

Biophysics I

12. X-ray diagnostics

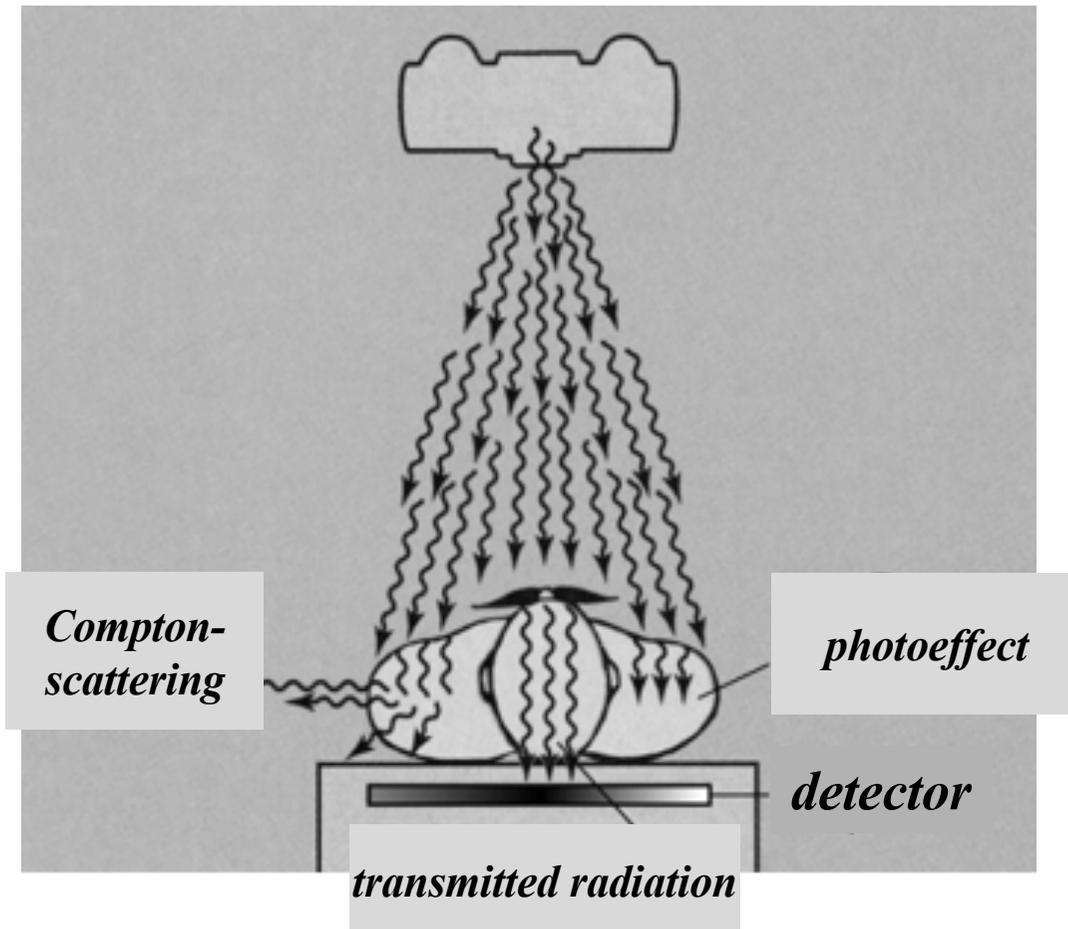
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22. 11. 2024.

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The basis of X ray diagnostics: absorption



Interactions of photon:

elastic scattering

photoeffect

Compton scattering

pair production

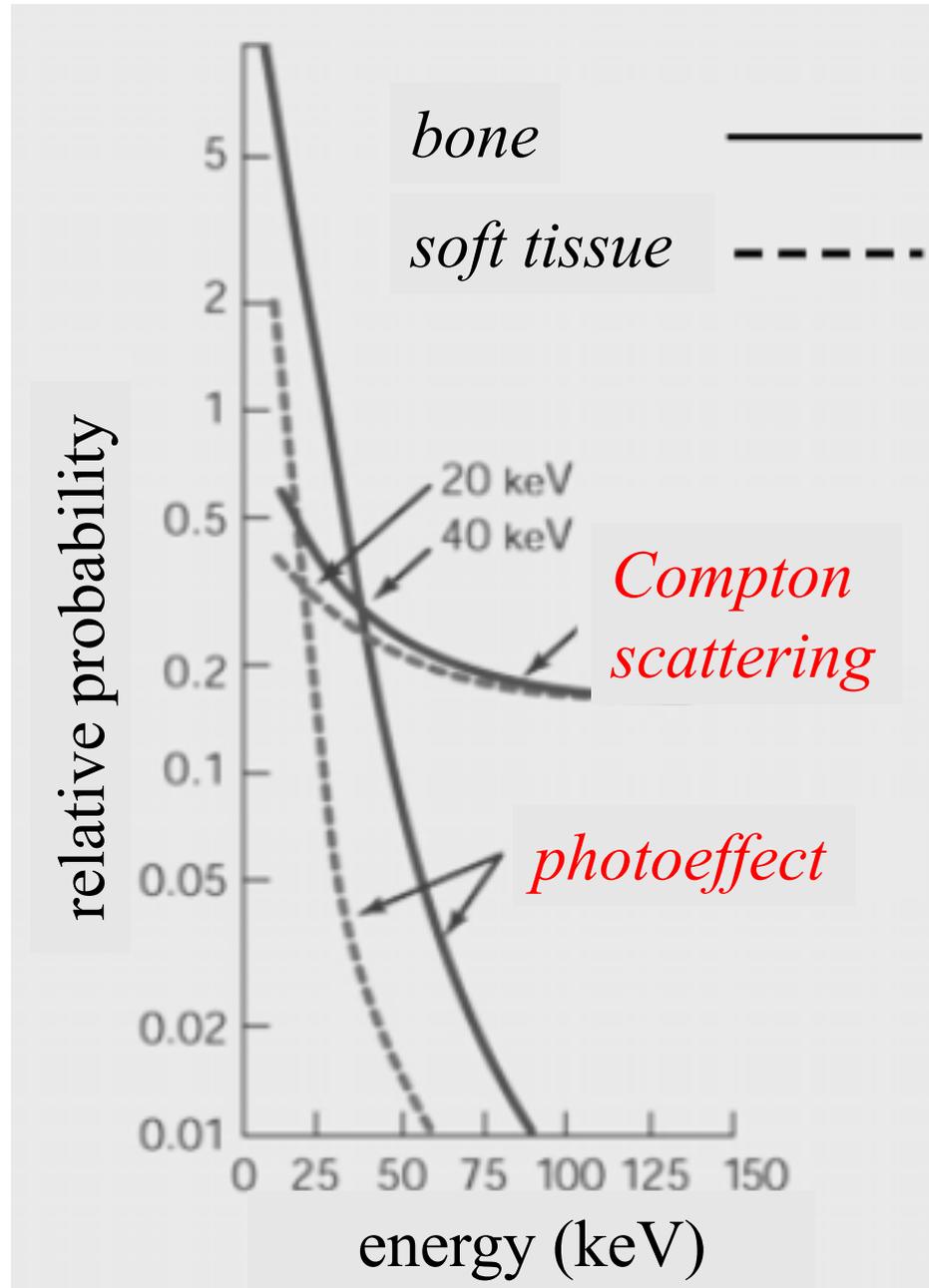
(no interaction)

Individual interactions' contributions depend on the photon energy and the atomic number

| | Dependence on E | Dependence on Z | Energy range in soft tissue |
|--------------------|------------------------------------|-----------------|-----------------------------|
| τ_m | $\sim 1/E^3$ | $\sim Z^3$ | 10 – 100 keV |
| σ_m | Slowly decreases with increasing E | $\sim Z/M$ | 0.5 – 5 MeV |
| κ_m | Slowly increases with increasing E | $\sim Z^2$ | > 5 MeV |
| Elastic scattering | $\sim 1/E^2$ | $\sim Z^2$ | < 10 keV |



Photoeffect and Compton scattering are the main contributors to image formation.

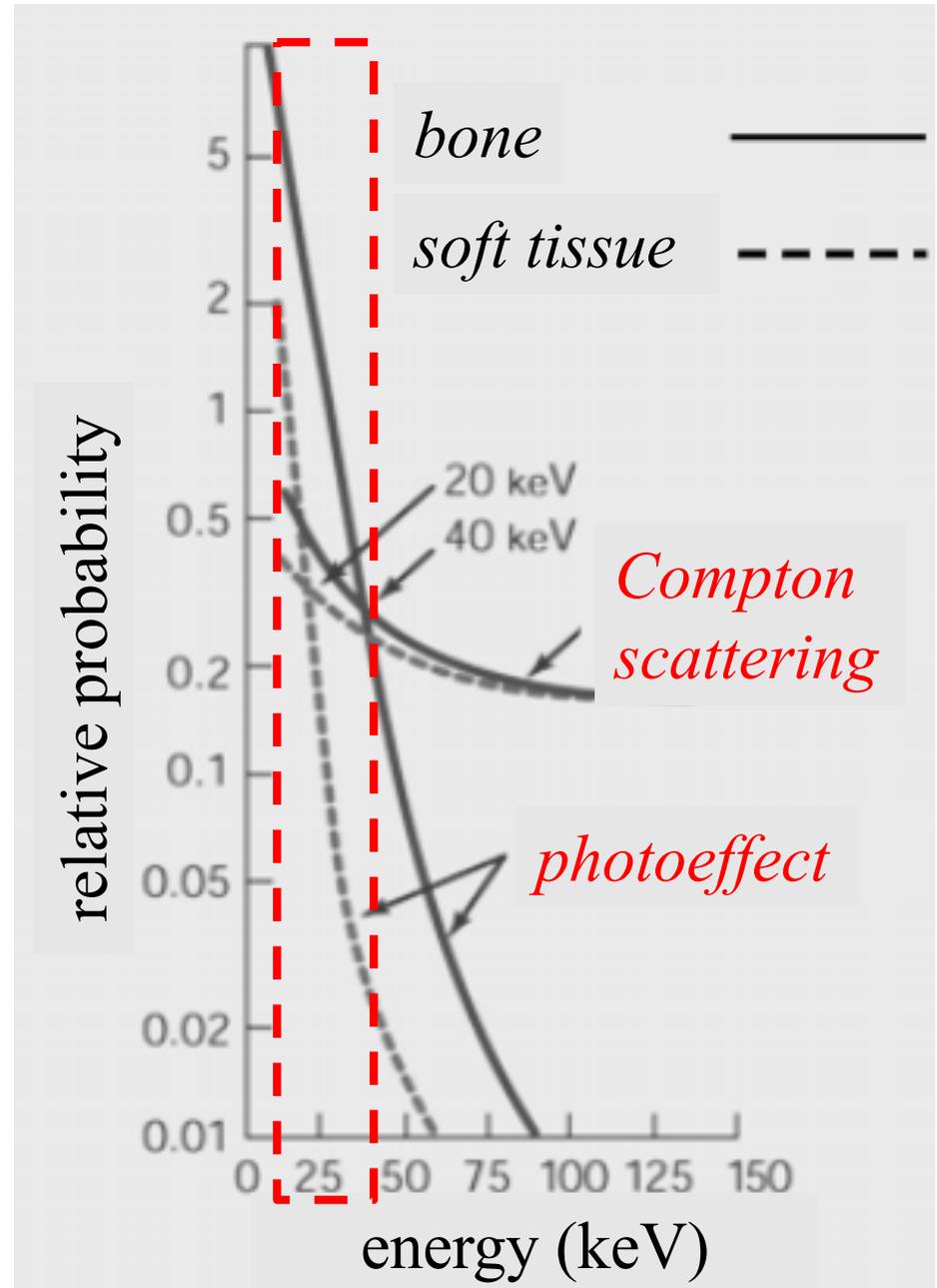


Increasing photon energy decreases attenuation by decreasing the photoeffect. In the low energy regime τ_m is dominating the attenuation process.

τ_m depends strongly on the atomic number:

$$\tau_m \approx \lambda^3 Z^3$$

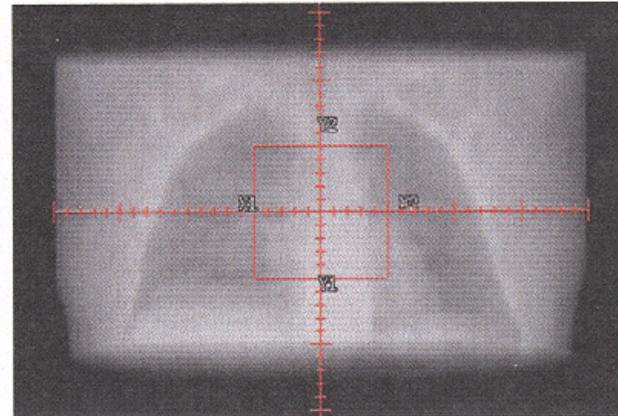
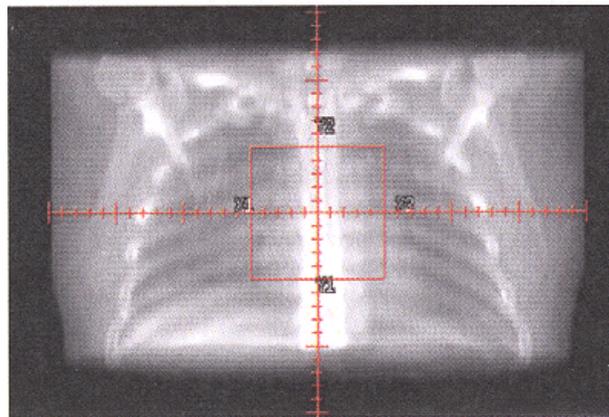
Change in photon energy can have a profound effect on the absorption process.



Photonenergy - picture quality

$$U_1 < U_2$$

(30 keV) (2 MeV)



| | | |
|----------------------------|-----|-----|
| <i>Photoeffect*</i> | 36% | 0% |
| <i>Compton scattering*</i> | 51% | 99% |
| <i>Pair production*</i> | 0% | 1% |

*Mean values

Photonenergy - picture quality

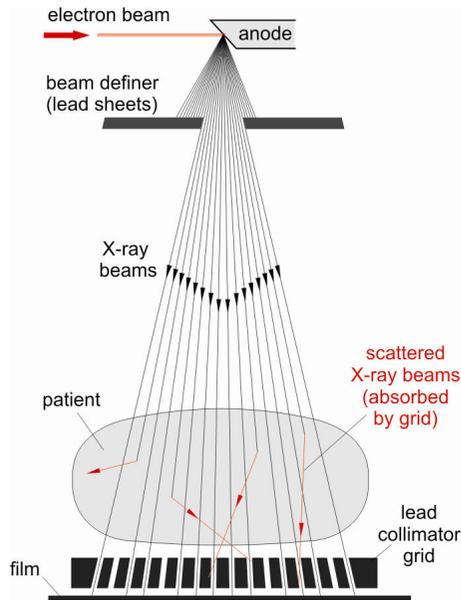


photonenergy: 60 keV
contrast ratio: 200:1
exposition: 141 mAs
dose: 7,6 mGy

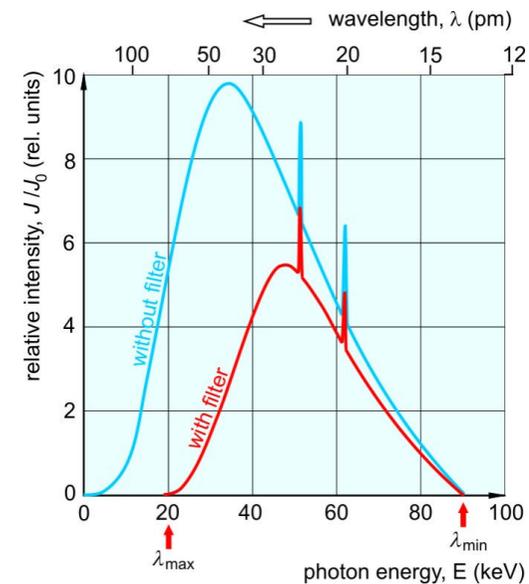


120 keV
60:1
6 mAs
1,4 mGy

Improving picture quality



with collimators

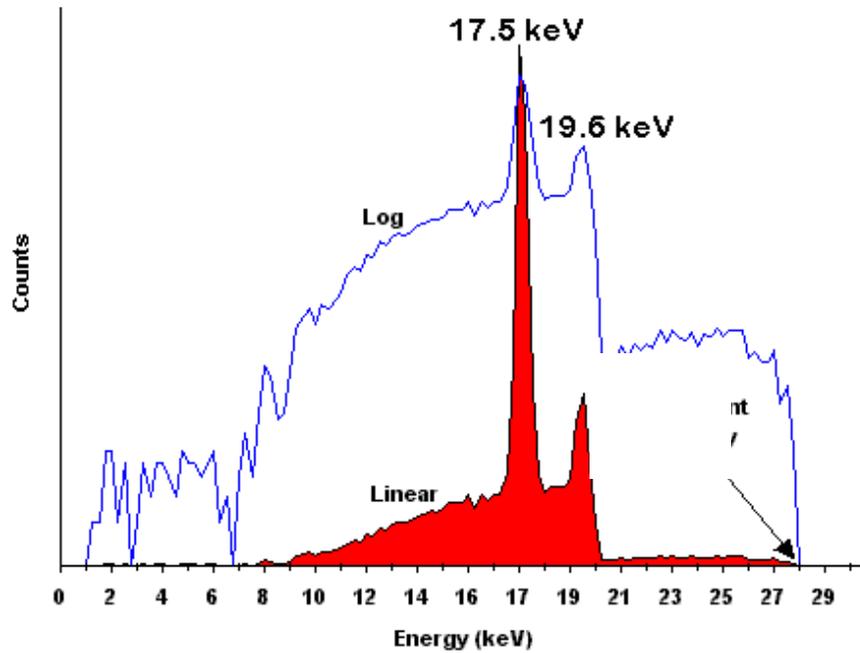


with filtering out soft X ray

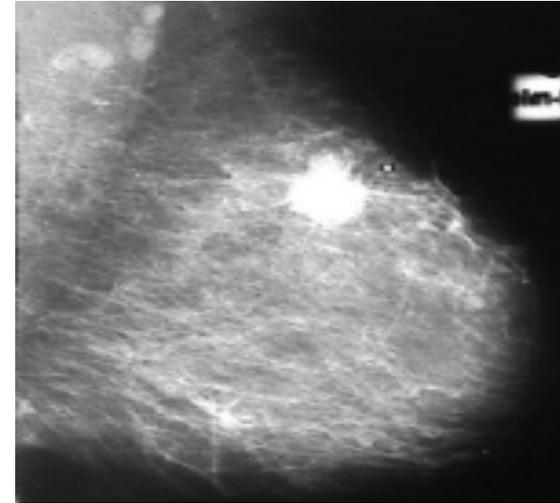
to reduce scattered radiation

– short exposure time to reduce unsharpness due to patient move

Spectrum of X ray used in mammography



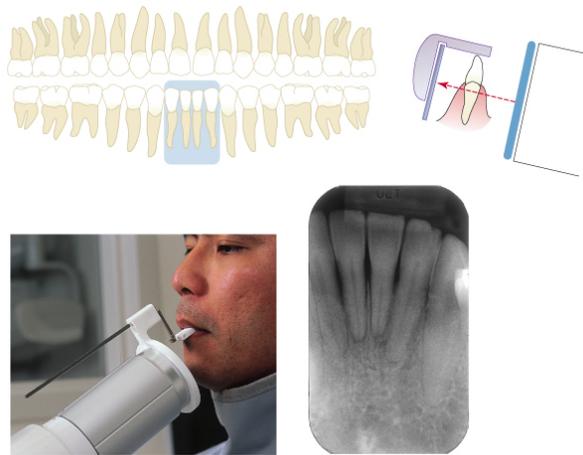
Characteristic lines of Molybdenum



Mammogram showing malignant tissue

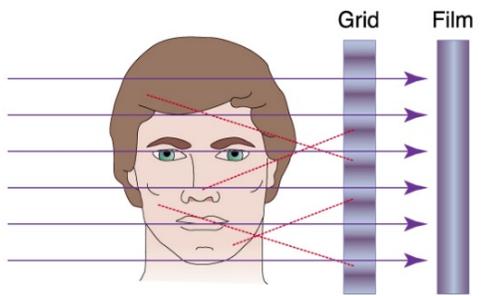


Intraoral radiography



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Extraoral radiography



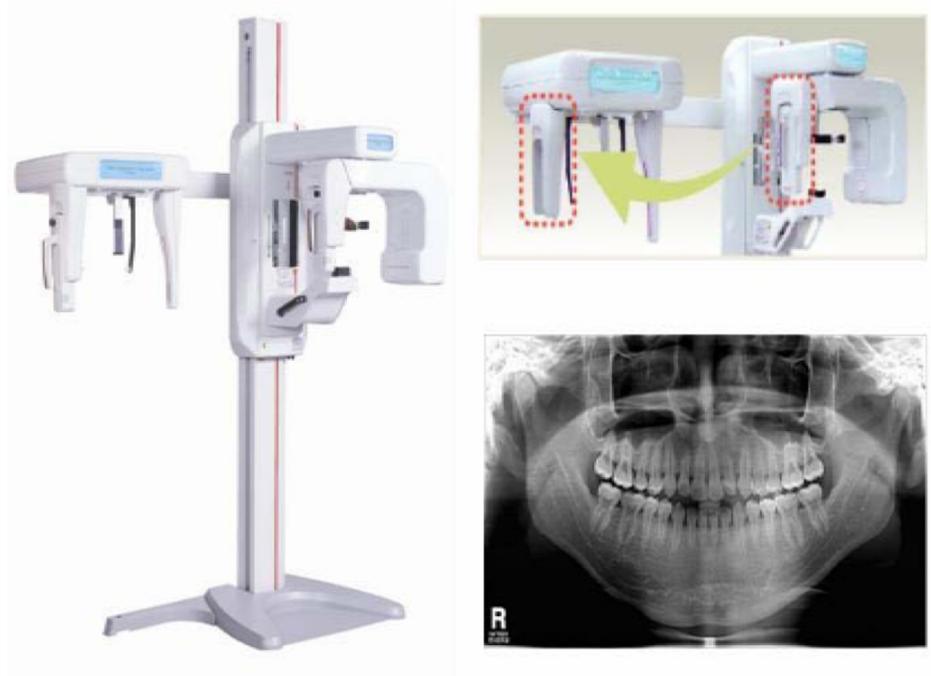
----- Scatter radiation
-----> Primary x-rays
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Panoramic dentistry imaging

In panoramic imaging, the film and the source are rotated around the patient's head, taking several individual images in a series. Combining these overlapping images results in a panoramic image of the maxilla and the mandible.



Effective atomic number

$$Z_{eff} = \sqrt[3]{\sum_{i=1}^n w_i Z_i^3}$$

$$\tau_m = C \lambda^3 Z_{eff}^3$$

| material | Z_{eff} |
|-------------|-----------|
| air | 7,3 |
| water | 7,7 |
| soft tissue | 7,4 |
| bone | 13,8 |



Applying contrast materials

| | Z_{eff} | ρ (g/cm ³) |
|------------------|-----------|-----------------------------|
| H ₂ O | 7.7 | 1 |
| Soft tissue | 7.4 | 1 |
| Bone | 13.8 | 1.7 - 2.0 |
| Air | 7.3 | $1.29 \cdot 10^{-3}$ |

Positive contrast → *higher attenuation to surroundings*

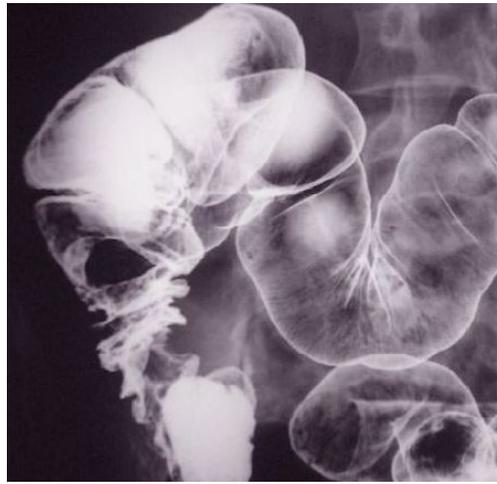
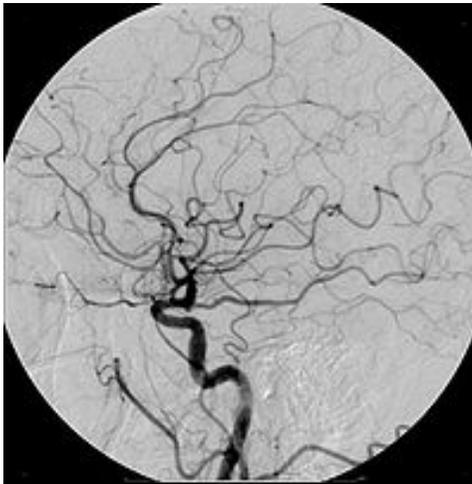
$$Z_{eff} > Z_{environment} \rightarrow \mu > \mu_{environment}$$

Negative contrast → *lower attenuation to surroundings*

$$Z_{eff} < Z_{environment} \rightarrow \mu < \mu_{environment}$$

Applying contrast materials

higher Z_{eff}



Iodine or barium compounds

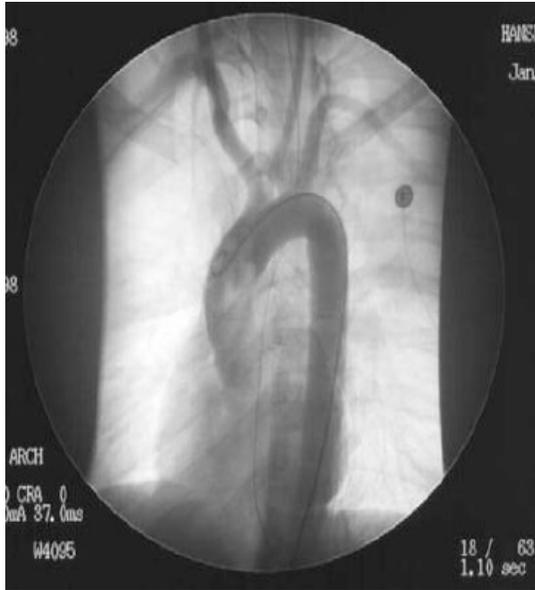


lower density

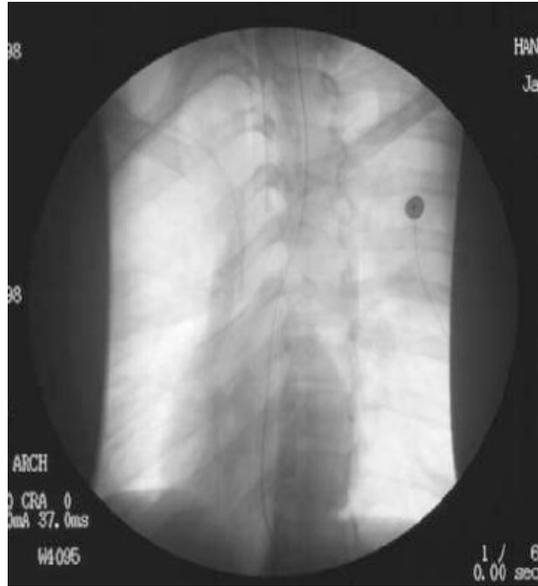


air, CO_2

Digital Subtraction Angiography (DSA)



with contrast material

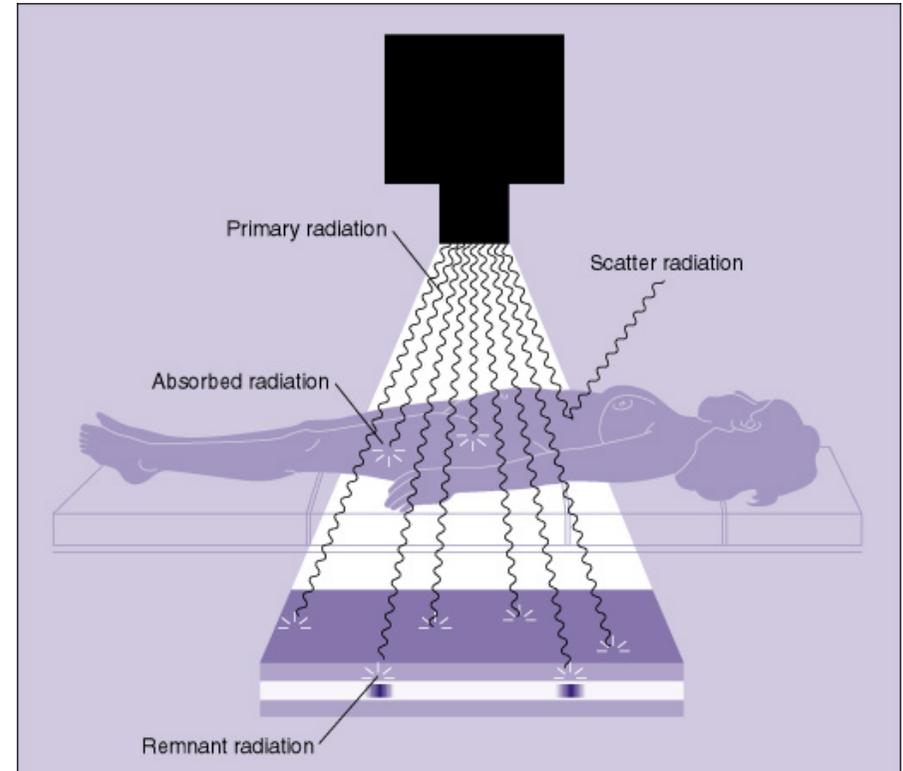
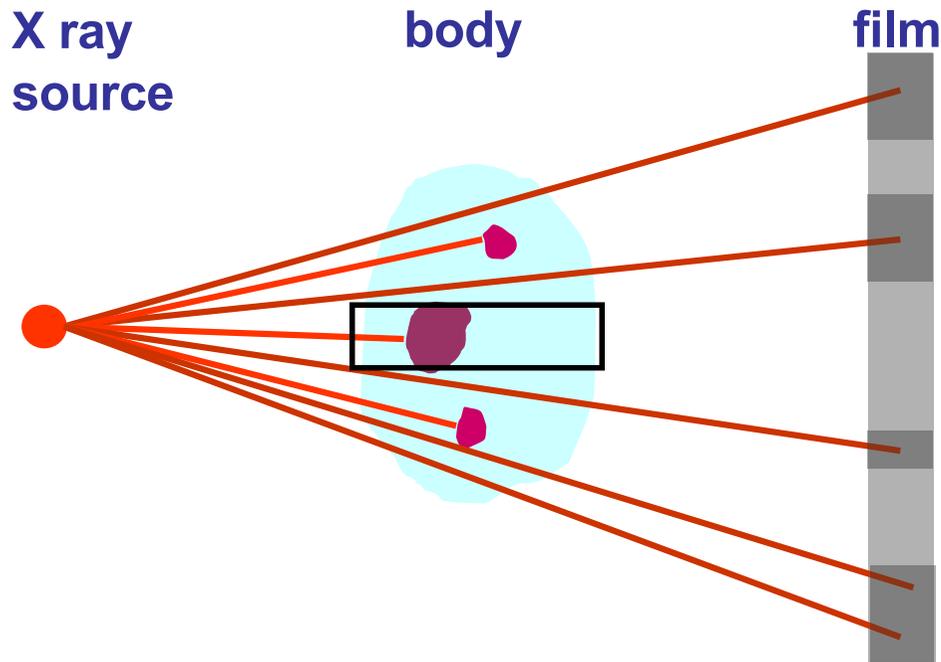


native



contrast - native

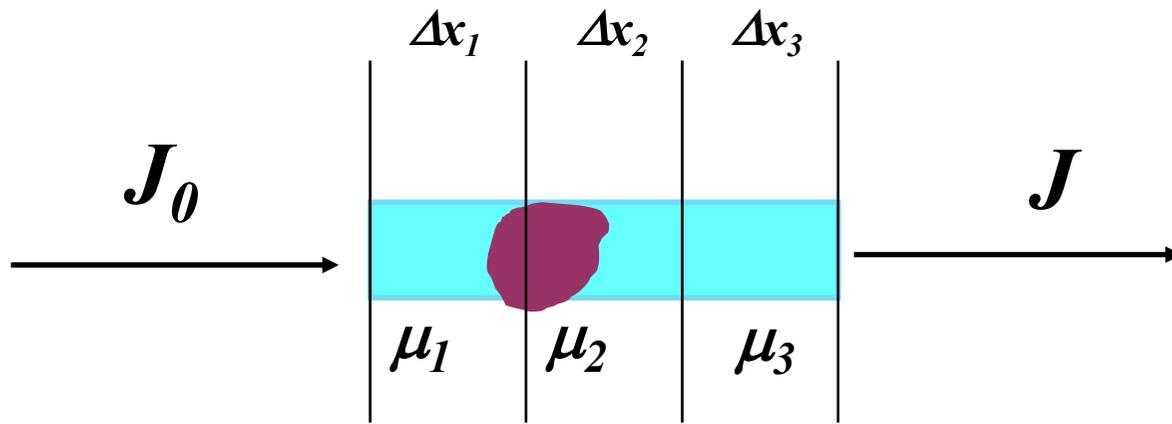
Summation image



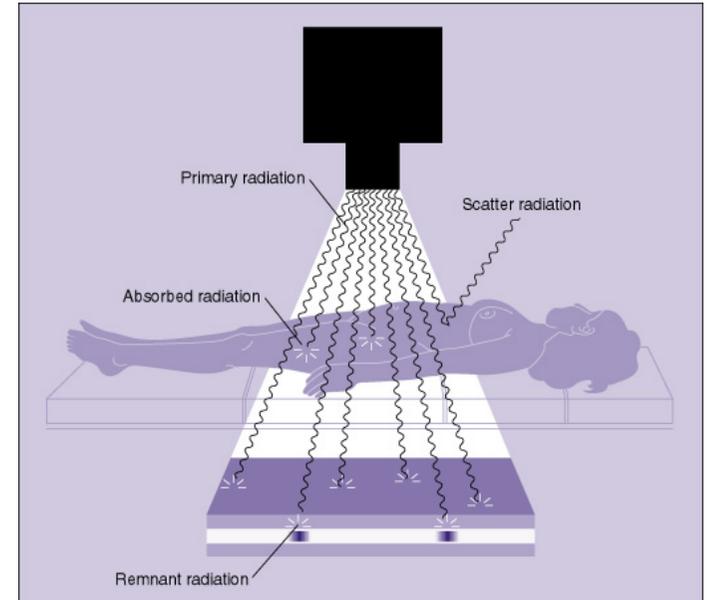
A diagram showing a horizontal light blue bar representing a body. A dark purple irregular shape is inside the bar. An arrow labeled J_0 points from the left towards the bar. Another arrow labeled J points away from the right side of the bar.

$$J = J_0 e^{-\mu x}$$

Intensity changes are proportional with the total attenuation across the body!



$$J = J_0 e^{-\mu x}$$



$$J = J_0 e^{-(\mu_1 + \mu_2 + \mu_3) \Delta x}$$

This information is missing!

$$D = \lg \frac{J_0}{J}$$

$$D = \sum_i D_i$$

Solution:
CT - computed tomography



Godfrey Hounsfield

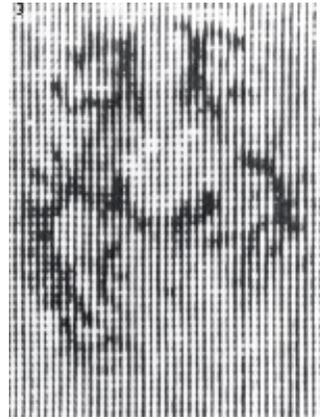


Allan Cormack

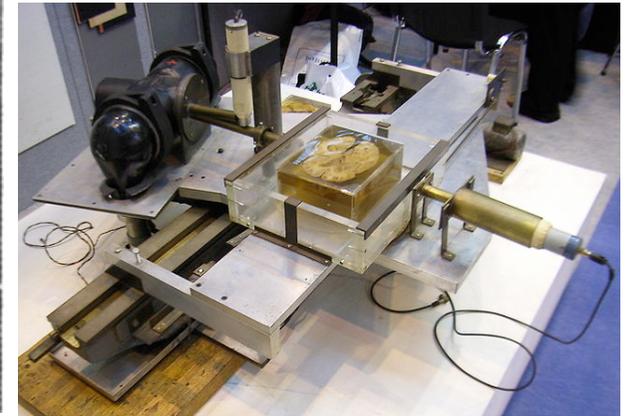
1979 – Nobel price in medicine

Brief history:

- 1967: first CT image
- 1972: prototype of CT
- 1974: first clinical CT image
- 1976: whole body CT
- 1979: Nobel price
- 1990: spiral CT
- 1992: multislice CT
- 2006: 64 slices
- multiplex and hybrid CT:
SPECT-CT, PET-CT,
“Dual-source” CT



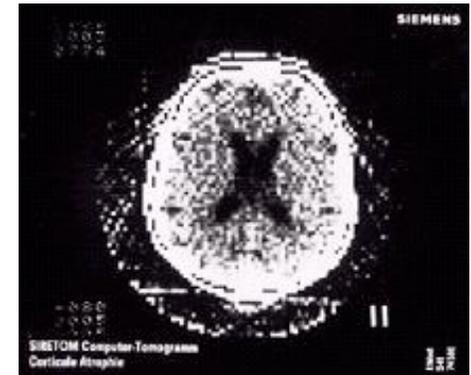
First lab CT of brain slice



Prototype CT (EMI)



„Siretom” head scanner (1974)

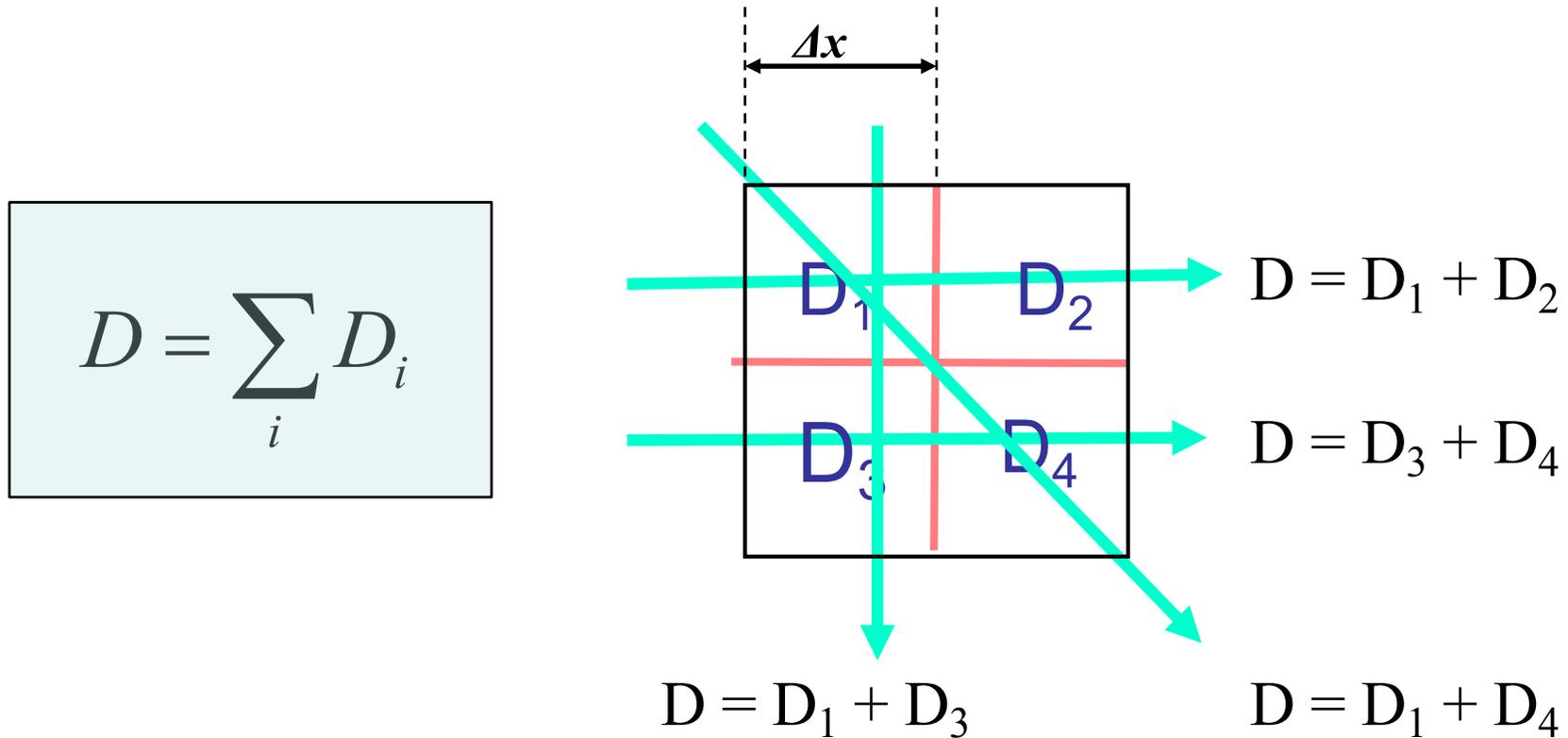


128x128 pixel image (1975)



*modern
CT*

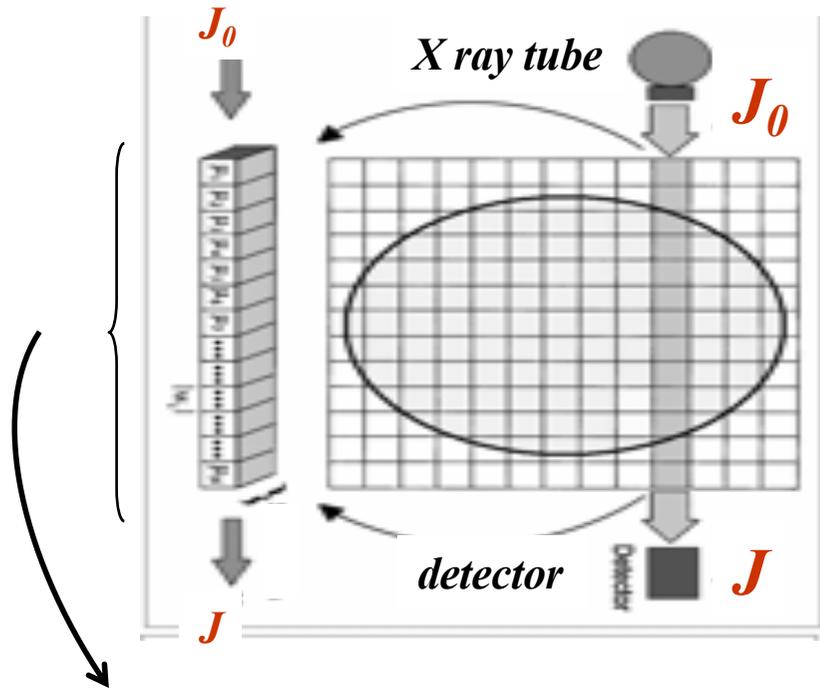
Illustration of math principle:



“n” independent equation for „n” unknowns
→ unambiguous solution exists!

object

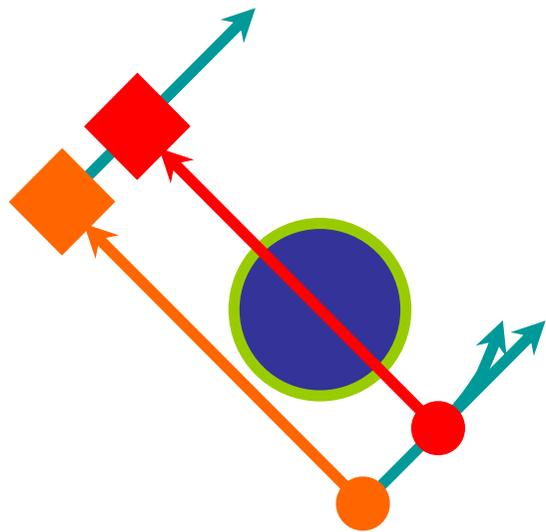
digital image



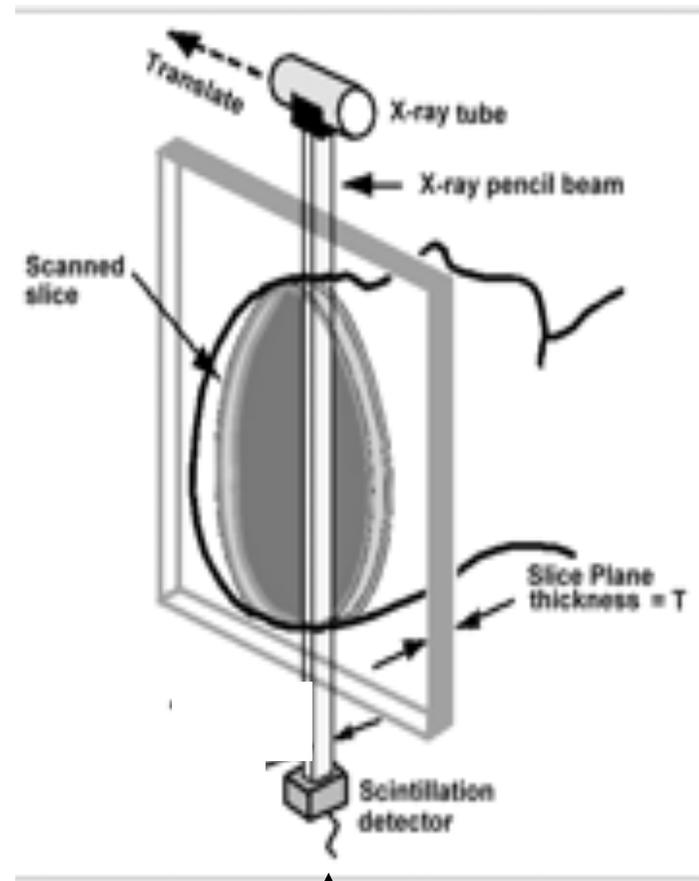
Voxel :
volume element

Pixel :
picture element

First generation CT



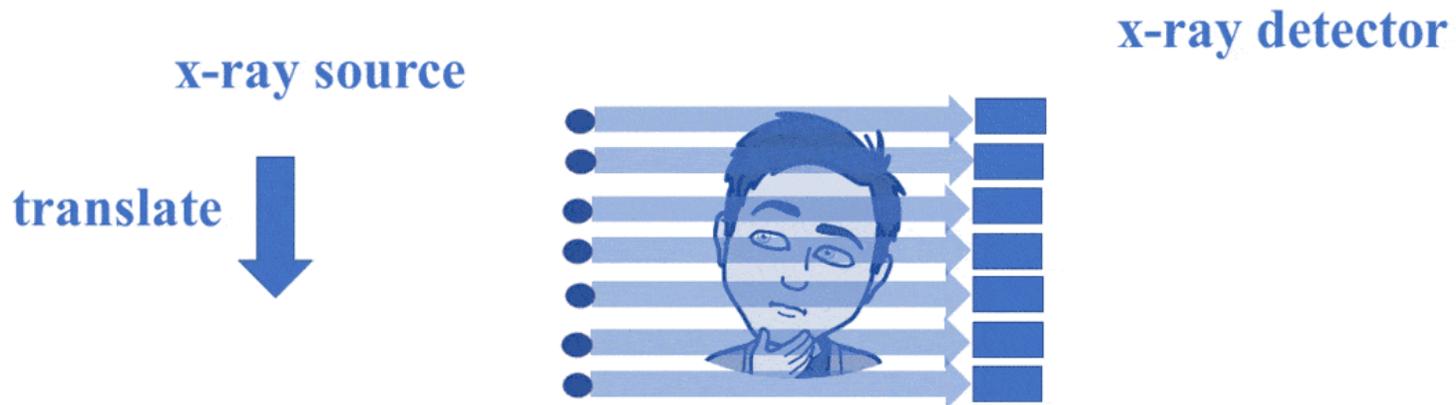
Single detector
Translation and rotation
Parallel beams



k-th position

First generation CT

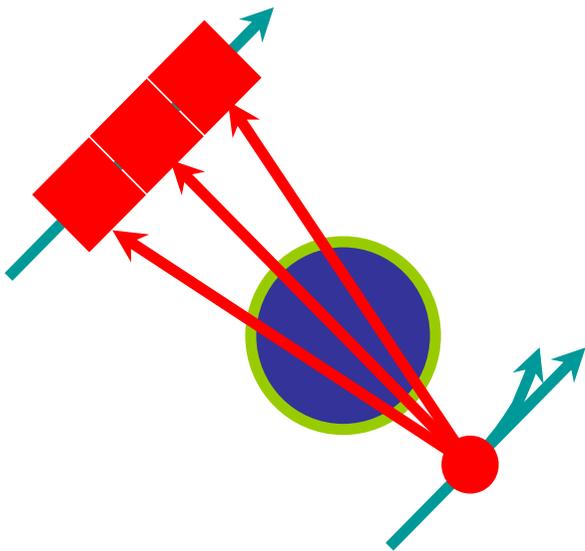
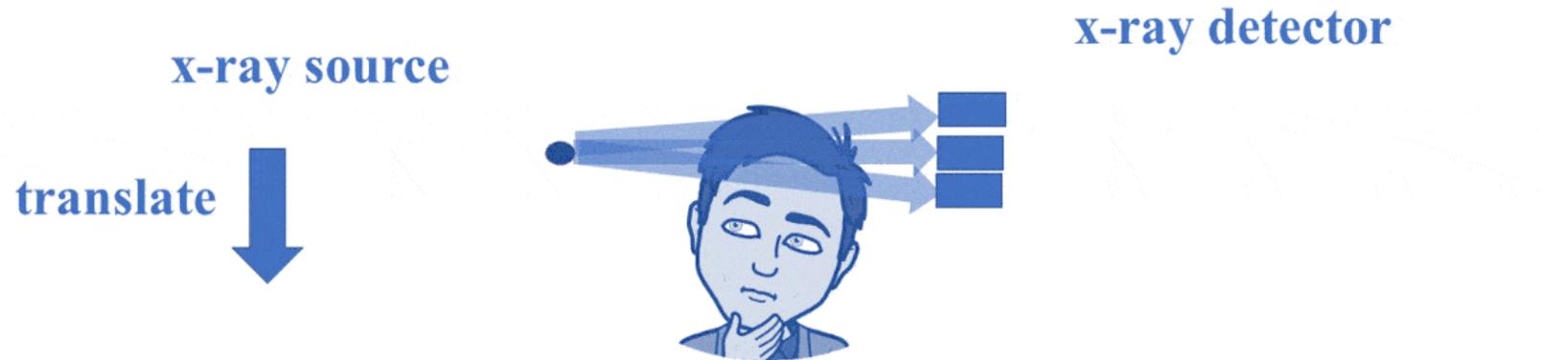
1st Gen Rotating CT



Single detector
Translation and rotation
Parallel beams

Second generation CT

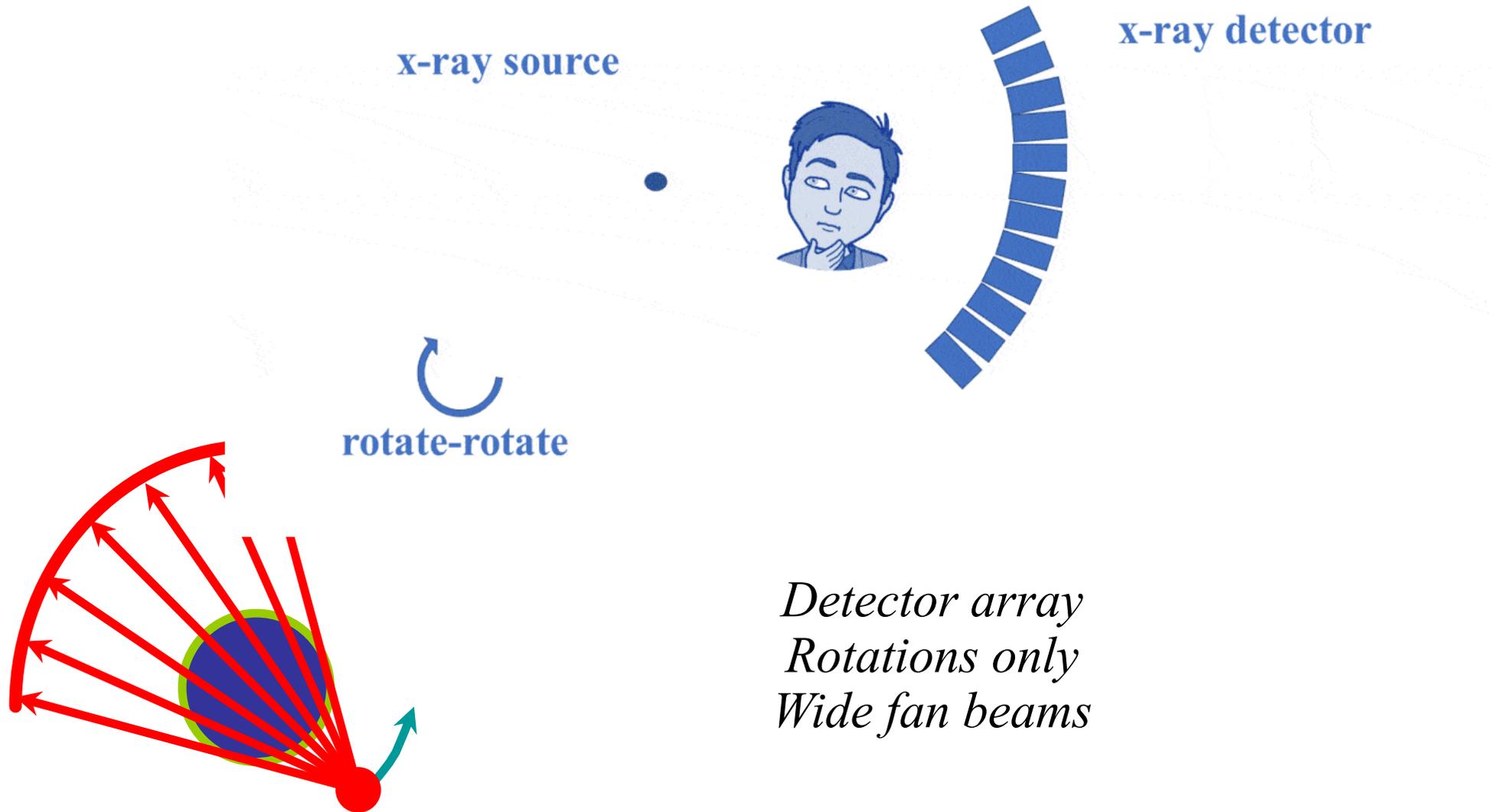
2nd Gen CT



*Multiple detectors
Translation and rotation
narrow fan beams*

Third generation CT

3rd Gen CT

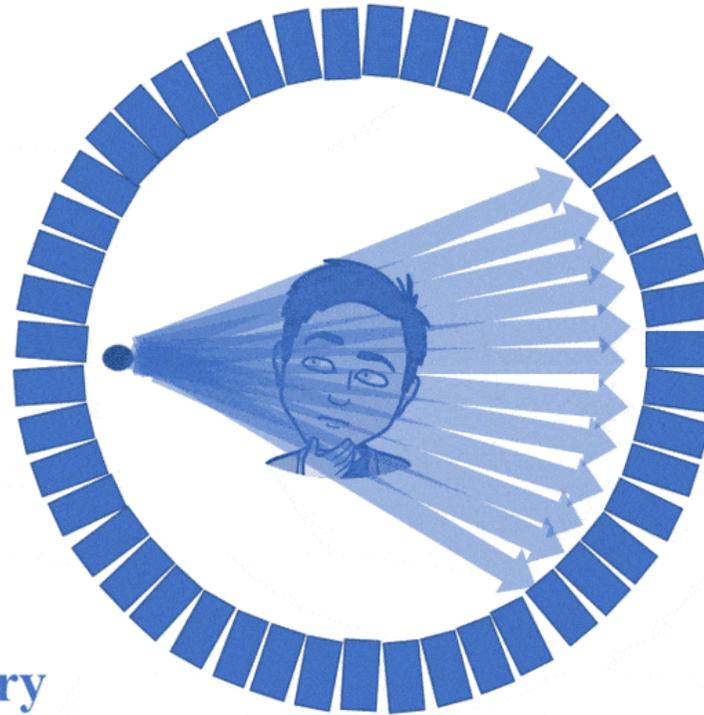


Fourth generation CT

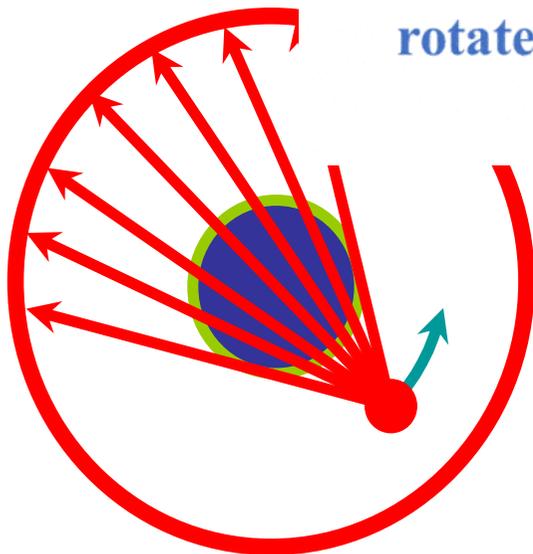
4th Gen CT

x-ray source

x-ray detector

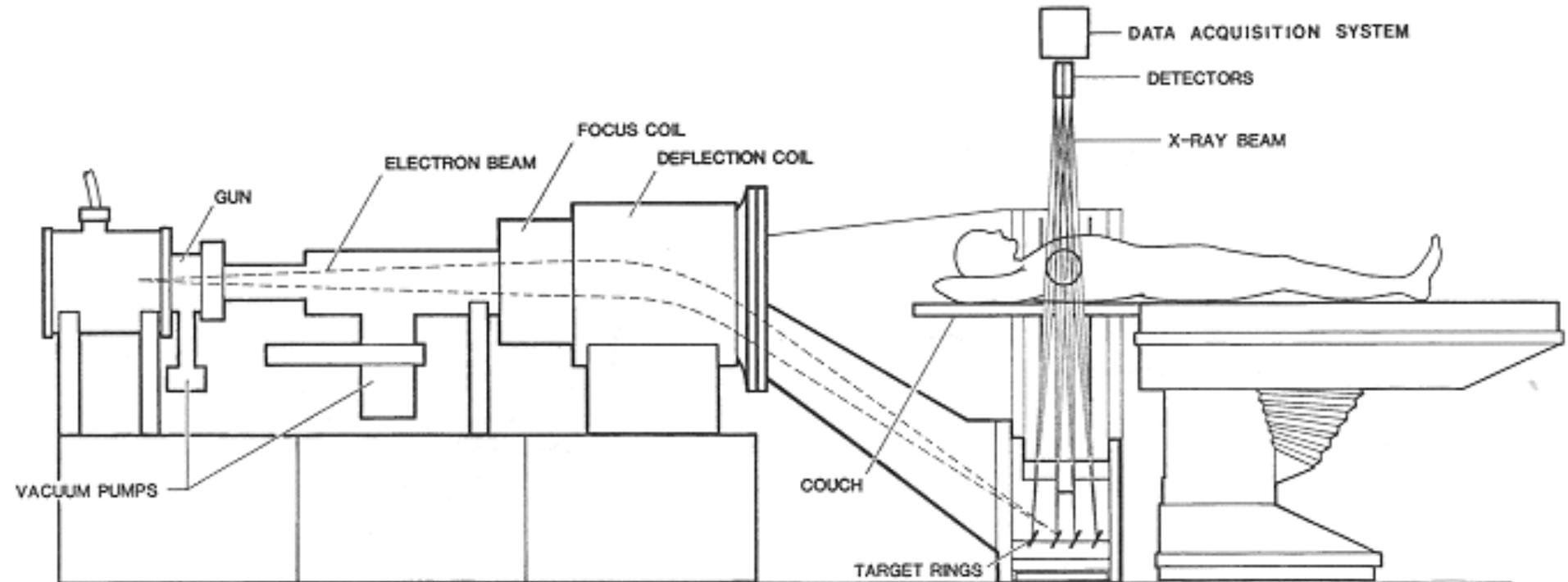


rotate-stationary



*Detector ring fixed
Rotation of X ray source only
Wide fan beams*

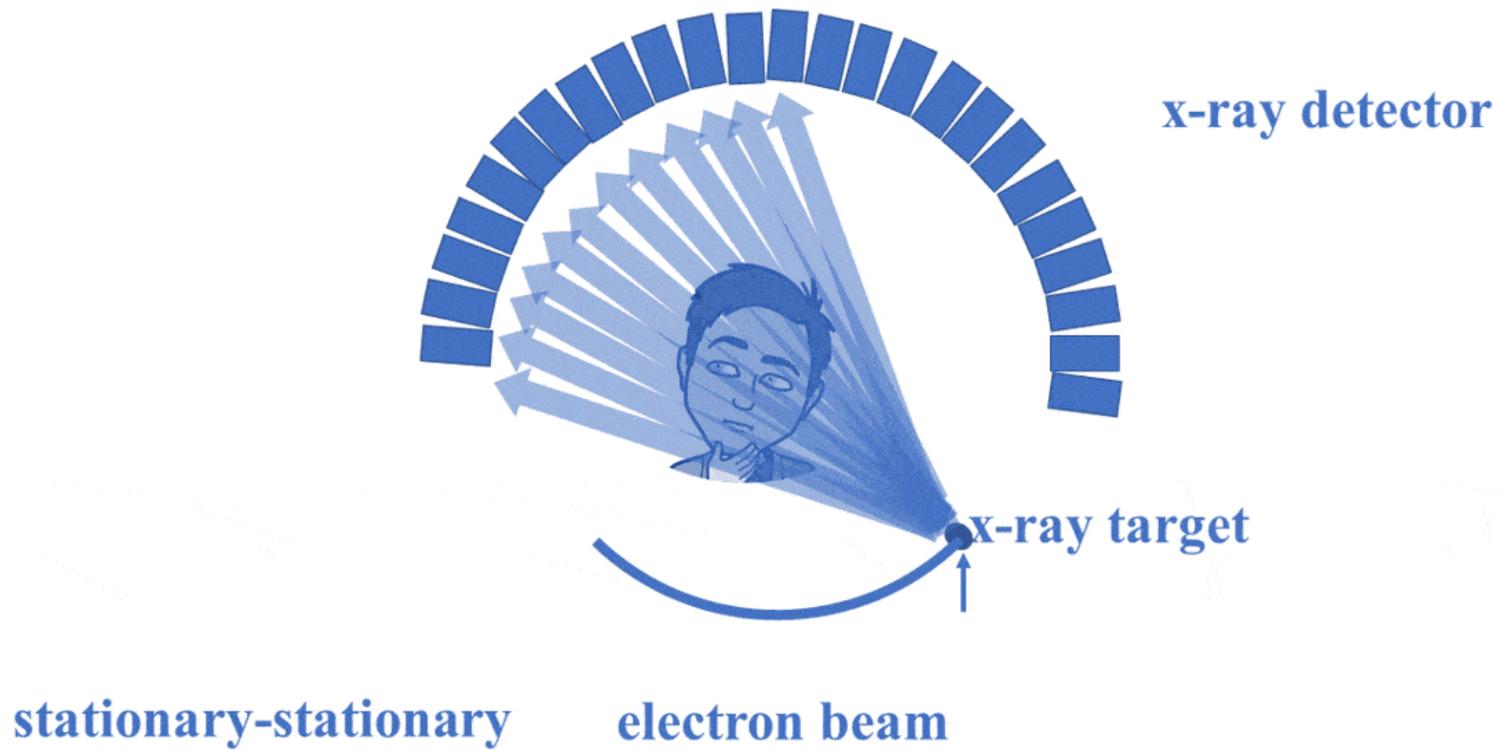
Fifth generation CT



Electron gun instead of X ray tube. Electron beam directed to fixed W-target.

Fifth generation CT

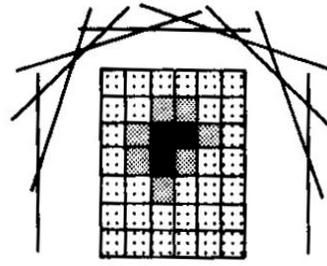
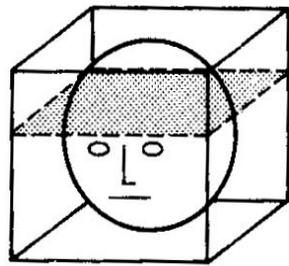
5th Gen CT



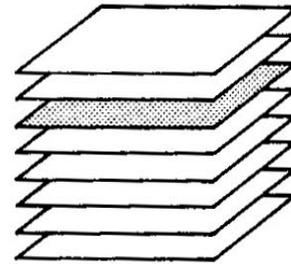
Comparison of CT generations

| Generation | Year | Why Developed | Anatomy | Source-Detector Movement | Time to acquire 1 image | Why it died? |
|------------|-------|---------------------------|--------------|--------------------------|-------------------------|-----------------------------------|
| 1 st Gen | 1971 | To show CT works | Head Only | Translate-Rotate | ~5 min | Slow |
| 2nd Gen | 1974 | Image Faster | Head Only | Translate-Rotate | 20sec-2min | Slow |
| 3rd Gen | 1975 | Image Faster | All Anatomy | Rotate-Rotate | 1 sec | This Geometry won. |
| 4th Gen | 1976 | Make images without rings | All Anatomy | Rotate-Stationary | 1 sec | Expensive, not good for scatter. |
| 5th Gen | 1980s | Fast Cardiac CT | Cardiac Only | Stationary-Stationary | 50 ms | Cardiac specific, low x-ray flux. |

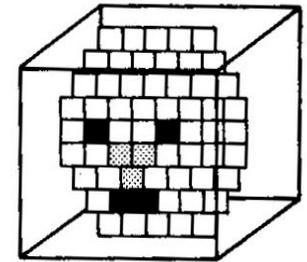
3D reconstructions



Many 1D projections
are used to reconstruct
a single slice of data

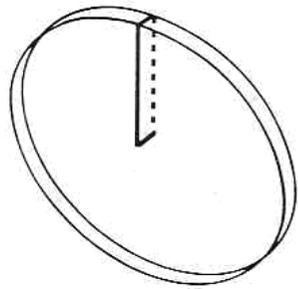


Many 2D slices

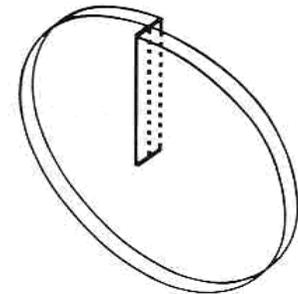
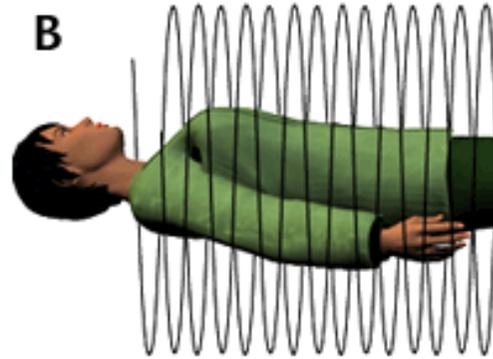
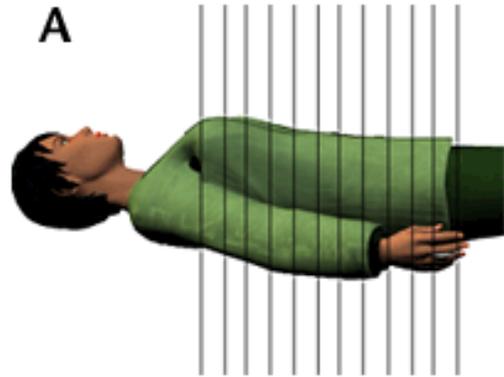


One 3D voxel model

Spiral CT

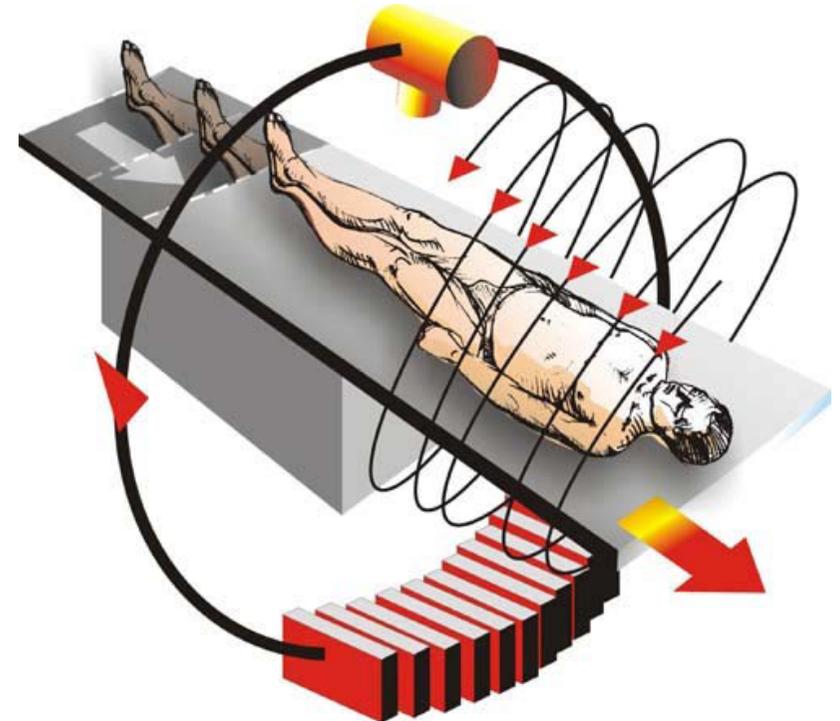
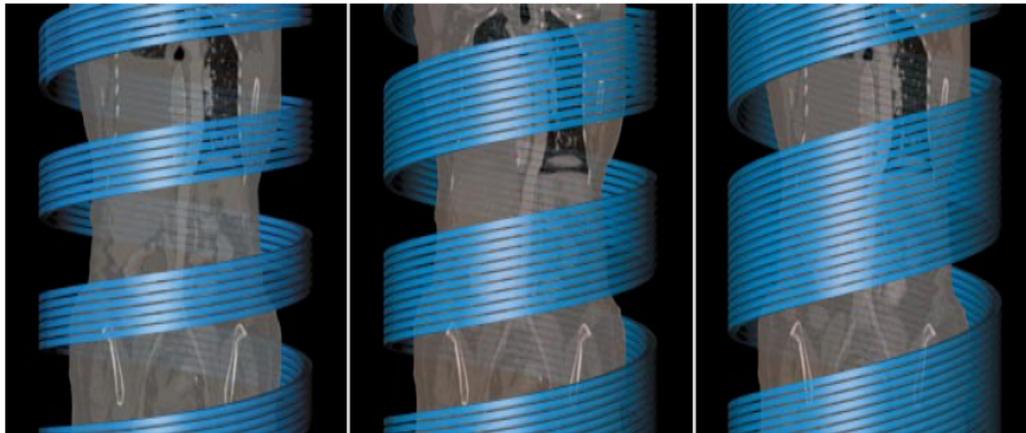


Conventional
CT slice



Spiral CT
slice

Precise 3D reconstruction
faster data acquisition



Dentistry: Cone beam CT

- *Cone-beam computed tomography (CBCT), C-arm CT, cone beam volume CT, flat panel CT*
- *Conical X ray beams*
- *Volumetric data produced, needs digital image reconstruction*
- *Dentistry, interventional radiology, radiotherapy*

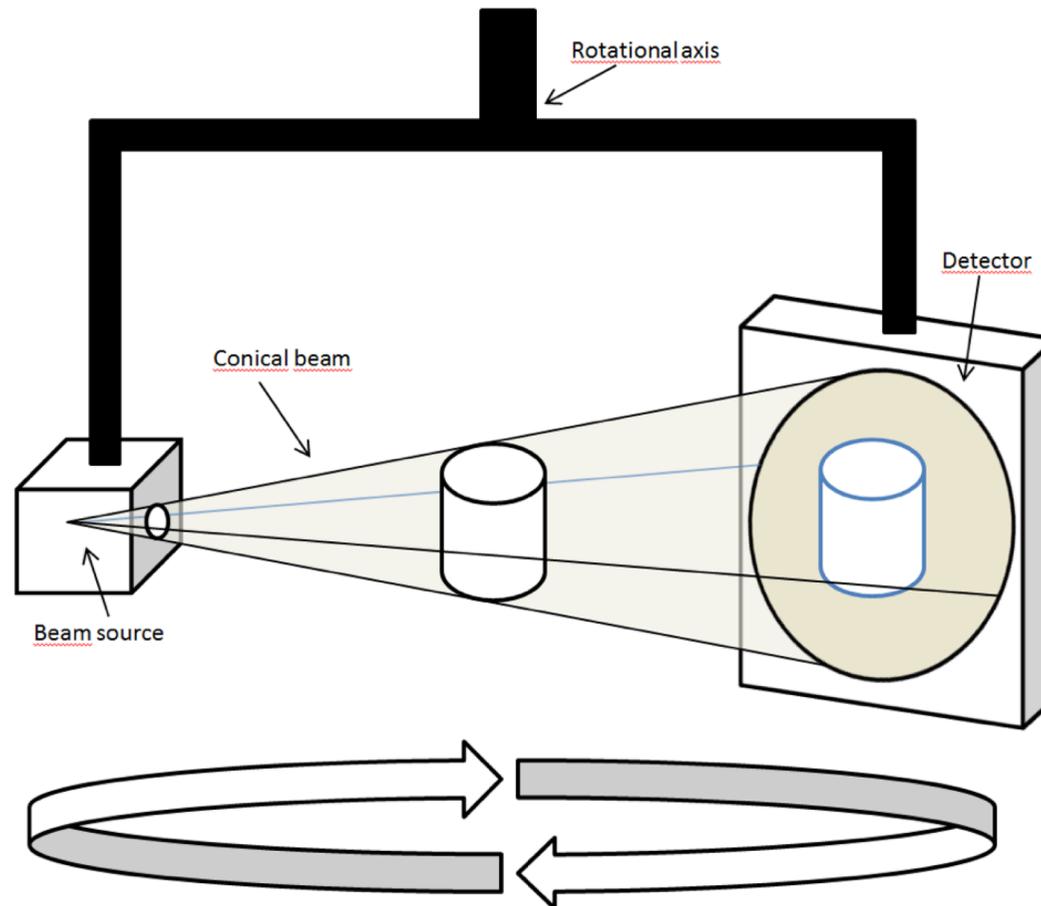
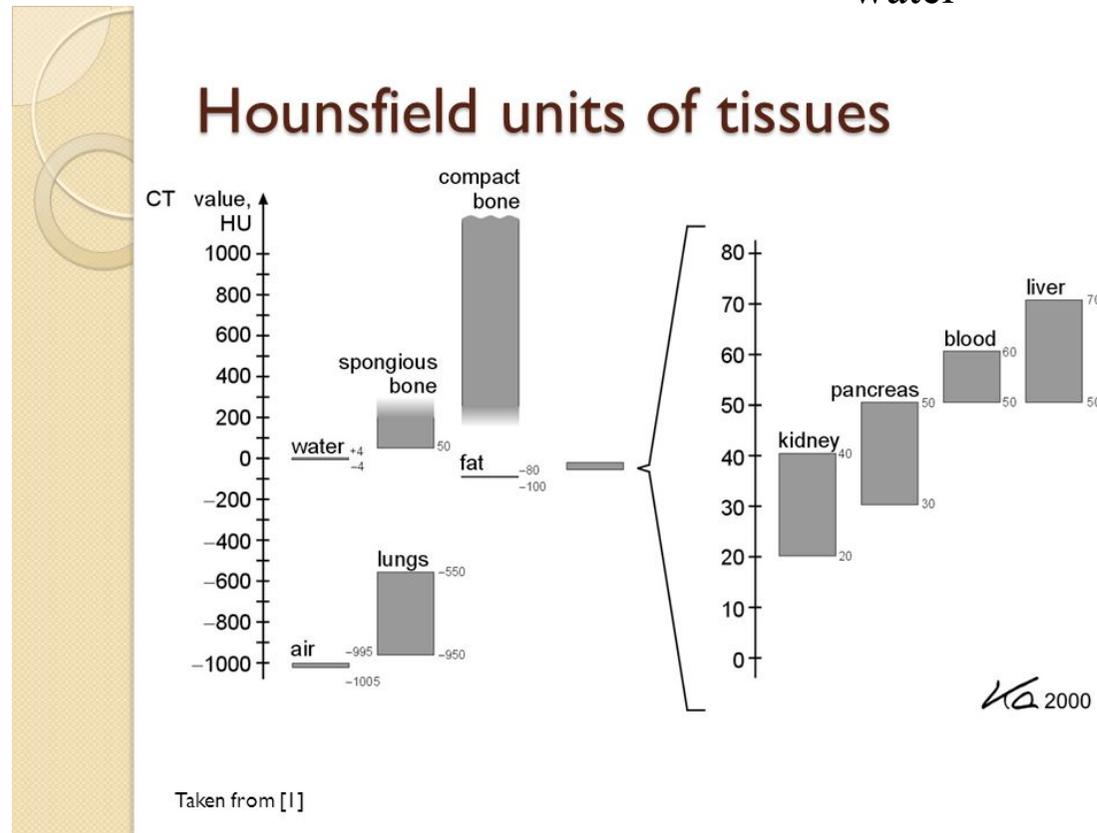


Image reconstruction

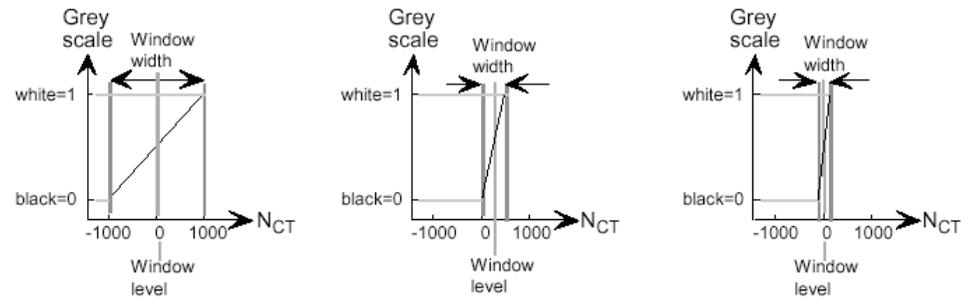
– density matrices (D_i) \rightarrow attenuation coefficients (μ_i)

– *Hounsfield units* $H_{CT} = 1000 \frac{\mu - \mu_{\text{water}}}{\mu_{\text{water}}}$

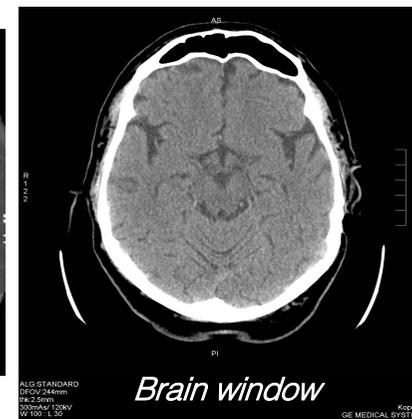
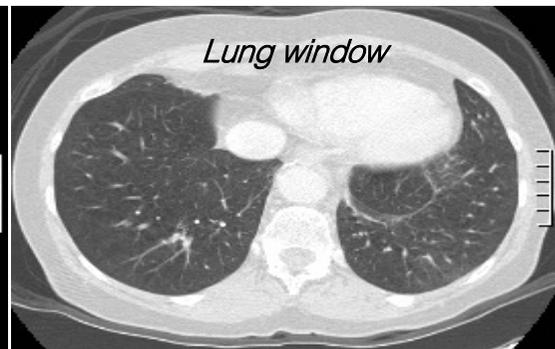
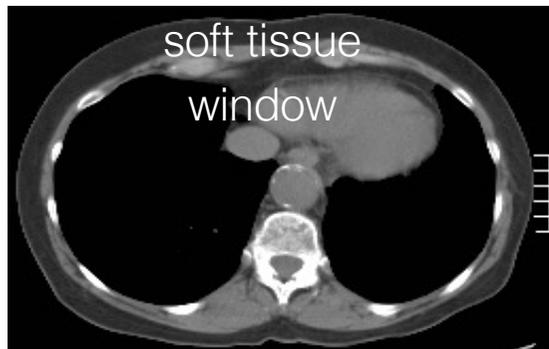
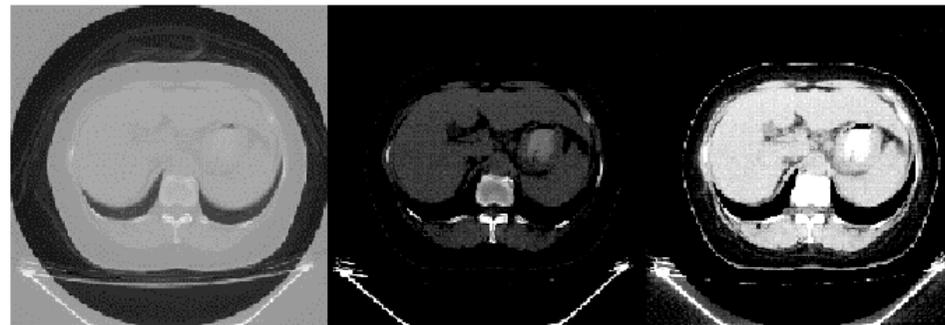
Hounsfield scale



CT contrast enhancement „windowing”



Same thoracic image with different windowing



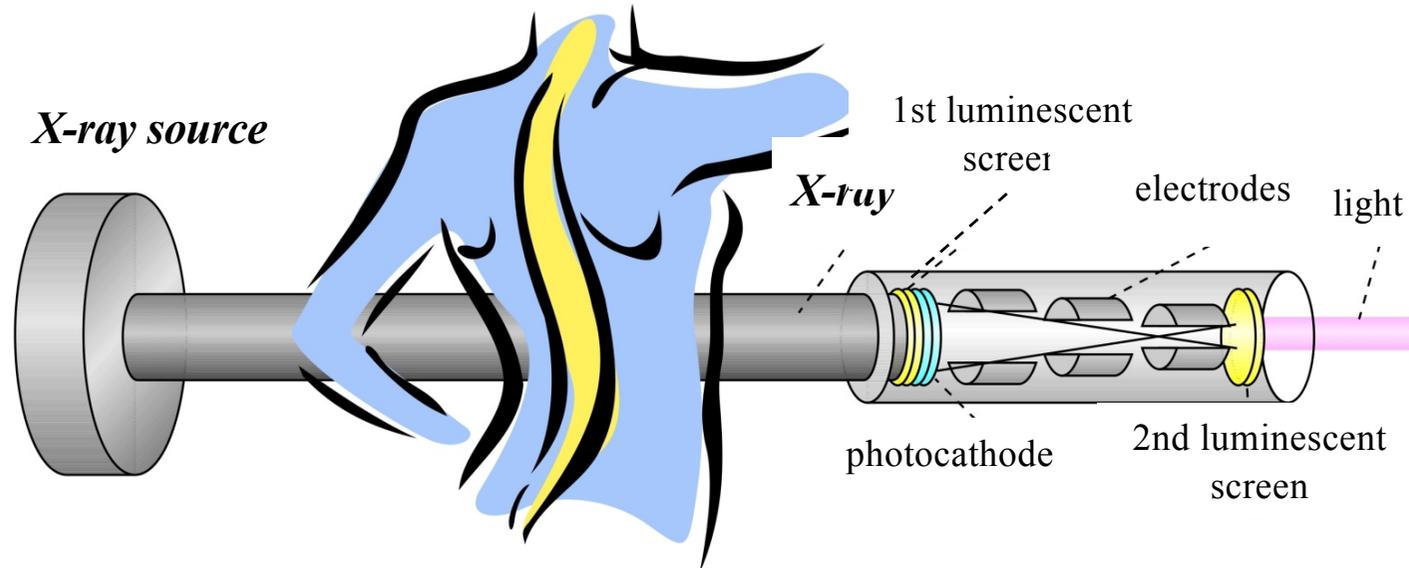
Brief summary of *CT*

- Imaging is based on the differences in X ray absorption / attenuation
- 3D image that can viewed and manipulated, and combined with other imaging techniques
- Spiral CT: one slice – 1-1.5 s, total time: 30-60 s
- Multislice spiral CT (up to 256 detector): one slice – 0.4-1 s, total: 5-15 s

Limitations of *CT*

- Ionizing radiation
- Dose can be as high as 50-100-times the conventional X ray!
- Indirect exposition due to scattered radiation

X-ray image intensifier



Manipulation under X-ray control

Smaller patient exposure

Checklist

Absorption of X-ray

Mass-attenuation coefficient

Basic concept of X-ray imaging

Optimal setting of X-ray tube

Summation image – role of the atomic number

Contrast materials

Panoramic X-ray

X-ray image amplifier

Concept of CT

Hounsfield unit

Generations of CT

Damjanovich, Fidy, Szöllösi: Medical Biophysics

VIII. 3.1

3.1.1

3.1.2

VIII.4.3