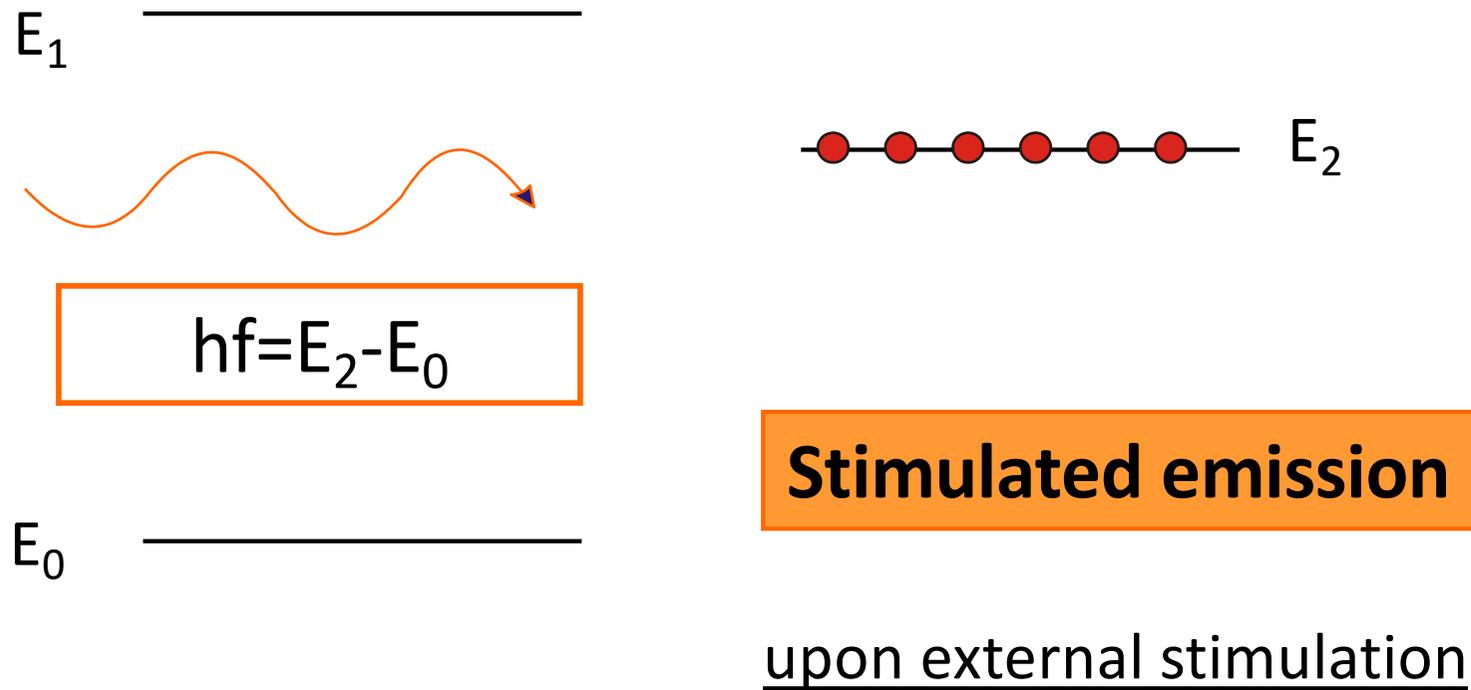
# Spontaneous photon emission



Spontaneous light emission

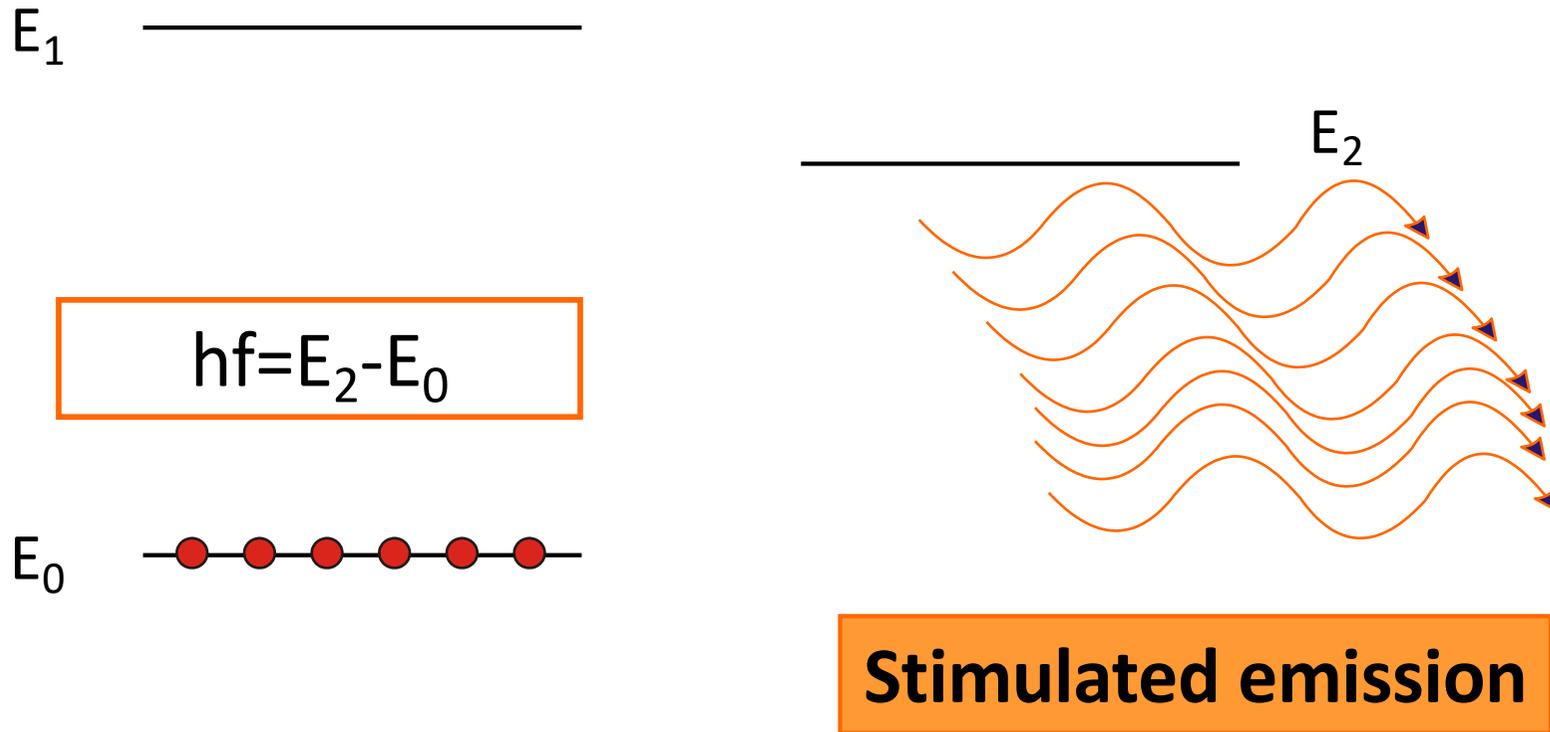
*low probability*

# Induction of atomic transition – relaxation of electrons in metastable state



Electron interacting with an electromagnetic wave, may drop to a lower energy level.

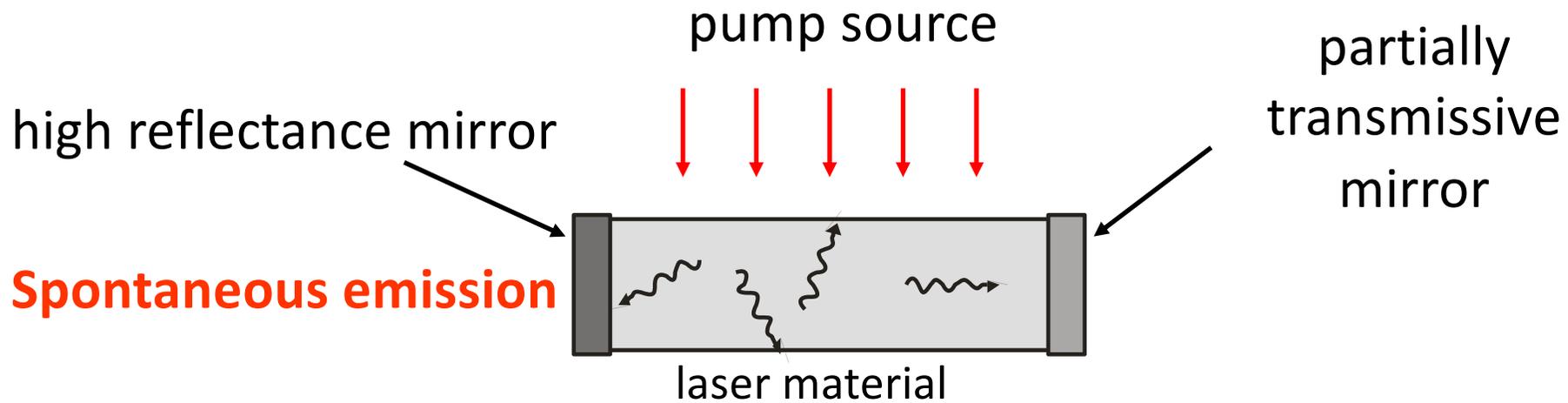
# Induction of atomic transition – relaxation of electrons in metastable state



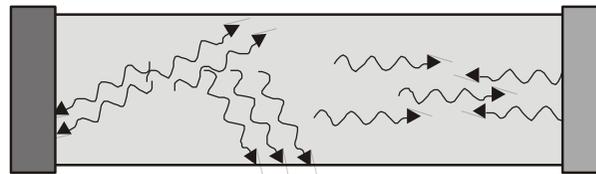
Phase,  
polarisation,  
direction and  
frequency

of emitted and induced photons  
are identical.

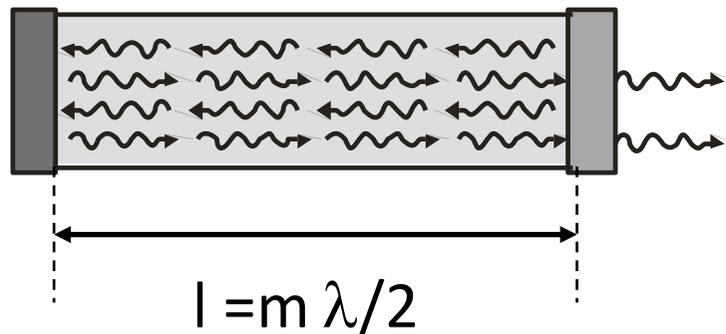
# Operating a laser – optical resonator



Spontaneous and induced emission

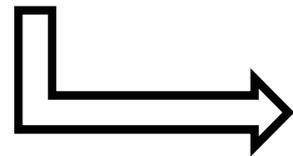
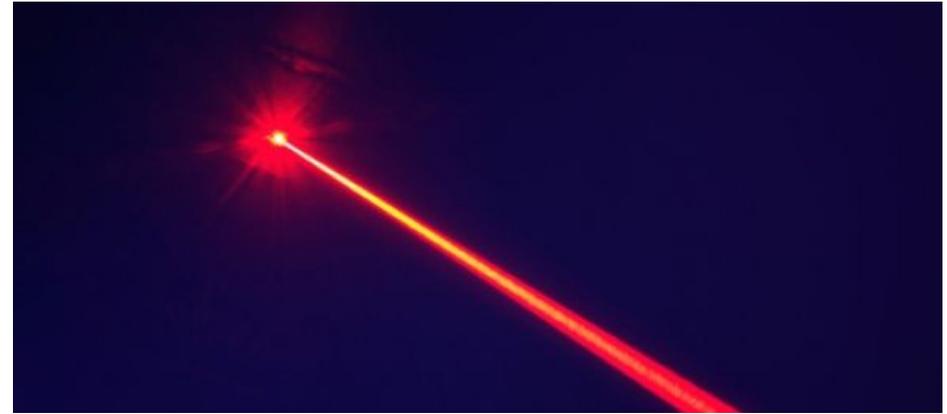


Induced emission



## Photons emitted by stimulated emission and inducing photons are identical:

- frequency
- phase,
- polarization
- and direction.



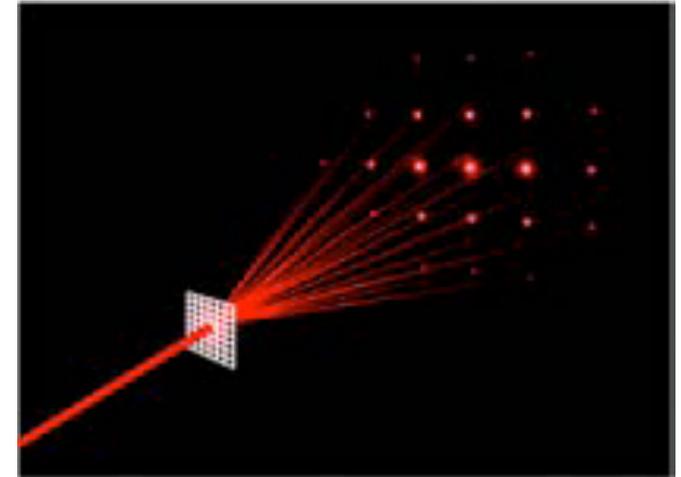
**Consequently laser light is**

- monochromatic
- coherent
- polarized
- parallel, collimated beam



## Light generated by stimulated emission:

- monochromatic – small spectral width
- coherent – phase equivalency in space
- and in time → ability for interference



polarized → can provide large spatial density due to small divergence.

Possibility of very short pulses – *ps, fs*

Possibility of high power – *kW - GW*

## **Conditions of laser light production:**

- pumping energy
- population inversion
- induced emission
- optical resonance

## **Properties of laser light:**

- Monochromatic
- Coherent
- Polarized
- Collimated
- Facilitate a high power density

# Types of laser

## Based on active medium:

solid state lasers – Crystals or glasses doped with metal ions;

Ruby, Nd-YAG, Ti-sapphire

Red - infrared spectral range; possibility of high power

gas lasers – He-Ne laser (10 He/Ne). CO<sub>2</sub> laser: CO<sub>2</sub>-N<sub>2</sub>-He mixture;

dye lasers – Dilute solution of organic dyes (e.g., rhodamine, coumarine); pumped with another laser

Large power (in Q-switched mode); Tunable

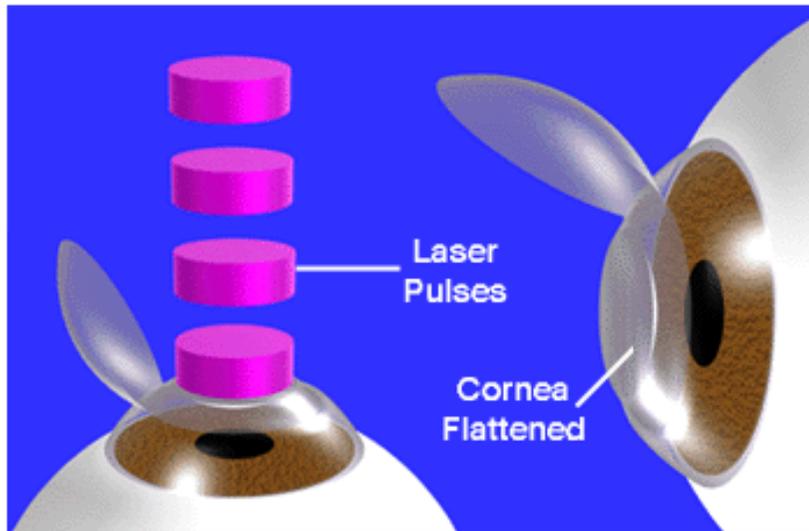
semiconductor lasers – At the junction of p- and n-type, doped semiconductors.

No need for resonator mirrors (internal reflection)

# Excimer laser – **excited dimer**

In ground state they are monomers, but in excited state they form stable complexes or dimers

For example: noble gases or the mixture of noble gas and halogen

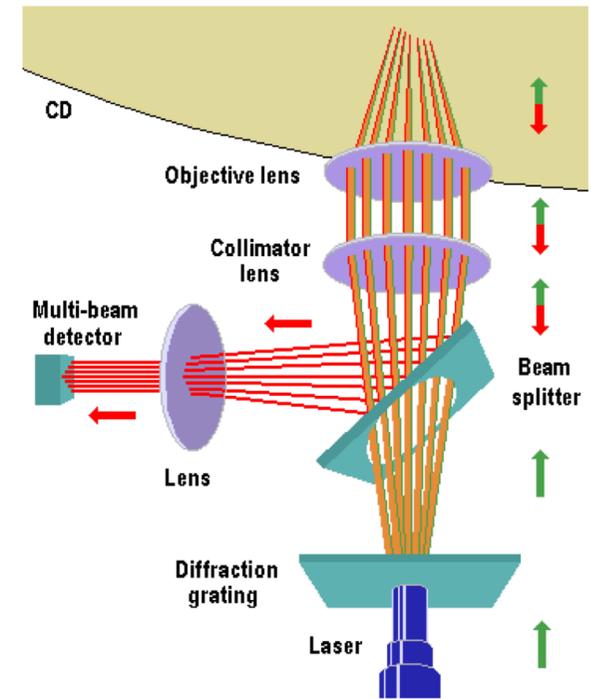


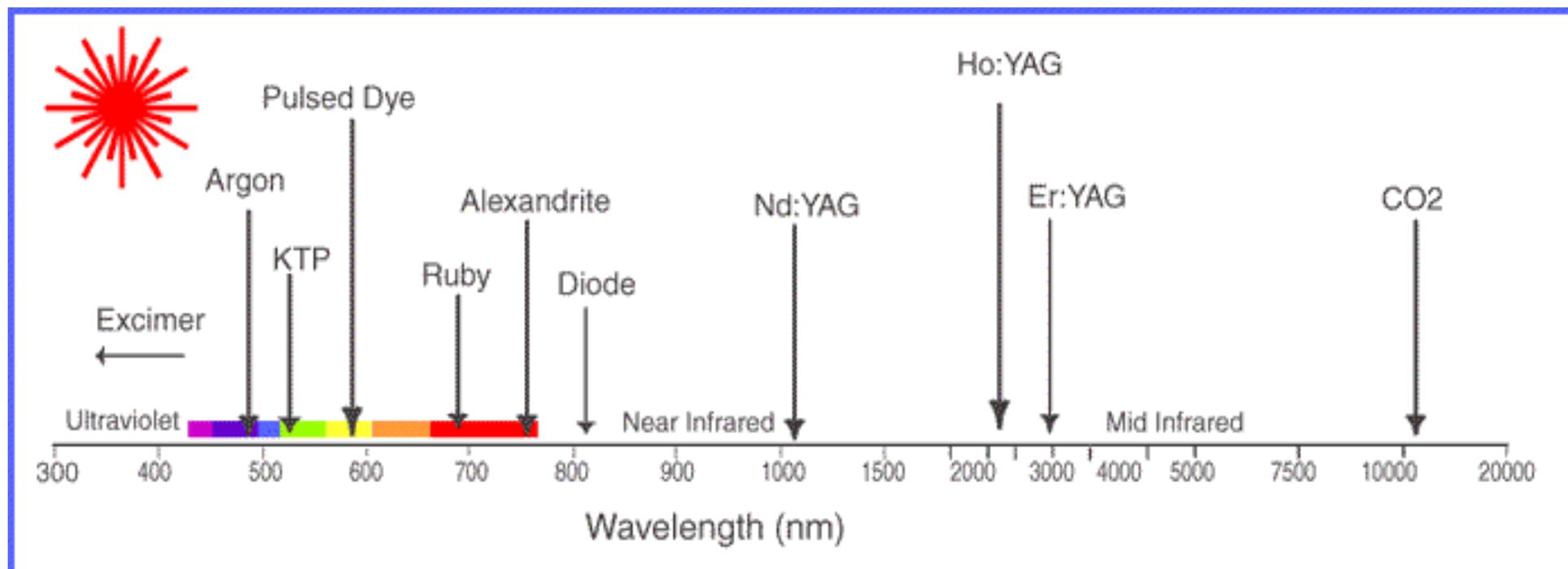
$\text{Ar}_2$	126 nm
$\text{Kr}_2$	146 nm
$\text{F}_2$	157 nm
$\text{Xe}_2^*$	172 & 175 nm
$\text{ArF}$	193 nm
$\text{KrF}$	248 nm
$\text{XeBr}$	282 nm
$\text{XeCl}$	308 nm
$\text{XeF}$	351 nm
$\text{CaF}_2$	193 nm
$\text{KrCl}$	222 nm
$\text{Cl}_2$	259 nm

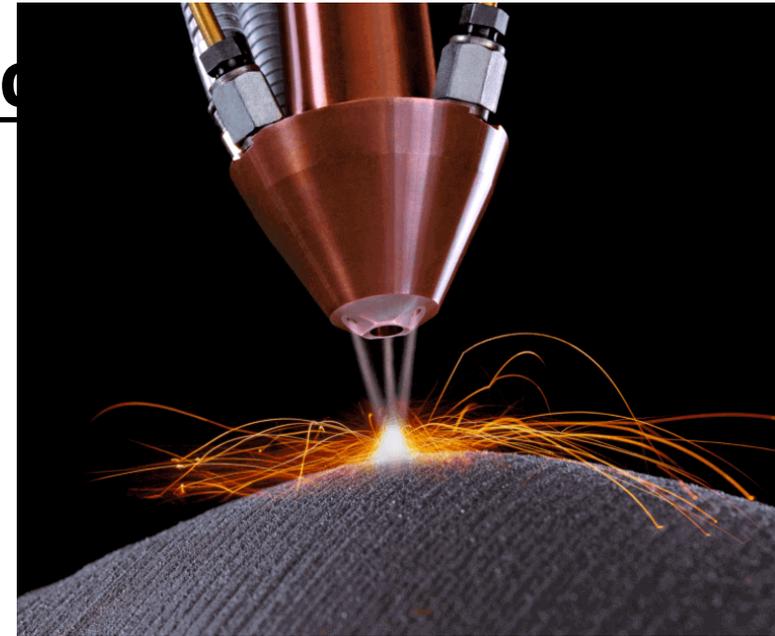
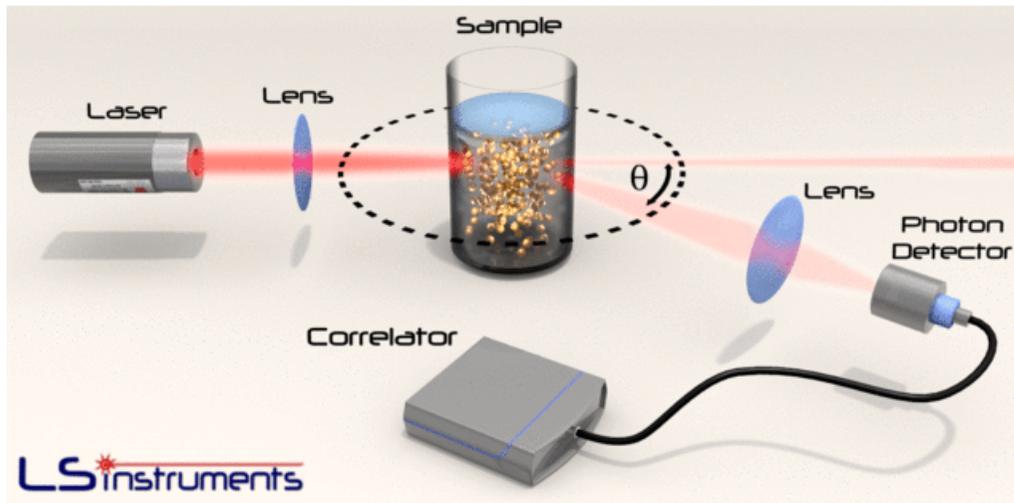
# Types of laser

## Depending on power:

- 5 mW – CD-ROM drive
- 5–10 mW – DVD player or DVD-ROM drive
- 100 mW – High-speed CD-RW burner
- 250 mW – Consumer DVD-R burner
- 1–20 W – output of the majority of commercially available solid-state lasers used for micro machining
- 30–100 W – typical sealed CO<sub>2</sub> surgical lasers
- 100–3000 W (peak output 1.5 kW) – typical sealed CO<sub>2</sub> lasers used in industrial laser cutting







## *Fields of application*

**Medicine** (health and beauty) – diagnostic and therapy

Industry: Cutting, welding, material heat treatment, marking parts

Defense: Marking targets, guiding munitions, missile defence, electrooptical countermeasures (EOCM), alternative to radar

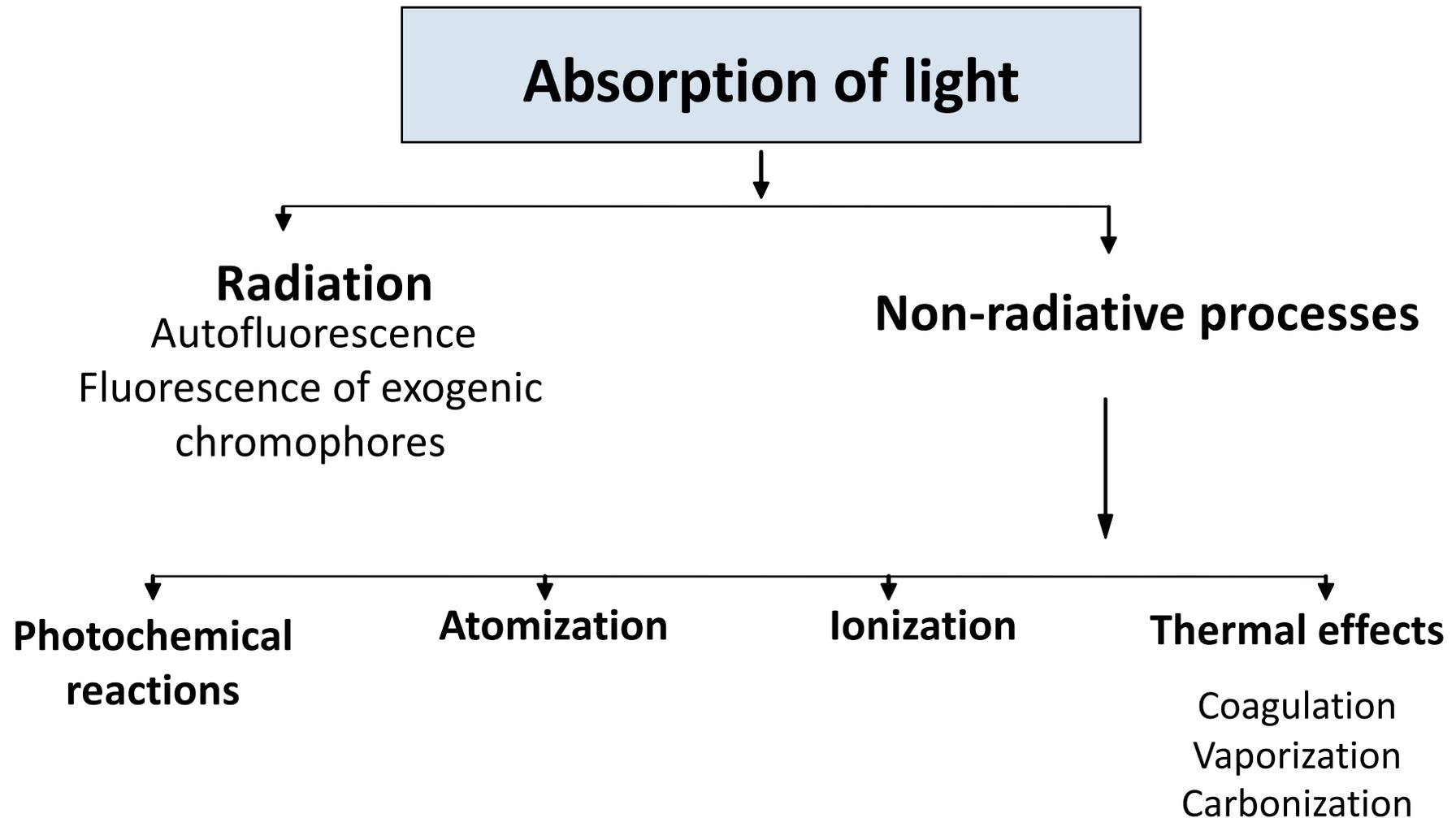
**Research:** spectroscopy, laser ablation, Laser annealing, laser scattering, laser interferometry, LIDAR, Laser capture microdissection

Product development/commercial: laser printers, CDs, barcode scanners, thermometers, laser pointers, holograms.

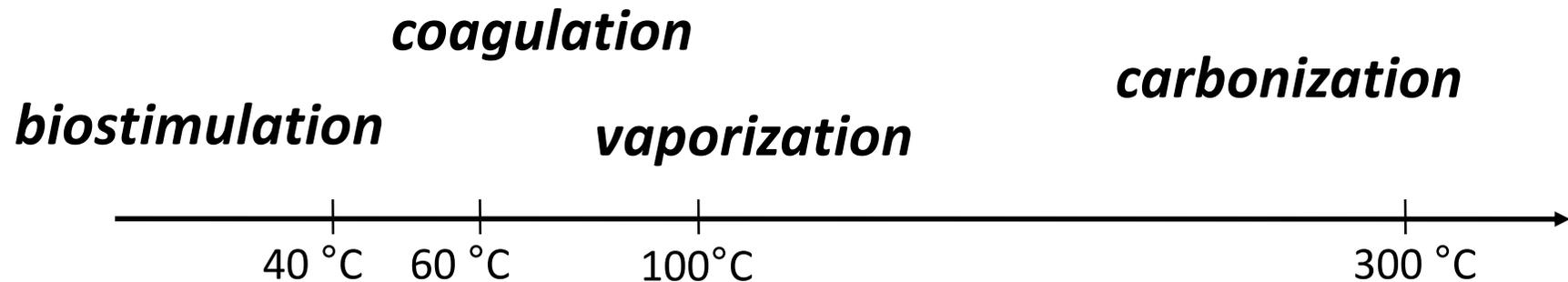
Laser lighting displays: Laser light shows

# Biomedical applications of laser

Light induced processes in tissues



# Thermal effects



## Light induced processes in tissues:

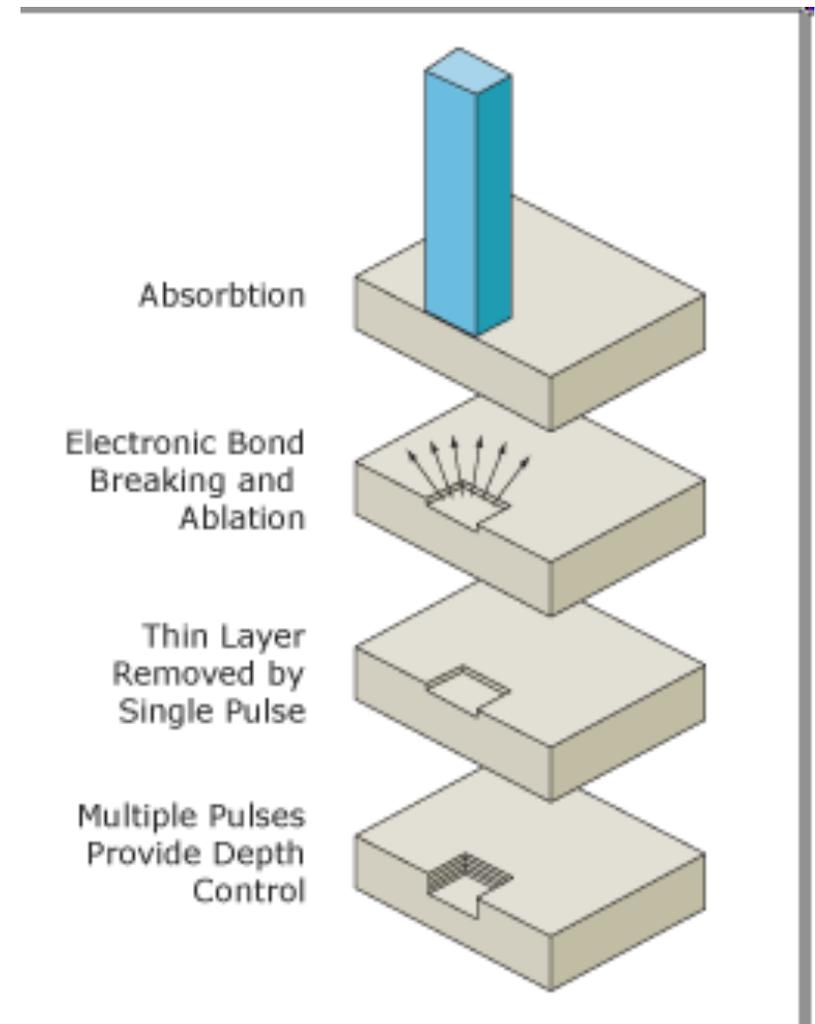
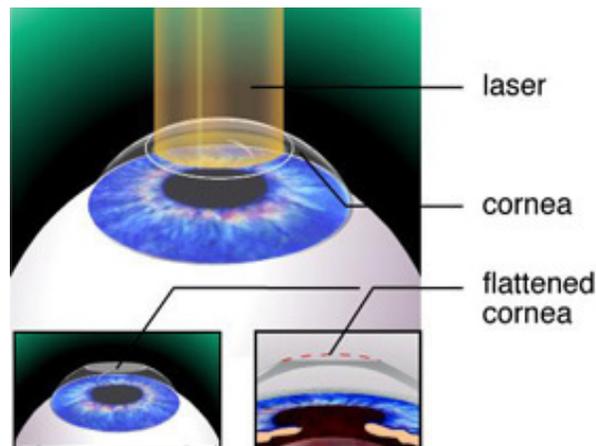
Selectivity of processes: getting the right amount of the right wavelength of laser energy to the right tissue to damage or destroy only that tissue, and nothing else.

# Photoablation – volatilization of tissue by UV radiation

Mechanism: atomization/vaporization

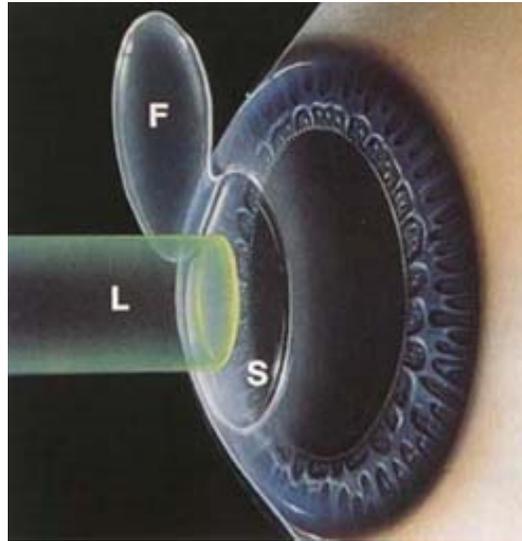
UV laser pulse ( $10 \text{ MW/cm}^2 - 10 \text{ GW/cm}^2$ )

Excimer laser (193 nm-351 nm), 10-20 ns pulse



Photorefractive Keratectomy (PRK):  
myopic eye is too big compared to the  
refraction of its lens

## Corneal reshaping: LASIK (Laser in situ Keratomileusis)



The epithelium is surgically peeled back and the underlying stroma is ablated. LASIK allows correction of even severe myopia because it is not limited by the finite thickness of the epithelium.

# Photodisruption

Focused, high intensity ns pulses

Kavitation

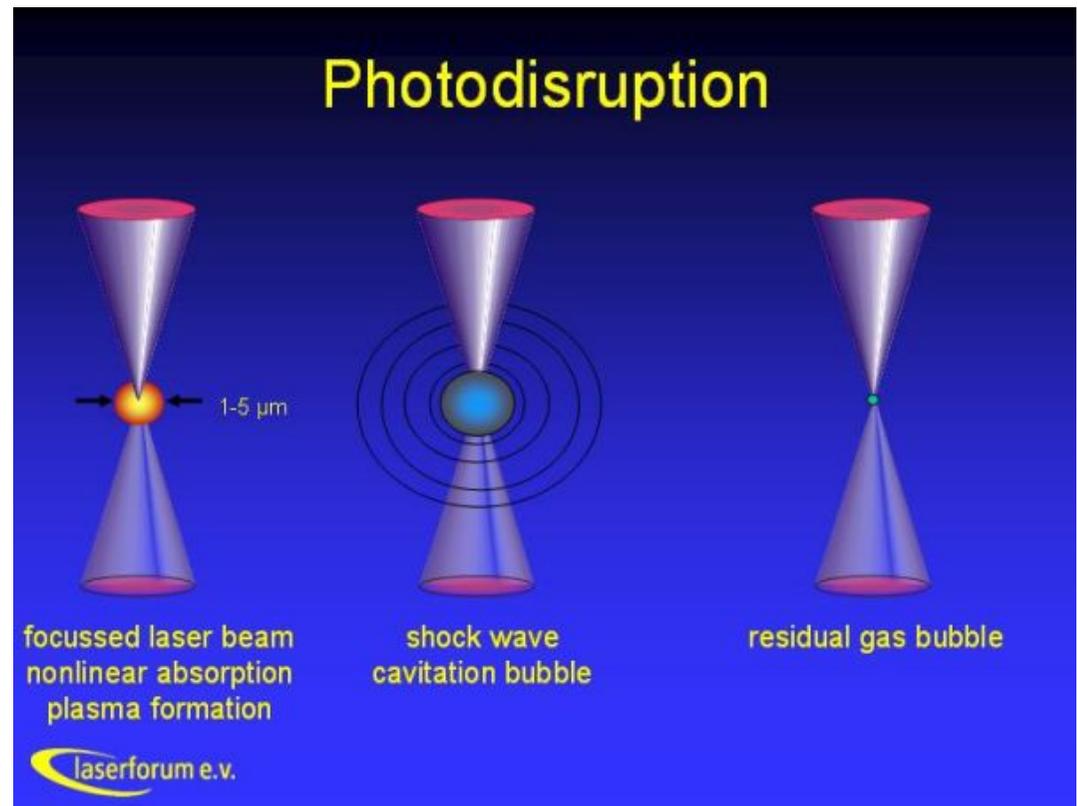
Water evaporation and CO<sub>2</sub>

generation in the cavity

Shock wave

Distruction of surrounding

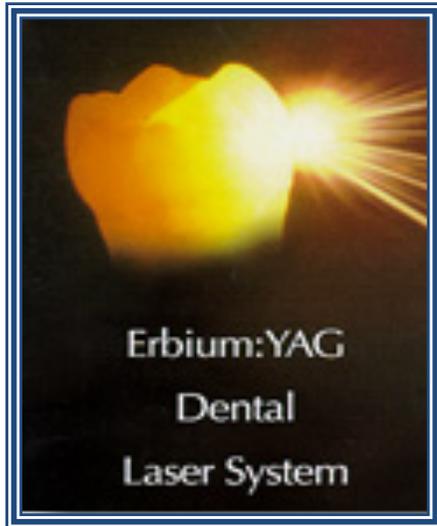
tissues



# Applications in dentistry:

Er:YAG laser

2940 nm



Absorption in water and  
hydroxyapatite



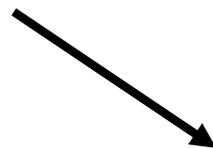
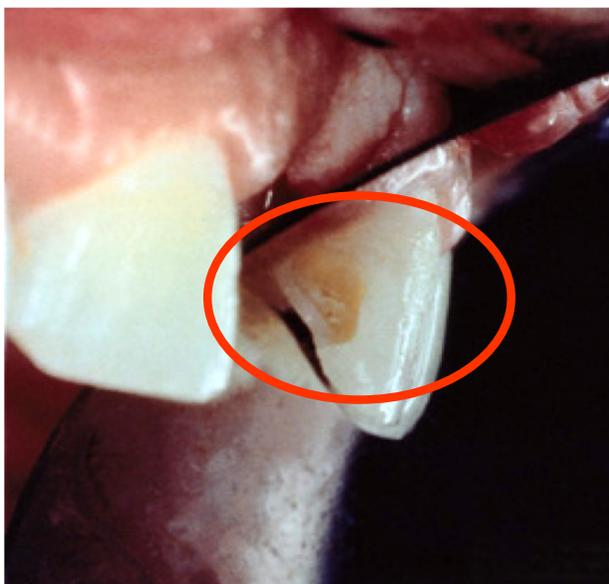
Vaporization and mechanical  
shockwave



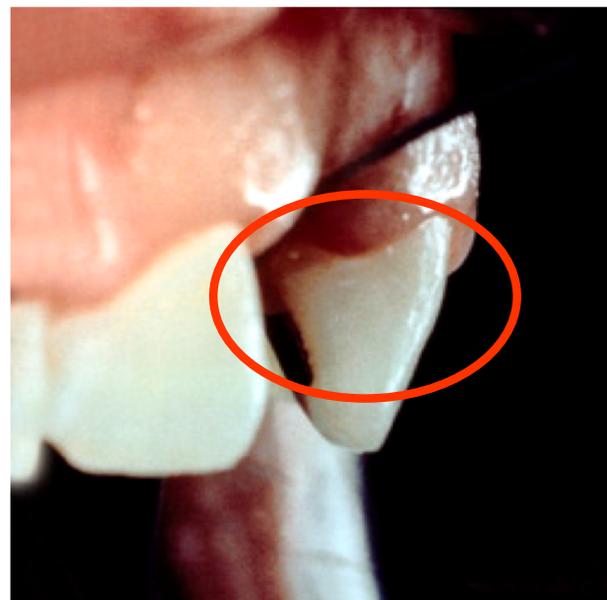
caries removal



**caries removal**

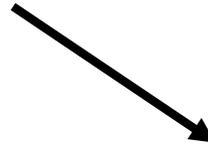


**caries removal**





Argon laser



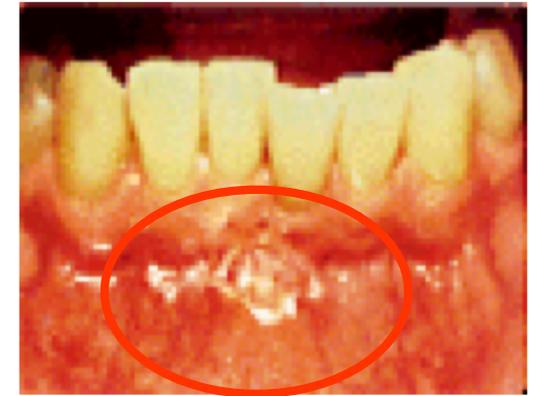
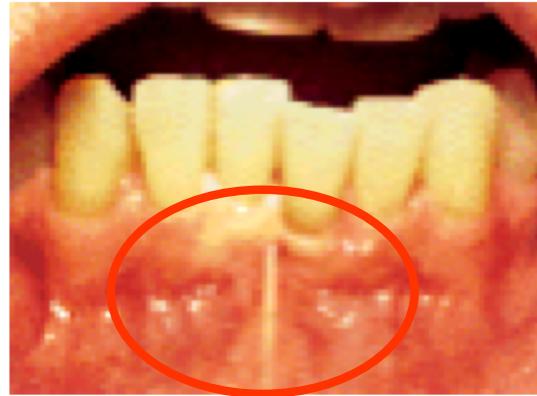
A rubber dam is put over your teeth to protect the gums

Teeth whitening

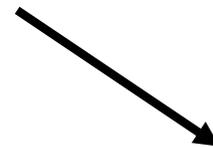
<https://www.youtube.com/watch?v=NW6XI5JvGsE>

Nd: YAP\* laser

930, 1080,  
1340 nm



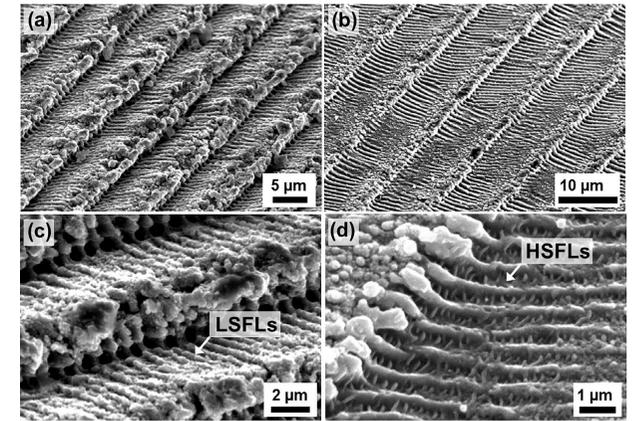
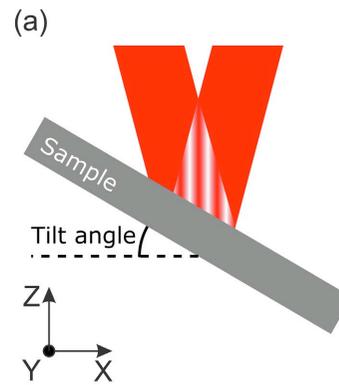
frenectomy



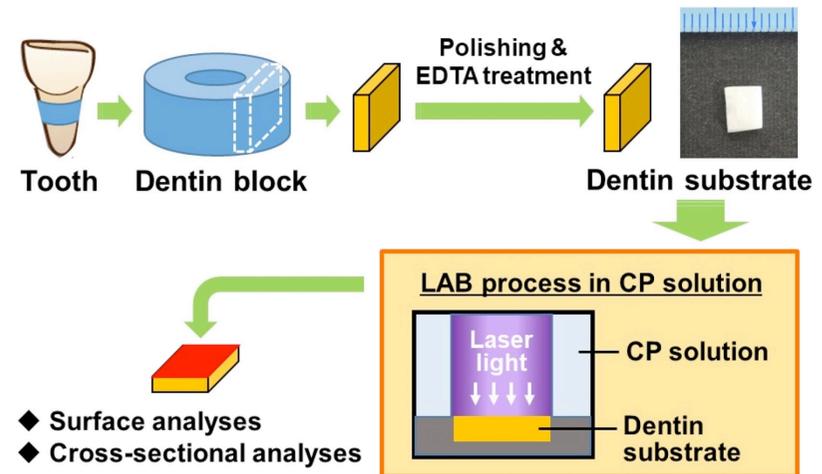
gingivectomy

\*YAlO<sub>3</sub>:Nd

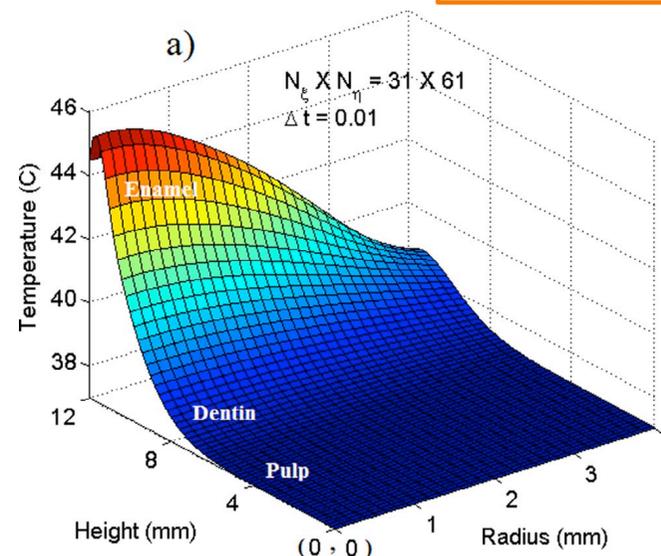
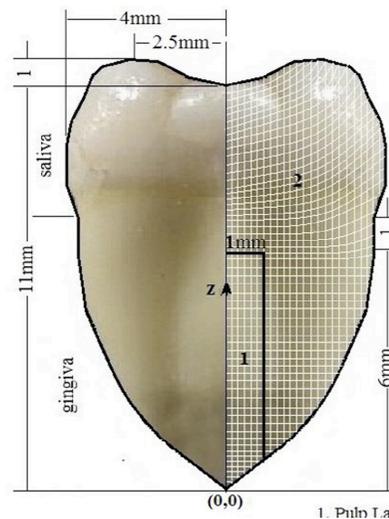
One-step fabrication of asymmetric saw-tooth-like surface structures on stainless steel using Direct Laser Interference Patterning (Materials Letters 245 (2019) 183–187)



Laser-assisted biomineralization on human dentin for tooth surface functionalization (Materials Science & Engineering C 105 (2019) 110061)



Evaluation of heat conduction in a laser irradiated tooth with the three phase-lag bio-heat transfer model (Thermal Science and Engineering Progress 7 (2018) 203–212)



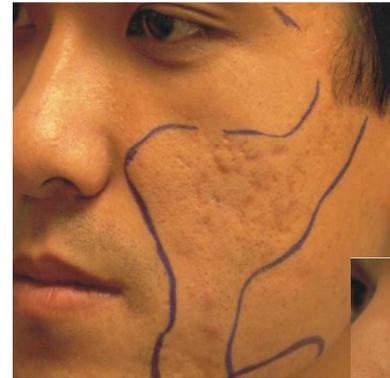
Heat flux of pulsed laser at top surface: 8times 8 s

# Dermatological applications:

„resurfacing” – ablation technic for renewal of epidermis



wrinkles,  
damages,  
acnes ...



Er:YAG laser (2940 nm) or CO<sub>2</sub> laser (10600 nm)

Nd:YAG laser

1064 nm

Removal of superficial blood vessels, veins



# Photocoagulation based correction of veins



## Hair removal

DOES YOUR CAT NEED LASER HAIR REMOVAL?

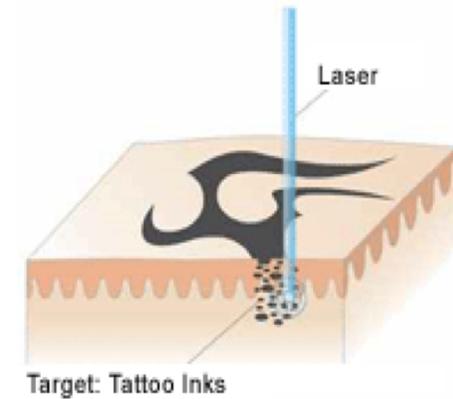


## Tattoo removal



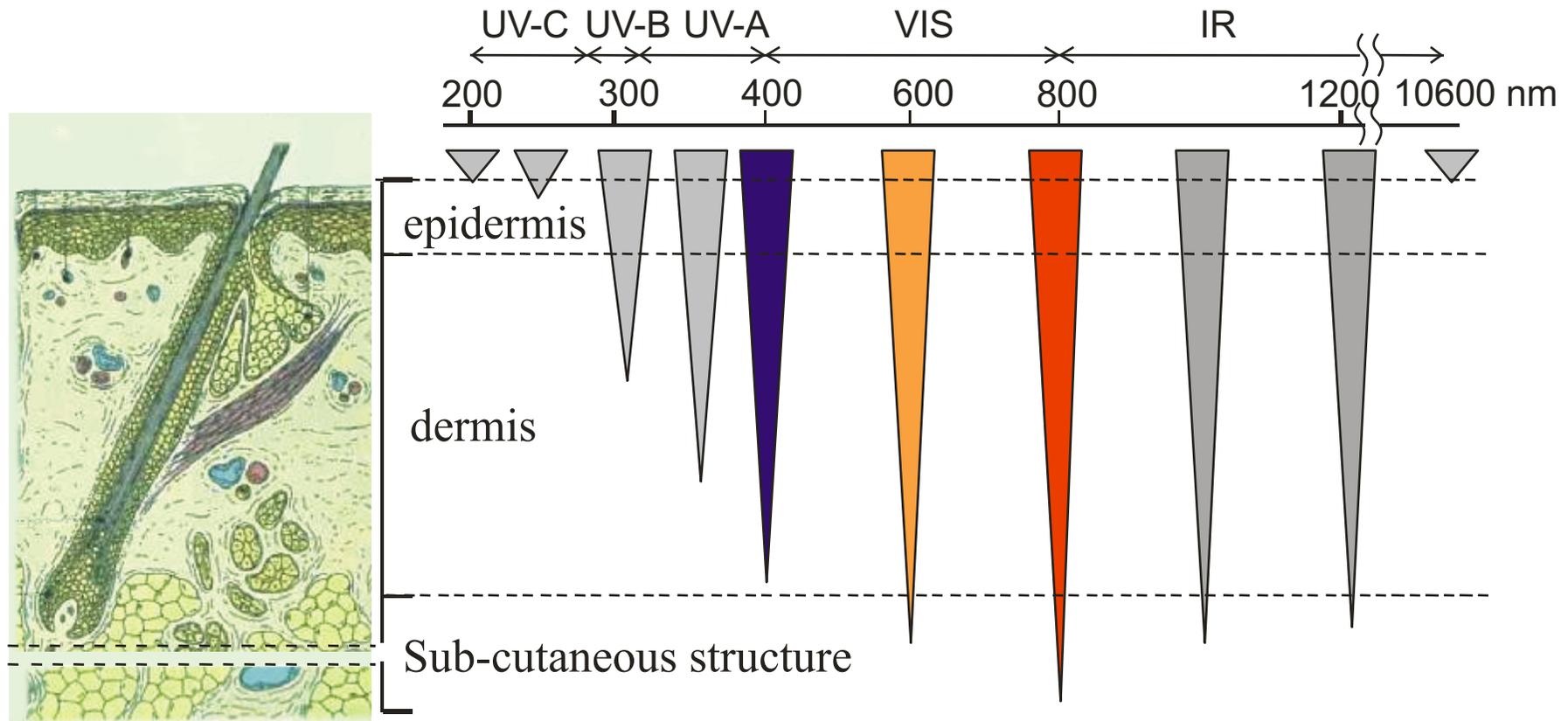
before

after



ruby laser (694 nm) is specifically absorbed by the color pigments in the tattoo

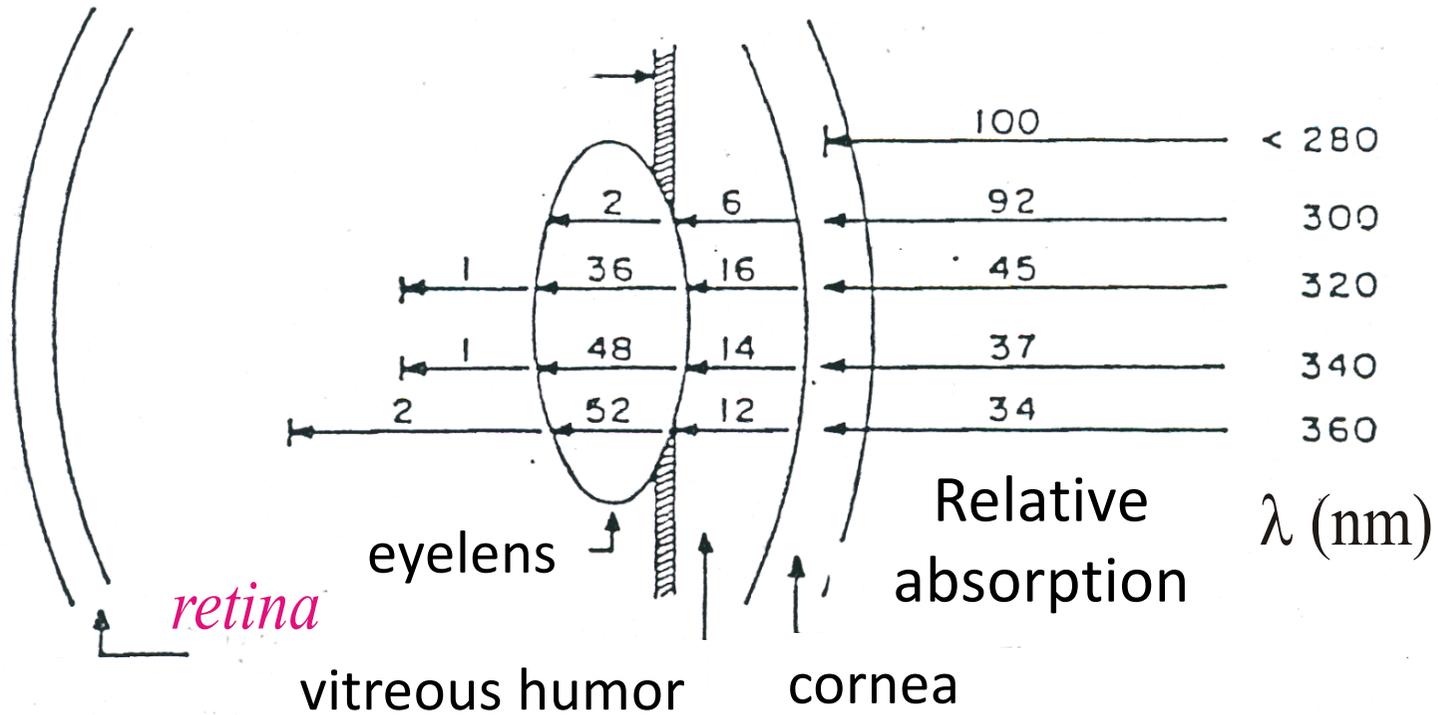
# Penetration of light into the skin



Light intensity is attenuated due to absorption, reflection, refraction.

Penetration depth depends on the wavelength.

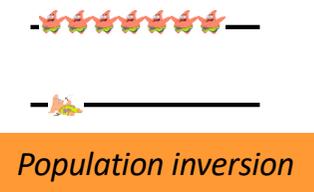
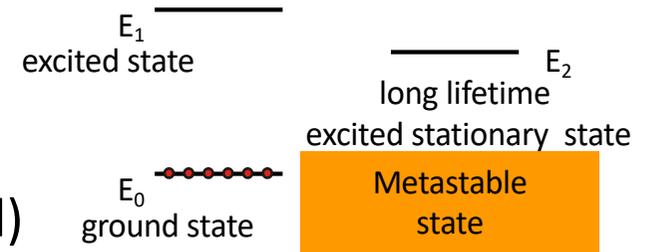
# Penetration of light into the eye



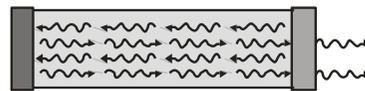
# Checklist for the semifinal

## ❑ Fundamentals of Laser Operation

- ❑ Special electronic energy states (3 energy level)
- ❑ Population Inversion (pumping)
- ❑ Stimulated emission



## ❑ Optical resonator

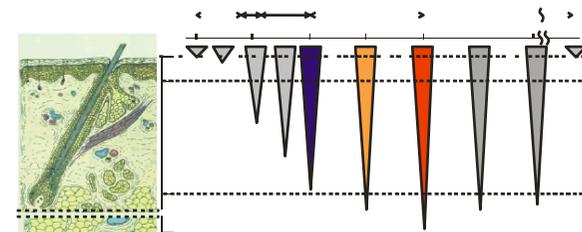
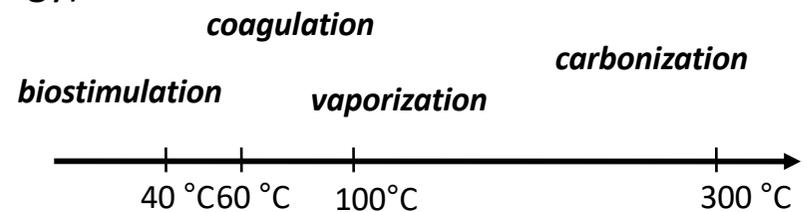


## ❑ Properties of laser light (coherent, polarized, monochromatic, high energy, collimated)

## ❑ Type of the laser lights (material, energy)

## ❑ Biomedical applications

- ❑ Absorption of the light
- ❑ Thermal effect
- ❑ Penetration through the skin



# *Damjanovich, Fidy, Szöllősi: Medical Biophysics*

II. 2.2

2.2.5

2.2.7

<https://www.youtube.com/watch?v=ztkT9tOryAw>

2.2.8

IX. 1.1

IX. 1.2

<https://www.youtube.com/watch?v=KXkqIr7YFU4>

<https://www.youtube.com/watch?v=j0T8Fd9iQqs>

<https://www.youtube.com/watch?v=4SCzwOdg4mc>

<https://www.youtube.com/watch?v=NW6XI5JvGsE>