Transport processes-1
fluid flow

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Transport = translocation of materials

biological significance: intracellular, intercellular, and transmembrane flow of matter (breathing, blood circulation, transport across membranes, metabolism)
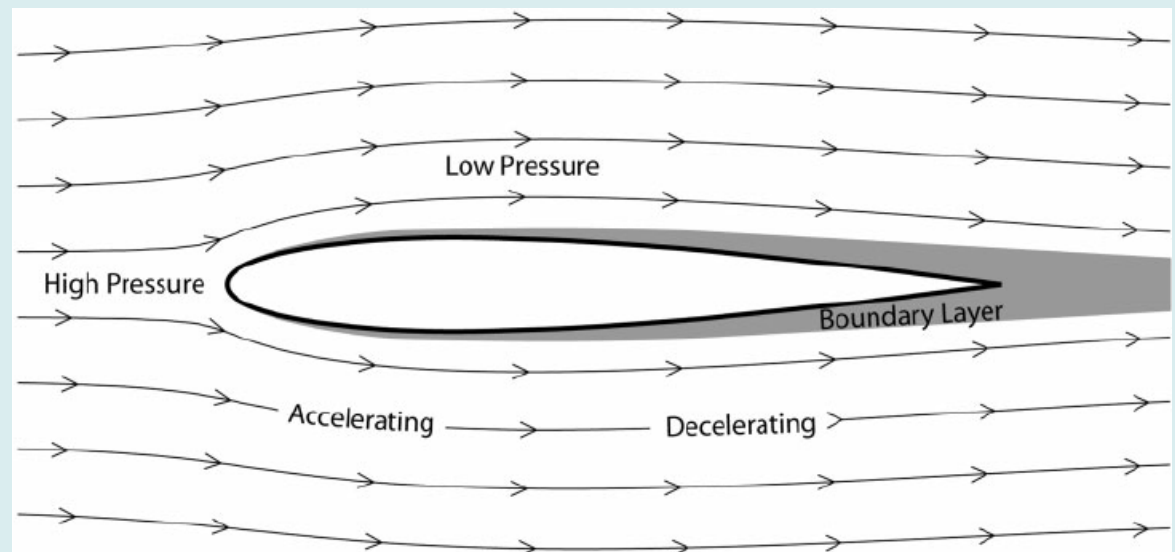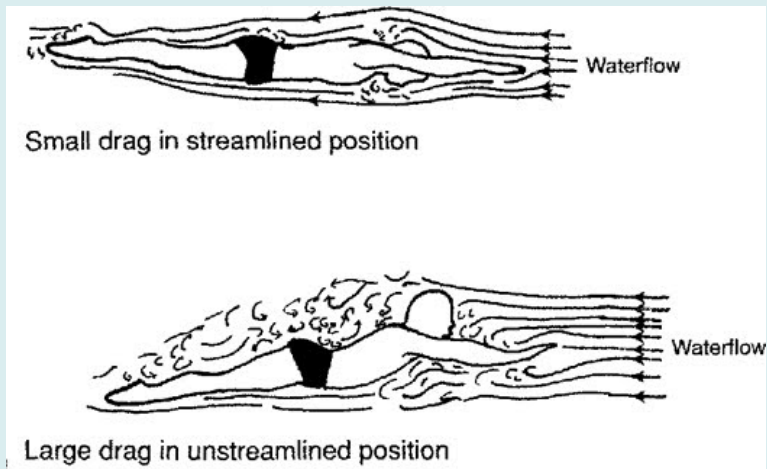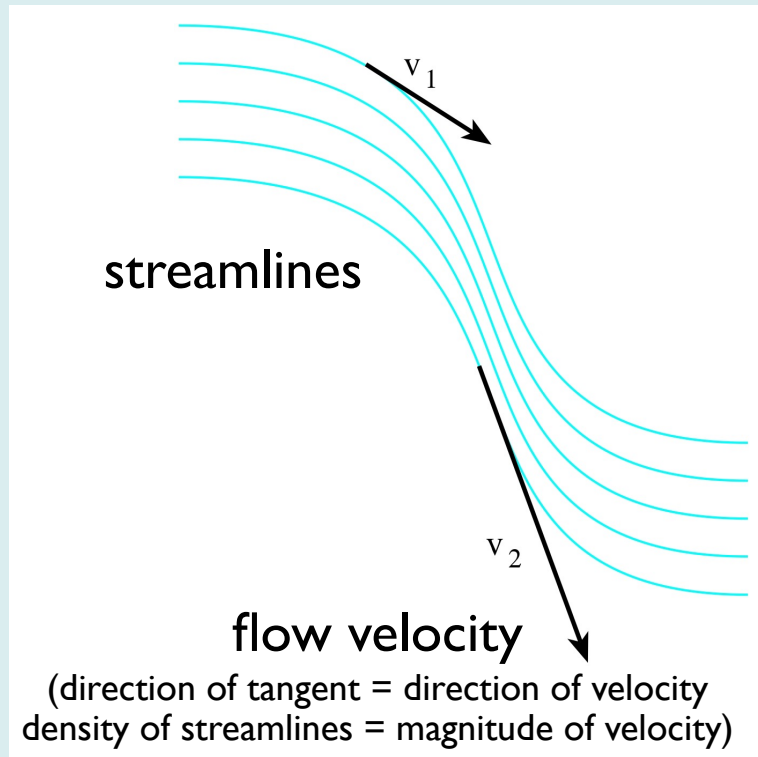
Distinct transport mechanisms:

– Transport is due to a collective, directional motion of particles, such as in a fluid flow

– Trasport is due to independent random motion of particles, such as diffusion

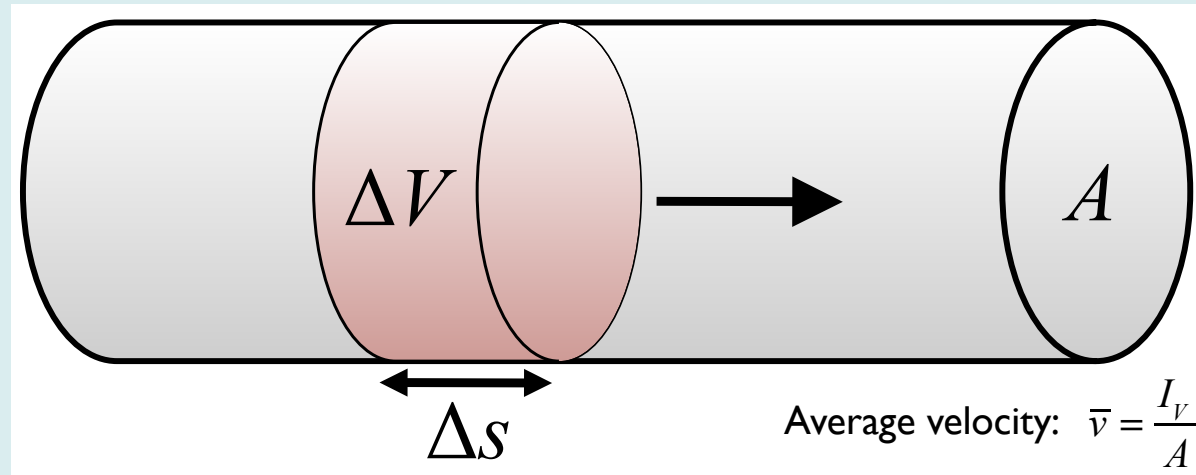– Transporting materials through lipid bilayers

topics covered in this lecture:

– Transport is due to a collective, directional motion of particles = **A macroscopically observable fluid flow**

– types and laws of flow of fluids and gases

–blood characteristics determining its flow properties

Macroscopically observable fluid flow

streamlines

v_1

v_2

flow velocity
(direction of tangent = direction of velocity
density of streamlines = magnitude of velocity)

Small drag in streamlined position
Waterflow

Large drag in unstreamlined position
Waterflow

Low Pressure

High Pressure

Boundary Layer

Accelerating — Decelerating

Flow in rigid-wall tubes

ΔV

A

Δs

Average velocity: $\bar{v} = \dfrac{I_V}{A}$

Volumetric flow rate (I_V):

$$I_V = \frac{\Delta V}{\Delta t} = A\frac{\Delta s}{\Delta t} = A\bar{v}$$
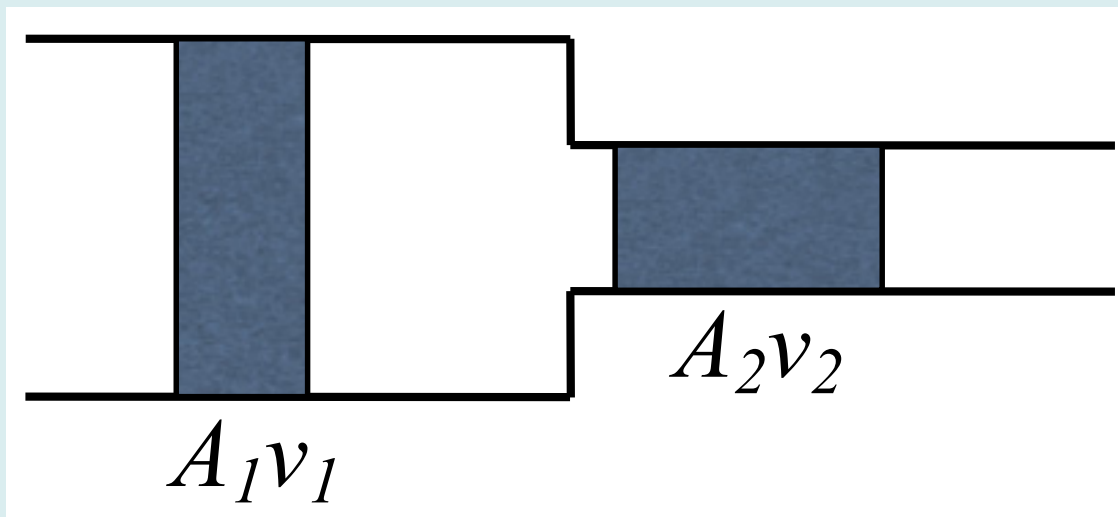
Stacionary flow

parameters of flow are constant in time

Continuity principle:

in a stacionary flow the volumetric flow rate is constant

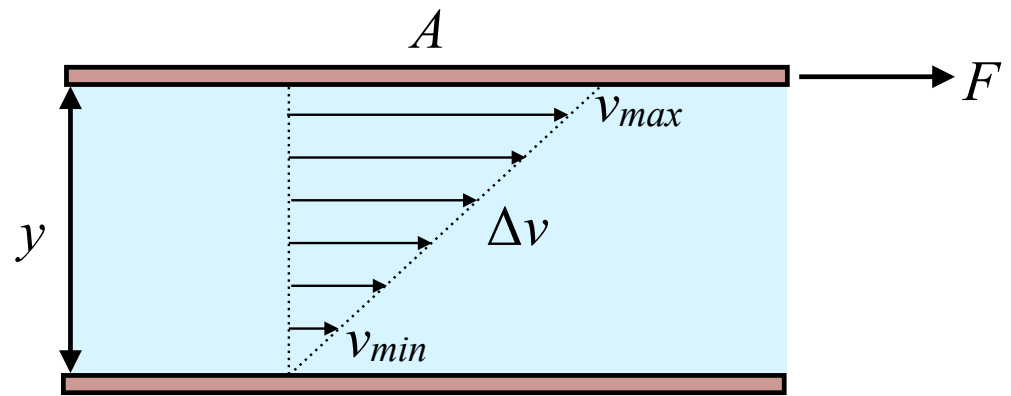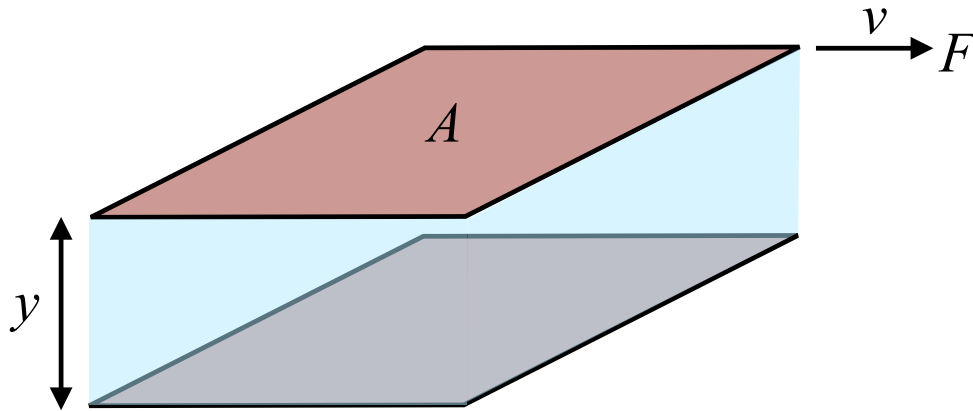e.g. law of mass balance for incompressible fluids (gases?)

compressibility:

$$\kappa = -\frac{1}{V}\frac{\Delta V}{\Delta p}$$

A_2v_2

A_1v_1

$$A_1v_1 = A_2v_2 = \textbf{constant}$$

= cross-sectional area
= flow velocity

Viscosity – internal friction

F = shear force
A = area of fluid layer
η = viscosity
v = flow velocity
y = distance between fluid layers
F/A = shear stress (τ)
$\Delta v/\Delta y$ = velocity gradient (D)

$$\frac{F}{A} = \eta \frac{\Delta v}{\Delta y} \quad \text{(Newton's friction law)}$$

$$\eta = \frac{\tau}{D}$$

Units of viscosity: $1 Pas = 1\dfrac{Ns}{m^2} = 10 P(poise)$

Viscosity of distilled water (25 ˚C): 1 mPas (1 centipoise)

Types of flow based on viscosity

1. *Ideal*
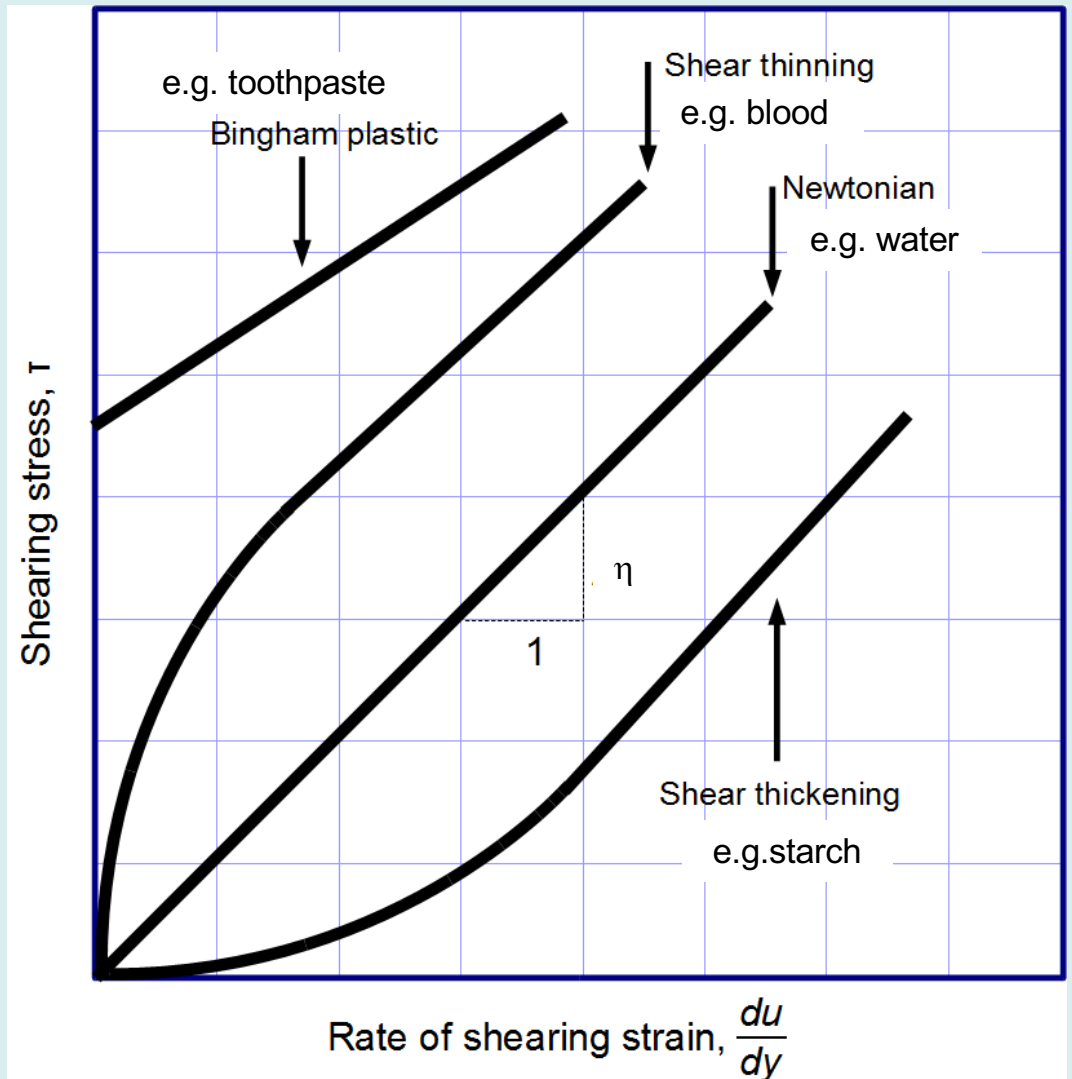   frictionless, incompressible
   ρ = constant, $\eta = 0$

2. *Non-ideal (real)*
   a. *Newtonian (viscous)*
   η independent of shear stress

   b. *Non-newtonian (anomalous)*
   η changes with shear stress

e.g. toothpaste
Bingham plastic

Shear thinning
e.g. blood

Newtonian
e.g. water

η

1

Shear thickening
e.g.starch

Shearing stress, τ

Rate of shearing strain, $\frac{du}{dy}$

$$\eta = \tau / D$$

Viscosity – internal friction

substance	η (mPa·s) 20 °C
air	(101 kPa) 0.019
water	1
ethanol	1.2
blood (37 °C)	2–8
glycerine	1490
honey	2000–14000

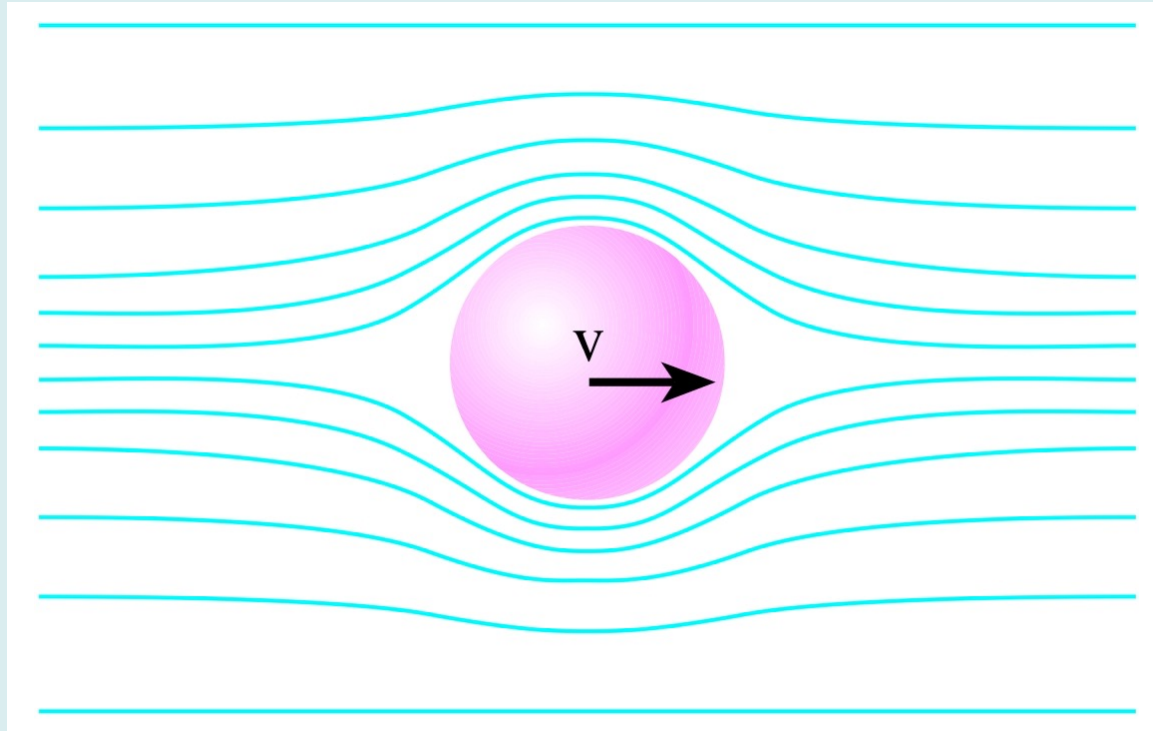viscosity of gases increases with rising temperature $\eta \sim T$

viscosity of fluids decreases with rising temperature

$$\eta \sim e^{\frac{E}{kT}}$$

$$\frac{F}{A} = \eta \frac{\Delta v}{\Delta y}$$

Fluids obeying the above equation are called **newtonian fluids**.

Friction on spherical particles – Stokes law

Georg Gabriel Stokes
(1819-1903)

Frictional force is proportional with the velocity:

$$F_s = 6\pi\eta r\upsilon$$

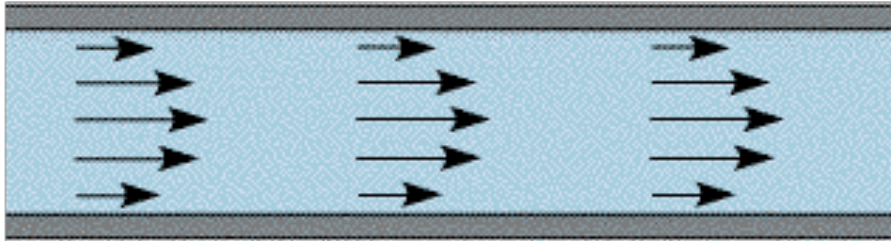$$u = \frac{\upsilon}{F} \quad , \quad u = \frac{1}{6\pi\eta r}$$

u is the mobility of the sphere, which is the value of the velocity resulting from a unity of force.
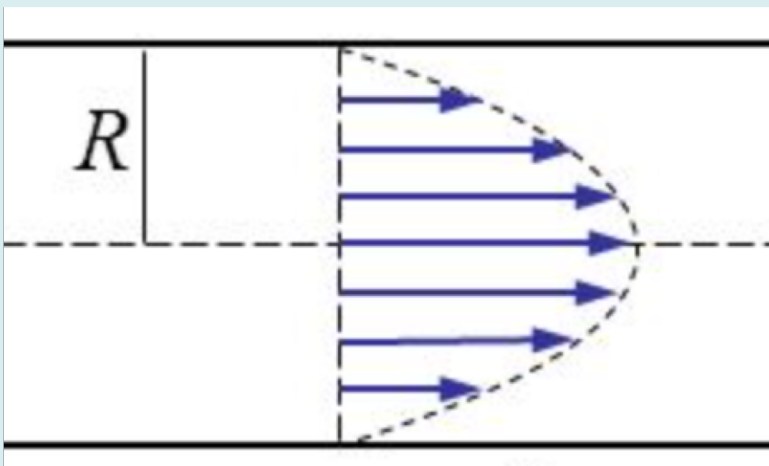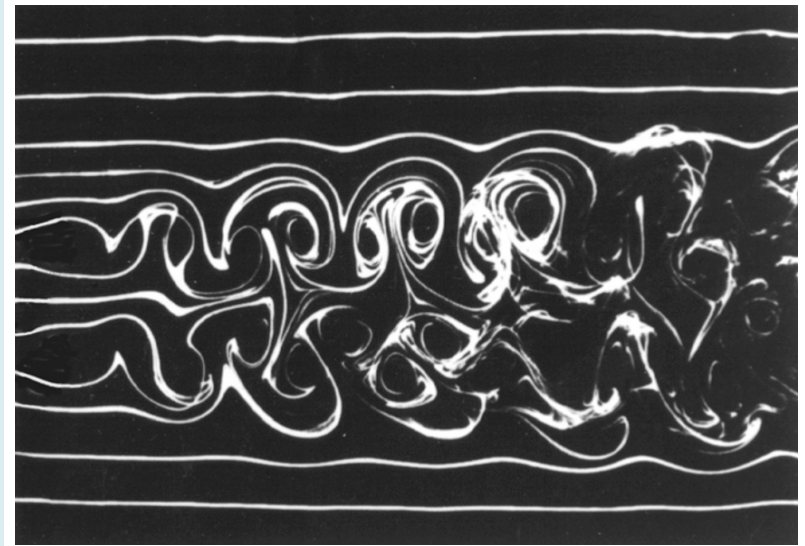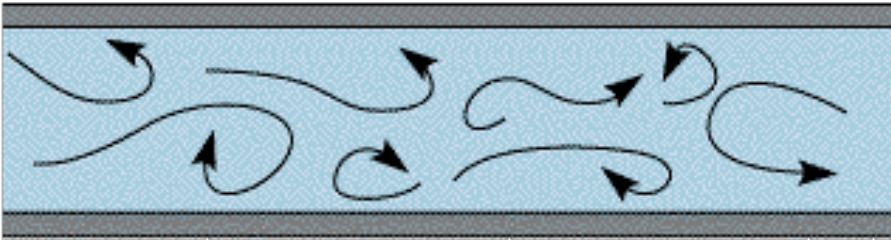
Types of flow:

laminar flow – flow happens in layers, which do not mix
turbulent flow – layers are mixing (chaotic streamlines)

laminar flow

turbulent flow

parabolic velocity profile

Reynolds number (Re):

Osborne Reynolds
(1842-1912)

$$\text{Re} = \frac{vr\rho}{\eta}$$

v = flow rate (m/s)
r = tube radius (m)
ρ = density of fluid (kg/m³)
η = viscosity (Ns/m²)

laminar   *turbulent*

$\text{Re} \approx 2000$

Re > 1000 – turbulent flow appears

Bernoulli's law
conservation of energy in ideal fluids

Daniel Bernoulli
(1700-1782)

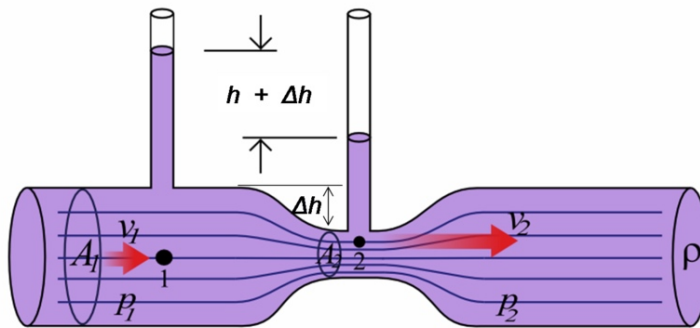$$p + \frac{1}{2}\rho v^2 + \rho g h = const$$

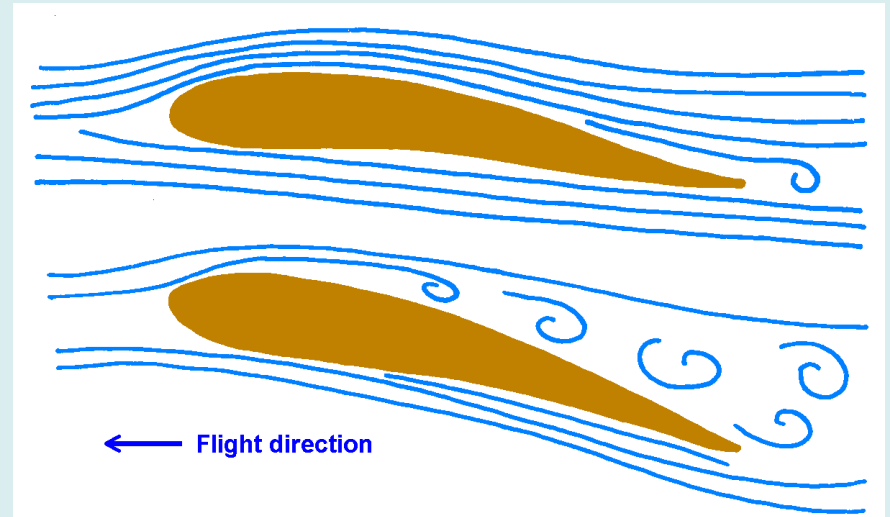p = static pressure

$\frac{1}{2}\rho v^2$ = dynamic pressure

$\rho g h$ = hydrostatic pressure
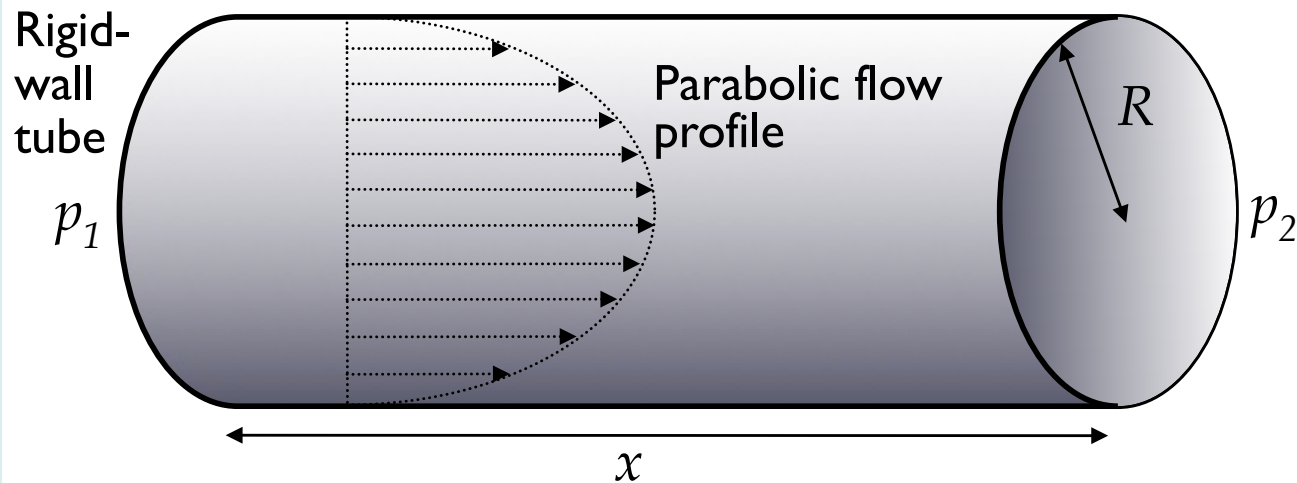
Giovanni Battista
Venturi
(1746-1822)

$h + \Delta h$

Δh

A_1 v_1 v_2 ρ

P_1 P_2

Static pressure drops at the
tube narrowing

← **Flight direction**

Applications: sprayer, atomizer, aspirator (vacuum pump), inspirator (Bunsen burner),
diffuser, jet engine, wing profile, vacuum cleaner, biphasic pulse in aorta insufficiency

Hagen-Poiseuille's law

Stacionary laminar flow of newtonian fluids and gases in rigid-wall tubes

Rigid-wall tube

p_1

Parabolic flow profile

R

p_2

x

G.H.L. Hagen
(1797-1884)

J.-L.-M. Poiseuille
(1799-1869)

V = volume
t = time
R = tube radius
η = viscosity
p = pressure
x = tube length

$V/t = I_V$ = volumetric vlow rate
$\Delta p/\Delta x$ = pressure gradient, maintained by $p_2\text{-}p_1$ (negative!)
A = cross-sectional area of tube
I_V = volumetric flow rate

$$I_V = \frac{V}{t} = -\frac{R^4 \pi}{8\eta} \frac{\Delta p}{\Delta x}$$

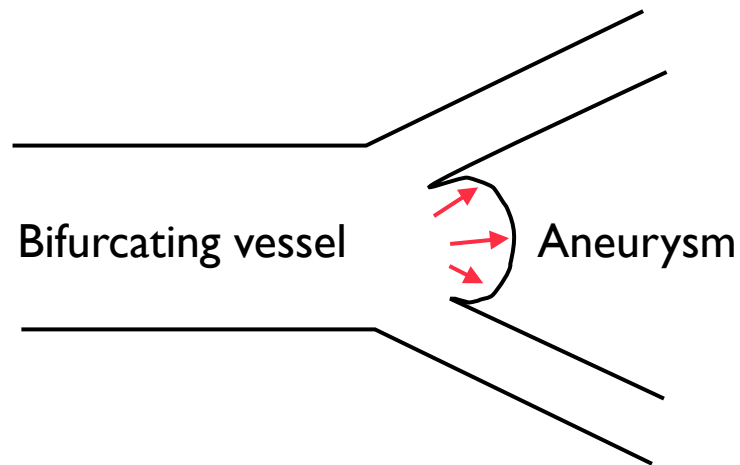$$I_V = -\frac{R^4 \pi}{8\eta \Delta x}\Delta p \implies -\Delta p = R_{tube} \cdot I_V \implies U = R \cdot I$$

$1/R_{tube}$

Ohm's law!

$$\frac{\Delta v}{\Delta r} \sim r \implies \left(\frac{\Delta v}{\Delta r}\right)_{max} = R$$

Shear stress is maximal at the tube wall

Medical significance of fluid flow laws

Bernoulli's law:

Bifurcating vessel   Aneurysm

Formation of aneurysm (pathological expansion of blood vessel):

- Expansion of vessel: diameter increases
- Flow rate decreases, accoring to continuity equation
- Static pressure increases due to Bernulli's law
- Aneurysm pregrediates - positive fedback mechanism leading to catastrophy

Hagen-Poiseuille's law:

$$\frac{V}{t} = \frac{R^4 \pi}{8\eta} \frac{\Delta p}{\Delta x}$$

Flow intensity, hence the delivered oxygen quantity, may be **drastically reduced** in certain pathological conditions:

- constriction of blood vessels (e.g., diabetes, Bürger's disease)
- change in blood viscosity (e.g., fever, anaemia)
- Reduction of vessel diameter by half leads to a reduction of volumetric flow by 1/16!
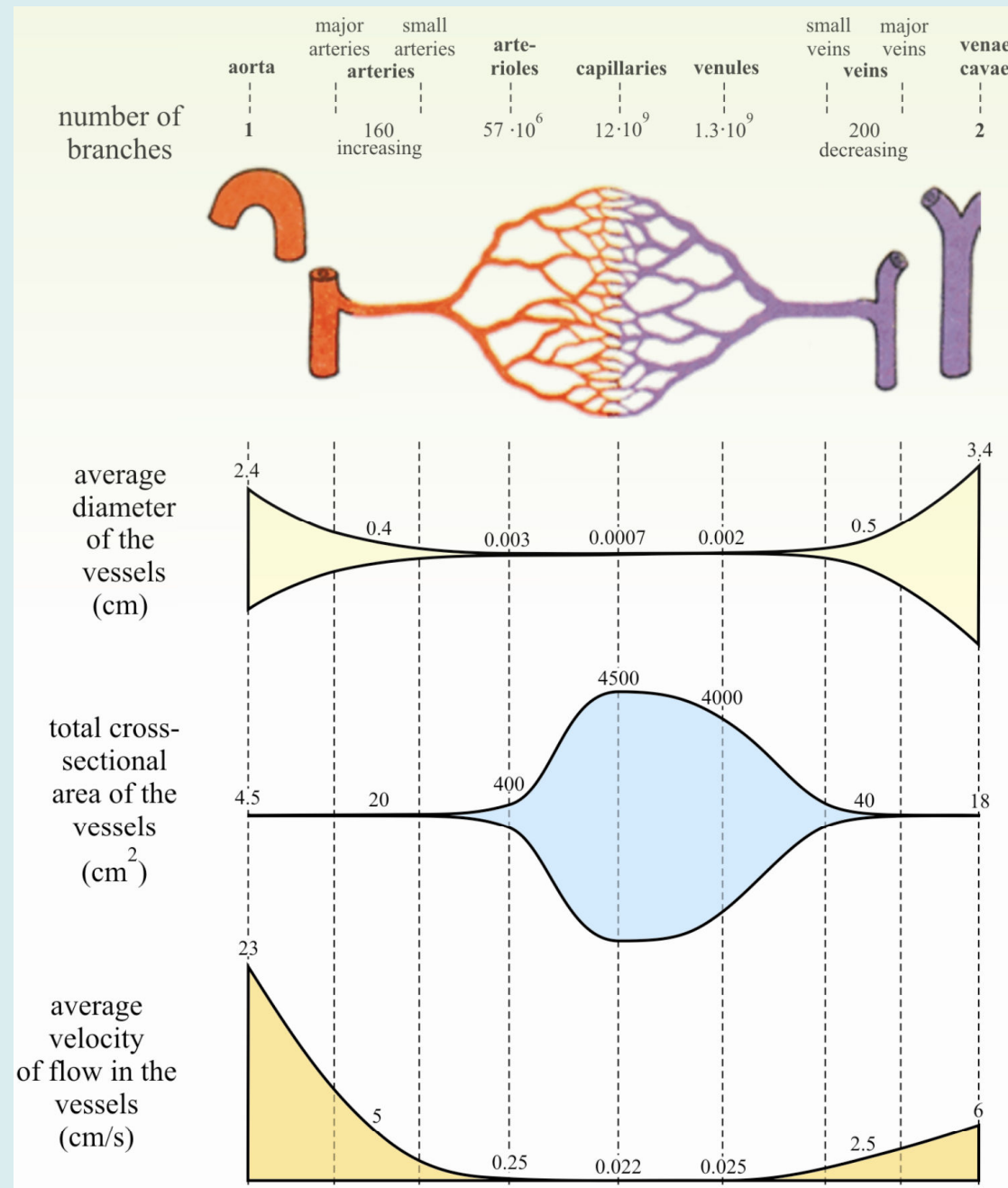
Medical significance of fluid flow laws

regulation of the intensity of blood flow
(Hagen-Poiseuille's law)

$$I_V = \frac{V}{t} = -\frac{R^4 \pi}{8\eta} \frac{\Delta p}{\Delta x}$$

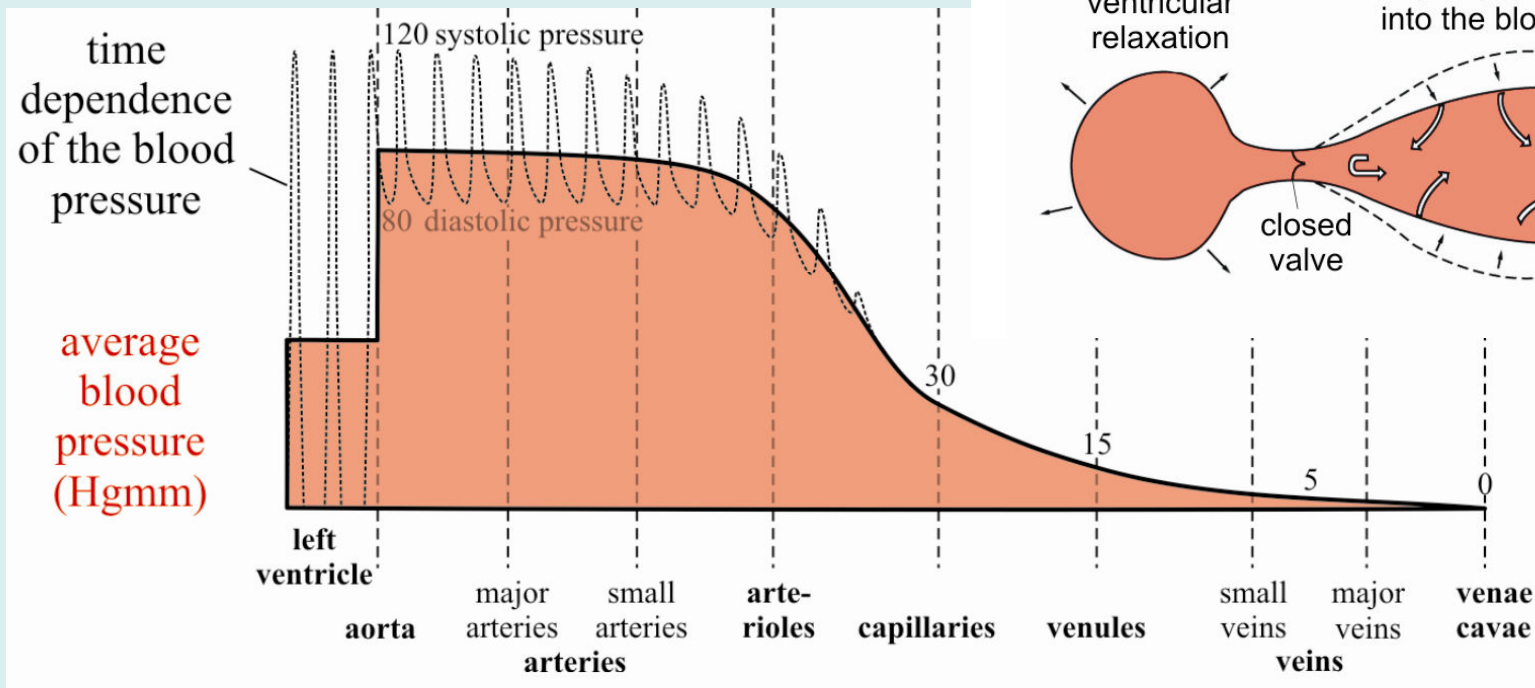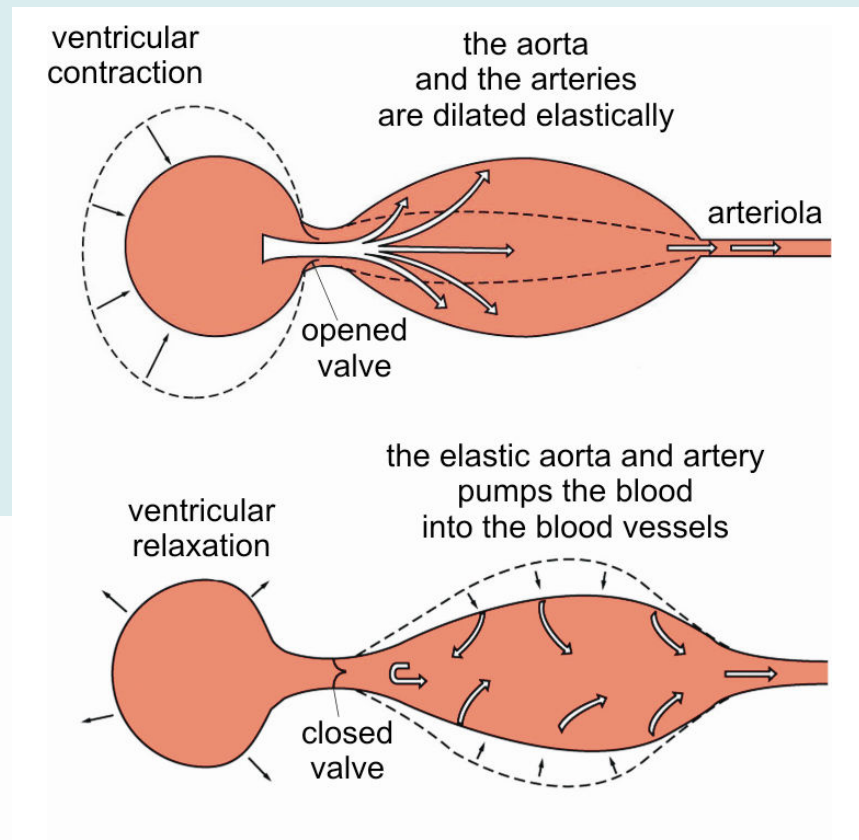Physiological regulation of the blood flow depending on the needs of tissues/organs

Flow parameters in the circulation

Flow conditions in the arterial system

pulsatile flow

elastic arterial wall

Viscosity of blood

55-60% of body mass is water 42 kg (70 kg body mass)		
2/3 intracellular 28 kg	1/3 extracellular 14 kg	
	1/3 plasma 4-5 kg	2/3 intersticium 9-10 kg

Blood: Average volume: 5 l
Average viscosity: 5 mPas
Average density: 1.05 g/cm³
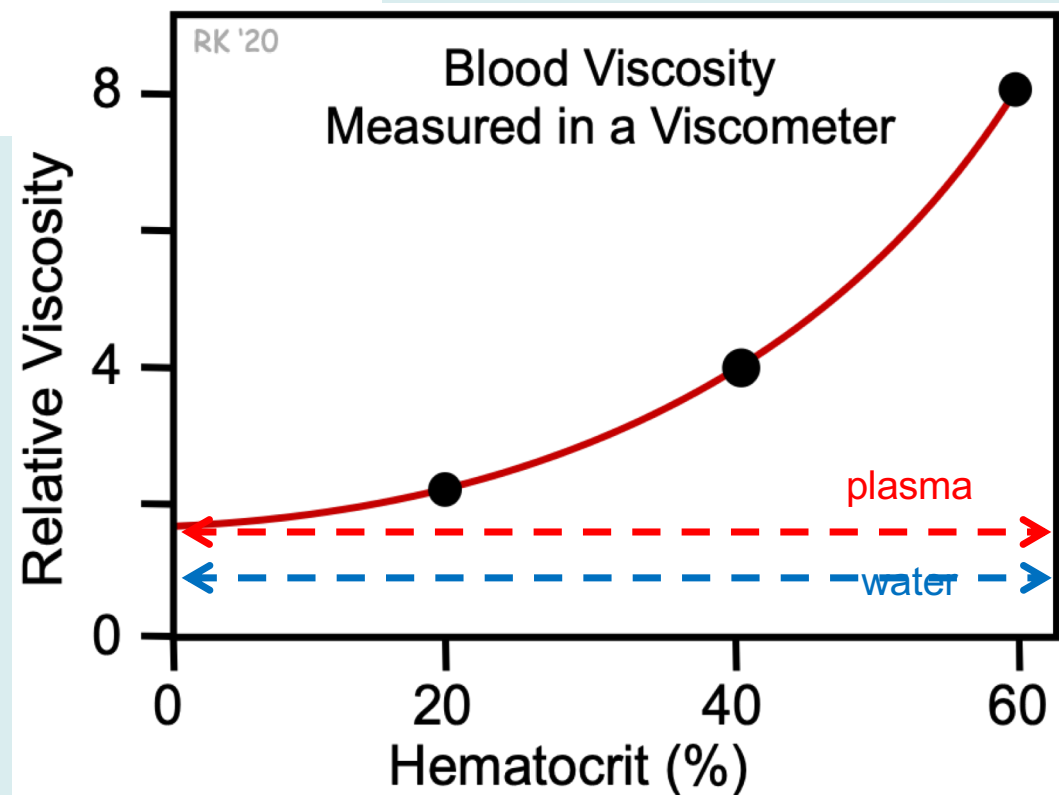Composition: 40-45 % corpuscular, 55-60 % plasma

Viscosity of blood

1. Hematocrit (htc, φ):

$$htc = \frac{V_{cells}}{V_{total}}$$

Normal range: 0.4-0.5.

Viscosity of blood as suspension
(in the physiologically relevant htc range):

$$\lg \eta_s = A + B\phi$$

η_s=suspension viscosity
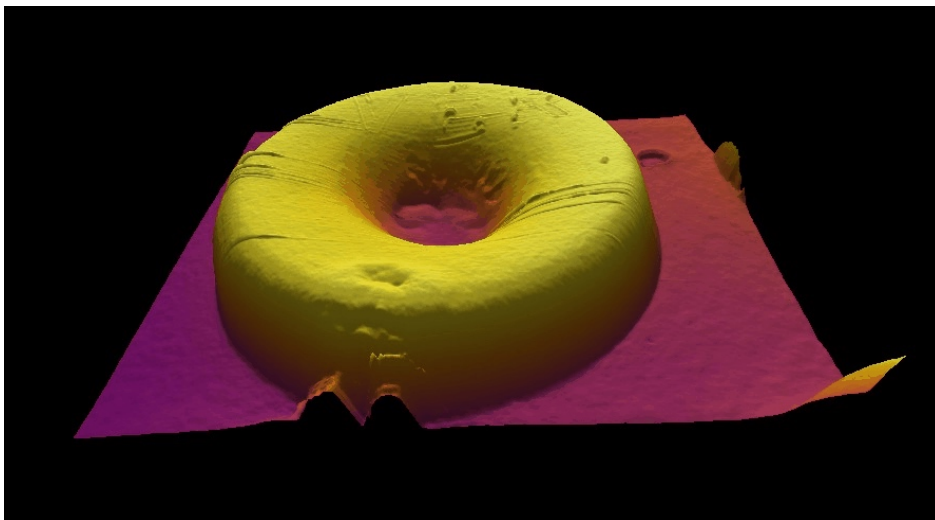A, B=empirical constants

Viscosity of blood

2. *Plasma viscosity*
- Depends on plasma proteins.
- In *paraproteinaemias* (e.g. myeloma multiplex or plasmocytoma) the concentration of immunoglobulins is high, leading to increased viscosity.

Plasma protein	Normal concentration	% ratio	Function
Albumin	35-50 g/l	55%	maintenance of colloind osmotic pressure, transport
Globulins	20-25 g/l	38%	Part of the immune system
Fibrinogen	2-4.5 g/l	7%	Blood coagulation

Viscosity of blood

3. *Plasticity of red blood cells*
- 65% suspension of blood-cell-size particles is rock hard.
- By contrast, a 95% blood suspension if fluid, with viscosity of ~20 mPas!
- Deformation of red blood cells: droplet, parachute, arrowhead shapes.

Disk-shaped cells with 7-11 um diameter
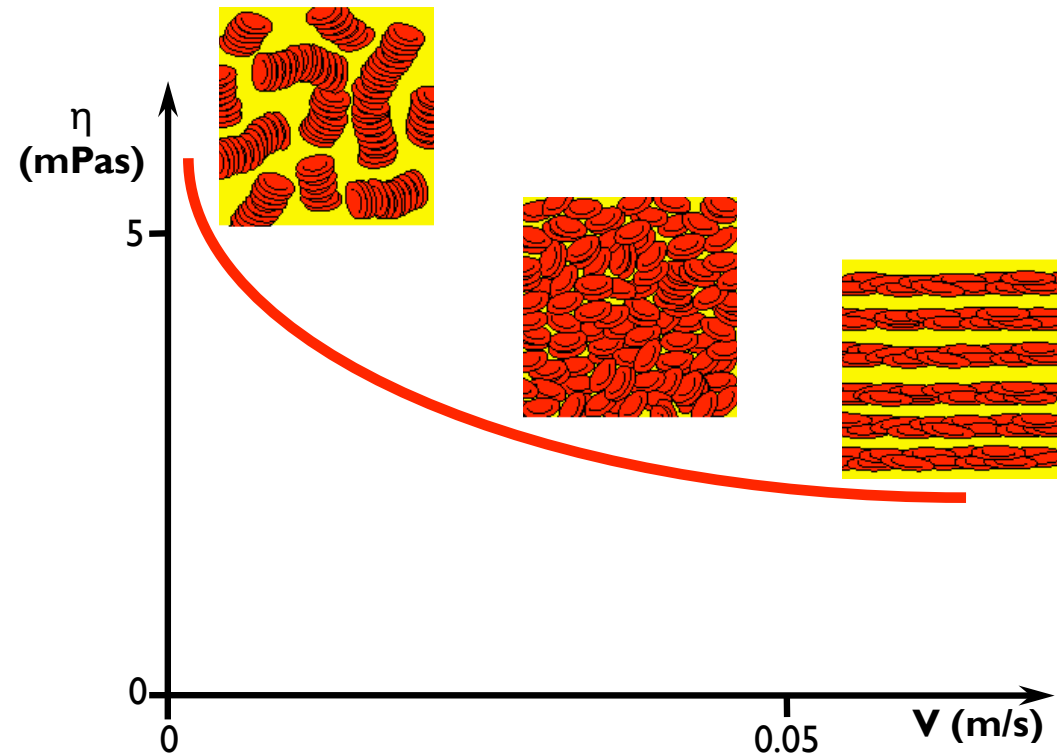
Viscosity of blood

4. Aggregation of red blood cells

- Stack or roleaux formation.
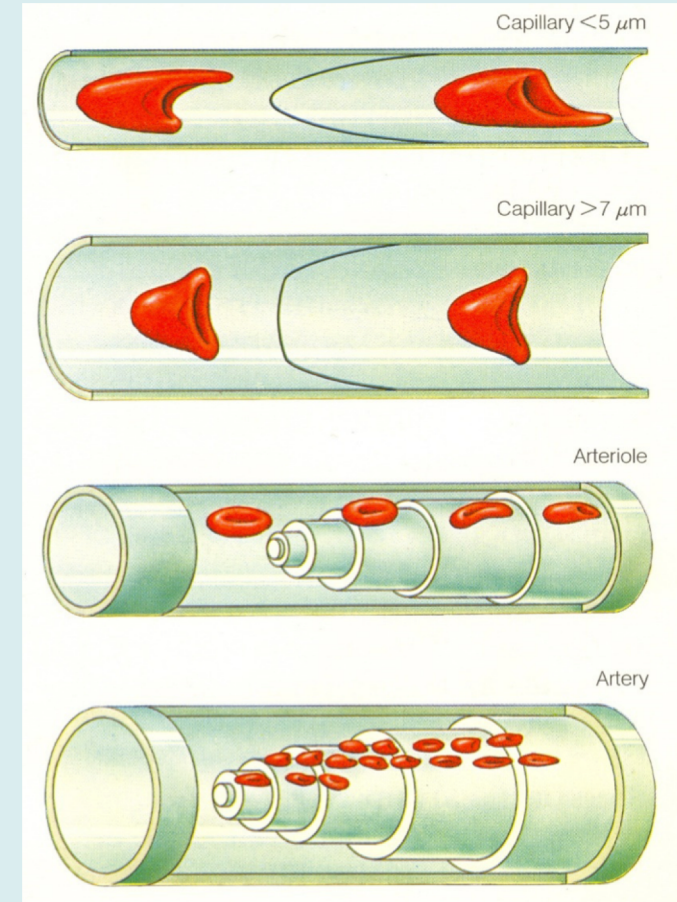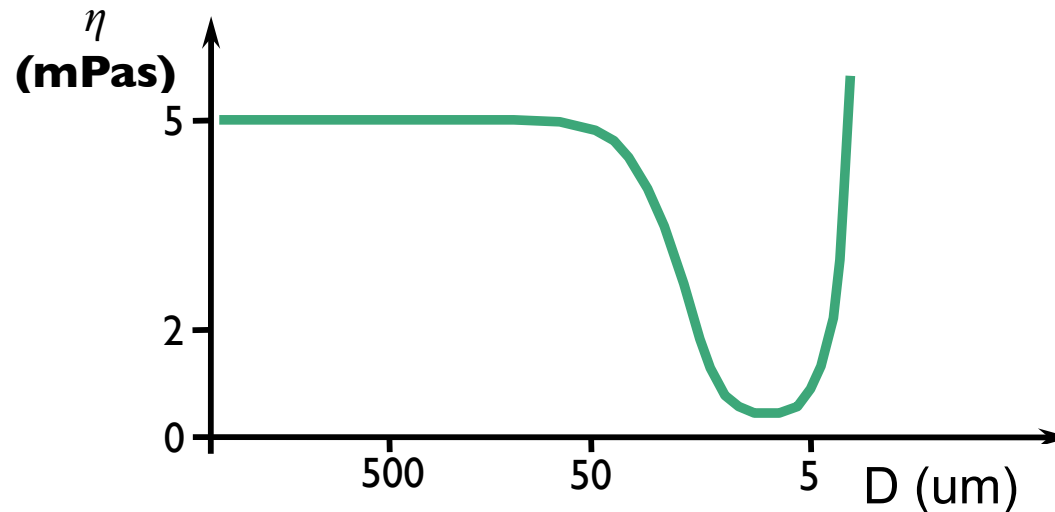- More pronounced at low flow rates

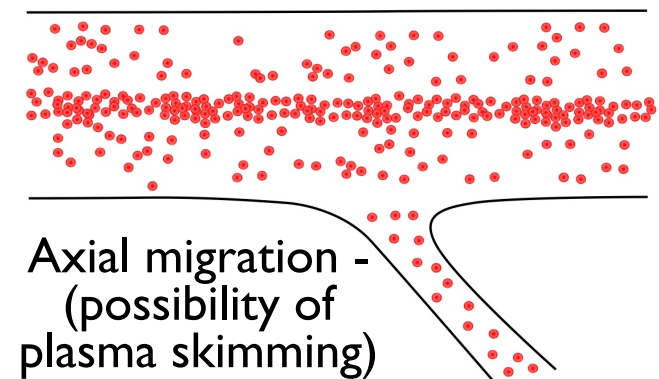Roleaux (stack)

5. Flow rate, velocity gradient
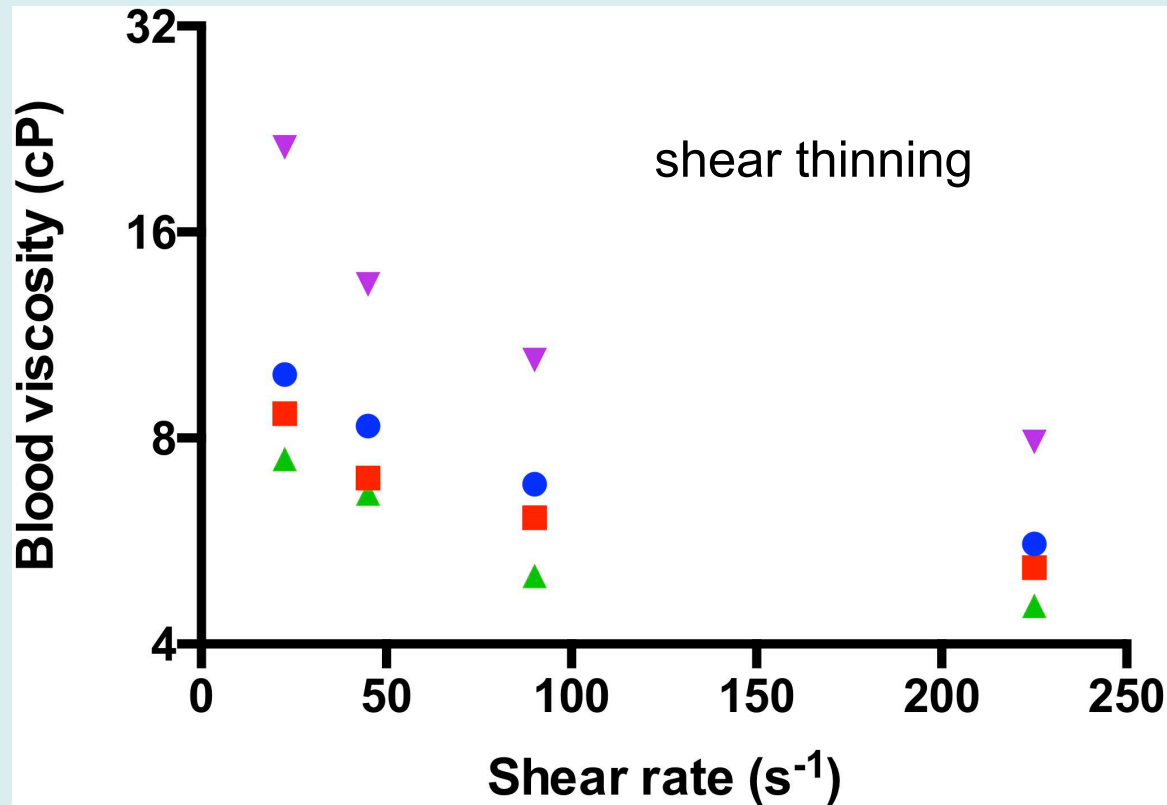
Viscosity of blood

Capillary <5 μm
Capillary >7 μm
Arteriole
Artery

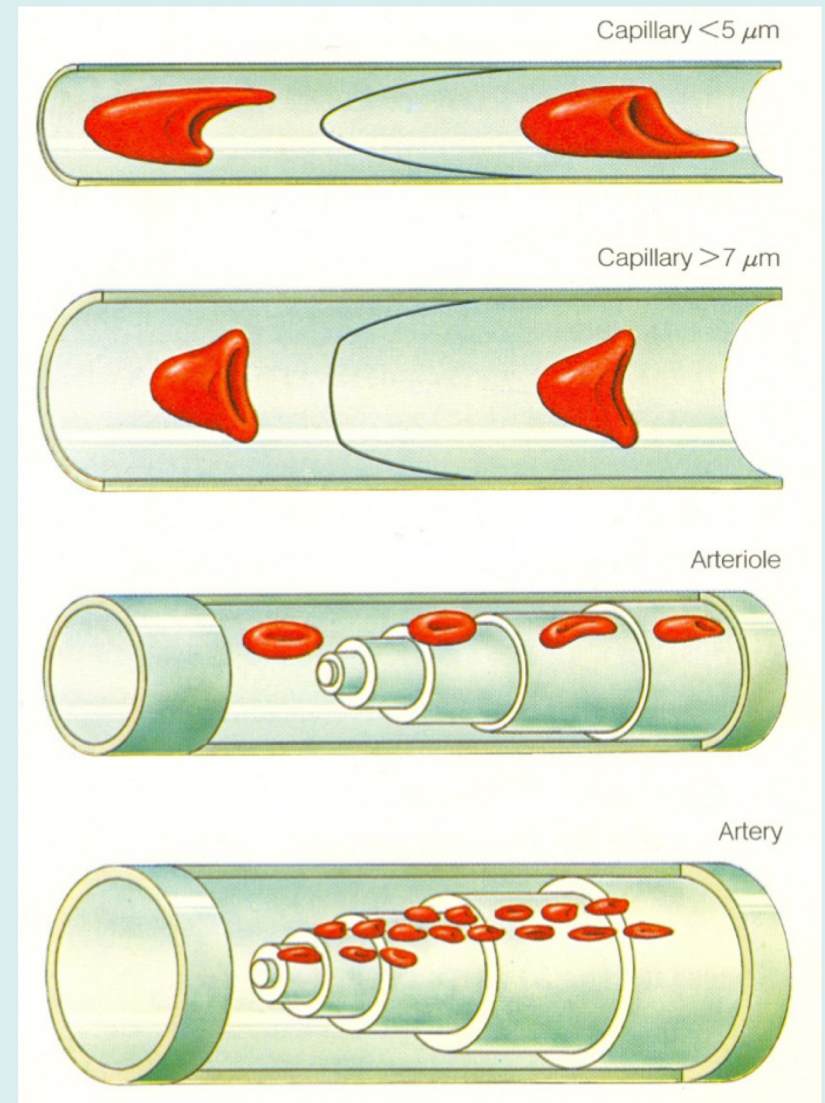## 6. *Blood vessel diameter*

η (mPas) vs D (um)

- With a decrease of vessel diameter, the anomalous (non-newtonian) behavior of blood becomes more pronounced.

- *Axial migration*: the red blood cells line up in the axis of the vessel (Bernoulli's law). In the axis the velocity gradient decreases, and near the vessel wall it increases. Increase in velocity gradient decreases apparent viscosity (Fåhraeus-Lindquist effect).
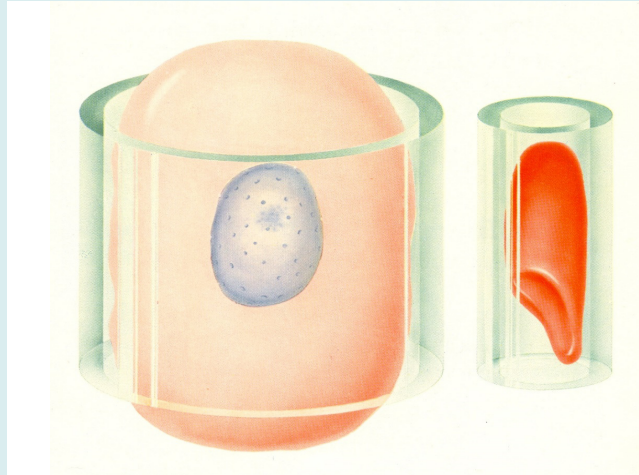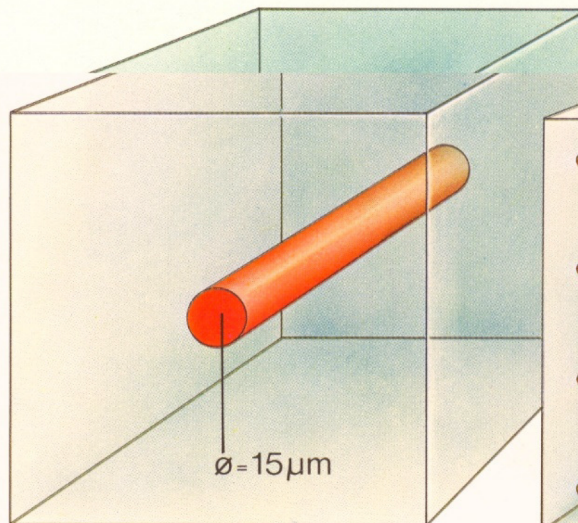

Axial migration - (possibility of plasma skimming)
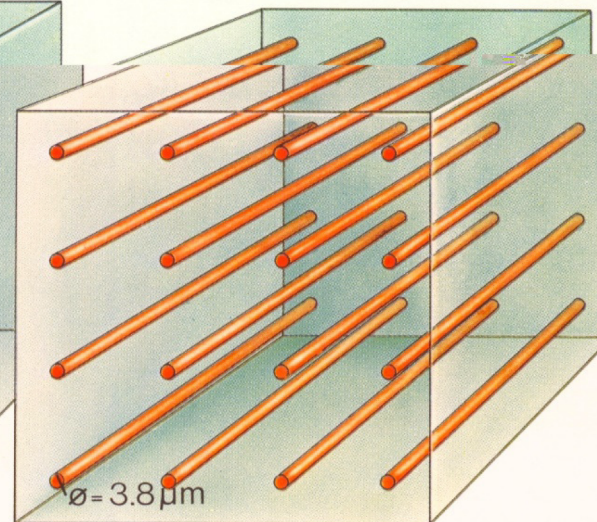
Adaptation of RBC due to deformability

Viscosity of blood

Schematic diagram of capillary formation in cold-blooded animals

ø=15μm

Schematic diagram of capillary formation in mammals

ø=3.8μm

Related chapters:

Damjanovich, Fidy, Szöllősi: Medical biophysics

III./1.
1.1
1.2
1.3
1.4
1.5

Practicals: Flow