

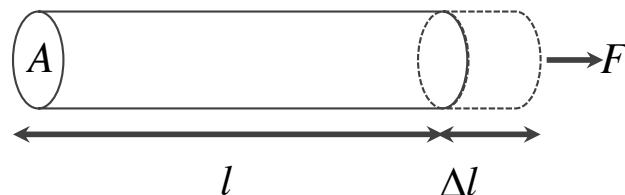
# BIOMECHANICS

## Dental tissue mechanics



# Basics of tissue mechanics

## Hookean elasticity



$$\frac{F}{A} = E \frac{\Delta l}{l}$$

F = force

A = cross-sectional area

l = rest length

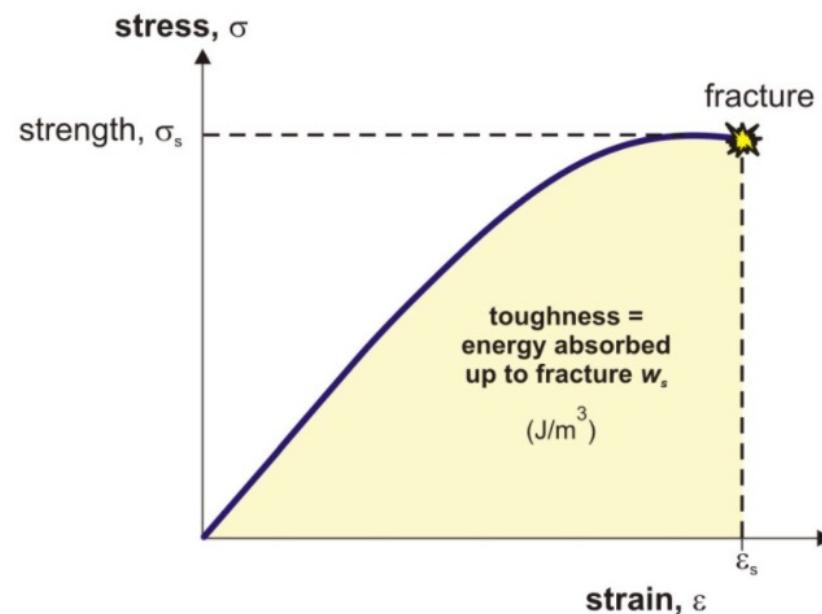
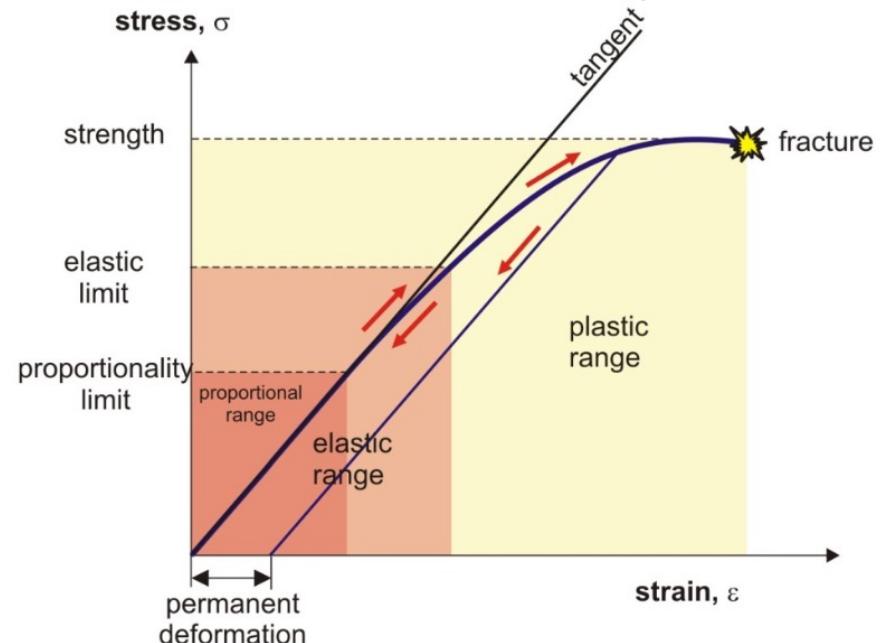
Δl = extension

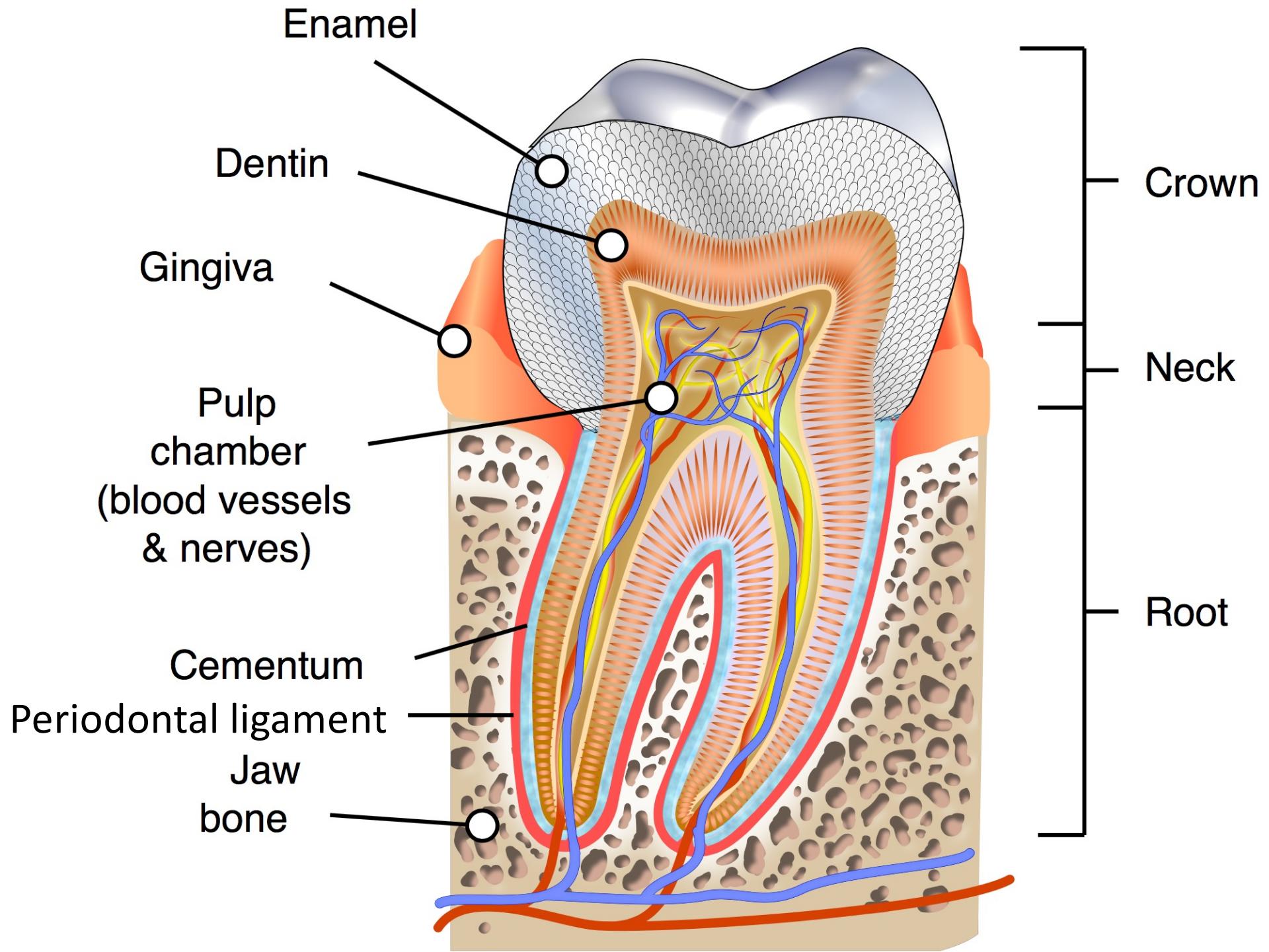
$F/A = \sigma$  = stress ( $\text{N/m}^2 = \text{Pa}$ )

$\Delta l/l = \varepsilon$  = strain (dimensionless)

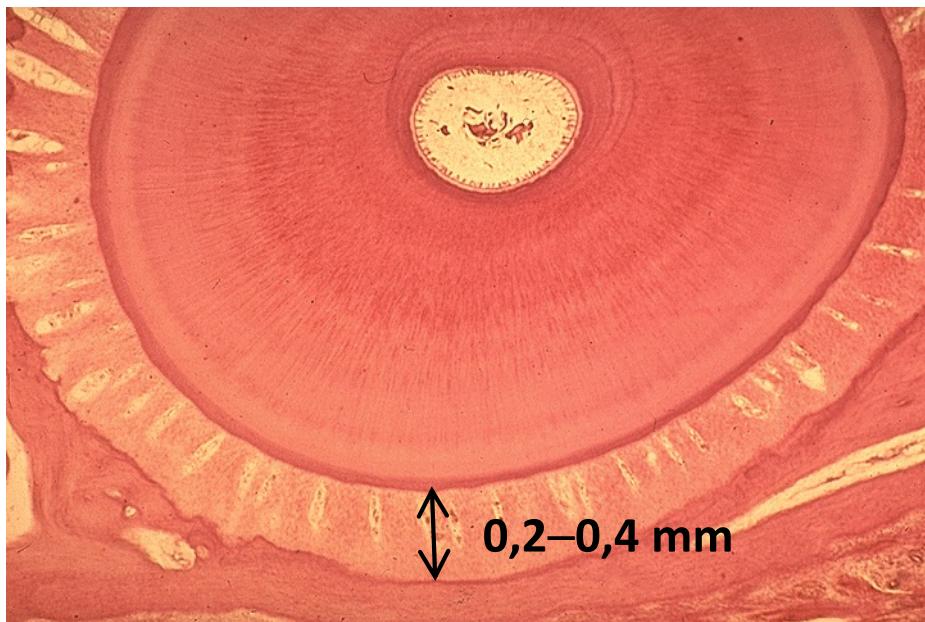
$E = \sigma / \varepsilon$  Young's modulus (Pa)

## Stress-strain diagram

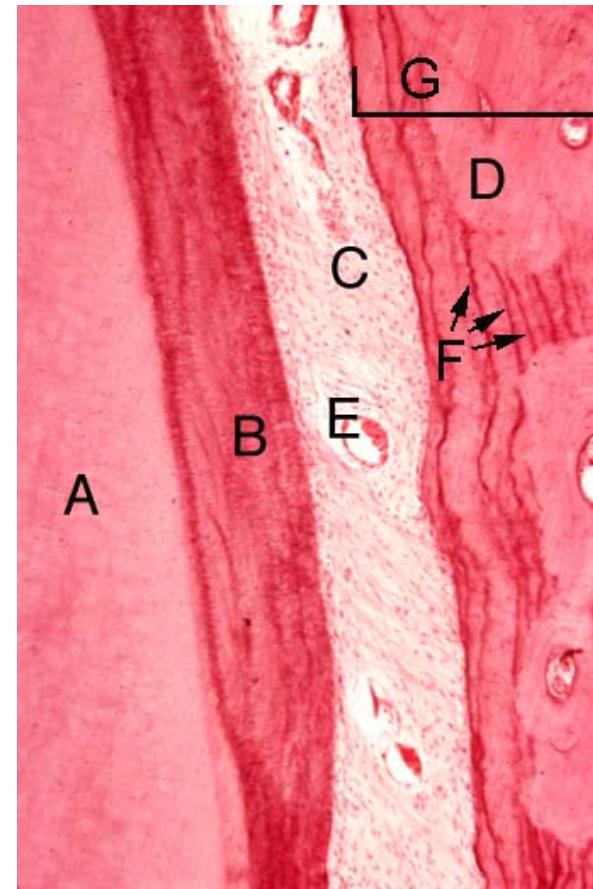




# Periodontal ligament



≈ collagen



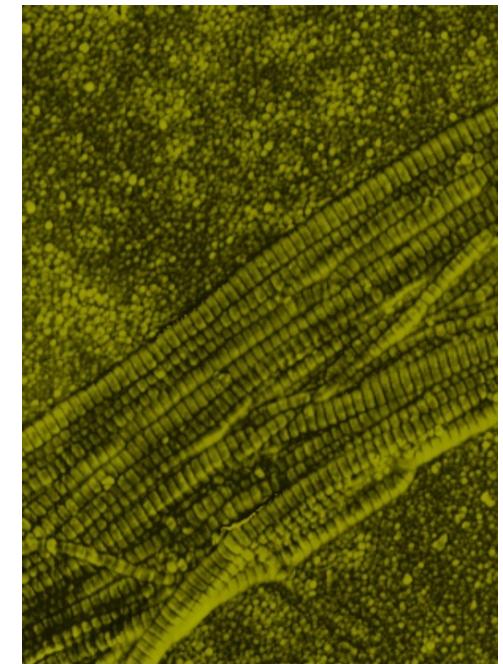
polimer

# Collagen

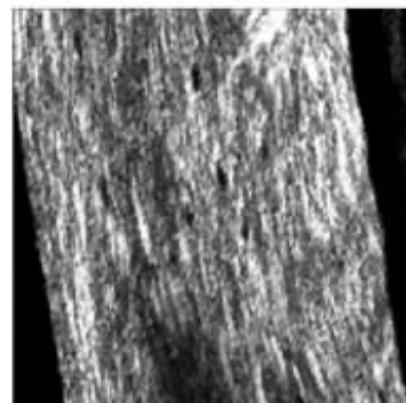
Structural protein, main component of connective tissues, in mammals about 25% of the total protein is collagen. Has an important role in:

- tendons, ligaments,
- skin,
- cartilage,
- bone,
- tooth,
- blood vessels
- vitreous humor,
- cornea,
- etc.

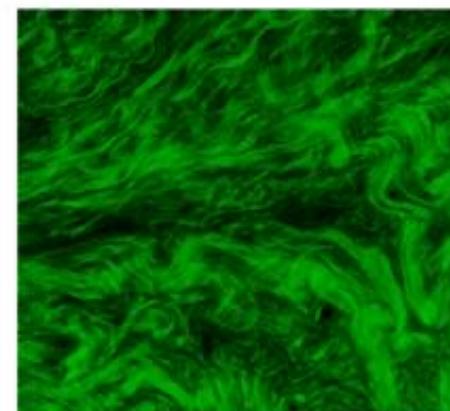
eye



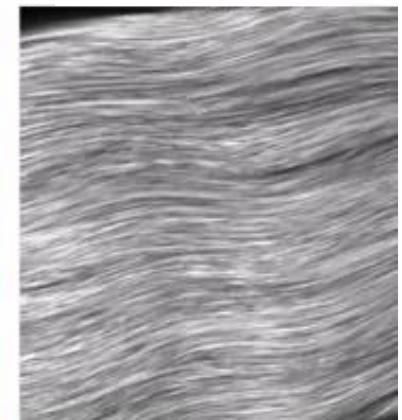
bone



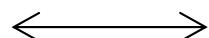
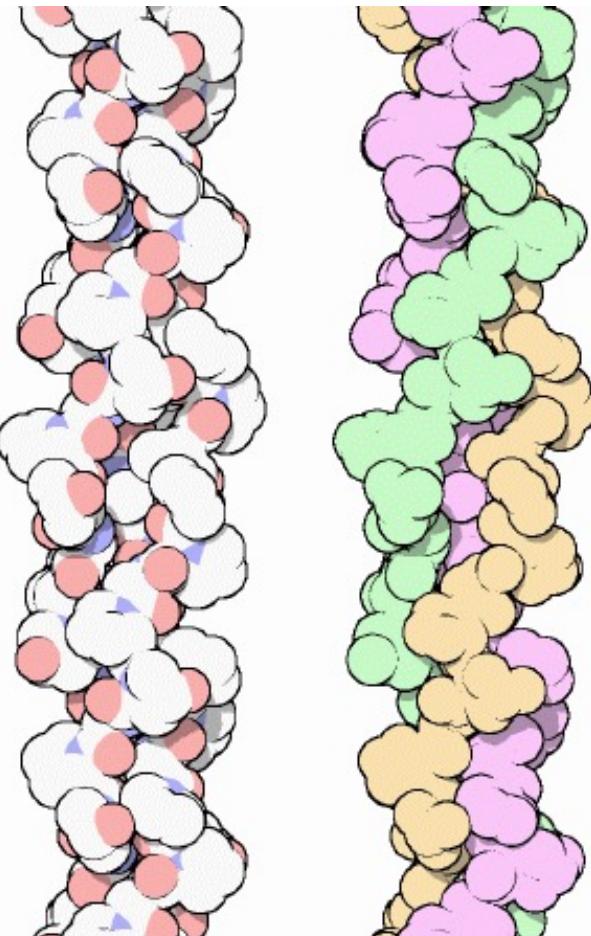
skin



tendon



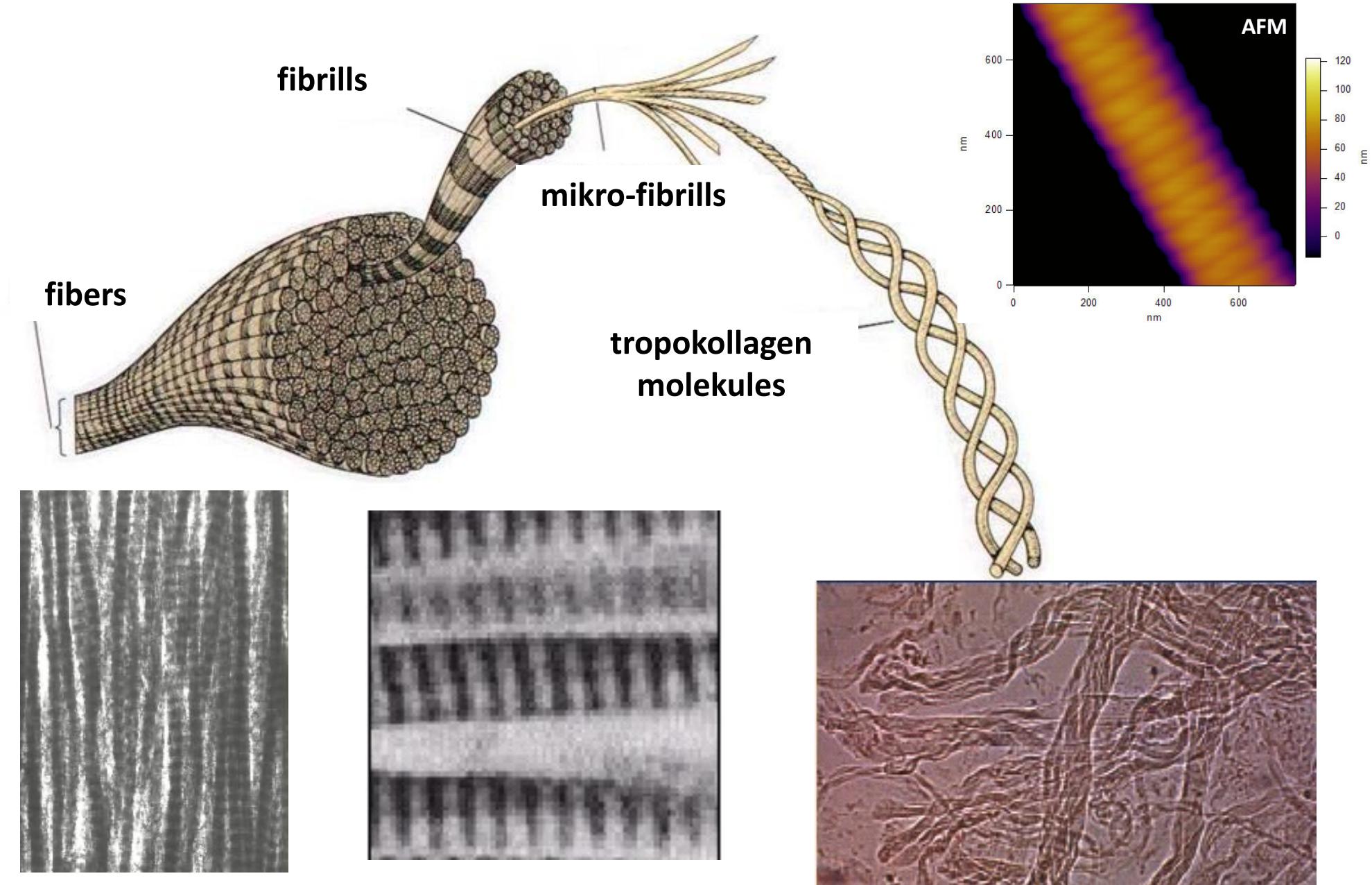
# The collagen molecule



≈ 1,5 nm

- 1400 aminoacids/chain
- glicin (1/3),  
prolin (1/10),  
hidroxiprolin, ...
- 3 chains → triple helix

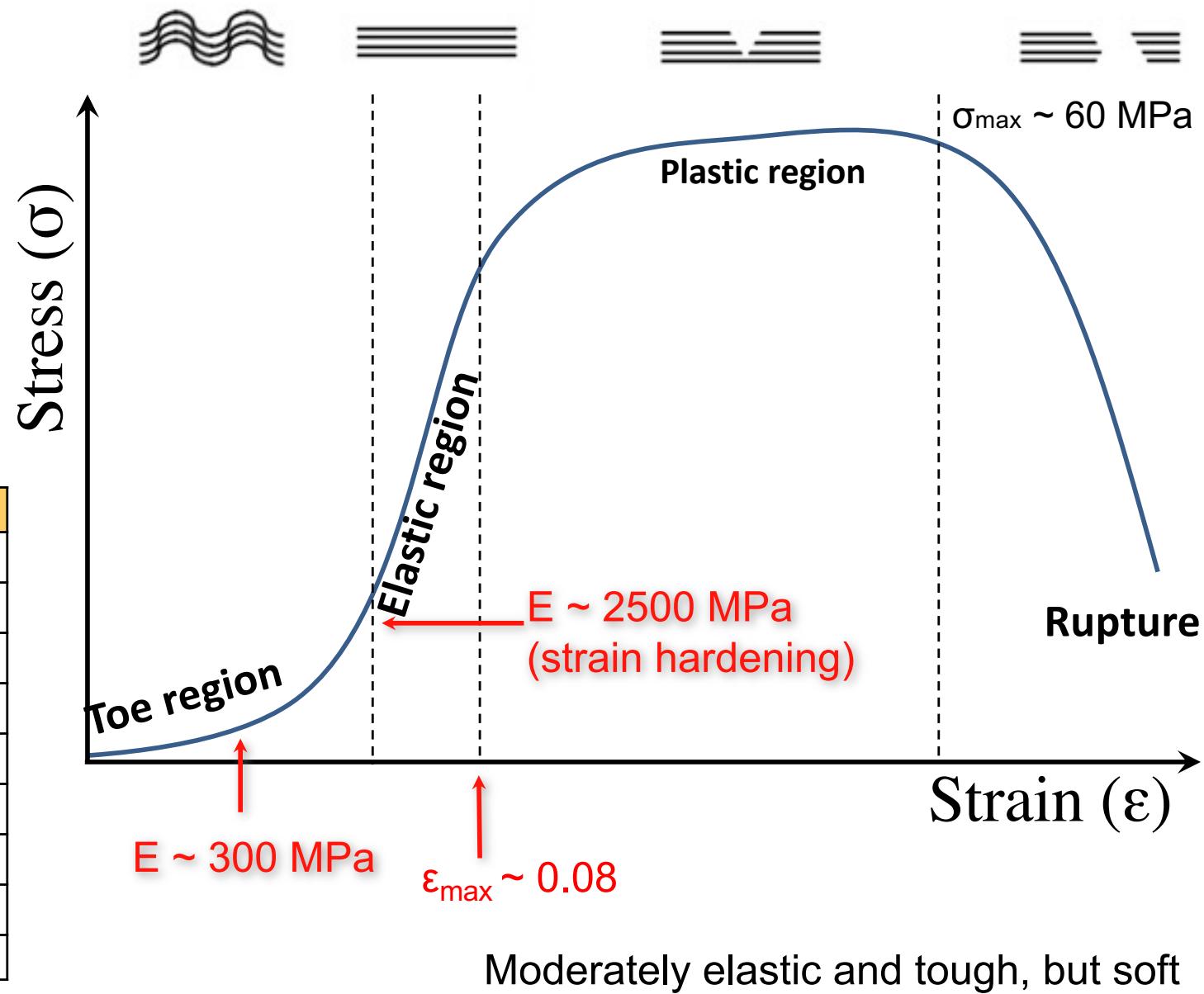
# The structure of collagen



# Stretch diagram of collagen

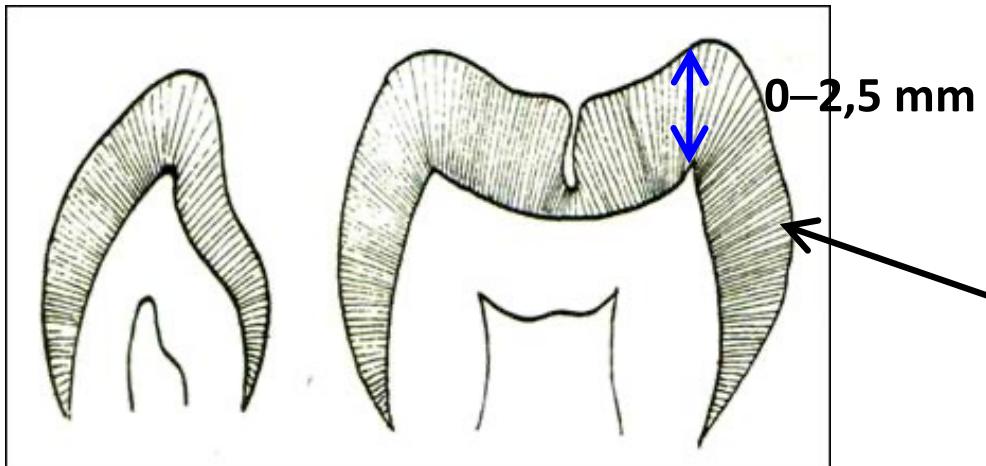
| material  | $E$ (GPa)        |
|-----------|------------------|
| enamel    | $\approx 100$    |
| dentin    | $\approx 15$     |
| steel     | 200-230          |
| amalgam   | 50-60            |
| gold      | 79               |
| glass     | 60-90            |
| ceramics  | 60-130           |
| porcelain | 60-110           |
| PMMA      | 2,4-3,8          |
| silicon   | $\approx 0,0003$ |

| material     | $\sigma_{sz, szakító}$ (MPa) |
|--------------|------------------------------|
| enamel       | $\approx 10$                 |
| dentin       | $\approx 110$                |
| amalgam      | 30-55                        |
| gold         | 108                          |
| Ni-Cr alloys | 400-900                      |
| glass        | $\approx 70$                 |
| ceramics     | 5-400                        |
| porcelain    | $\approx 25$                 |
| PMMA         | $\approx 50$                 |



# Enamel

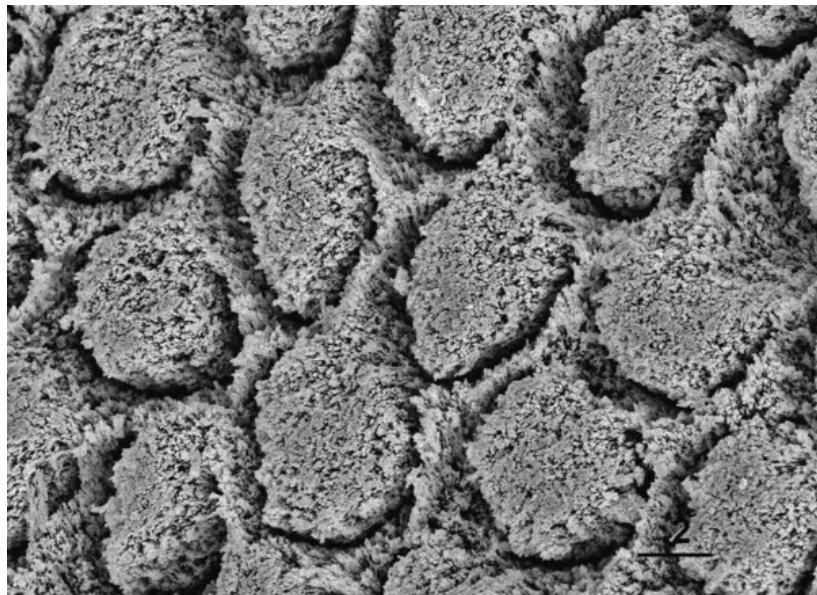
ceramics



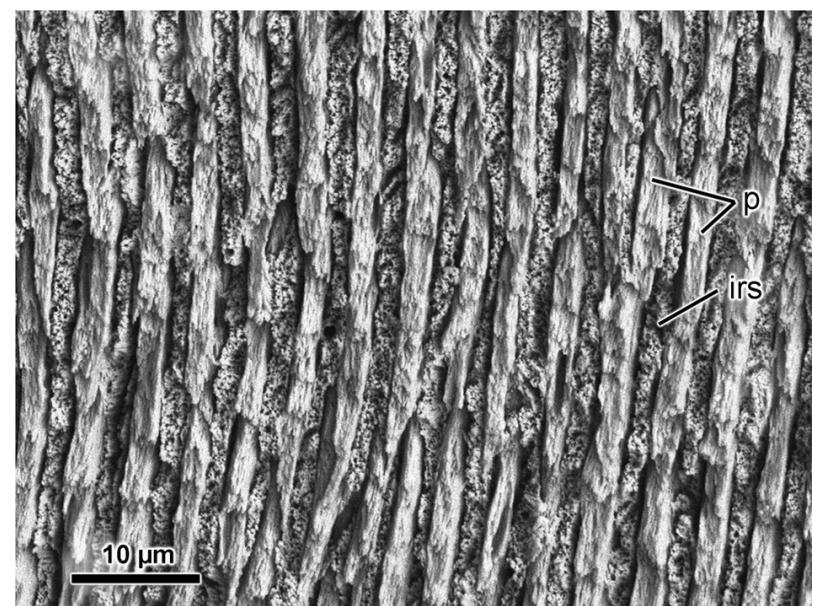
≈ 92% hydroxyapatite (HAP)

enamel prisms

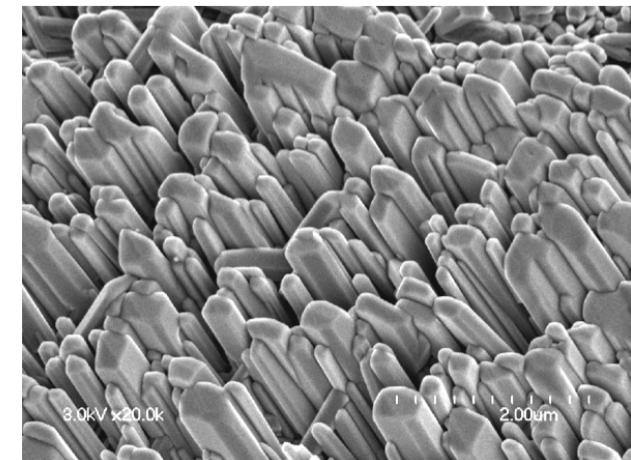
*cross section*



*longitudinal section*



# Hydroxyapatite



hexagonal ionic cristal

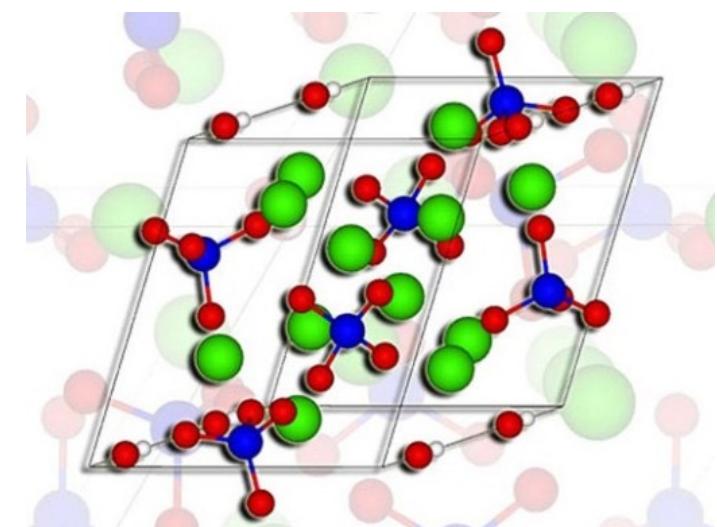


in dentin and bone

20-60 nm x 6 nm crystals

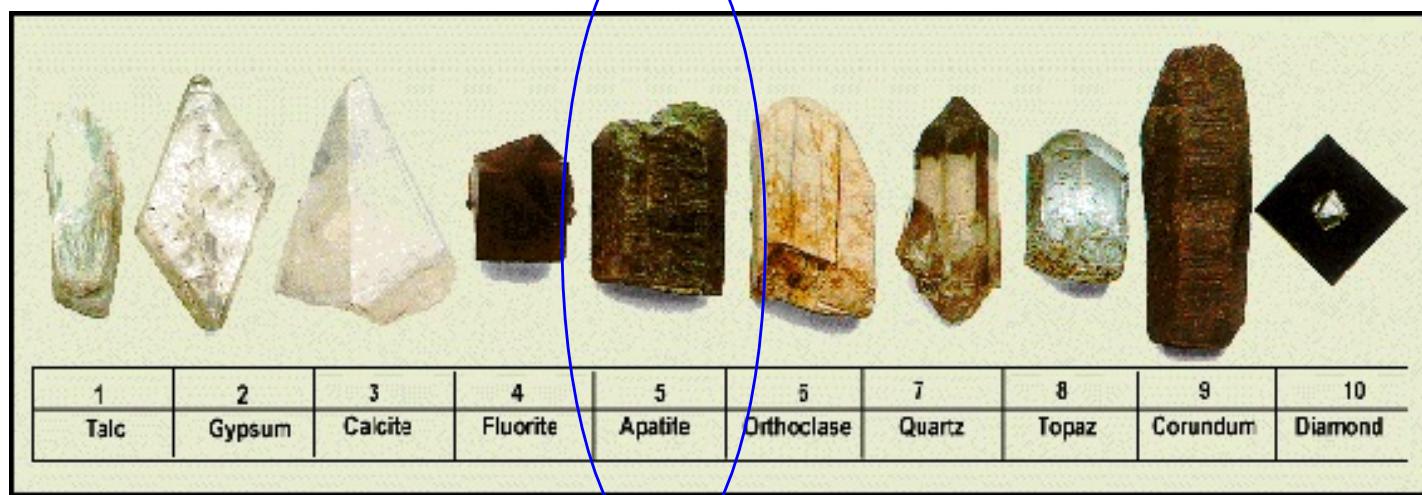
in enamel:

500-1000 nm x 30 nm crystals



# Properties of hydroxyapatite

## Mohs scale:

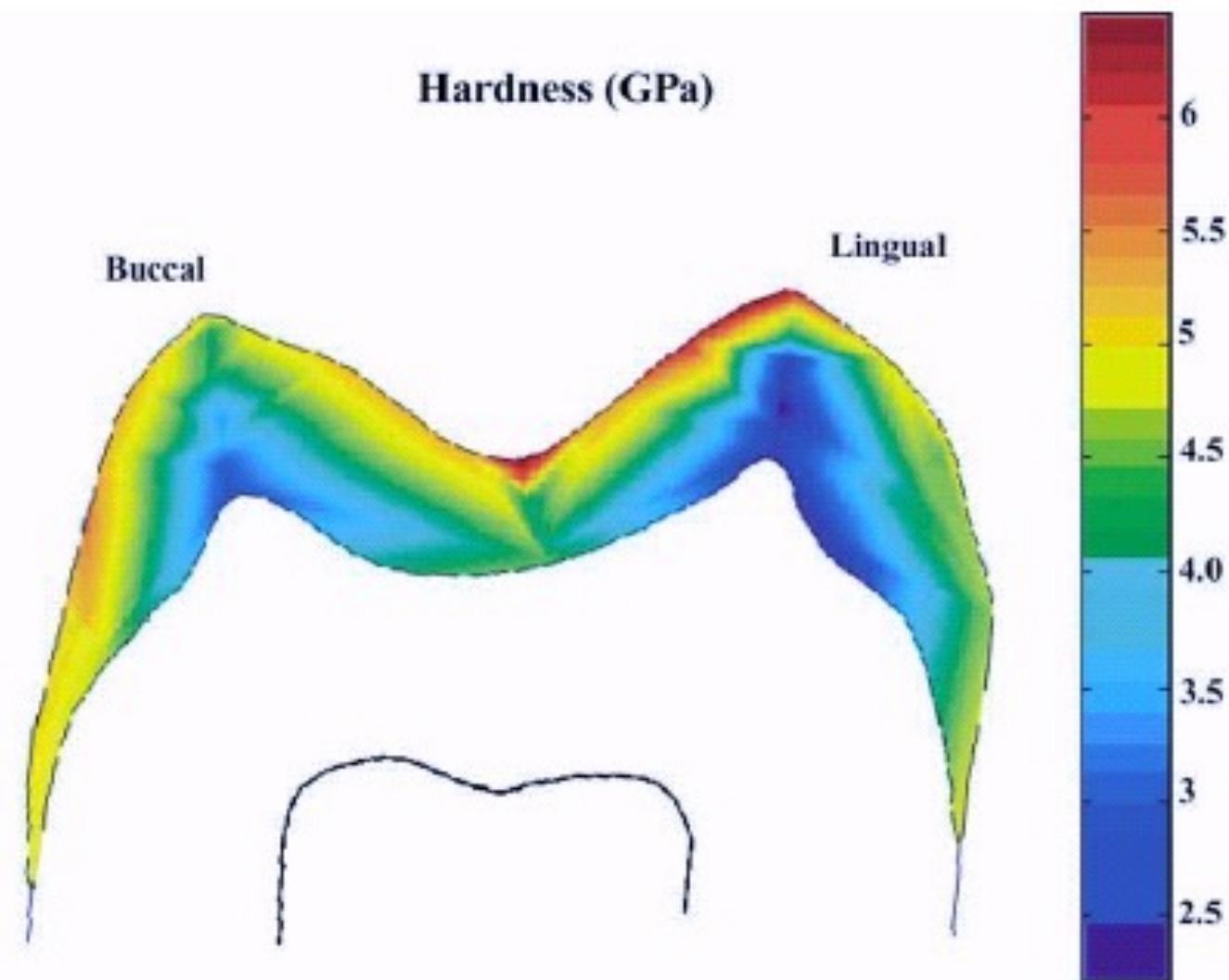


| material     | $HV$ (MPa)     |
|--------------|----------------|
| enamel       | $\approx 3400$ |
| dentin       | $\approx 600$  |
| amalgam      | $\approx 1000$ |
| gold         |                |
| gold alloys  | 600-250        |
| Pd-Ag alloys | 1400-1900      |
| Co-Cr alloys | $\approx 4000$ |
| Ni-Cr alloys | 3000-4000      |
| glass        |                |
| porceelain   | 4500-7000      |
| akrylate     | $\approx 200$  |

|         |                      |                        |                           |               |
|---------|----------------------|------------------------|---------------------------|---------------|
| HAP:    | $HV \approx 6$ GPa   | $E \approx 140$ GPa    | $\sigma_s \approx 60$ MPa | (bending)     |
|         |                      |                        | $\approx 500$ MPa         | (compression) |
| enamel: | $HV \approx 3-6$ GPa | $E \approx 90-100$ GPa | $\sigma_s \approx 50$ MPa | (tension)     |
|         |                      |                        | $\approx 400$ MPa         | (compression) |

Rigid, hard, strong but brittle!

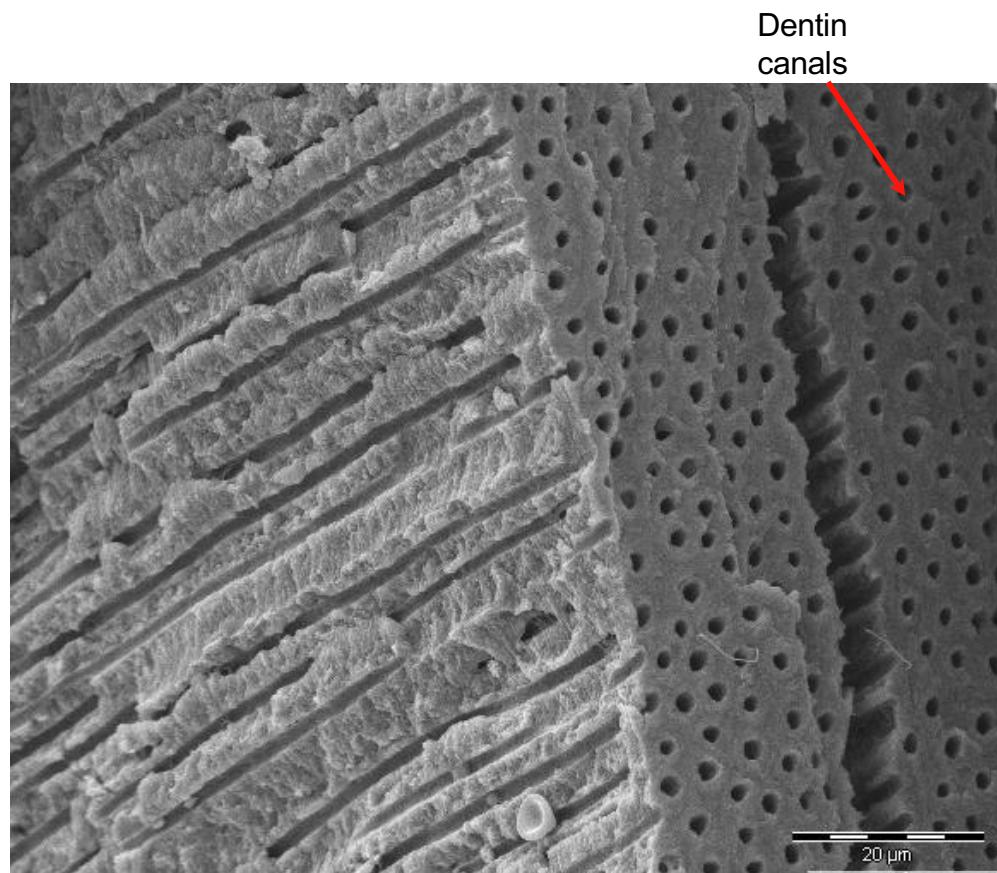
# Hardness distribution of enamel crown



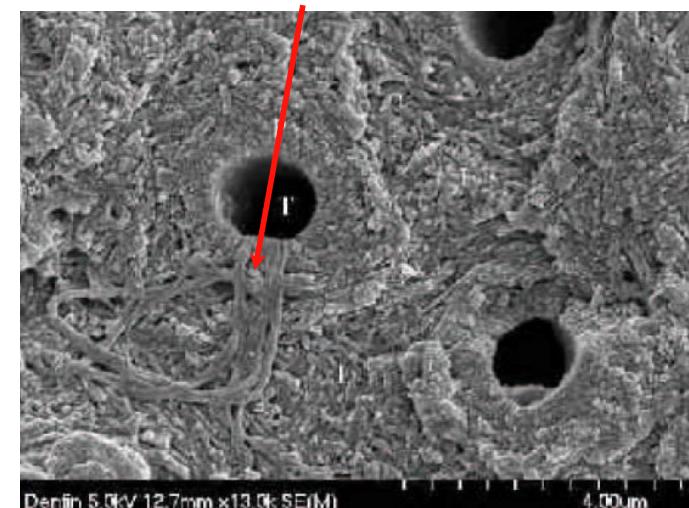
composite

# Dentin

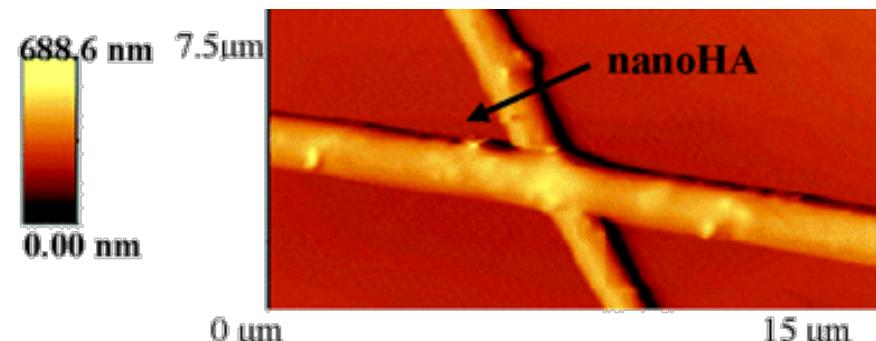
moderately hard, very strong and tough



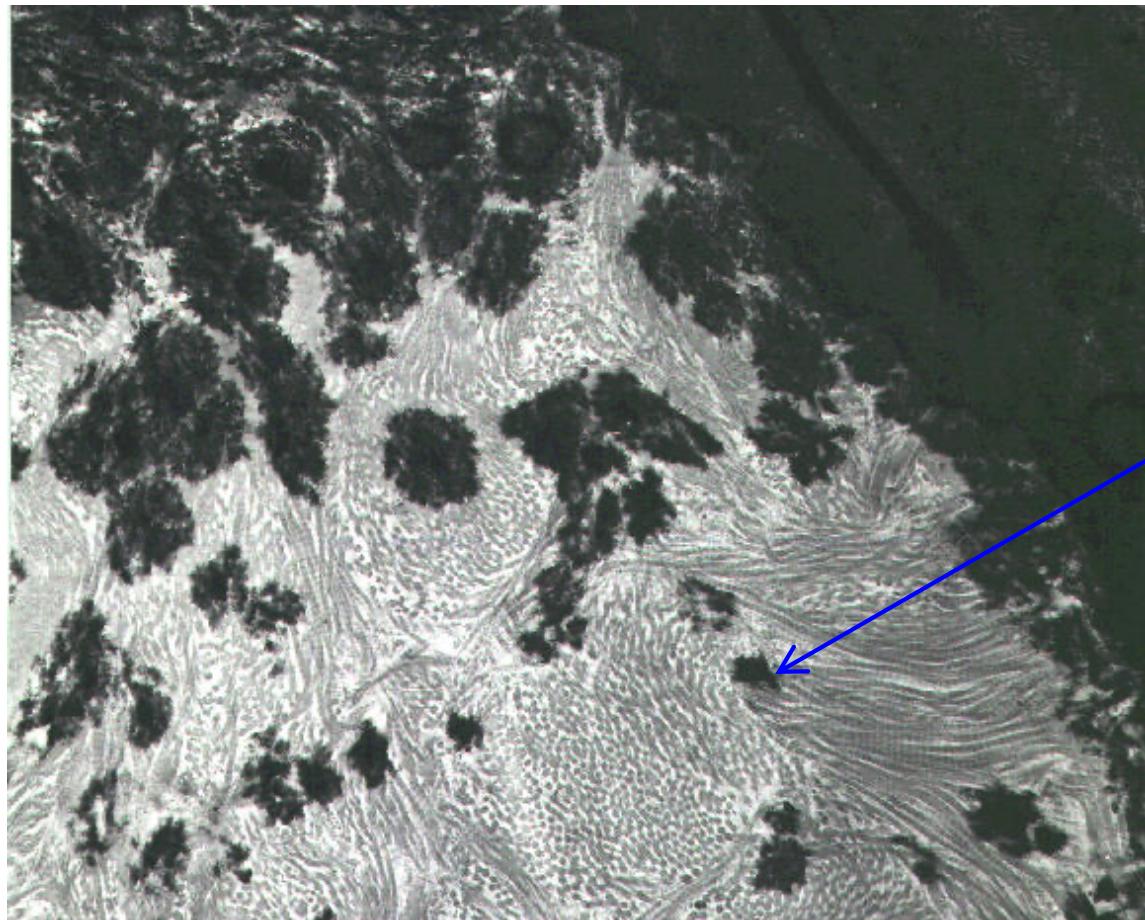
about 1/3 organic + water  
(collagen fibers)



about 2/3 inorganic  
(HAP crystals on collagen fibers)



# Cementum

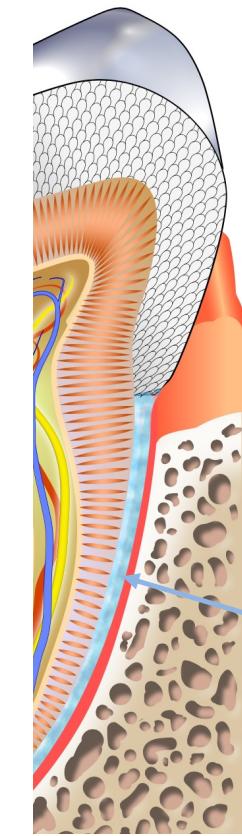


composite

≈ 50% organic + water (collagen!)

≈ 50% HAP

HAP crystals



cementum

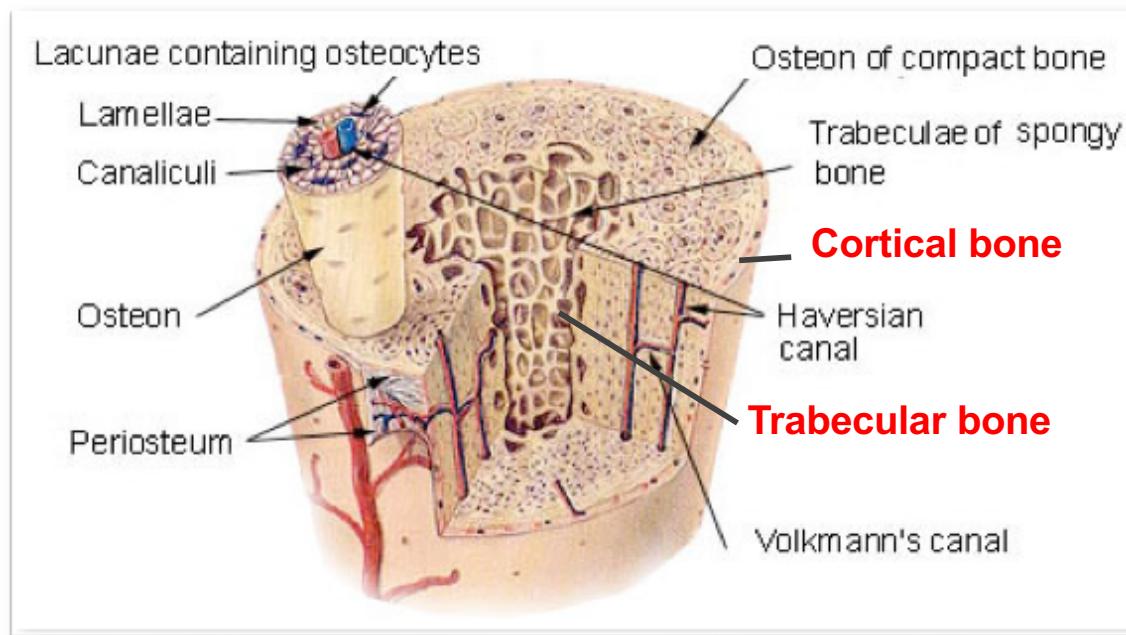
# Bone

Due to the different structure of bone tissue along the cross section of long bones, the **Young's modulus distribution is anisotropic**. Denser cortical bone has greater Young's modulus vs. the trabecular bone..

Young's-modulus: 5-20 GPa

Decalcified bone (acid treatment): flexible

Removal of organic compounds (heating): brittle



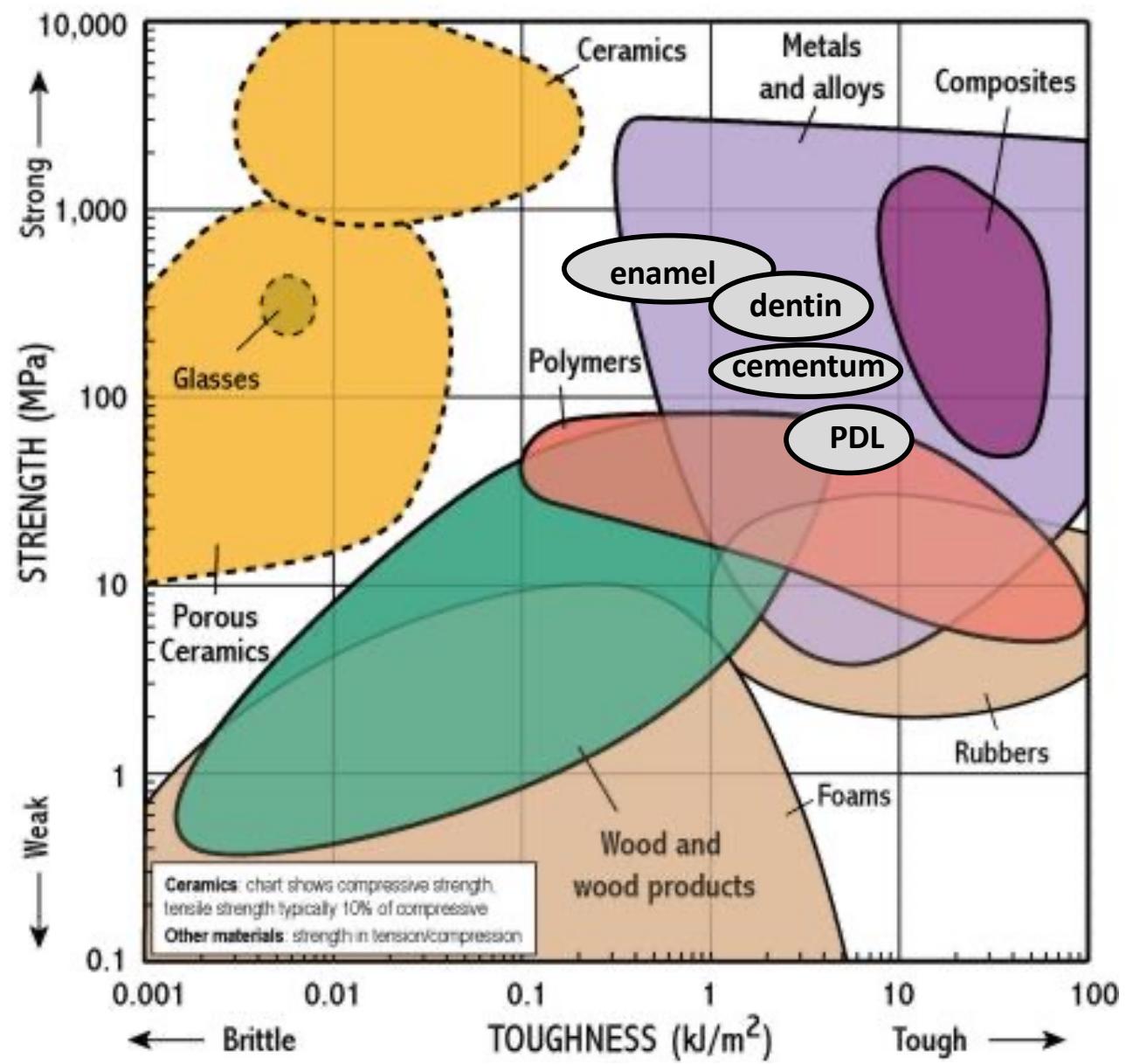
**30 % Organic matrix:** collagen

**70 % Inorganic salt:** Hydroxylapatite

composite

# Properties of dental biomaterials

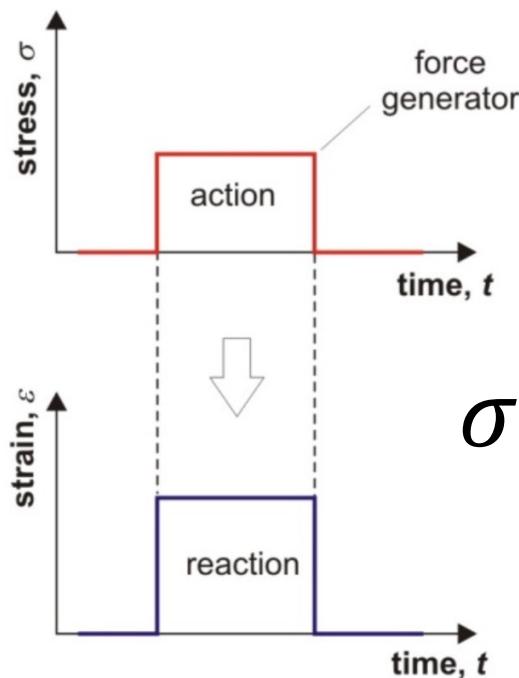
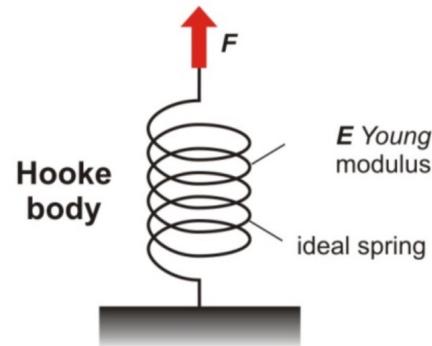
|                                    | PDL<br>(≈ collagen)        | dentin<br>(≈1/3 collagen,<br>2/3 apatite) | enamel<br>(≈ apatite)          |
|------------------------------------|----------------------------|---|--------------------------------|
| Young's modulus ( $E$ )<br>(GPa)   | 0,3–2,5                    | 10–20                                     | 90–100                         |
| strength ( $\sigma_{\max}$ ) (MPa) | 60                         | 110 (tensile)<br>300 (compress)           | 50 (tensile)<br>400 (compress) |
| toughness (kJ/m <sup>3</sup> )     | 1–10                       | 0,5–5                                     | 0,1–1                          |
| hardness HV (GPa)                  | <i>too soft to measure</i> | 0,5–1                                     | 3–6                            |



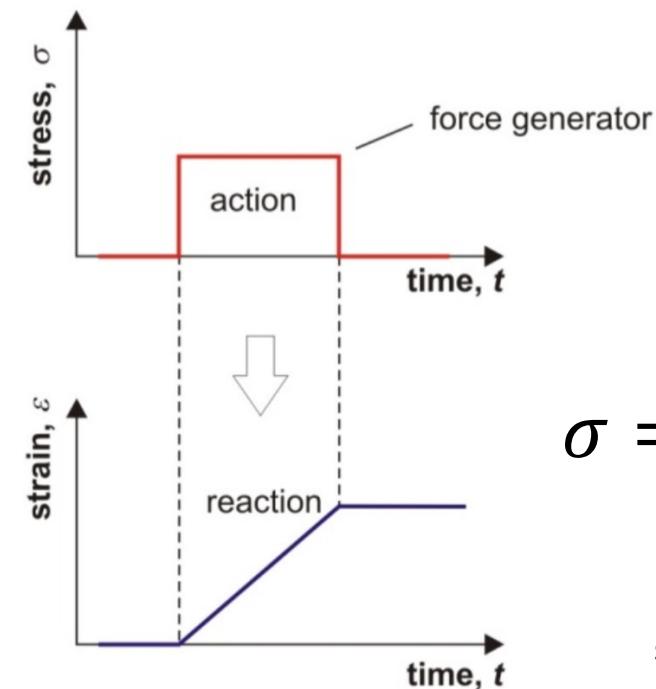
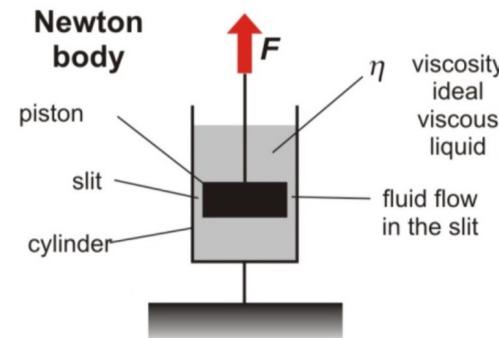
# Viscoelasticity

(mechanical model)

Elastic body

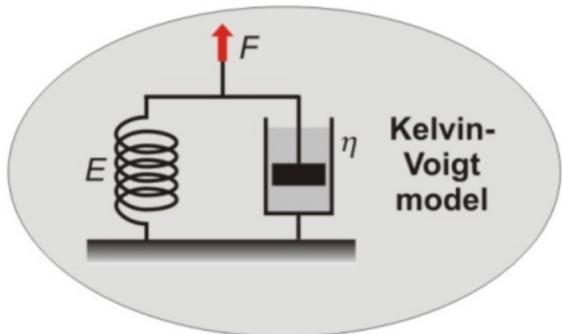


Viscous body



# Viscoelasticity

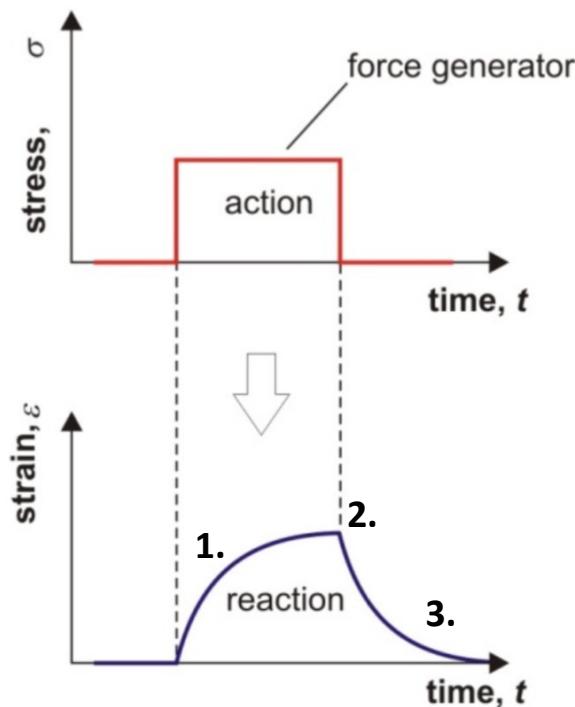
## (mechanical model)



Viscoelasticity means co-appearance of viscous and elastic behavior. A

model: parallel connection of spring and dashpot  
(Kelvin-Voight model)

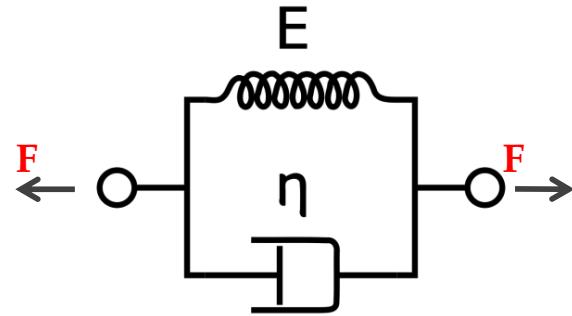
Spring: ideal elastic (Hooke) body  
Dashpot: ideal viscous (Newton) body



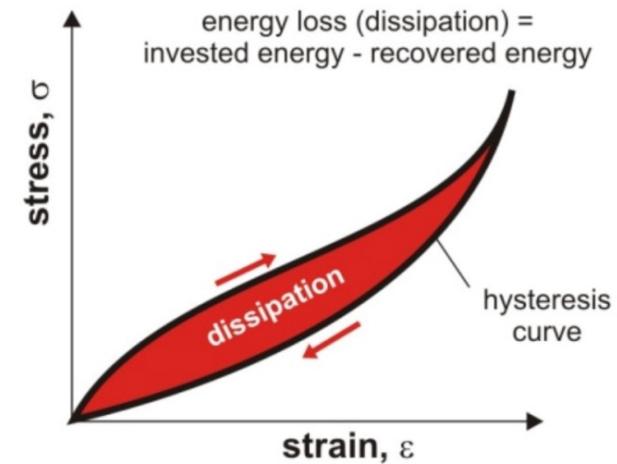
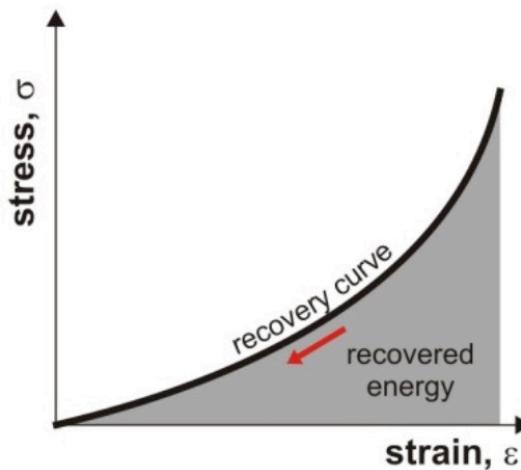
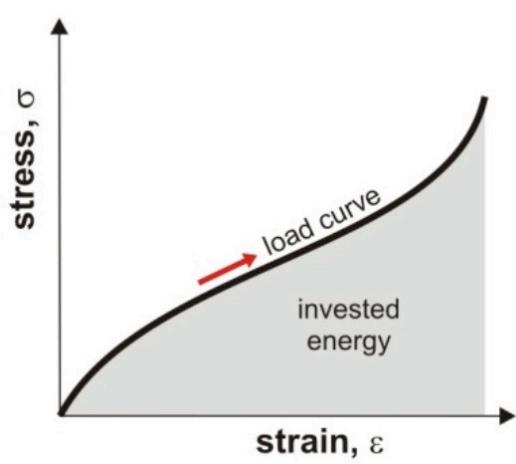
1. Upon stretch, the extension of the spring is slowed down by the dashpot.
2. Extension stops when the elastic spring force equals the external force.
3. When the external force is quenched, the contraction of the spring is slowed down by the dashpot.

# Visco-elasticity

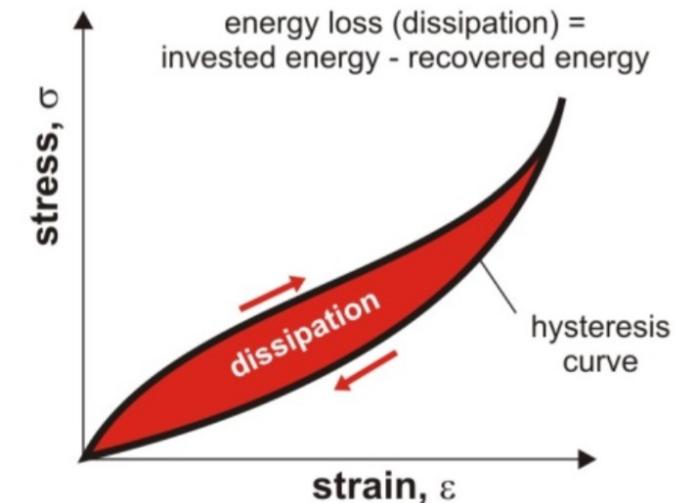
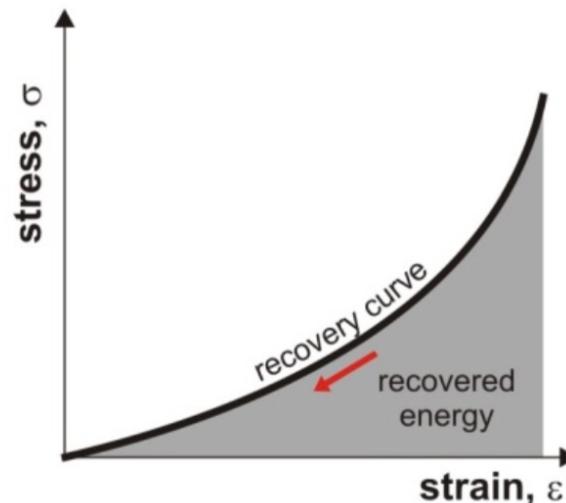
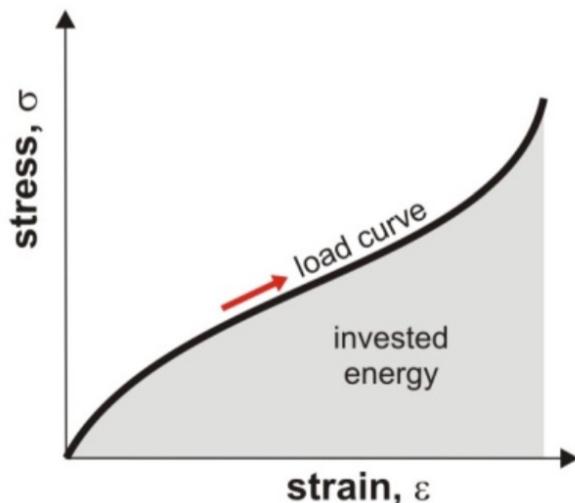
(mechanical model)



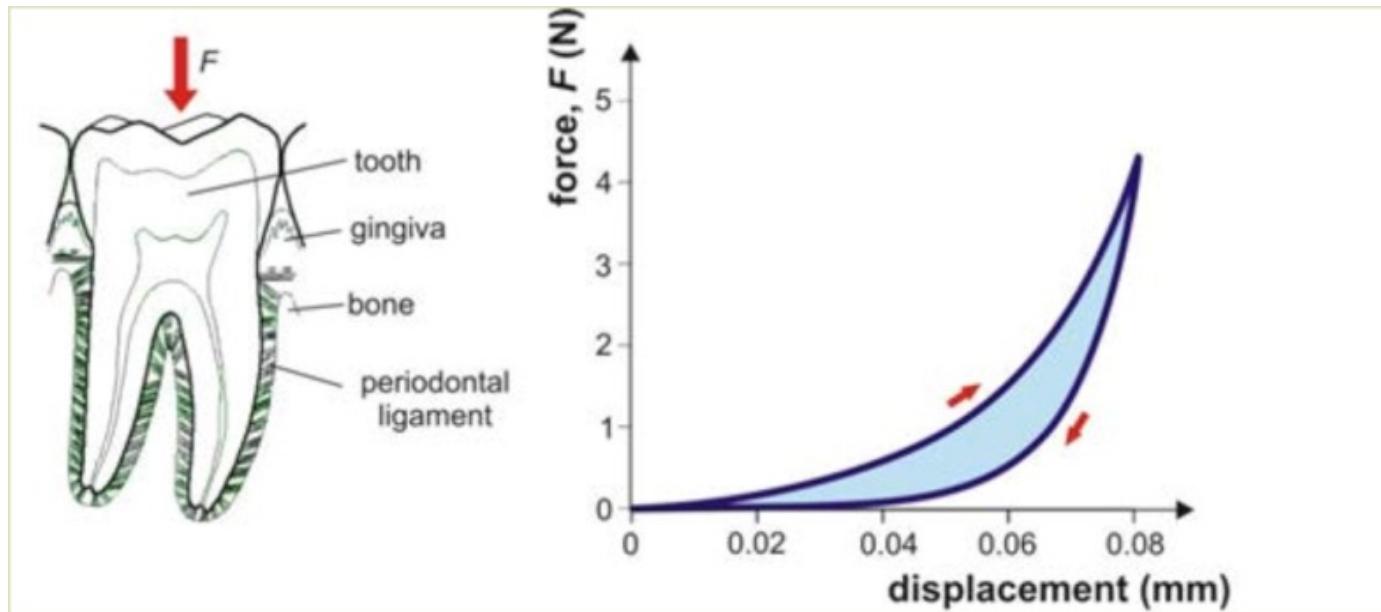
model: parallel connection of a spring and a dashpot  
(Kelvin-body)



# Energy dissipation in viscoelastic system

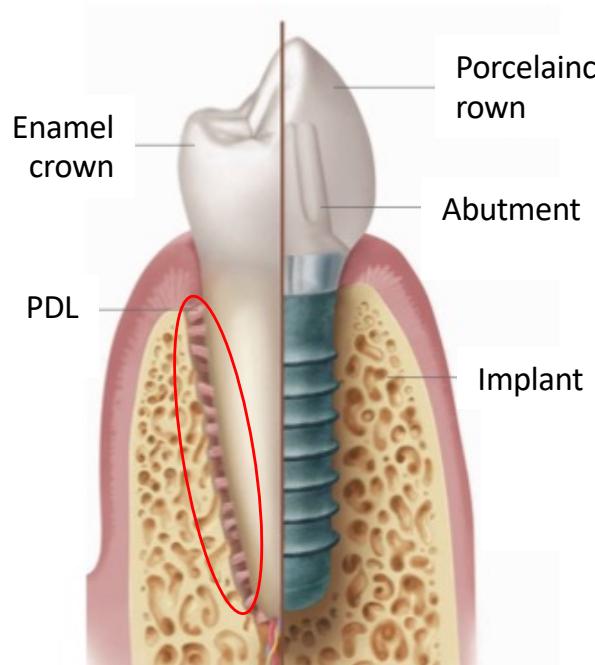


## Periodontal ligament



# Example: Implants vs natural tooth

PDL makes the difference!



**Absence of PDL result in :**

- **loss of masticatory force perception**
- **loss of visco-elastic (damper) effect**
- **loss of force sensory mechanisms**
- **No implant movement**

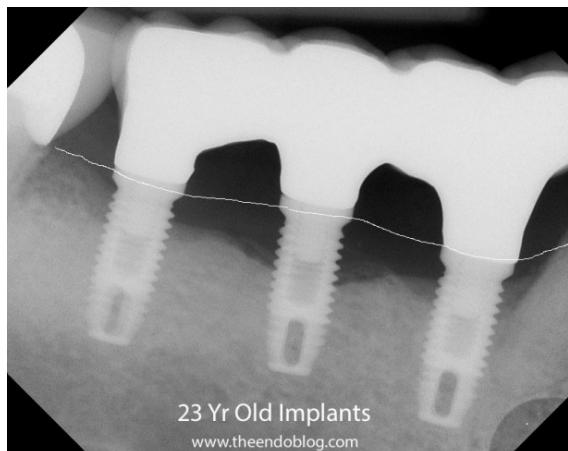
**Implant is in direct contact with bone tissue**



**Increased compressive stress**



**Bone loss (0.2 mm / year)**  
**Loss of gingival height**

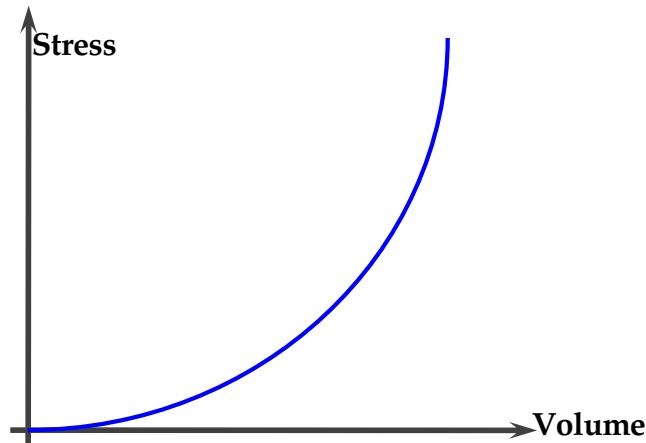


**Implants ↔ Root Canal Treatment**

# Biomechanics of elastic arteries

## Non-linear elasticity

Strain is not linearly proportional to stress.

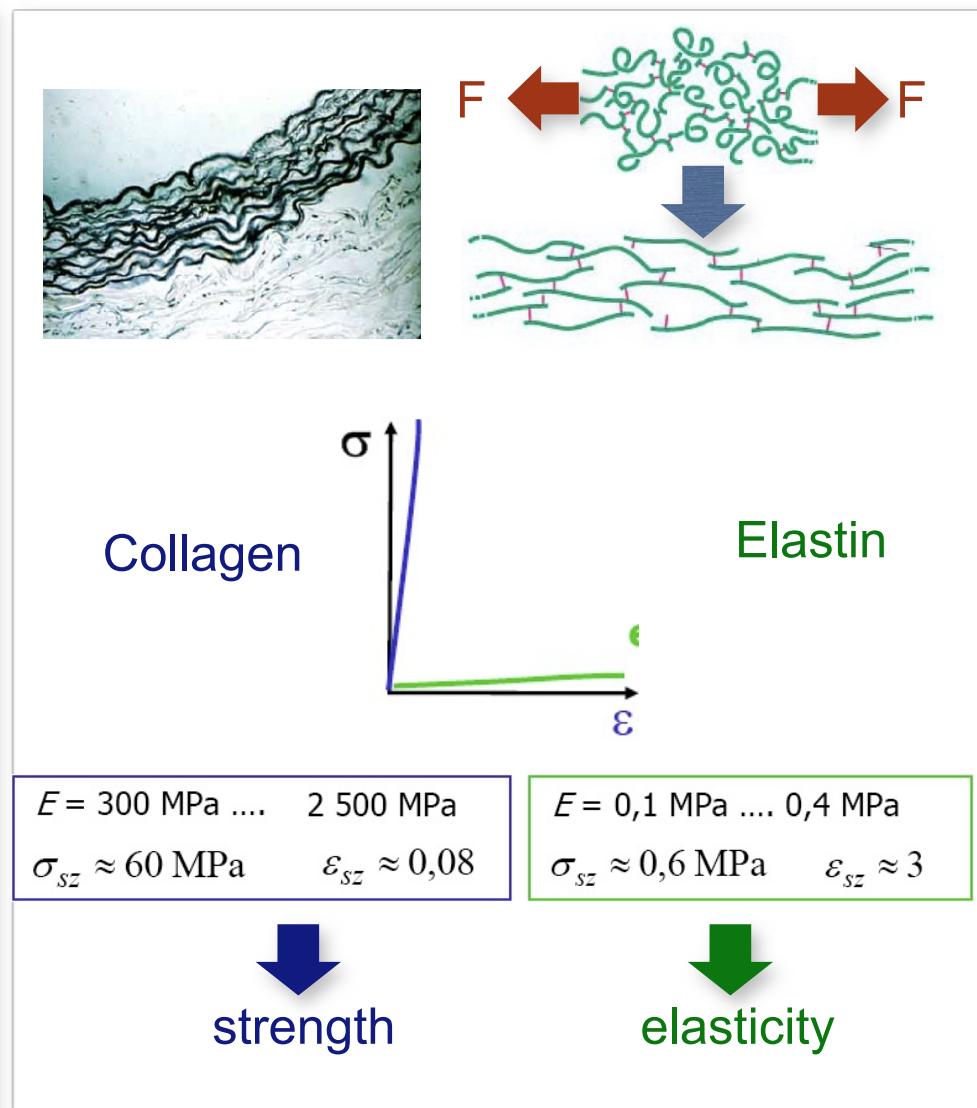


## Determinants of vascular elasticity:

Elastin  
Collagen  
Smooth muscle

## Implications of vascular elasticity:

Storage of potential (elastic) energy  
Dampening of pressure pulses  
Constant flow rate



*Physical bases of dental material science*

## **BIOMECHANICS**

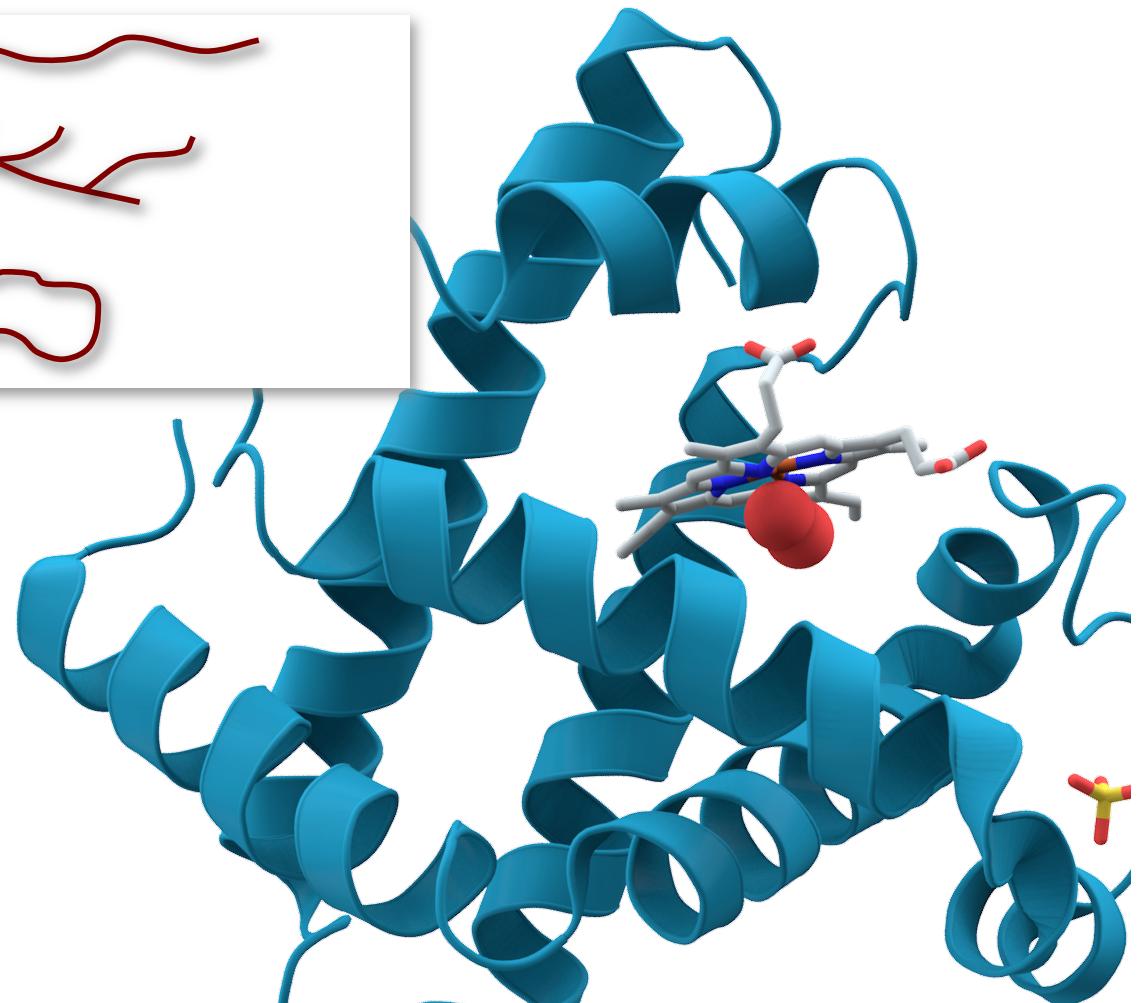
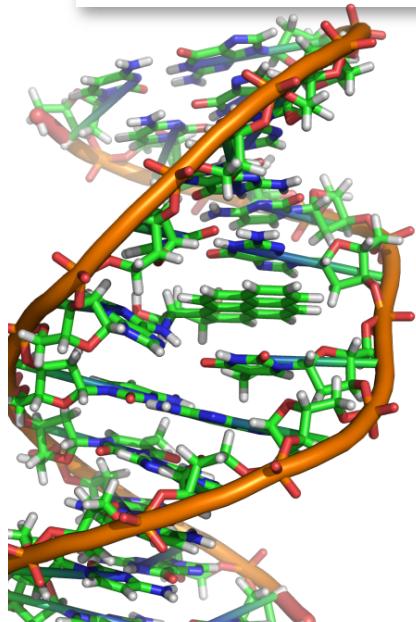
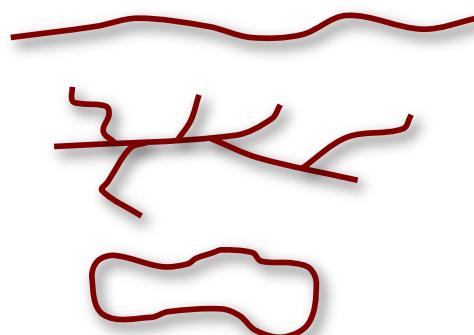
### **Molecular nanomechanics**

# Biomolecules are polymers

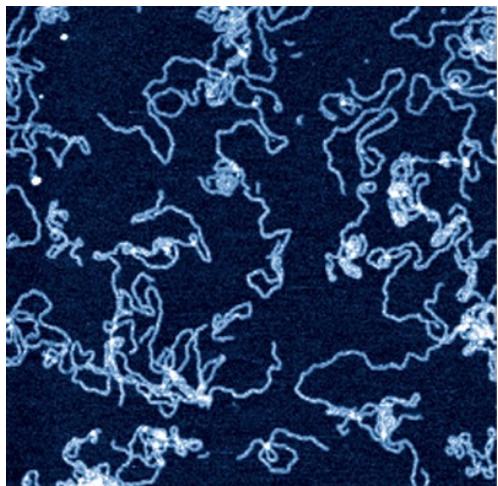
Common feature:

- Linear primary structure (protein, DNA)
- Strong bonds between monomers (covalent)
- Weaker interactions between distant region of polymer chain

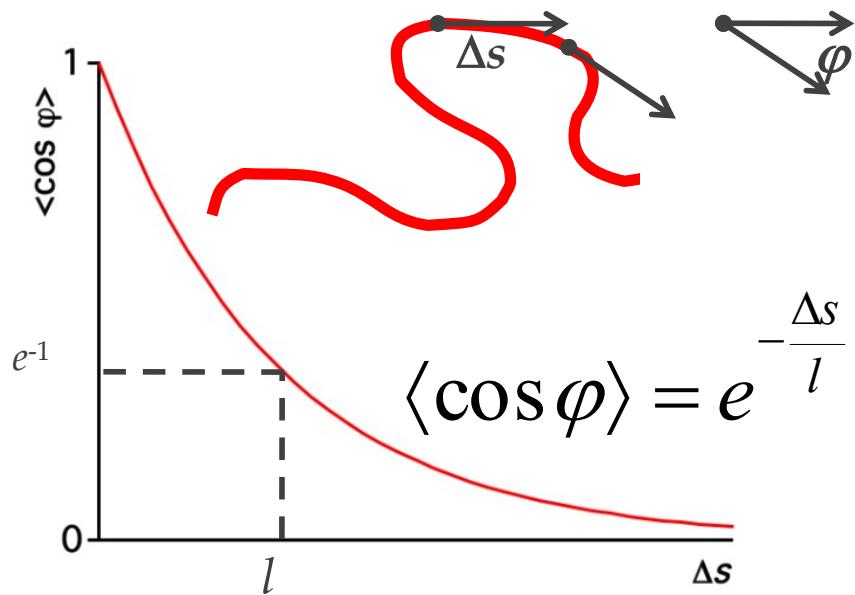
1. Linear  
*DNA, protein, cellulose*
2. Branched  
*glycogen*
3. Circular  
*mt DNA*



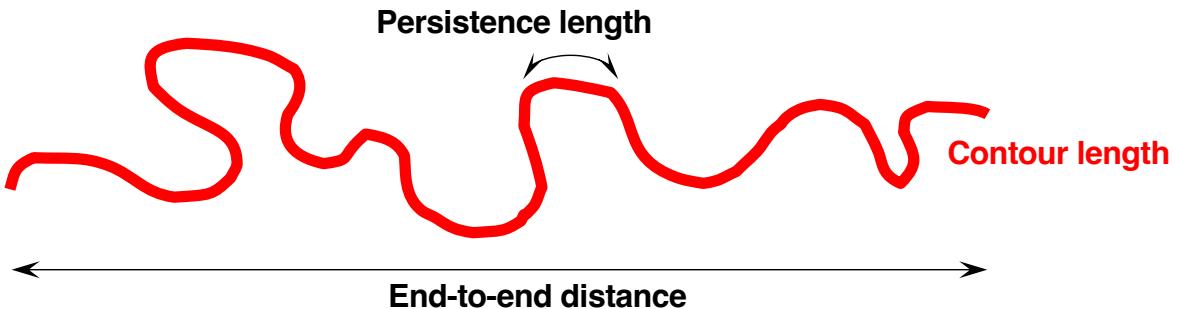
# What is the shape of biopolymers?



AFM image of dsDNA



*Parameters to describe the shape of polymer*



**Contour length (L):** Full length of the chain

**End-to-end distance (R):** Distance between chain termini.

**Persistence length (l) :** describe the persistence of chain orientation.

*Shorter persistence length polymers are more flexible.*

# Biopolymer classification based on flexibility

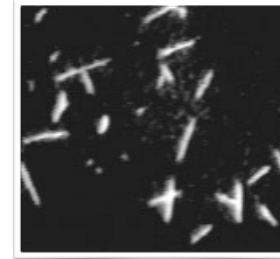
$l$  = persistence length

$L$  = contour length

**RIGID**  
 $l \gg L$



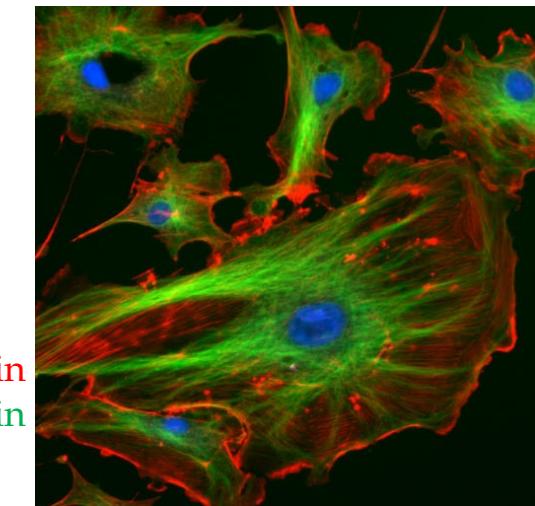
Microtubules



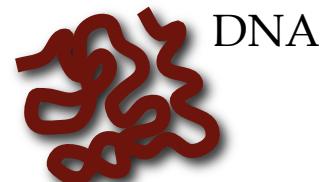
**SEMIFLEXIBLE**  
 $l \approx L$



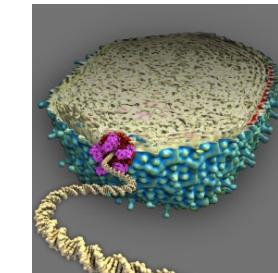
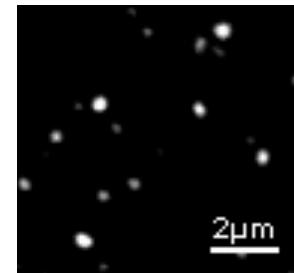
Microfilaments



**FLEXIBLE**  
 $l \ll L$



DNA



# Are biopolymers elastic?

Yes, but Hooke's law is not valid! Non-linear elasticity.

## Entropic elasticity

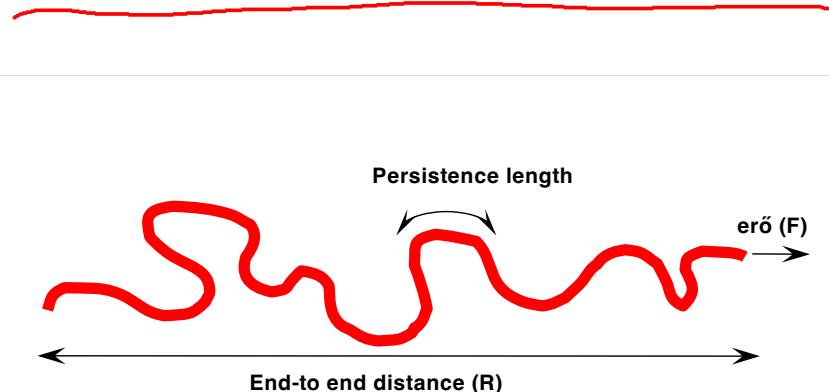
Thermal energy ( $k_B T$ ) excites bending movements in the chain



The chain's disorder (entropy) increases



The chain shortens



## Force is needed to stretch an entropic chain

$$F \sim \frac{k_B T}{l} \cdot \frac{R}{L} + \left(\frac{R}{L}\right)^a$$

$F$  = force

$l$  = persistence length

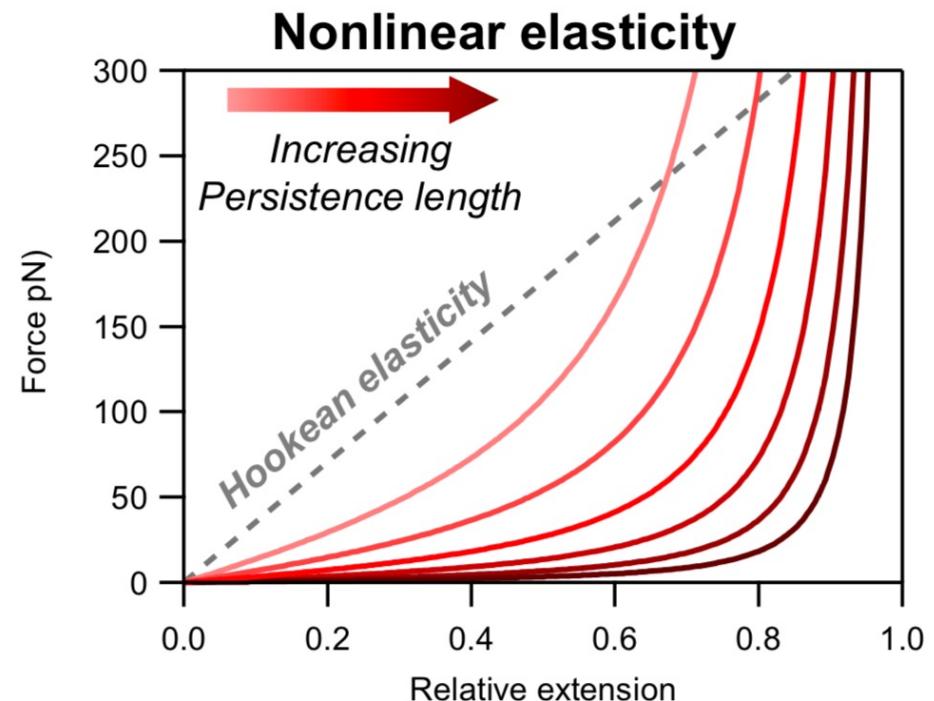
$k_B$  = Boltzmann constant

$T$  = absolute temperature

$L$  = contour length

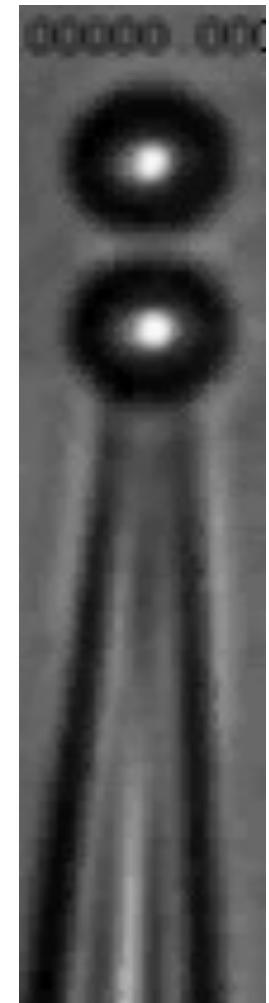
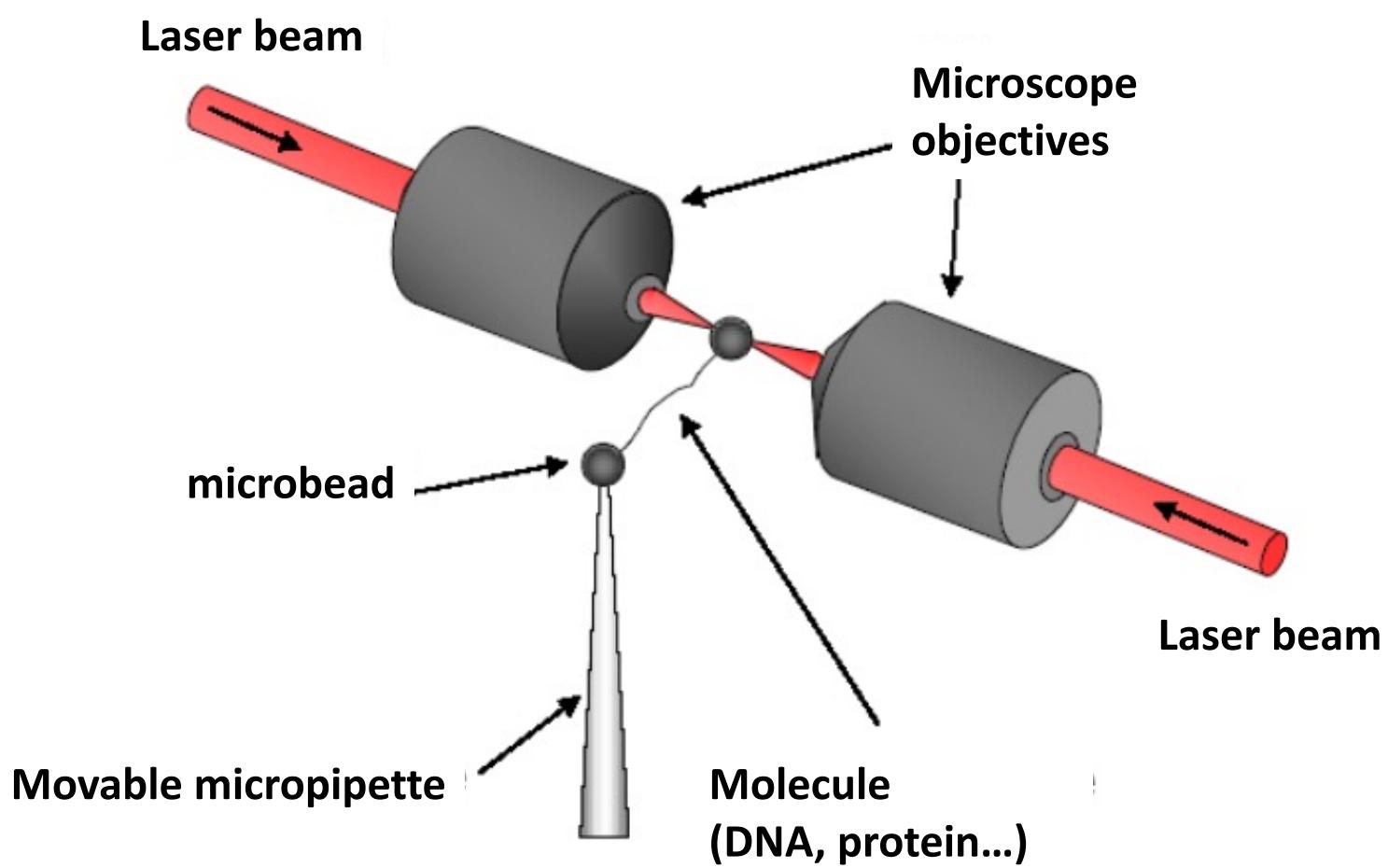
$R$  = end-to-end distance

$R/L$  = relative extension

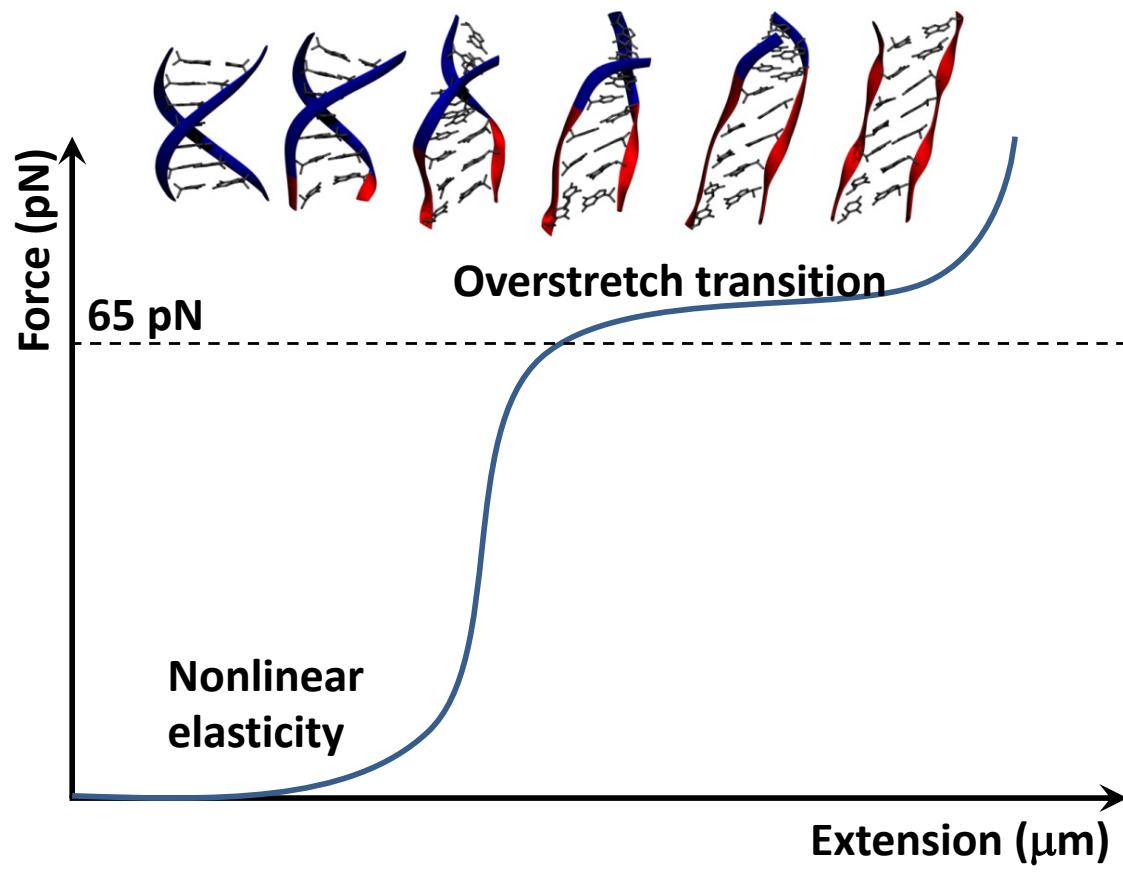


# How to stretch single molecules?

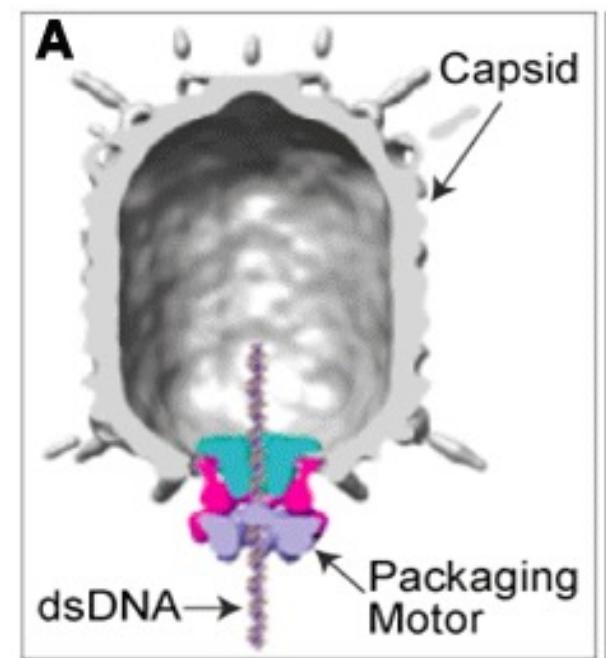
## *Optical tweezers*



# Stretching dsDNA with optical tweezers



DNA packaging of bacteriophage



$$F = 55 \text{ pN}$$